

Malden Nesheim

Web Bio

Information

Biography

Biographical Statement

Malden C Nesheim is Professor of Nutrition Emeritus and Provost Emeritus. He joined the Cornell faculty in 1959. In 1974 he was named Director of the Division of Nutritional Sciences, a post which he held until the summer of 1987. Prior to becoming Provost of Cornell University in September 1989, he held the position of Vice President for Planning and Budgeting. As Provost, Dr. Nesheim was the chief educational officer of the University under the President and was responsible for overseeing all academic programs other than those at the New York Hospital-Cornell Medical Center.

He has received the Conrad A. Elvehjem Award for public service from the American Institute of Nutrition and in 1995 was elected to the American Academy of Arts and Sciences. He was elected a fellow of the American Society of Nutritional Sciences in 1997.

He earned a B.S. in agricultural science and an M.S. in animal nutrition from the University of Illinois followed by a Ph.D. in nutrition from Cornell. His research interests have been aspects of nutritional biochemistry and more recently, the relationship of parasitic infections to nutritional status.

Department Website Summary

[History of Nutrition at Cornell, available online](#)

[Mal Nesheim book featured in Time article](#), and in the [San Francisco Chronicle](#)

Teaching

Professional

Current Professional Activities

Chair of the Podell Grants committee of CAPE

Research

Extension

Education

Courses

Websites

Administration

Administrative Responsibilities

I serve on the University Committee on Memorials and Named Facilities

Publications

Selected Publications

Pena-Rosas Juan P., Malden C. Nesheim, Maria, N. Garcia-Casal, D. W. T. Crompton, Diva Sanjur, Fernando E. Viteri, Edward A. Frongillo and Paulina Lorenzana 2004 Intermittent Iron Supplementation Regimens are able to Maintain Safe Maternal Hemoglobin Concentrations during Pregnancy in Venezuela. *J. Nutrition* 134:1099-1104

Crompton, D.W.T., Montresor, A. Nesheim, M.C., Savioli L. editors. 2004 *Controlling Disease due to Helminth Infections* World Health Organization, Geneva

Nesheim, M. C. and F. Howard Kratzer 2005 Leo Chandler Norris (1891-1986) *J. Nutrition* 135: 2079-2081

Nesheim, Malden C. 2007 *Vidas que Nutren Diva Sanjur 1933-2002 Cuadernos de Nutricion* 30 (5)

Nesheim, Malden C. and Marion Nestle. Pet Food. p 297-301 in *The Business of Food. Encyclopedia of the Food and Drink Industries.* Gary Allen and Ken Albala Eds. 2007 Greenwood Press, Westport, Connecticut.

Nestle, Marion and Malden C. Nesheim Additional Information on Melamine in Pet Food. Letter to the Editor. *Journal of the American Veterinary Medical Association* 231: (11)1647. 2007

Nesheim, M. C. and Ann Yaktine, Editors. 2007 *Seafood Choices: Balancing Benefits and Risk.* Report from Food and Nutrition Board, Institute of Medicine. National Academy Press, Washington DC

Yaktine, Ann L., Malden C. Nesheim, and Cara A. James. : Nutrient and Contaminant Tradeoffs: Exchanging Meat, Poultry, or Seafood for Dietary Protein. *Nutrition Reviews*, vol 66(3):113-122. 2008

Nesheim. M C 2009. Robert Olaf Nesheim, 1921-2008 *The Journal of Nutrition.* 139:197-198

Nesheim, M C 2009 *The Global History of the Development of the Nutritional Sciences.* Proceedings of the International Symposium on Nutrition. Hasanuddin University, Makassar Indonesia,

Nestle Marion, and Malden C. Nesheim 2010. *Feed your Pet Right.* Free Press, Simon and Schuster, New York.

Nesheim, Malden C. 2010. The Division of Nutritional Sciences at Cornell University A History and Personal Reflections. The Internet-First University Press, Ithaca, New York

Nestle, Marion and Malden Nesheim. 2012. Why Calories Count- From Science to Politics. University of California Press, Berkeley California

Bensadoun, A, M C Nesheim, A C Ross. 2012 Donald Berthold Zilversmit. Journal of Nutrition 142:212-213

Nesheim, M C 2012. An Unexpected Life in Nutrition. Prefatory Chapter 2012 Volume of Annual Review of Nutrition

Nesheim, Malden and Marion Nestle. 2012 Is a Calorie a Calorie? NOVA, Science Now www.pbs.org/nova/body/is-a-calorie-a-calorie.html

Nestle M, Nesheim MC. To Supplement or Not to Supplement: U.S. Preventive Services Task Force Recommendations on Calcium and Vitamin D. *Annals of Internal Medicine* [2013;158\(9\):701-702](https://doi.org/10.7326/0003-4819-158-9-201305070-00605).

doi:10.7326/0003-4819-158-9-201305070-00605.

Nesheim Malden C, Nestle, Marion. The Internationalization of the obesity epidemic: The Case of Sugar Sweetened Sodas. In Press

Nesheim, Malden, Marion Nestle 2014 Advice for Fish Consumption: Challenging Dilemmas American Journal of Clinical Nutrition 99: 973-974

Nesheim, Malden C, Maria Orea, Petty Tsai Yih, Editors 2015 In Press A Framework for Assessing the Health, Environmental, and Social Effects of the US Food System. National Academy Press, Washington DC,