CHEER's optional charitable activity this year is to send a card or letter to someone serving overseas in the U.S. Air Force. You can use the card provided (*cut these instructions off, fold card in half long-ways and put in an envelope*) or send your own card. Use a regular first class stamp and address exactly as follows:

MAJ Carla Lugo Attn: Any Airman 455 EAPS/ATOC APO AE 09352

Do Not forward this address or use it beyond the next few months. This is only valid for the time she is stationed there.

Maj. Carla Lugo is with the U.S. Air Force, currently stationed in Afghanistan. She is a military volunteer and a contact for about 125 others in her area. Maj. Lugo will share the cards and letters we send with those who don't get much, or any, mail.

What to write? Start your letter "Dear Airman," and simply write like you are talking to a friend. If you want, include your email address; many Airmen prefer to reply that way. If you don't want

to provide contact information, that is okay too. If you'd like to send a package, it too will be gratefully received and shared. However, letters are most requested.

07 Oct 2013, Carla Lugo wrote:

We live in hardened facilities with electricity of 110. The deployment area provides lodging services for the service members. We do not have cooking ability; all meals are provided via the dining facility. Some of the sections have microwaves and refrigerators. We are considered a squadron with a mixture of males and females; however mostly males. We have a BX but it's considered expeditionary; which means we have limited items. Most people ask family members to send snacks and personal hygiene products to them. The BX is very limited in items when it does provide the basic items. We will be away for the holiday season and the weather gets extremely cold. Would love to receive a little piece of the holidays to make the spirits brighter out here and to ease the sadness of being away from our children, spouses, and family.

For more Information: **anyairman.com**

