

Cynthia Hazan

Web Bio

Information

Biography

Biographical Statement

Dr. Hazan's general area of interest is human mating and pair bonding. Most of her research has been conducted within the framework of ethological attachment theory, which focuses on the predisposition of people of all ages to form strong interpersonal bonds. Her initial work helped establish the theory's usefulness for understanding and explaining individual differences in the way adults think, feel, and behave in their closest relationships. More recently, she has been investigating the processes by which such bonds develop. The studies employ a variety of self-report and experimental methods, including diaries, heart rate monitoring, stress induction, anthropometric assessments, reaction time tasks, and behavioral observations. There is ample evidence that people who have close social ties are happier and healthier and also live longer than people who lack such ties. Thus research on the factors that foster the development of social attachments is of potentially important practical as well as theoretical value.

Department Website Summary

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Professional

Research

Current Research Activities

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stress tasks, anthropometric assessments, and behavioral observations. There is ample evidence that people who have close social ties are happier and healthier and also live longer than people who lack such ties. Thus research on the factors that foster or inhibit the development of social attachments is of potentially important practical as well as theoretical value.

Extension

Education

Education

University of Denver Ph.D. 1988 Social and Personality Psychology

University of Denver M.A. 1986 Social and Personality Psychology

University of Denver B.A. 1982 Psychology

Courses

Courses Taught

- Human Bonding
- Directed Readings
- Empirical Research
- Supervised Fieldwork

Websites

Administration

Administrative Responsibilities

In the spring of 2011, as Professor and Dean of Carl Becker House (a 50% administrative appointment), I oversaw a staff that includes an Assistant Dean, an Administrative Assistant, six Graduate Resident Fellows, three undergraduate Student Assistants, and an Executive Chef.

Publications

Selected Publications

1. Hazan, C., Campa, M., and Gur-Yaish, N. (2006). What is adult attachment? In M. Mikulincer & G.S. Goodman (Eds.), *Dynamics of romantic love: Attachment, caregiving, and sex* (pp. 47-70). New York: Guilford Press.
2. Hazan, C., Gur-Yaish, N., & Campa, M. (2004). What does it mean to be attached? In W.S. Rholes & J.A. Simpson (Eds.), *Adult attachment: Theory, research, and clinical implications* (pp. 55-85). New York: Guilford Press.

3. Hazan, C. (2003). The essential nature of couple relationships. In S.M. Johnson & V. Whiffen (Eds.), *Attachment processes in couple and family therapy*. Guilford.
4. Hazan, C. (2003). The human capacity for bonding. In M. Seligman & C. Peterson (Eds.), *Values in Action: Classification of Strengths*. APA Publications.
5. Hazan, C. & Diamond, L.M. (2000). The place of attachment in human mating. *Review of General Psychology* 4, 186-204.
6. Hazan, C. & Zeifman, D. (1999). Pair bonds as attachments: Evaluating the evidence. In J. Cassidy & P.R. Shaver (Eds.) *Handbook of Attachment Theory and Research*.
7. Hazan, C., & Zeifman, D. (1994). Sex and the psychological tether. In D. Perlman and K. Bartholomew (Eds.), *Advances in personal relationships*, pp. 151-180. London.
8. Hazan, C., & Shaver, P.R. (1994). Attachment as an organizational framework for research on close relationships. Target article, *Psychological Inquiry*, 5, 1-22.
9. Hazan, C., & Shaver, P.R. (1990). Love and work: An attachment-theoretical perspective. *Journal of Personality and Social Psychology*, 59, 270-280.
10. Hazan, C., & Shaver, P.R. (1987). Romantic love conceptualized as an attachment process. *Journal of Personality and Social Psychology*, 52, 511-524.