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Program on Breast Cancer and Environmental Risk Factors

SPRECHER
INSTITUTE
for Comparative
Cancer Research

Hormones and the Risk of Breast Cancer

Frequently Asked Questions

■ Question

Are herbal pills to increase breast size effective?

■ Answer

The herbal pills to increase breast size have not been shown to be effective.

A number of these preparations are being marketed quite aggressively to young women. They are generally very expensive and sold in multi-month treatment quantities. The ingredients vary. Please see [Fact Sheet #53, Herbal Medicines and Breast Cancer Risk, for more information.](#)

Answered by: [Barbour Warren, Ph.D.](#)

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[Return to topic list](#)

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Program on Breast Cancer and Environmental Risk Factors
Cornell University, College of Veterinary Medicine
Vet Box 31, Ithaca, NY 14853-6401
Phone: 607.254.2893; Fax: 607.254.4730
Email: breastcancer@cornell.edu



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