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Program on
Breast Cancer and Environmental Risk Factors

SPRECHER
INSTITUTE
for Comparative
Cancer Research

Biomonitoring

Frequently Asked Questions

■ Question

What are some limitations of biomonitoring?

■ Answer

In some ways biomonitoring is a finite process. It can uncover exposures and detail how much of which chemicals are found in human tissue samples. However, the interpretation of those results, the connections to possible health effects, and understanding of what exposure levels cause what health effect have to come from further study. The CDC is collecting enormous amounts of information from biomonitoring but only after that information is studied and analyzed will we have answers to questions about health effects.

Answered by: [Suzanne Snedeker, Ph.D.](#)

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