

Sent to J Dairy Sci

BU-992-M

1 September 16, 1988

2 a running head: **EPIDEMIOLOGY OF MAMMARY GLAND DISORDERS**

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4 **Epidemiology of Mammary Gland Disorders in Multiparous Finnish**
5 **Ayrshire Cows**

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21 **Keywords: epidemiology, acute mastitis, teat injury, chronic**
22 **mastitis, dairy cattle.**

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ABSTRACT

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3 Logistic regression was used to investigate the effects of
4 host characteristics, production, and 23 veterinary diagnoses on
5 the odds of contracting three mammary gland disorders among 41,989
6 multiparous Finnish Ayrshire cows who calved during 1983.

7 Cows which had higher previous yields were at increased risk
8 of acute and chronic mastitis, and teat injury. All of the
9 mammary gland disorders were directly interrelated. Abomasal
10 disorder, indoor hypomagnesemia, prolapsed uterus and vagina, and
11 abortion were not risk factors for any of the three mammary gland
12 disorders; however, retained placenta, udder edema, ketosis,
13 nonparturient paresis, rumen acidosis, traumatic
14 reticuloperitonitis, silent heat, cyst and other infertility each
15 was a direct risk factor for at least two mammary gland disorders.

INTRODUCTION

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20 In spite of control, intensified treatments with antibiotics,
21 and extensive research, mastitis is the most important disease
22 problem in the dairy industry (4). For this reason, more exact
23 knowledge by means of extended epidemiological analyses of
24 mastitis and other udder diseases is needed for creating better
25 control programs. The state-level health registries in Nordic
26 countries are valuable data banks for investigating the epidemio-

1 logical background of these disorders.

2 Breed, parity, and season as predisposing factors were
3 analyzed in several studies (1, 6, 7, 8, 13) but the sample size
4 has been large (over 50,000 lactations) in only a few (2, 21).
5 Association of mastitis with other diseases such as teat injury
6 (2, 5, 7, 14, 17) and parturient paresis (2, 3, 21) has been
7 reported. Numerous host characteristics and disease relationships
8 still are understood poorly. Our objectives were 1) to generate
9 hypotheses regarding risk factor-disease relationships not pre-
10 viously studied, and 2) to reexamine previously-identified rela-
11 tionships under conditions of maximum practical statistical
12 control of potential confounding by host characteristics,
13 production and other diseases.

14 A data set of 41,989 multiparous Finnish Ayrshire lactations
15 begun in 1983 was available. The set contained information on 23
16 diagnoses (all made by veterinarians), herd milk yield, and cow
17 milk yield. Mammary gland disorders were defined broadly to
18 include acute and chronic clinical mastitis, and teat injury.

19

20 MATERIALS AND METHODS

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22 Data

23 The Finnish dairy cow health data recording system has been
24 described previously (11). The data are from multiparous cows from
25 whom data on 23 veterinary diagnoses were collected from 2 days
26 before calving either to a subsequent calving or to removal from

1 the herd. All cows were pedigreed, were bred by artificial
2 insemination, and were in herds that recorded milk. The herds were
3 from the 76 (out of 461) communities that were judged to have the
4 best record-keeping. The data included only those diagnoses made
5 according to ordinary clinical methods under field conditions by
6 veterinarians during farm visits. Only the first diagnoses of
7 each disease in each lactation were considered. Because
8 approximately 65 % of all mastitis cases in Finland are treated by
9 telephone prescription (without the veterinarian seeing the cow)
10 (16), the cases analyzed in this study probably were the more
11 severe cases and may have required systematic therapy (because the
12 veterinarian did see the cow).

13 The mammary gland disorders studied were: acute and chronic
14 clinical mastitis, and teat injury (12). Twenty other veterinary
15 diagnoses were considered as risk factors for mammary disorders:
16 dystocia, prolapsed uterus, retained placenta, early metritis
17 (diagnosed within 42 d postpartum), silent heat (anestrus or
18 subestrus), cyst (ovulatory dysfunction including cystic ovaries),
19 prolapsed vagina, late metritis (diagnosed later than 42 d post-
20 partum), other types of infertility (reproductive disorders which
21 were not included in the former diagnoses), abortion, parturient
22 (within 2 d before and 7 d after calving) and nonparturient
23 paresis, udder edema, disorder of the abomasum (most cases
24 probably were abomasal displacements), indoor (hypomagnesemia
25 treated during the indoor season) and outdoor hypomagnesemia
26 (hypomagnesemia treated during the outdoor season), ketosis, rumen

1 acidosis, traumatic reticuloperitonitis, and foot or leg injury.

2

3 ~~Time-ordering~~ of Variables

4 We copied the edited data set once for each mammary disease.
5 Within each such data set, that one disease became the dependent
6 variable, we then recoded potential risk factor diseases to code =
7 0 ("absent") if the day in milk (DIM) of the potential risk factor
8 was greater than the DIM of the dependent variable.

9 In the control records (lactations in which the dependent
10 variable was absent), a dummy "cut-off" DIM was assigned for
11 counting or not counting the risk factor diseases. The assignment
12 was at random but in proportion to the DIMs observed for the
13 dependent variable (10). Thus, there was equal "opportunity" for
14 risk factor diseases to be counted as present in both cases and
15 controls.

16

17 Statistical Analysis

18 All statistical analyses were carried out using the
19 Statistical Analysis System (20). A 3-stage process was used to
20 model each outcome disease. Only risk factor diseases associated
21 at $P \leq .10$ with the outcome in unconditional, 2 x 2 chi-square
22 tests (the first stage) were advanced to the second stage.

23 The second modelling stage began with a multiple logistic
24 regression model that included all the risk factor diseases that
25 passed the first stage, plus parity (2, 3-4, 5-6, >6), season of
26 calving, and cow and herd milk yield classes from the previous

1 lactation. Season had 3 classes (spring = January - April, summer
2 = May - August, fall = September - December). Wald's test
3 ($Z = \beta/SE(\beta)$) was used to test the significance of the terms in
4 the model. Any variables not significant at $P \leq .10$ were removed
5 and the logistic regression was rerun with the remaining
6 variables. Wald's tests were done again and the process continued
7 until a model was obtained in which all variables were significant
8 at $P \leq .10$.

9 In the third stage of the modelling, community was forced
10 into the models and the level of significance was lowered to 5%.
11 Any predictor variable (except community) with $P > .05$ by Wald's
12 test was removed and the reduced model was rerun until final
13 models were obtained in which the only variables were community
14 plus those with coefficients significant at 5%.

15

16 RESULTS AND DISCUSSION

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18 Occurrence

19 The lactation incidence rates (Table 1) of mastitis were near
20 those reported by Dohoo et al. (6; 3,5 %) and Curtis et al. (3;
21 5.4 %). The total incidence of clinical mastitis in Finland and
22 in other Scandinavian countries has been higher (10-30 %; 21) than
23 in our data. One has to remember that this material included only
24 veterinary-treated cases (likely the more serious cases of
25 clinical mastitis). The median times in milk at diagnoses of
26 mastitis requiring systemic (22 days) or local (54 days) therapy

1 or of teat injury (94 days) studied by Dohoo et al. (6) were
2 shorter than those found by us.

3

4

5 **Demographic Characteristics**

6 The increasing risk of clinical mastitis with parity (Tables
7 2 and 4) is well known (e.g. 3, 6), however the OR's for older
8 cows were not as strong as reported elsewhere (6). One explanation
9 may be that mastitic cows are culled more intensively in Finland
10 than in North America and the cows with higher resistance to
11 mastitis will stay in the herd (11). The risk of teat injury was
12 not related to parity (Table 3), as noted also by Dohoo and Martin
13 (6).

14 The cows that calved in January-August were slightly more
15 likely to contract teat injury than those who calved in September-
16 December (Table 3). Calving season was not a risk factor for
17 acute or chronic mastitis (Tables 2 and 4).

18 Higher individual-cow's milk yield in the previous lactation
19 increased the risks of teat injury and of acute and chronic
20 clinical mastitis (Tables 2-4). Dohoo and Martin (5) did not find
21 any association between (deviation from herd average) previous
22 milk production and clinical mastitis or teat injury in their
23 Canadian material, but in a large Finnish study they did find a
24 large genetic correlation between milk yield and clinical mastitis
25 ($r_G = 0.57$; 21). In contrast, herd milk yield was not related to
26 teat injury, acute or chronic mastitis.

1 Disease Risk Factors

2 The G^2 statistics for lack of fit for all models were non-
3 significant (all P's > .42), implying reasonable fits to the data.
4 Relationships among mammary gland disorders are combined in Figure
5 1 from the four (i.e., udder edema, acute and chronic mastitis,
6 and teat injury) logistic regression models. We have also included
7 udder edema in this figure, although it was reported earlier as a
8 metabolic disorder (10). Demographic variables were excluded from
9 the figure. Because the arrows come from four different time-
10 ordered sub-sets, it is possible to see e.g., that the cows with
11 teat injury have greater odds of acute mastitis and the cows with
12 acute mastitis have greater odds of teat injury.

13 Abomasal disorder, indoor hypomagnesemia, prolapsed uterus
14 and vagina, and abortion were not associated directly with any of
15 the mammary gland disorders (Tables 2 - 4).

16 Teat injury directly increased the odds of udder edema, acute
17 and chronic mastitis - and was itself contributed to by several
18 reproductive disorders. The association between some infertility
19 disorders and teat injury may suggest the changed behavior of the
20 cows which may induce teat injuries. An association between
21 traumatic injuries of the teat and mastitis has been documented in
22 many studies (2, 5, 7, 15, 17, 19). Injuries to udder are
23 considered one of the most important factors in the etiology of
24 acute mastitis (7); this is supported also by the high ORs (6.9).

25 Udder edema was a risk factor for acute and chronic mastitis
26 and was contributed to by retained placenta, teat injury, and

1 acute and chronic mastitis. Retained placenta was also a risk
2 factor for mastitis. The association between preceding
3 inflammatory diseases and mastitis may indicate either the real
4 risk of these diseases or the decreased resistance of the cow
5 against all kinds of inflammatory diseases. Schukken et al. (18)
6 suggested that the relationship between retained placenta and
7 mastitis is mediated by the peripartum peripheral leucocyte
8 activity. There were several other common risk factors for acute
9 and chronic mastitis (Figure 1).

10

11 **General Discussion**

12 In contrast to most other epidemiologic studies on this
13 topic, our cows all were Finnish Ayrshires; differences in results
14 between our study and others may reflect merely breed or
15 geographic differences. Our relatively large sample size allowed
16 us to explore relationships involving rarer disorders, but does
17 not guarantee that observed associations are of economic
18 importance. Finally, we investigated so many relationships that
19 some of those "discovered" (and especially those not previously
20 observed in other studies) may in fact represent Type I errors.

21 A strength of our study is that all prior diagnoses were
22 allowed as potential risk factors (rather than excluding all
23 diagnoses of a disease based on average date of diagnosis in the
24 full data set). However, we also allowed concurrent diagnoses to
25 be considered as risk factors, and it is possible that a cow would
26 be observed more closely for additional diseases once one disease

1 was noticed. This increased "index of suspicion" would bias
2 towards observing (a few) additional significant relationships.

3

4

ACKNOWLEDGEMENTS

5

6

7 Computations supporting this research were performed on the
8 Cornell Production Supercomputer Facility, which is supported in
9 part by the National Science Foundation, New York State, and the
10 IBM Corporation.

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TABLE 1. Rates of cases treated by veterinarians for 41,989 multiparous Finnish Ayrshire lactations (calvings in 1983 in 5,661 herds).

Diagnosis	Lactational incidence rate		Median day postpartum of diagnosis
	%	Number	
Parturient paresis	5.3	2229	1
Udder edema	.3	141	14
Disorder of the abomasum	.6	243	21
Indoor hypomagnesemia	.2	66	22
Ketosis	6.6	2755	28
Nonparturient paresis	1.2	488	43
Outdoor hypomagnesemia	.4	188	44
Dystocia	1.0	427	0
Prolapsed uterus	.2	68	0
Retained placenta	5.3	2229	2
Early metritis	2.2	912	16
Silent heat	4.5	1886	89
Cyst	7.5	3166	89
Prolapsed vagina	.1	48	94
Late metritis	1.1	448	104
Other infertility	2.0	855	129
Abortion	.4	165	-
Rumen acidosis	.3	131	56
Traumatic reticuloperitonitis	.5	218	113
Acute mastitis	7.0	2946	44
Teat injury	3.1	1301	95
Chronic mastitis	2.0	860	103
Foot or leg injury	1.8	768	65

TABLE 2. The final logistic regression model used for acute mastitis (41,989 multiparous Finnish Ayrshire cows).

Risk factor	β	SE(β)	Odds ratio	95% C.I. (OR)
Parity				
2	-.19	.04	1.0	-
3-4	-.15	.03	1.0	.9 - 1.2
5-6	.11	.04	1.4	1.2 - 1.5
>6	.23	.04	1.5	1.3 - 1.8
Cow milk yield in previous lactation (305 FCM, kg)				
< 4740	-.25	.05	1.0	-
4740 - 5899	-.10	.03	1.2	1.0 - 1.3
5900 - 7059	.08	.03	1.4	1.2 - 1.6
\geq 7060	.28	.04	1.7	1.5 - 2.0
Parturient paresis	.63	.07	1.9	1.6 - 2.1
Ketosis	.63	.08	1.9	1.6 - 2.2
Nonparturient paresis	1.10	.18	3.0	2.1 - 4.2
Outdoor hypomagnesemia	.78	.28	2.2	1.3 - 3.8
Retained placenta	.74	.07	2.1	1.8 - 2.4
Early metritis	.48	.12	1.6	1.3 - 2.1
Silent heat	.40	.12	1.5	1.2 - 1.9
Late metritis	.75	.23	2.1	1.4 - 3.3
Other infertility	.86	.17	2.4	1.7 - 3.3
Rumen acidosis	.80	.33	2.2	1.2 - 4.2
Traumatic reticuloperitonitis	.69	.31	2.0	1.1 - 3.7
Udder edema	1.24	.28	3.5	2.0 - 6.0
Teat injury	1.93	.09	6.9	5.8 - 8.2
Foot or leg injury	.71	.16	2.0	1.5 - 2.8
(76 communities)				

TABLE 3. The final logistic regression model used for teat injury (41,989 multiparous Finnish Ayrshire cows).

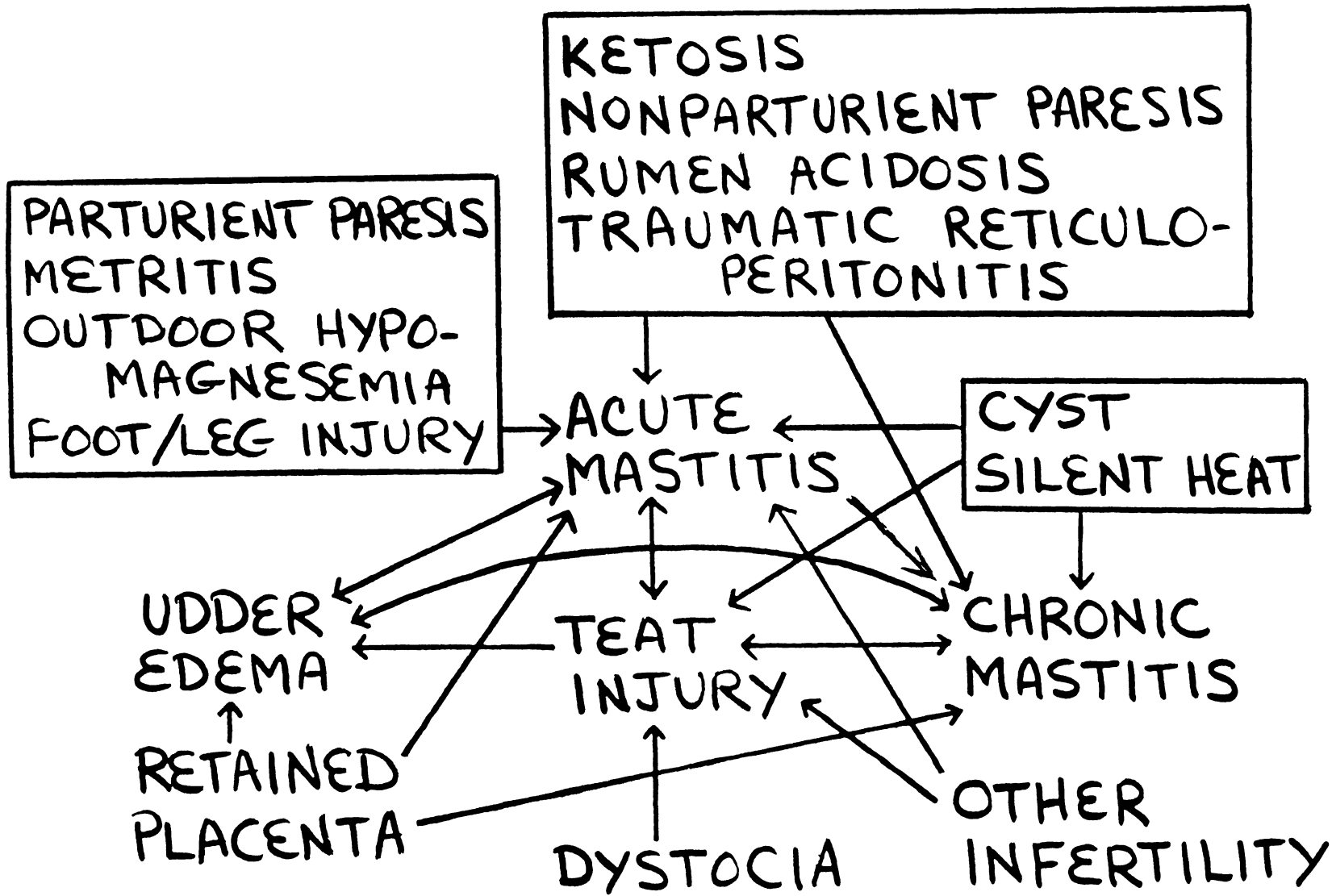
Risk factor	β	SE(β)	Odds ratio	95% C.I. (OR)
Calving season				
January - April	.05	.04	1.2	1.0 - 1.4
May - August	.08	.04	1.2	1.0 - 1.5
September - December	-.13	.04	1.0	-
Cow milk yield in previous lactation (305 FCM, kg)				
< 4740	-.18	.06	1.0	-
4740 - 5899	-.13	.05	1.1	.9 - 1.3
5900 - 7059	.08	.05	1.2	1.0 - 1.4
\geq 7060	.22	.06	1.5	1.2 - 1.8
Dystocia	.47	.23	1.6	1.0 - 2.5
Silent heat	.49	.15	1.6	1.2 - 2.0
Cystic ovary	.45	.12	1.6	1.2 - 2.0
Other infertility	.50	.23	1.7	1.1 - 2.6
Acute mastitis	1.44	.08	4.2	3.6 - 4.9
Chronic mastitis	1.23	.15	3.4	2.5 - 4.6
(76 communities)				

TABLE 4. The final logistic regression model used for chronic mastitis (41,989 multiparous Finnish Ayrshire cows).

Risk factor	β	SE(β)	Odds ratio	95% C.I. (OR)
Parity				
2	-.33	.07	1.0	-
3-4	-.05	.05	1.3	1.1 - 1.6
5-6	.10	.06	1.5	1.3 - 1.9
>6	.27	.09	1.8	1.4 - 2.4
Cow milk yield in previous lactation (305 FCM, kg)				
< 4740	-.16	.08	1.0	-
4740 - 5899	-.17	.06	1.0	.8 - 1.3
5900 - 7059	-.08	.06	1.1	.9 - 1.4
\geq 7060	.41	.07	1.8	1.4 - 2.3
Ketosis	.65	.12	1.9	1.5 - 2.4
Nonparturient paresis	.82	.27	2.3	1.3 - 3.8
Retained placenta	.48	.13	1.6	1.3 - 2.1
Silent heat	.69	.16	2.0	1.4 - 2.7
Cystic ovary	.39	.14	1.5	1.1 - 1.9
Rumen acidosis	1.35	.39	3.8	1.8 - 8.3
Traumatic reticuloperitonitis	1.07	.36	2.9	1.4 - 5.9
Udder edema	1.31	.29	3.7	2.1 - 6.6
Acute mastitis	.76	.10	2.1	1.8 - 2.6
Teat injury	1.42	.14	4.1	3.1 - 5.4
(76 communities)				

LEGEND FOR FIGURE

Figure 1. Relationships among mammary gland disorders from the four logistic regression models. Demographic variables were excluded from the figure. To simplify the figure there is an arrow between cyst and acute mastitis, although cyst is not a risk factor for acute mastitis.



LEGEND FOR FIGURE

Figure 1. Relationships among mammary gland disorders from the four logistic regression models. Demographic variables were excluded from the figure. To simplify the figure there is an arrow between cyst and acute mastitis, although cyst is not a risk factor for acute mastitis.