

CORNELL

WASTEBASKET



WINTER 1972

published by - Cornell Spiked Shoe Society

Editor - Don Alexander

President - AL Greynolds

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DEDICATION

...this issue of the WasteBasket...
...dedicate this issue of the WasteBasket to the memory of
...JACK MOAKLEY

...whose great coaching ability and the
...tradition he established still benefit those
...of us who compete for Cornell.

...again, let me say, we certainly appreciate your past help and need your continued
...help if we are to maintain our winning ways.

Don Alexander
Editor

EDITOR'S NOTE:

Unfortunately, this issue of the Wastebasket comes to you mimeographed due to insufficient funds to enable us to have it printed as it has been for the past several years. We were actually in debt after the publication of the last two issues, although we had tried to economize as much as possible. Our printing costs alone have been \$120.00 and this became prohibitive as our income remained stable at around \$150.00. Nearly 450 alumni receive each issue of the Wastebasket, but only 57 are dues paying members (\$5.00 contribution or more). Some of these, of course, have been more than generous and the monetary assistance of all who gave is certainly appreciated. But the sad fact is, not enough give.

In the face of budget cuts this year of \$2,200.00 and definitely further cuts next year, the team members themselves have made efforts to help the program. We cleaned Schoellkopf Stadium after one football game this past Fall, earning \$200.00. We are also instituting a dues program whereby each team member pays \$10.00. If each alumnus could contribute \$10.00 as each of us has, we would have enough to run the quality program we need to produce winning teams and to do the things which make for a rewarding year for everyone. I hate to plead poverty, but that is the way things are. I hope that each of you will take time to consider your commitment to Cornell Track and, if you've forgotten, send your dues now (dues are \$5.00).

Again, let me say, we certainly appreciate your past help and need your continued help if we are to maintain our winning ways.

Don Alexander
Editor

15 IN A ROW!

On October 30, 1971, the varsity team handed the cadets of West Point a sound 17-42 defeat, thus completing a perfect 7 and 0 season and the second undefeated season in a row. Tim Cahill, Phil Ritson, Phil Collins, and Captain Don Alexander tied for first in 25:59 on the tough Moakley Course. Juniors Mark Lester and Dave Oertel were seventh and ninth, respectively, while Frosh Ray DeMarco finished 10th to round out the Red's top seven in the meet. It was the 3rd year in a row Cornell has defeated Army.

The Big Red contingent began their unblemished record on Sept. 25 when they took a tough Colgate squad at Ithaca. In this meet soph sensation Phil Collins displayed great form with a first place finish and a new Moakley Course record of 25:13.8 breaking the old standard of 25:29.8 by Spengler of Harvard. Senior Phil Ritson finished 2nd in 25:26 despite falling, followed by Don Alexander with a 25:55 clocking. Tim Cahill was 4th for Cornell just behind Colgate's Jeffrey, the only Raider to break into the top nine. Both were under 26:00. Frosh Ray DeMarco was 6th over-all with a creditable 26:20. The final tally was 17-46.

The following week the team traveled to Syracuse where they encountered a psyched-up Syracuse team. Phil Ritson took an early lead in the race, but could not hold it as Bruce Fischer of Syracuse powered his way to first place and a new course record. This was not enough to overcome Cornell's depth, though, as Phil Collins and Don Alexander tied for 2nd while Ritson finished 5th. Ray DeMarco, Tim Cahill, Tom Baker and Dave Oertel followed in 6th, 8th, 9th, and 10th respectively, to give the squad a 24-35 victory.

At Easton, Pa., on the 9th of October, Cornell met Lafayette and Rider in a double dual. Phil Ritson, Phil Collins, Tim Cahill, and Don Alexander tied for first as they bettered the old course record by 20 seconds to lead the team to 15-47 and 15-50 victories over Lafayette and Rider.

The Harvard Crimson came to Ithaca the following week looking for a win after last year's tie in Beantown. The Ithacans, however, were not willing to relinquish their undefeated ways as they put three men across the line before the first Harvard man to come out on top with a 23-32 score, the closest of the season. Phil Ritson starred in this meet as he took first and broke teammate Collins' Moakley record with a 25:08 clocking. Don Alexander took 2nd with a personal best of 25:39, 6th fastest ever on the course. Collins finished 3rd to clinch the victory for Cornell. Cahill and Baker were forced to drop out of the race due to injuries, but Mark Lester and Soph Bob Anastasio ran well in 8th and 9th places respectively to complete the Red's top five.

Led by Phil Ritson again, the squad snared its' 6th win the next week at New Haven, Conn. against Yale. Ritson's time was the 3rd fastest ever on the course. Alexander, Collins, Cahill, and Lester followed, in that order, to down the Bulldogs with a 15-47 lacing.

The defeat of Army on the 30th gave the harriers their 15th straight win in dual meets, dating back to 1969. This is a record to be proud of and one future teams are challenged to maintain.

HEPS IC4A and NCAA

The Heptagonals loomed as a dual between Penn and Cornell as Nov. 5 drew near, but on race day the Penn team ran the greatest team race ever run at the Heps and scored a record 19 to win it all. Cornell, however, ran the second best team race ever run by a Heps team at the Van Cortlandt Park course in the Bronx, N.Y.. Based on the results of previous Heps records, Cornell's showing would have won any other Heps meet. Phil Ritson of Cornell proved his tough competitiveness as he ran second in the 4th fastest Heps time ever, 24:43. Freshman Dave Merrick of Penn, who was the nation's top prep runner last year, topped the field for a Heps record of 24:32. Penn took the 3rd through 7th places before Don Alexander broke them up with a strong 8th place finish. Phil Collins and Tim Cahill ran competitive 13th and 15th finishes, respectively, while Dave Oertel snared 29th as Cornell's 5th man. This put Cornell way in front of third place Navy, who had 103 points to Cornell's 64, and was the next to last step in the long climb from the Heps cellar which began 4 years ago.

In the IC4A's, again held at Van Cortlandt Park, Cornell looked to be in the top five for sure, but as the slippery rain-soaked course took its toll of runners, Cornell's Cahill was among them. After falling several times, Tim could manage only 128th as 5th man for the team. Ritson again ran well and finished a competitive 9th. This earned him a spot on the 1971 ALL-IC4A Team. Alexander grabbed 19th while Collins and Oertel garnered respectable 45th and 47th place finishes. Villanova took the team title for the 6th straight year, but soph Bob Wheeler of Duke won the individual crown with a great 24:27 clocking. Penn, led by Merrick and Dennis Fikes, represented the Ivy League well with a close 2nd place in the team battle. Cornell's tally was good for 6th and qualified the team for the NCAA meet.

The rolling hills of the Fox Den Country Club in Knoxville, Tenn. were the sight of the NCAA championships, held on Nov. 22nd. Steve Prefontaine of Oregon outdistanced the 302 other starters to lead his team to the national title. Gary Bjorkland of Minn. took second place individual honors while Washington State nabbed the 2nd place team spot with Penn a suprising 3rd. Dave Merrick of Penn gained All-American honors with 18th place. Cornell finished 15th, which was only two points behind 14th place Wichita State and was the best national x-c finish in Cornell history. Don Alexander was top man for the Red as he ran 53rd in 30:55 for the tough 6 miles in very cold and windy weather. Ritson was 97th, Oertel 143rd, Lester 211th, Baker 224th and Collins 126th. Cahill did not make the trip due to the pressures of his studies.

JV K-C

Cornell's JV team posted a 7-1 win-loss record for the season as the runners battled for places on the Varsity squad. Many fine races were run by the JV members, even though many of them were freshmen competing at 5 miles for the first time. Freshmen Gerry Neenan and Bob Cartin led the way in the first victory over Colgate at Ithaca. The next week, it was Paul Donovan, also a frosh, who took first as Neenan, Soph Mike Walker, Cartin and Soph Steve Banker followed in close order for the 15-48 trouncing of Syracuse. At Easton, yet another freshman, Steve Brallier, came to the fore as he led his teammates to a double victory over Lafayette and St. Peter's prep. After defeating Ithaca College's varsity on Tuesday, the squad suffered its only defeat on Saturday of the following week as it fell by a score of 16-39 to a powerful Harvard team. Bob Morris of Cornell hung on for 5th to prevent a shutout. The team bounced back the next Wednesday as they downed Auburn 16-46 at Ithaca, led again by Brallier who earned a spot on the varsity against Army. The other two wins came against Corning Community College, 15-50, and a close 27-28 victory over the Finger Lakes Runners Club. Carl Yehnerht, Pal Roach, Mike Arones and many others also ran well for the JV's during the season. The maturity developed over the season and the show of strength by the JV squad gives promise that future Cornell teams will not be lacking in talent.

50th Annual Bancuet is Held

On November 30, the annual cross-country banquet was held for the 50th straight year in the Varna Methodist Church. After the traditional walk from Schoellkopf, the team joined the coaches and the guests for a turkey dinner. After eating, Cross-Country Club President, Phil Ritson turned the banquet over to Coach Warner who spoke briefly and then presented the awards. Coach Warner stated that, based on times at Moakley and elsewhere, the 1971 team was the best in Cornell's history and he expressed his thanks to the team members for an enjoyable and exciting season. The awards for the most improved varsity man, the most valuable varsity runner, and the best freshman harrier went to Tim Cahill, Phil Ritson, and Ray Demarco, respectively. Tim Cahill, a junior from Trenton, N. J., was impressive this season with his consistent top performances. Tim was also selected by his teammates as the captain for the 1971 varsity squad. Without a doubt, Phil Ritson was the top man for the varsity, as evidenced by his record and fine efforts. Ray DeMarco, who hails from Voorheesville, N. Y., exceeded all other frosh with his excellent running this year. A new "5th Man" award, sponsored by J. Anderson, '71, was presented to Dave Oertel for his consistent finishes in the all-important fifth spot for the team. Dave was also elected as the new Cross-Country Club president. The Moakley Award for the greatest contribution to Cornell cross-country was given to Captain Don Alexander.

On behalf of the team and coaches, Don Alexander presented a plaque to Dr. Thomas Baker, President of Briarcliff College and father of Tom Baker, and his family. For the last two years, Dr. Baker has provided free housing at Briarcliff and at his home for the country meets, as well as providing moral support by coming to nearly every meet to cheer the team on. The Plaque was given to show the team's appreciation for this outstanding support.

The evening was concluded with the showing of slides of the past season by Dr. Verne Rockcastle, faculty advisor for cross-country.

COACHES COMMENTS

Well, we just completed another very enjoyable cross country season. Perhaps the most enjoyable part of the whole season, and the same is true of the indoor season already underway, is the tremendous competitive attitude that our men have! I wish that all of you could see these young men perform. They have the greatest attitude and spirit that I have ever had the pleasure to witness in an athletic team. I have been associated with a few good teams too and especially the Kansas teams of 1955-56 that finished 2nd in both the cross country and outdoor track NCAA meets. The Kansas teams may have had greater performers, but none with a better attitude and spirit. I am proud to be associated with this fine group of young men. We all hear so much about the "youth" of today in a derogatory manner, but these young men are really great and I am proud of every one of them. I know that you would be proud of them too. I wish that you could meet some of them.

We have attempted to instill a pride in the great track tradition that Cornell enjoys and I believe that we have succeeded. They are now a part of that tradition and will look back upon it, as I am sure you do, with great pride and many fond memories. We may not win the Heps, Penn is just going out of sight with their recruiting, but we have undoubtedly the best cross country team ever in the League under normal circumstances (without Penn's "go bigtime" policy). Our times in the Heps would have been good enough to easily win the 1970 Heps title!

We want to thank those of you who have pitched in and helped with the recruiting efforts by personally recruiting men for us, by sending us newspaper clippings, and through financial efforts. So, to those of you who have helped us along these lines, we say thank you for your help and congratulations too, because you are part of this team also, and a very important part. Without your efforts, some of these fine young men that we have would not even be here!

We hope to be able to make a trip to North Carolina during the Spring recess. We have a tentative

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(Coaches Comments Contd)

meet with North Carolina State on March 21st and we hope to arrange one or two other meets in North Carolina or Virginia. We plan on taking a bus with about 35 to 40 men. We will leave on March 19th and return to Ithaca on the 26th of March. N.C. State will give us housing for 3 nights and we hope to be able to get similar arrangements for the rest of the week. We will probably all pay for our own meals. Now that the Spring semester is over a week earlier with the new academic calendar (classes end May th), our outdoor season is getting real short. The trip to North Carolina will enable us to take advantage of some hopefully better weather and also get a few meets in.

IN MOURNING

Joseph Philip our "All-American Laundry Man", died of a heart attack on June 17, 1972. Joe will be missed by all as he was a man who gave his all to Cornell athletics in the 5 years that he worked here. He was one of a vanishing breed of men, dedicated, conscientious and one who took great pride in his work. He was truly loved by all trackmen these past 5 years as he really went out of his way to help us.

COACHES COMMENTS

The academic year 1971 saw a new wrinkle come into effect as far as the Ivy League is concerned. Freshmen are now able to compete with the Varsity in track and other "individual" sports, if they are qualified and can make the team. We were fortunate to enroll a fine group of freshmen to compliment a solid nucleus of returning upper classmen. Jim Leonard and Terry Jackson, both from Pittsburg, Pa., and state champions in the Triple Jump and Long Jump respectively, have already turned in outstanding performances. Bob Dennis and Horace Bradshaw, both frosh, as well as sophomores Dave Roberts and Steve Wasser in the two horizontal jumps, give us as strong a group in these events as we have had in recent years.

The vertical jumps find returning frosh record breakers Bob Wheeler and Steve Lahr trying to improve upon their 6'6" jumps of last year. Senior Owen Smith and Frosh Steve Segien at 6'3" and 6'2" provide fine balance. In the pole vault, two juniors, Al Greyholds and Ken Roblee are closing in on our varsity record of 14'6 $\frac{1}{2}$ ". Transfer student Dan Hibbard, soph Charlie Card and frosh Paul Watkins all have the potential to move in with Al and Ken at any time.

In the shot put, we again find a freshman influencing our entries as Dan Russell of Salem, Ohio has pushed the iron ball 50'8 $\frac{1}{2}$ " this year while approaching our yearling record of 50'11". Dan is consistently in the top three along with senior Bob Gray and junior Randy Sokolik. When Bob was a freshman he set a record of 50'10 $\frac{1}{2}$ " which Randy moved up to the present 50'11". If Dan can surpass that this year, we will be in the unusual but pleasant situation of having three frosh record breakers on the same team.

After running into academic problems last year, Craig Cyphers, with a best throw of 60'10 $\frac{1}{2}$ " in the 35 lb. weight throw, decided not to return to school this year. Owen Smith, a fine all around athlete with definite decathlon potential (Heps javelin throw scorer as a soph) shows promise here along with soph Craig Champion. If Craig can continue with the fine performances he managed as a frosh (50'9" and 155' in the hammer) he could be the next in a long line of

(more)

Coaches Comments (Contd)

great hammer throwers at Cornell.

This is one of the strongest field event groups Cornell has gathered together since I have been associated with the University. There is good strength and depth in every event plus an attitude which has carried us through 12 straight dual meets without a loss (dates back to 1970). The entire track team is one in which we can all take pride and I personally am quite satisfied that athletes in the field events contribute their fair share.

* * * * *

NEW TRACK

This summer a new all-weather rubberized asphalt track will be installed in Schoellkopf. The track will also include a steeplechase runway and water jump pit located inside of the south curve. This runway will be 12 ft. wide.

The track will remain 29 ft. wide on the East (sprint) straightaway and will be 21 ft. wide on the turns (as it is now) and backstretch (which is now 29 ft.)

It will be a vast improvement for our program and will give us perhaps the best all-around track facilities in the East (indoors and outdoors). With the Poly-Turf football field and new track, Schoellkopf will look real sharp.

We are deeply indebted to Mr. Jloyd R. Newman '12 of Cleveland, Ohio for his most generous gift which will make this beautiful new track possible.

CORNELL ROUTS ST. JOHN'S

The Cornell track team began its season out with a show of strength as it downed St. John's University on December 4 by a score of 82-45. In the field events, Cornell had the edge with 32 points to St. John's 22. Bob Gray took the shot with a 51' heave while Frosh teammate Dan Russell was second. In the long jump, Ted Jackson and Steve Wasser nabbed the first two spots with 22'7" and 22'2" leaps, respectively. Frosh Tim Leonard took the triple jump in 47'4", a Barton Hall record.

On the track, Cornell won seven of nine running events. Don Alexander began the scoring with a 4:11 first place in the mile run while teammate Cahill finished second in 4:14. Soph Mike MacNeil, son of former Cornell basketball Coach Sam MacNeil, recorded a meet record 1:12.5 in the 600 to top all competitors and also anchored the winning mile relay team. Terry Jackson, a freshman, led a Cornell sweep of the 60 yard dash by posting a 6.4 time, good for a meet record. Heps 1000 champ and track captain Tom Baker edged a St. John's thincled to win the 1000 in 2:14. Cross-country standout Phil Ritson took the two-mile in a very quick 8:57. The fine second and third place finishes by other Cornellians gave the team a 50-23 point margin on the track and sealed the victory.

In the companion JV meet, Cornell dropped a close 61-57 decision after losing the two relay events. Mike Arones won the mile in 4:24 as Steve Brallier took second. Dennis Hanratty earned first in the 1000 while Mark Lester won the two-mile run in 9:31. Dave Roberts led a Cornell sweep in the triple jump event and Ken Roblee won the vault for the only other win in the field.

Overall, both the JV and varsity teams showed great spirit in cheering for their teammates. Their performances gave promise of a great season to come.

CHALLENGE

To All Alumni,

In view of the present economic situation at Cornell, I am offering monetary support to the track and cross-country teams in the following manner: \$10 for each consecutive dual meet win, retroactive to the previous seasons. The cross-country team has won 15 straight dual meets since 1969 and I have given \$150.

My company IBM has matched my gift of \$150.00, but it must be earned, i.e., from now on each dual meet win earns \$10 from IBM until the \$150 is exhausted. However, at the first loss the remaining IBM funds revert to the COSEP program at Cornell.

I am challenging you as an alumnus to match my gift of \$10 for each consecutive win and, if you work for a company, to explore the possibility of your company matching your gift. I am not suggesting that you try to get your company to give under the conditions IBM has agreed to, although I encourage you to consider the possibility. At least, match my gift of \$10 per win.

Sincerely,

Walter A. Jones, '70

(Editor's Note: Walter is a former Heps and IC4A Long jump champion and surely one of Cornell's greatest trackmen)

SYRACUSE RELAYS

On December 10, Cornell sent a squad of runners to the Syracuse Relays, held at Manley field house in Syracuse. In the varsity events, Cornell won all events except the open two-mile, where Cornell's Dave Oertel was second to Fischer of Syracuse, and the two-mile relay. Tim Cahill ran a fast 4:15 to anchor the winning distance medley team. Freshmen Tom Patterson and Steve Brallier gave sterling performances in the 2-mile relay as they ran 1:55 and 1:56 legs, respectively, although the team was defeated by a strong Colgate group. The varied events gave opportunity for the Cornell runners to see what they could do in events different from their specialty.

CORNELL INVITATIONAL

On January 22, Cornell hosted the 5th Annual Cornell Invitational at Barton Hall. Over 300 athletes from 13 schools participated in the full day of races in the non-scoring meet. Cornell's runners dominated the events for the most part. Freshman Jim Leonard set a triple jump record of 47-1 as Cornell took 3 of the 5 top places in the event. Soph Mike MacNeil established a new 600 record of 1:13.0 as he held off a strong finish by a Syracuse runner. Sophs Bob Anastasio and Bob Oelschlager provided one of the more exciting races of the day in a battle for the top two spots in the 880. Anastasio won over Oelschlager by .1 second in 1:56.9. Fred Stem of Colgate set a vault record of 14-0, but the Red dominated the action in the other field events. Terry Jackson leaped 22-3 3/4 to win the long jump as Bob Wheeler jumped 6-4 for the high jump victory. Owen Smith took the weight throw with a 50-1 1/2 heave. Alex Trammell of St. Joseph's was the outstanding high school performer of the meet as he clocked a 2:15.8 record time in the 1000 yd. run.

THINCLADS WIN EASILY

In the first triangular of the season, Cornell took on Queens of Ontario, Canada and Cortland State on January 29 in Barton Hall. The Red ran away with the meet as they scored 120 points to Cortland's 30 and Queens' 20. Top performances for the Red came in the mile, 600, two-mile and 1000. Don Alexander won the mile easily in 4:13.0 while Soph MacNeil matched his 1:13.0 of the previous week to win the 600. Phil Ritson clocked a credible 9:00 two-mile as Cornell swept the event, with pb's from Mark Lester and Frosh Ray DeMarco. The biggest surprise came in the 1000 as Frosh Steve Brallier ran a "gutsy" 2:13.8 to win the varsity event and set a Freshman record, eclipsing the 2:15.8 standard set by Tom Baker on 1969. Cornell won every field event. Noteworthy performances came in the shot put as Randy Sokolik threw 50'4 $\frac{1}{4}$ " to lead a 1-2-3 finish and in the pole vault where Ken Roblee won with a 13-6 vault.

The JV's evened their season record at 1-1 as they defeated Mohawk Valley CC by a 88 to 36 tally. Don Reeves of Cornell was the outstanding performer for the JV as he won the 440 in 33.2, the long jump in 19-9, the triple jump in 42-6, and ran a leg of the winning mile relay team.

Coming off a strong showing over Queens and Cortland, Coach Warner's Big Red turned next to face Army and Princeton at West Point.

Cornell had some outstanding performances but could not come up with enough of them as the Cadets ended Cornell's nine meet winning streak.

In the mile, Don Alexander and Phil Ritson collided early in the race forcing Phil to drop out. Don managed to recover and came back strong to finish second in 4:12.2. Ritson came back later in the afternoon with an impressive 8:53 victory in the two-mile, setting a new field house record.

In the 1000, Red's Bob Anastasio came out on top with a fine 2:13.0 clocking. Freshman Steve Brallier finished fourth despite the pushing during the race.

In a very tight 600, John McKeown managed third place with a time of 1:13.1 while soph Mike McNeil was not far behind in 1:13.6.

Freshman sprinter Reggie Barron ran an excellent 6.3 in the 60 yard dash but was nipped at the wire by Army's top sprinters Tony Dedmond and Marshall Best, also timed in 6.3.

The only points from relays came from the second place finish of the mile relay team consisting of Barron, Marv Barnett, McKeown and MacNeil.

There were some good performances in the field events as well. Both Bob Gray and Dan Russell heaved the shot put over fifty feet for second and third places. Frosh Terry Jackson took the long jump with a leap of 22 feet 10½ inches while team mate Steve Wasser took fourth. The Big Red collected more big points in the triple jump from Jim Leonard (second) and Fred Brewington (third).

Seeking revenge for the previous week's loss to Army, the Big Red really unloaded on Yale at Cornell's Barton Hall. Coach Warner's men ended up on top with a 78 to 40 victory, including sweeps in three events.

In the 1000 Tom Baker and Don Alexander fought to the wire for a 1-2 finish, both timed in 2:13.1. Red's Tom Patterson was third in 2:15.0.

Both of the other sweeps came from the jumping events as Cornell took the first three places in both the triple and long jumps. In the triple the top three spots went to Jim Leonard, Fred Brewington and Dave Roberts, Leonard's leap of 47'6" broke his own Barton Hall record by two inches. In the long jump it was Steve Wasser, Terry Jackson and Bob Dennis taking the top honors.

In the mile, Phil Ritson and Bob Anastasio combined for a 1-2 finish as did Reggie Barron and Terry Jackson in the 60 yard dash. Another 1-2 punch was supplied by shot putters Randy Sokolik and Bob Gray. Sokoliks winning toss was 50 feet.

Other point getters for the Big Red, were Dave Oertel and Ray DeMarco in the two mile, Owen Smith and Craig Champion in the 35 lb. weight throw, Bob Wheeler in the high jump, Ken Roblee and Al Greynolds in the pole vault and winner Mike MacNeil and Pal Roach in the 600.

The two mile relay team, consisting of Mike MacNeil, Rich Holland, Paul Donovan and Bob Anastasio capped the meet with a 7:55.3 winning effort.

COLGATE, SYRACUSE, CORNELL TRIANGULAR

The combined scores of Colgate and Syracuse could not even match the total collected by the Big Red. Cornell ran away with the meet registering a 112 to 35 to 22 win over Colgate and Syracuse respectively, while winning fourteen of the sixteen events.

In the mile, senior Don Alexander pressed Syracuse's Bruce Fischer to the wire and finished with a new Cornell indoor record of 4:10.0. Phil Ritson led from start to finish in leading a one through four sweep of the two mile. Bob Anastasio and Capt. Tom Baker took 1-2 in the 1000, both being timed in 2:12.4. Reggie Barron and Terry Jackson finished first and second in the 60 yard dash as did Chet Zdrowski and Bob Oelschlager in the 880.

Senior Owen Smith led the way with a 49 ft. 4 in. effort in the weight throw followed by Craig Champion's 48 ft. 11 in. heave. In the long jump Fred Brewington, Horace Bradshaw and Jim Leonard took top honors while Steve Wasser and Terry Jackson did likewise in the long jump.

Freshman Paul Watkins vaulted to a 13 ft. 6 in. victory while teammates Ken Roblee and Al Greynolds took the next two places.

More victories came from John McKeown's 1:12.5 win in the 600, Mike MacNeil's 51.8 in the 440, Randy Sokolik's shot put heave of 50 ft. 5 in. and both the mile and two mile relays.

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IC4A OUTDOORS

In the IC4A Championships on May 26-27 at Franklin Field in Philly, John Pozhke was 3rd in the JT with 230' 7" and Soph Bob Anastasio finished 5th in the 880 with a PB 1:51.3 as these two men were our only scorers. Bruce Hulse equaled his PB of :53.5 in his heat of the 440 IH and was eliminated in a semi-final. Mike MacNeil equaled his PB of :48.8 in his heat of the 440 and was eliminated in a semi-final. Pal Roach ran :49.6 in a heat of the 440. Jim Leonard did not qualify for the final of the triple jump. Tom Baker was eliminated in his 880 heat as were Don Alexander and Tom Patterson in their heats of the mile. Phil Ritson running his first race since March posted a 29:55 six mile for 7th. Phil had been sick all spring.

HEPS, IC4A - INDOORS

The 25th edition of the Heptagonals gave the 3,800 fans present their money's worth. Penn repeated as team champions as they easily outscored Navy's 42 second place point total. The Cornell Big Red gave their best showing in 14 years as they amassed 32 points for third place, scoring in seven of the 14 events and winning three of them.

In the first Hep Track Championship meet in which freshmen competed, Cornell's Jim Leonard became the first freshman to win a Heps track title. Jim leaped 48-10 in the triple jump, a new event, to best all entrants. Junior John McKeown provided Cornell's second victory as he took the 600 yard dash in 1:11.6. John also had a 48.9 anchor leg on Cornell's second place mile relay team. Phil Ritson was the Red's third victor of the evening as he took the two-mile run in 8:52.9, easily defeating second place finisher Dave Merrick of Penn, the Heps X-C champ. Cornell's other points came in the 1000 where Bob Anastasio and Capt. Tom Baker took 3-4 behind the 1-2 finish of Dennis Fikes and Julio Piozza of Penn. Don Alexander was edged out for second as he took 3rd in the mile, won by Childs of Penn in 4:09.8. The two-mile relay team of Patterson, Brallier, Holland and Anastasio took fourth.

The "outstanding performer" award went to Penn's Bruce Collins who set a new standard of 7.0 seconds in the hurdles, took 3rd in the 60 yard dash and anchored Penn's relay team. The most spectacular event was the Pole Vault where Tom Blair of Penn vaulted 17'-1/2" for a new record.

In the IC4A, Cornell continued its distinguished position as the only team to score in every indoor IC4A meet. Although scoring only 3 points on Jim Leonard's 3rd place triple jump, the school records fell, as the predominately young team got a taste of the big time. Senior Capt. Tom Baker finished sixth in the finals, of the 1000 behind Morgan Mosser's (IV) record 2:06.9. Tom's 2:10.4 was the fastest ever by a Cornellian. Don Alexander broke his own school mark as he ran a 4:08.7 mile, fourth fastest of the evening, but failed to qualify for the final. Penn upset Villanova for the team title with 26 pts. to 24 pts., with Adelphi a close third with 21 pts.

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OUTDOOR DUALS, RELAYS

For the first time in many years, Cornell took a full squad south during spring break for two scheduled dual meets. Only one got off the ground though, as very cold weather forced the cancellation of the March 24 meet with Virginia Tech. In the first meet March 21 against N. Carolina State, Cornell made a good showing with a 80-65 victory. In that meet Cornell's depth showed in every event. Terry Jackson led teammates Barron and Brewington to a sweep of the 100 yd. dash while Don Russell, Carl Shields and Horace Bradshaw completed a sweep of the shot put. John Pozhke won the javalin for Cornell with a 220-5 effort. In the mile, Don Alexander pushed States Jim Wilkins to a 4:04.6, finishing second in a personal best and school record 4:06.3. Mike McNeil won the quarter in 49.1, edging State's Stivey (49.2). In the 880, Bob Anastasio (1:53.2) and Tom Baker (1:54.7) took 2-3 behind Wilkins 1:52.5. Phil Ritson took second in the 2-mile with a 9:10 clocking.

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THE NEXT MEET FOR THE RED WAS NOT UNTIL APRIL 15, AGAINST COLGATE. THE cold weather at Hamilton didn't stop the Cornellians from handing Colgate a sound 123-40 defeat. Cornell lost only one event, the high jump, as Colgate's NCAA Champion Chris Dunn leapt 6'-10" for a meet and stadium record. In the other field events, Cornell dominated, Dan Russell won the shot, Craig Champion the hammer and John Pozhke the javalin while Jim Leonard took the triple jump in 46'-5" and Steve Wasser the long jump in 21'-9". Soph Bruce Hulse was a double winner for Cornell in the hurdle events as he won the 120 HH in 15.6 and the 440 IH in 55.4. Freshman Steve Brallier's 2nd place 1:55.5, 880 gave Cornell a 1-2 sweep in that event as Tom Baker won in 1:54.8. In the longer events, Dave Oertel won the 6 mile (a new event) in 30:49.0 and Tim Cahill captured the 3 mile in 14:30.6.

In the companion JV meet, Horace Bradshaw scored in seven events winning the HH (18.5) and triple jump (41-10). Bob Oelschlager posted a PB 41.21.9 mile and took second behind teammate Zdrodowski in the 880. The final score was 101-37 in Cornell's favor.

The next week found the team at the Queens-Iona Relays in NYC, where cold, steady rain flooded the track. In its first time in this meet, Cornell did very well, taking 3rd place behind Penn and St. John's. John Pozhke was the only winner for Cornell as he won the javalin with 196'. Second places were taken by Steve Wasser in the long jump (22-1) and the 4-mile relay team (17:16). The distance medley team of Paul Donovan, Mike McNeil, Bob Oelschlager and Tim Cahill finished fourth. Reggie Barron (22.5), John Blinka (23.9), John McKeown (50.6) and Steve Brallier (1:55.8) combined for 5th in the sprint medley. Bob Wheeler scored other points with a 6-2 fifth place high jump.

On April 28-29 the team traveled to Philadelphia for the Penn Relays. Cornell had some outstanding performances and two school records fell in the tough competition. On Friday the distance medley team set a school record of 9:58.5. Tom Baker led off with a 1:53.4 880, then Tom Patterson did a 50.6 440. Bob Anastasio turned in a sizzling 3:01.2 1320 and Don Alexander anchored with a 4:13.3 mile. The mile relay team of Reggie Barron (50.8), Pal Roach (49.8), Mike MacNeil (48.2) and John McKeown (49.3) placed 4th in the Heps mile relay. On Saturday morning, Dave Oertel ran 10th in the 3 mile, recording a PR 14:17.4. The same men who ran the distance medley came back in the 4 mile relay and set a school standard of 16:54.5, good for 6th overall. In that race, Frosh Tom Patterson recorded a PR 4:12.4. Bruce Hulse ran a 53.9 PR in his heat of the 440 IH.

On May 6, the Big Red took on a powerful Pennsylvania team at Schoellkopf field. Penn's depth and strength showed through as Cornell bowed 103½ to 45½. On the track, Cornell won only three events. In the 880, Bob Anastasio won in a PR 1:53.3 with Capt. Tom Baker second in 1:54.0. Bruce Hulse took the 440 IH in 53.9 and ran a leg on the winning mile relay team, which also included Pal Roach, John Blinka, and Bob Anastasio. In the mile, Frosh Tom Patterson ran a PR 4:14.0 for third. Piazza and Fikes of Penn. On the field, Craig Champion heaved a 175' 9" for first in the hammer throw, then came back to win the discus in 146' 10". John Pozhke won the javalin with 208' 5". Penn captured the rest of the first place on the field and the track. Cornell thus closed out its dual meet season with a 2-1 win-loss record.

(more)

HEPS OUTDOORS

In the outdoor Heptagonals at Philadelphia, Cornell placed fifth. The Red had two champs in John Pozhke with 235-1 in the javalin and Jim Leonard 49-8½ in the triple jump, a meet record. This made the third straight year that Pozhke has won the Heps javalin title. Don Alexander took third in the mile in 4:09.8 while Soph Bruce Hulse ran 53.7 for third in the 440 hurdles. Mike MacNeil had a great day. He finished third in the 440 (49.5) after a 48.8 in his heat. He also did a 48.1 on the 5th place mile relay team, which included Bob Anastasio (48.7) Pal Roach (49.5) and John McKeown (50.7). Roach was also 5th in the 440 with a 50.0 clocking while McKeown ran 5th in the 220 in 22.4. The 440 relay team of John B linka, Terry Jackson, McKeown and Reggie Barron did 42.8, a tie for 5th. Frosh Tom Patterson, competing in his first ever steeplechase, did admirably well as he garnered 5th spot in 9:25.6, a yearling record. In the team battle, Penn and Navy overpowered the other teams with Penn coming out on top 86 to 70. Princeton was 3rd with 31½ pts., Brown had 31 and Cornell 25½. Tom Blair of Penn vaulted 17-9¼ for a Heps record.

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McKEOWN IS CAPTAIN

The annual track picnic was held May 10 at Treman State Park. Good food and fun were enjoyed by all. John McKeown, a junior from North Babylon, New York was elected by his teammates as track captain for the 1972-73 season. John is the defending indoor Heps 600 champion and one of the Red's top 440 men. The Charles Moore Awards to the "Best" sprinter, mid-distance, and distance men for the year went to freshman Reggie Barron, Sr. Don Alexander, and Sr. Phil Ritson, respectively. Mike MacNeil was cited as the best 440 man of the year. The Robert J. Kane Sportsmanship Award went to the 1971-72 track captain Tom Baker. Don Alexander received the Gatling Award for the most points scored in a varsity career. Craig Champion, a sophomore, received the Shorty Lawrence Award for most improved field event man while Dave Oertel was given the Clarence Morse Award for most improved trackman. Craig has thrown the hammer 175-9 and the discus 146-9; Dave recently lowered his 3 mile time to 14:17. Jr. Alan Greynolds was recognized as the best vaulter for 1972.

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NCAA

On June 1st, 3 time Heptagonal javelin champ John Pozhke and 1972 Heptagonal Indoor and Outdoor triple jump champ Jim Leonard competed in the NCAA outdoor championships at the Univ. of Oregon in Eugene, Ore. Neither man qualified for the finals as John threw 214' 9" and Jim jumped 47' 10 3/4".

1972 OUTDOORS

In the outdoor heptagonal at Philadelphia, Cornell placed fifth. The Red had two changes in John Poshke with 197-1 in the javelin and 49-8 1/2 in the triple jump, a meet record. This made the third straight year that Poshke won the West Virginia title. Don Alexander took third in the mile in 4:09.8 while Scott Bruce Miles ran 53.7 for third in the 440 hurdles. Mike Hestell had a great day. He finished third in the 440 (49.5) after a 45-8 in his heat. He also had a 45.1 on the 500 yard mile relay team, which included Bob Anastasio (48.7) and John Jackson (50.7). Ronch was also 5th in the 440 with a 50.0 clocking while Jackson ran 5th in the 250 in 22.4. The 440 relay team of John & Linka, Terry Jackson, Jackson and Reggie Barron did 42.8, a first for 5th. From Tom Patterson, competing in his first ever heptagonal, did admirably well as he finished 5th and in 9:25.0, a yearling record. In the team battle, Penn and I-77 overcame the other teams with Penn coming out on top 30 to 20. Princeton was 3rd with 31 1/2 pts., Penn had 31 and Cornell 25 1/2. Tom Blair of Penn vaulted 17-08 for a meet record.

McKOWN IS CAPTAIN

The annual track clinic was held May 10 at Trehan State Park. Poshke told and fun were enjoyed by all. John McKown, a junior from North & Dayton, was elected by his teammates as track captain for the 1972-73 season. John is the defending indoor West 600 champion and one of the Red's top 100 men. The Charles Moore Award to the "Best" sprinter, mid-distance, and distance man for the year went to freshman Reggie Barron, Sr. Don Alexander, and Sr. Bill Wilson, respectively. Mike Hestell was cited as the best 440 man of the year. The Robert L. Kane Sportsmanship Award went to the 1971-72 track captain Tom Barron. Don Alexander received the Galtier Award for the most points scored in a variety contest. Craig Chastain, a sophomore, received the Shorty Lawrence Award for most improved field event man while Dave Gortel was given the Clarence Horne Award for most improved trackman. Gortel had thrown the hammer 175-9 and the discus 116-9. Dave recently lowered his 2 mile time to 14:17. Jr. Alan Greyholts was recognized as the best vaulter for 1972.

FOCAA

On June 1st, 3 time Heptagonal javelin champ John Poshke and 1972 Heptagonal Indoor and Outdoor triple jump champ Jim Leonard competed in the FOCAA outdoor championships at the Univ. of Oregon in Eugene, Ore. Neither man qualified for the finals as John threw 211' 0" and Jim jumped 47' 10 1/2".

LATE NEWS

ANDERSON MAKES 1972 OLYMPIC TEAM

Jon Anderson '71 captain of the 1970 cross country team, All-American in the 6 mile run in 1970, Heptagonal cross country champion in 1970, and Cornell record holder in the 2 mile run and 3000m steeplechase, last night (7/2/72) was 3rd in the final of the U.S. Olympic trials 10,000M run in his hometown of Eugene, Oregon which qualified him for the U.S. Olympic team. As long as he maintains his present state of condition, he will run in Munich, Germany in the 20th Olympiad. Jon was also the very capable editor of the Wastebasket for two years (1970 and 1971). This also kept our string of Olympians alive. We have had at least one Cornellian on every U.S. Olympic track team since 1904 except the 1948 team. With Robert J. Kane being vice president of the U.S. Olympic committee that brings our total of Olympians to 43 with Tom Gage '65 and Al Hall (who has been a member of the last 4 U.S. Olympic teams 1956, 1960, 1964 and 1968) '56 still having a chance to qualify for the '72 team in the hammer throw the trials for which will be on 7/7/72.

LATE NEWS

ANDERSON MAKES 1972 OLYMPIC TEAM

Jon Anderson, '71 captain of the 1970 cross country team, All-American in the 6 mile run in 1970, (heptagonal cross country champion in 1970, and Cornell record holder in the 2 mile run and 3000m steeplechase, last night (7/27/72) was 3rd in the final of the U.S. Olympic trials 10,000m run in his hometown of Eugene, Oregon which qualified him for the U.S. Olympic team. As long as he maintains his present state of condition, he will run in Munich, Germany in the 20th Olympiad. Jon was also the very capable editor of the Westbaker for two years (1970 and 1971). This also kept our string of Olympians alive. We have had at least one Cornellian on every U.S. Olympic track team since 1904 except the 1948 team. With Robert J. Kane being vice president of the U.S. Olympic committee that brings our total of Olympians to 43 with Tom Gage '65 and Al Hall (who has been a member of the last 4 U.S. Olympic teams 1956, 1960, 1964 and 1968) '52 still having a chance to qualify for the '72 team in the hammer throw the trials for which will be on 7/27/72.