

Size determination of trophic level in Atlantic Cod (*Gadus morhua*) from the Gulf of Maine and
Georges Bank stocks using stable isotope analysis

Honors Thesis

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1 **Abstract**

2 Atlantic Cod (*Gadus morhua*) has historically been an important commercial and
3 recreational fish species in New England. There are two main stocks: the Gulf of Maine (GOM)
4 and Georges Bank (GB) which are considered inshore and offshore, respectively. Stable isotope
5 analysis of ^{15}N was conducted on tissues to gain insights into the trophic level and diet of the
6 fish. This study was conducted to test the hypothesis that stable isotope analysis of different
7 tissues would significantly differ by stock, and that the size of the fish would predict the trophic
8 level the fish was feeding at. All fish examined were from the GOM or GB stocks; we used two
9 location parameters (stock and statistical area) and tested their interaction with $\delta^{15}\text{N}$ separately.
10 Three different tissues were used for isotope analysis: caudal fin clips, muscle, and otoliths. By
11 analyzing three statistical models, we found that the more specific location parameter, statistical
12 area, was part of a significant interaction with total length and tissue type that influences $\delta^{15}\text{N}$;
13 stock did not have a significant influence on any relationship. Total length by itself was not a
14 significant variable affecting $\delta^{15}\text{N}$; other studies have confirmed it is more indicative of food
15 web interactions than species trophic level. Testing between tissue type showed that otolith $\delta^{15}\text{N}$
16 measurements were significantly different from fin clips and muscle tissue; this could have
17 impacts on archaeological studies. The baseline of variation for the $\delta^{15}\text{N}$ of each tissue type was
18 determined, but further validation with more samples is needed.

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23 Introduction

24 The New England region of the United States has a rich and complicated history with
25 fisheries spanning the last 400 years. Fisheries have provided a crucial food source for the
26 earliest colonists since the 1600's; settlers of the New England region established Atlantic Cod
27 (*Gadus morhua*) as the first fishery due to its large and easily fished populations, especially
28 around the region of Georges Bank (Jensen, 1967; Serchuk and Wigley, 1992). As a productive
29 ecosystem separating the Gulf of Maine from the Atlantic Ocean, Georges Bank represents a
30 notable and prolific fishery resource. It was soon after that the fishery for Atlantic Cod gained
31 momentum, marking the commercialization of arguably one of the most important fishery
32 species of all time.

33 Historically, Atlantic Cod have been distinguished into stocks, which are populations
34 isolated geographically and ecologically from other populations of the same species. Within the
35 context of this paper, the two notable cod stocks of the Northeastern United States are the
36 inshore Gulf of Maine stock (GOM) and offshore Georges Bank stock (GB; **Fig. 1**). As defined
37 by NOAA, the GOM stock extends from Cape Cod east to the border between the United States
38 and Canada, and to the coast of Maine in the north. The GB stock is a “transboundary stock”
39 crossing the United States Exclusive Economic Zone and is fished by both the United States and
40 Canada (NOAA, 2013). Beginning in the 1970s, Atlantic Cod was overfished over the next
41 decade, leading to a collapse and moratorium on fishing in two large areas of Georges Bank.
42 Overfishing resulted in sparse recruitment for cod, and despite intensive management for more
43 than two decades, cod stocks have still not recovered to their historic levels of abundance
44 (Serchuck et al., 1992; NOAA, 2020).

45 There are inherent differences in environmental factors associated with inshore and
46 offshore cod stocks, driven by temperature, depth, and different rates of nutrient mixing in the
47 ocean. Georges Bank is a shallower, more ecologically productive area than the deeper waters of
48 the Gulf of Maine, and this can contribute to differences in growth and age at maturity between
49 the two stocks (O'Brien, 1999). As a result, GB cod generally have higher growth rates than do
50 GOM cod (ICES 2005). There are genetic differences between the two stocks (Ruzzante et al.,
51 1998; Wirgin et al., 2007), along with differences in larval growth rates, which is a highly
52 selected trait (Purchase and Brown, 2000). This suggests that there may be other important
53 ecological differences between the GOM and GB stocks that could inform management
54 practices.

55 When mature, large Atlantic Cod are among the top predators in benthic ecosystems. The
56 diet of cod changes ontogenically. As larvae, phytoplankton dominate the diet; juveniles mostly
57 eat invertebrates and crustaceans and adults are piscivores, consuming invertebrates and smaller
58 fish (Klein-MacPhee, 2002; Smith and Link, 2010). When prey populations change, cod adapt
59 their diet and are thought to be opportunistic feeders (Link and Garrison, 2002). The shift from
60 pelagic to more benthic prey is attributed to the increase in mouth size of mature cod (Bergstad
61 et al., 1987; Klein-MacPhee, 2002). Therefore because of their increasing size and the energetic
62 advantage of larger prey, cod eat bigger organisms within the taxon and higher up the food chain
63 as they grow older (Link et al., 2009).

64 Historically, gut content analyses were the only methods to examine the diet and
65 construct food webs of organisms (Perkins et al., 2014). It is known that consuming prey will
66 enrich the tissues of the consumer with certain elements that are then used for metabolism and
67 physiological functions, such as growth. Enrichment in this case refers to the ratio between the

68 heavier isotope to the lighter, more common one; an example of this is $^{15}\text{N}/^{14}\text{N}$ ($\delta^{15}\text{N}$) (Madigan
69 et al., 2012). Measuring this enrichment with stable isotope analysis has been accepted as a
70 simple and informative method for analyzing the diet and trophic interactions of animals.
71 Examining $\delta^{15}\text{N}$ in particular is widely known to be related to diet, with predators accumulating
72 the ^{15}N of their prey as they move up in trophic level and then distributing that within their own
73 tissues (Deniro and Epstein, 1981; Cabana et al., 1994; Perkins et al., 2014). Given that there are
74 differences in metabolic turnover rates, there is intrinsic variation in the ^{15}N isotope value of an
75 individual depending on the tissue being examined (Ankjærø et al., 2012). Establishing the range
76 of variation that can occur in one fish can help future studies account for this intrinsic variation
77 among tissues.

78 The three goals of this project are to: 1) elucidate whether there are significant
79 differences in the trophic dynamics between the GOM and GB stocks of Atlantic Cod through
80 $\delta^{15}\text{N}$ analysis ; 2) confirm whether $\delta^{15}\text{N}$ stable isotope analysis can be used to relate fish size to
81 the trophic level of the organism; and 3) make intraspecies comparisons to understand the range
82 of $\delta^{15}\text{N}$ variation between different tissues of the same individuals.

83 *Hypotheses:*

84 I predict that due to the different locations paired with unique environmental
85 characteristics, the GOM and GB stocks of Atlantic Cod will show significant differences in
86 $\delta^{15}\text{N}$ values. I also expect that total length will be a significant and reliable indicator of trophic
87 level of the fish, because size is so closely linked to the physical needs of feeding.

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90 **Methods:**

91 *Collection*

92 Fifty-six whole specimens of Atlantic Cod were retrieved during NOAA cruises during
93 Spring and Fall 2019. All fish samples were caught by NEFSC using either random stratified
94 bottom trawl surveys and a 4-seam bottom trawl with rockhopper gear (Politis et al., 2014) or
95 bottom longline surveys within the Gulf of Maine (McElroy et al., 2019). Except for one fish
96 (SM-2019-44) which was not included in any analyses, all were from either the Gulf of Maine
97 (GOM) or the Georges Bank (GB) stocks.

98 *Dissection*

99 Specimens were frozen until dissection. During dissection, length (standard and total) and
100 weight measurements were recorded, and each fish was photographed. Eight samples were taken
101 from each specimen: 1) a fin clip from the caudal fin; 2) a muscle plug near the tail; 3) skin
102 patch; 4) otolith (right side); 5) eye lens (right side); 6) a piece of the cleithrum; 7) liver; 8)
103 stomach tissue and its contents (placed in individual vials if identifiable). The locations from
104 which each tissue was taken was standardized as much as possible.

105 *Stable Isotope Analysis*

106 All tissue samples were placed in labeled vials and frozen at -20 degrees Celsius.
107 Samples were then freeze-dried at -45 degrees Celsius for one week. Each tissue sample was
108 ground into a homogenous mixture using liquid nitrogen, and a weighed subsample of 1 mg ±
109 0.1 mg was packaged into 4x6 tin capsules (EA Consumables). Samples of otoliths were
110 weighed to 10 mg ± 0.1 mg and packaged into 5x8 tin capsules (EA Consumables). The samples
111 were combusted using a Carlo Erba Elemental Analyzer (Italy) outfitted with a PN150

112 autosampler (Costech, California, USA). The elemental analyzer was coupled to a Thermo
113 Scientific Isotope Ratio Mass Spectrometer (Bremen, Germany) via a ConfLo IV (Thermo
114 Scientific, Bremen, Germany). Both ^{13}C and ^{15}N fractionations were measured for each tissue
115 type, however only the $\delta^{15}\text{N}$ data was used for analysis.

116 *Statistical Analysis*

117 One objective was to evaluate whether the location at which a specimen was collected
118 influences the $\delta^{15}\text{N}$ values of the tissues. Within the dataset, there were two location parameters
119 for each fish: a category for stocks (GOM or GB), which were separated based on oceanographic
120 characteristics, and statistical area groupings that could be further divided within stocks. The
121 classification of statistical areas, as seen in **Fig. 2**, follows the NOAA Northeast Fisheries
122 Science Center guidelines (Palmer and Wigley, 2007). There was no overlap between statistical
123 area and stock (**Table 1**).

124 Data from the fin clip, muscle, and otolith samples were analyzed (otolith data was not
125 recovered for three individuals). Three models were created to explore the influence of size (total
126 length), location (stock and statistical area), and tissue type (fin clip, muscle, and otolith) on the
127 $\delta^{15}\text{N}$ isotope data. Models started with all possible interactions between terms, and then non-
128 significant terms were taken out unless they were a part of a significant, higher order interaction.
129 Linear regressions were run on the $\delta^{15}\text{N}$ data vs. total length to characterize slope of the data
130 points as related to statistical area and stock (**Fig. 3a and 3b**). A Bonferroni Correction Factor
131 was utilized to show significance despite the sheer number of comparisons made between
132 tissues. A Least Squares Mean Student's t-test was run with the terms of the third model.
133 Assumptions were met for all tests. Data were organized in Microsoft Excel, and all statistical

134 analyses and graphs were run using JMP Pro 14. The significance level used for all statistical
135 tests was $\alpha = 0.05$.

136 **Results:**

137 To understand the influence of size of the fish and location on the value of $\delta^{15}\text{N}$ in
138 different tissues, I created three statistical models.

139 *Model 1*

140 The first model included tissue type, total length, and statistical area in response to the
141 $\delta^{15}\text{N}$ data (**Table 2a**). I found that the triple interaction term between the three factors was
142 significant ($p = 0.024$). This means that the effect of total length on $\delta^{15}\text{N}$ depends on the
143 statistical area from which the fish came, and the tissue type examined. This can be seen clearly
144 in **Fig. 3a** which shows linear regressions fitted to the data points and divided by statistical area
145 and tissue type. The slopes are positive and negative depending on the statistical area; the trend
146 for otoliths is notably different than for muscle and fin clips, and has a lower isotopic range.

147 *Model 2*

148 The second model examined whether stock, a broader and more ecologically important
149 measure of location, influenced the stable nitrogen isotopic data. I explored a model with the
150 triple interaction of tissue type, stock, and total length in response to $\delta^{15}\text{N}$; however, this
151 interaction was not significant and was removed from subsequent models. As seen in **Table 2b**,
152 the second model examined the influence of tissue type, stock, and total length on the isotopic
153 data. Among other terms, the interaction between stock and tissue type was most notable. **Fig. 4**
154 shows the corresponding Least Square Means Plot for this interaction; there is a difference

155 between GOM and GB stocks for each tissue, however further analysis revealed this difference
156 to not be significant.

157 *Model 3*

158 Based on the visual difference between otolith isotopic data compared to the muscle and
159 fin clip data, I examined a third model including tissue type, statistical area, and total length in
160 response to the $\delta^{15}\text{N}$ data. This model was similar to Model 1 but contained fewer interactions
161 (**Table 2c**). I found that the interaction term between statistical area and tissue type was
162 significant. To test between tissues, a Least Square Means Difference Student's t-test was run;
163 the resulting matrix produced every possible combination of statistical area and tissue type
164 compared pairwise. From the ordered difference report, it was shown that there was overlap in
165 similarity between fin clips and muscle pairings, however there was no overlap with either to the
166 otolith groups; all of these pairwise comparisons with the otolith measurements were statistically
167 significant ($p < 0.0001$). Keeping in mind the number of comparisons run, a Bonferroni
168 Correction Factor ($\alpha = 0.05$) was calculated using the formula:

169 *Alpha level / Number of comparisons made = new alpha level needed for significance*

170 $(0.05) / (59 \text{ otolith comparisons}) = 0.0008$

171 The p -value of 0.0001 for the otolith comparisons is still less than the new significance
172 level of 0.0008; therefore, even with the Bonferroni Correction, the differences between the
173 otolith data compared to the other two tissues is still significant.

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176 *Range of Variation*

177 The ranges of variation of $\delta^{15}\text{N}$ are: fin clips (12.06-16.37), muscle (11.81-14.12), and
178 otoliths (4.40-11.50). **Fig. 5** shows a boxplot visualizing the variation in $\delta^{15}\text{N}$ for the three tissue
179 types; it is notable that the otolith range is significantly lower than the range for fin clip or
180 muscle tissue.

181 **Discussion**

182 The location of capture, in conjunction with total length and tissue examined, is a
183 significant factor influencing the stable nitrogen isotopic value. As seen in **Fig. 3a** the size
184 distribution of sampled fish per statistical area was not equal. Notably, sampled fish from
185 statistical area 522 were relatively few ($n=4$) and of larger size compared to statistical area 551
186 ($n=17$); this discrepancy in sample sizes and size of fish should be considered when comparing
187 statistical areas to each other. As noted earlier, stable isotope values will vary by location
188 naturally based on the intrinsic environmental differences and trophic dynamics in the area. In
189 fact, some other studies have used the difference in isotope values to track migratory animals or
190 fish crossing over into different regions (Hansson et al., 1997; Bergstad et al., 2008), or even to
191 distinguish the difference between wild and farmed fish (Dempson and Power, 2004).

192 While I saw no significant influence of stock on the isotope data, the p -values for
193 interactions between stock and tissue type (Model 2) were borderline significant. This indicates
194 that potentially with more data and more equal size distribution, the stocks would significantly
195 differ by tissue type. The similarities between the $\delta^{15}\text{N}$ values of the two stocks divided by tissue
196 type can be seen in **Fig. 3b**; the linear regressions visually and statistically are not significantly
197 different. It was worth noting that the broader measure of location in our study (stock) did not

198 yield a significant relationship with the $\delta^{15}\text{N}$ data while the more specific parameter (statistical
199 area) did. Area 551, the most offshore area, was significantly different from the other statistical
200 areas. It would be interesting to compare environmental conditions of the statistical areas to
201 explore why this would be the case.

202 Although total length by itself did not significantly influence the $\delta^{15}\text{N}$ value, and in turn
203 the trophic level of the organism, it was still a notable factor to consider within interactions.
204 Other studies have shown that total length was not the significant indicator of trophic dynamics
205 as expected (Jennings et al., 2002; Ramsvatn and Pedersen, 2012; Perkins et al., 2014). In fact,
206 one study uses trout to show that variation in $\delta^{15}\text{N}$ in different lakes accounts for food web length
207 and interactions more than the species trophic level (Cabana and Rasmussen, 1994). Although I
208 expected a direct relationship with total length and enriched $\delta^{15}\text{N}$ levels indicative of higher
209 trophic levels, this is a much more complicated relationship that still needs further study.

210 One of the most interesting results was testing between tissues to determine if $\delta^{15}\text{N}$
211 values of the fin clips, muscle tissue, and otoliths were significantly different from each other.
212 The third statistical model showed that the otolith stable isotope data *was* significantly different
213 from both muscle and fin clip data, even those from the same statistical area. This could be
214 explained by how $\delta^{15}\text{N}$ is incorporated at varying rates by different tissues, often measured using
215 turnover rates. Other studies have examined the turnover rates and have concluded that the
216 variation could be due to differences in metabolic activity between tissues (Ankjærø, 2012;
217 Madigan et al., 2012). Muscle and caudal fin tissues of a fish grow rapidly, and most likely
218 reflect the present diet of the fish. In contrast, otoliths grow incrementally over the fish's
219 lifetime; therefore, it makes sense that the $\delta^{15}\text{N}$ data collected from it would reflect a different
220 point of the fish's life. Noting this difference for otoliths is important because in archaeological

221 studies, otoliths and bones are typically the only parts of the fish left after the tissues degrades.
222 Being aware that these body parts could have different stable isotope measurements offers
223 researchers another variable to consider when using them in long-term studies.

224 Stable isotope analysis and food web interactions of Atlantic Cod should be examined in
225 future studies with a broader sample set. Taking into account the low numbers of cod available
226 for research, making interspecies comparisons with ecologically similar fish such as Haddock
227 might also illuminate the complexities associated with stable isotope studies and food web
228 interactions. By comparing trophic dynamics of two species of fish , we could get insights into
229 feeding ecology and differing environmental variables that impact their life histories. With
230 global warming and climate change drastically altering the oceans, understanding the
231 mechanisms and factors behind our food sources is vital to ensure that we can continue to rely on
232 them in the future.

233 **Conclusion:**

234 In terms of location, statistical area influences the $\delta^{15}\text{N}$ data of Atlantic cod more than the
235 stock the fish came from. Additional samples and a more uniform size distribution of individuals,
236 as well as repetition of this study using ecologically similar fish like Haddock, might shed light
237 on the difference between the two location parameters. Total length is not a significant factor
238 influencing $\delta^{15}\text{N}$ *by itself*, however in conjunction with other variables such as statistical area and
239 tissue type, size can predict the trophic level of a fish. Tissue to tissue comparisons of $\delta^{15}\text{N}$ data
240 showed that otoliths are significantly different from both fin clips and muscle tissue; this has
241 implications for long term archaeological studies and future experiments using otoliths as a
242 means of comparison.

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349 **Table 1.** Division of stocks and statistical areas within the dataset, referencing with Figure 2.

Stock	Gulf of Maine	Georges Bank
Statistical Areas	513, 514, 515	522, 551

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351 **Table 2a, 2b, and 2c.** The three models and the factors that were included in each, along with

352 their significance level. The Source box is an output from JMP.

353 **a) Model 1**

Source	LogWorth	PValue
Tissue 2	8.247	0.00000
Stat Area*Tissue 2	5.640	0.00000
Stat Area	2.600	0.00251
Total Length (cm)*Stat Area*Tissue 2	1.622	0.02386
Total Length (cm)	1.183	0.06555
Total Length (cm)*Stat Area	0.445	0.35887
Tissue 2*Total Length (cm)	0.001	0.99657

354

355 **b) Model 2**

Source	LogWorth	PValue
Tissue 2	62.828	0.00000
STOCK*Tissue 2	5.532	0.00000
Total Length (cm)	1.803	0.01575
STOCK	0.399	0.39885

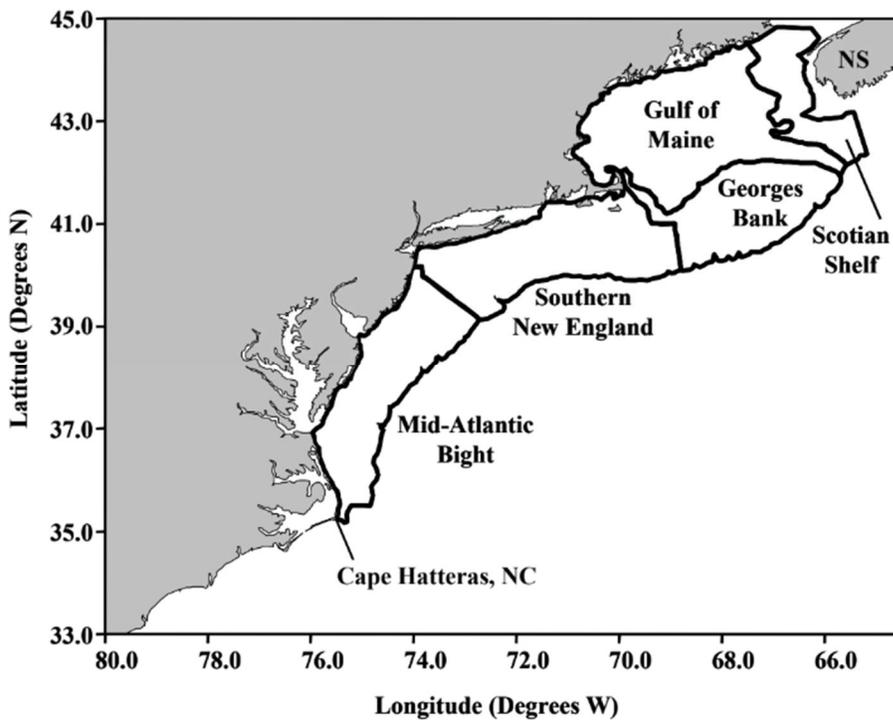
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357 **c) Model 3**

Source	LogWorth	PValue
Tissue 2	59.936	0.00000
Stat Area*Tissue 2	5.481	0.00000
Stat Area	2.277	0.00529
Total Length (cm)	1.343	0.04543

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361 **Figure 1.** Map showing the boundaries of the Gulf of Maine and Georges Banks in relation to
362 each other; GOM is inshore whereas GB is offshore. Reprinted from *The Trophic Dynamics of*
363 *50 Finfish and 2 Squid Species on the Northeast US Continental Shelf* (pg. 44), by B. E. Smith
364 and J. S. Link, 2010, Woods Hole, MA: NOAA. Copyright by NOAA.

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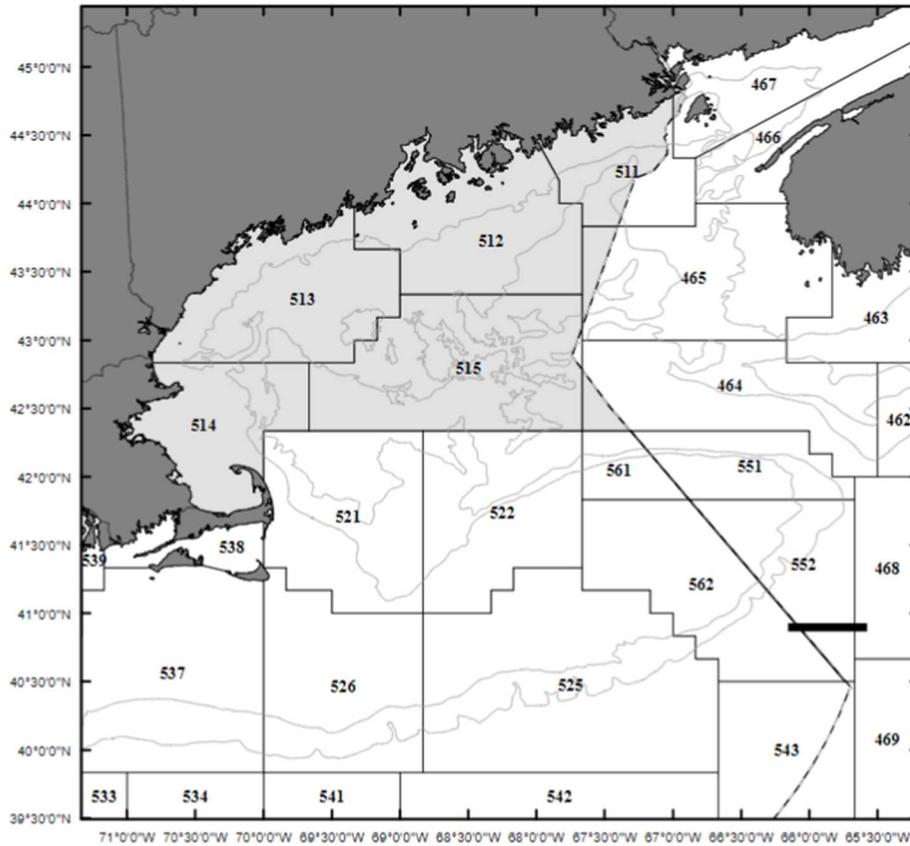
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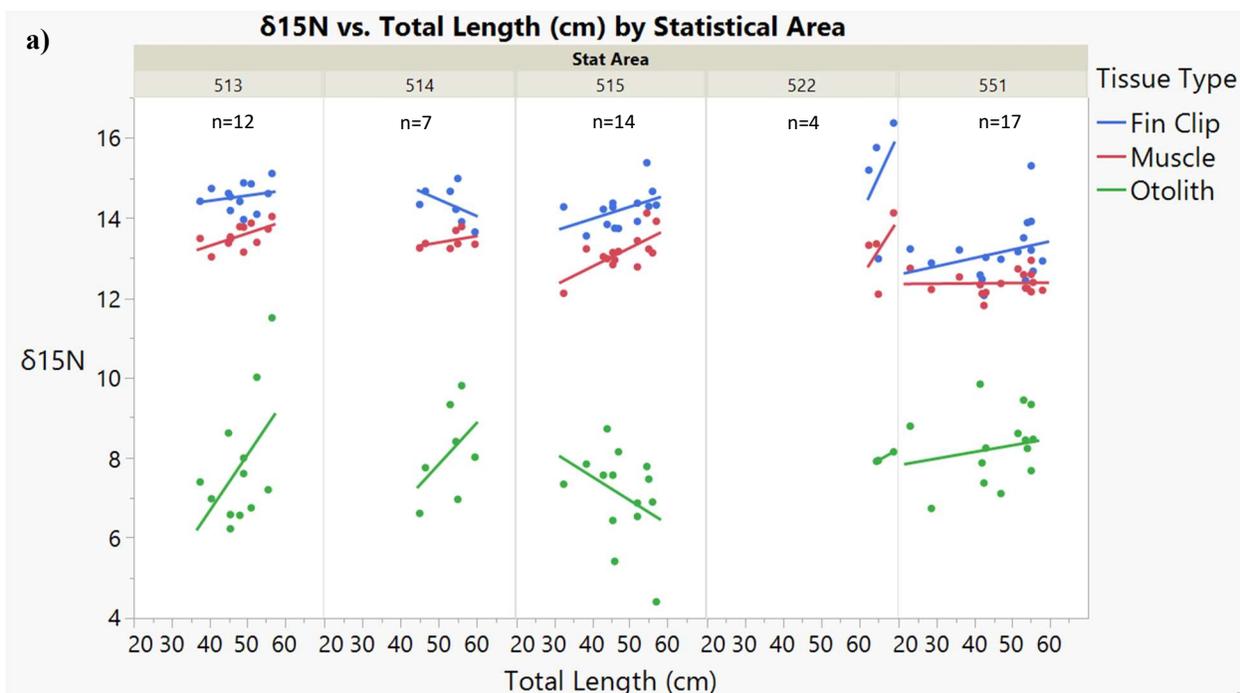
373 **Figure 2.** The statistical areas used for commercial fishing; the shaded areas represent those
 374 designated to the GOM stock. The fish studied here were from areas 513, 514, 515, 522, and
 375 551. Reprinted from the *55th Northeast Regional Stock Assessment Workshop (55th Saw)*
 376 *Assessment Summary Report* (pg. 20), by NOAA, 2013, Woods Hole, MA: NOAA. Copyright by
 377 NOAA.

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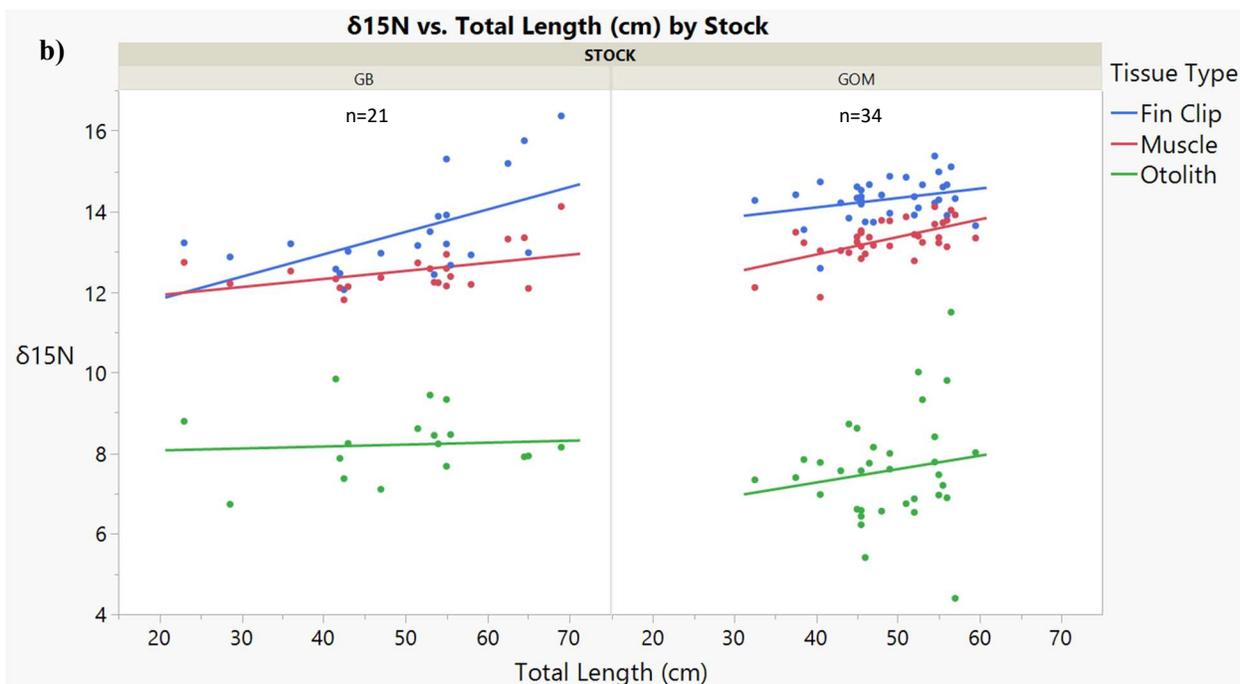
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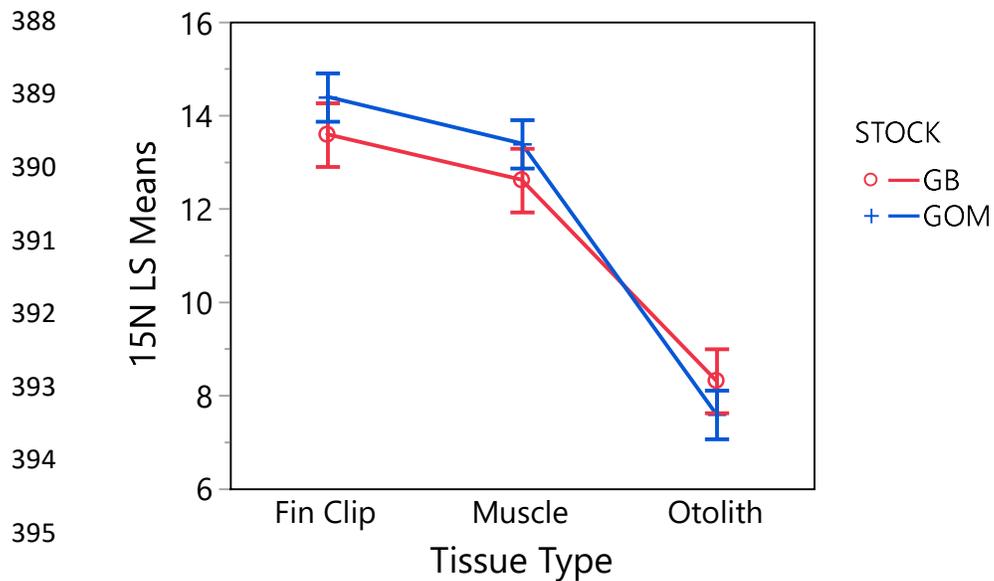


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384 **Figure 3a and b.** Graphs showing total length vs. $\delta^{15}\text{N}$ for each tissue type by (5a) statistical
 385 area and (5b) stock. The colored lines are linear regressions for each tissue type that best fit the
 386 data. Sample sizes for each statistical area and stock are noted (one fish sample, SM-2019-39,
 387 had an associated stock, but not a listed statistical area).



397 **Figure 4.** The Least Square Means Plot from the output of Model 2, showing how the stocks
398 differ between stable isotope value of each tissue type. This difference was shown to be
399 statistically nonsignificant.

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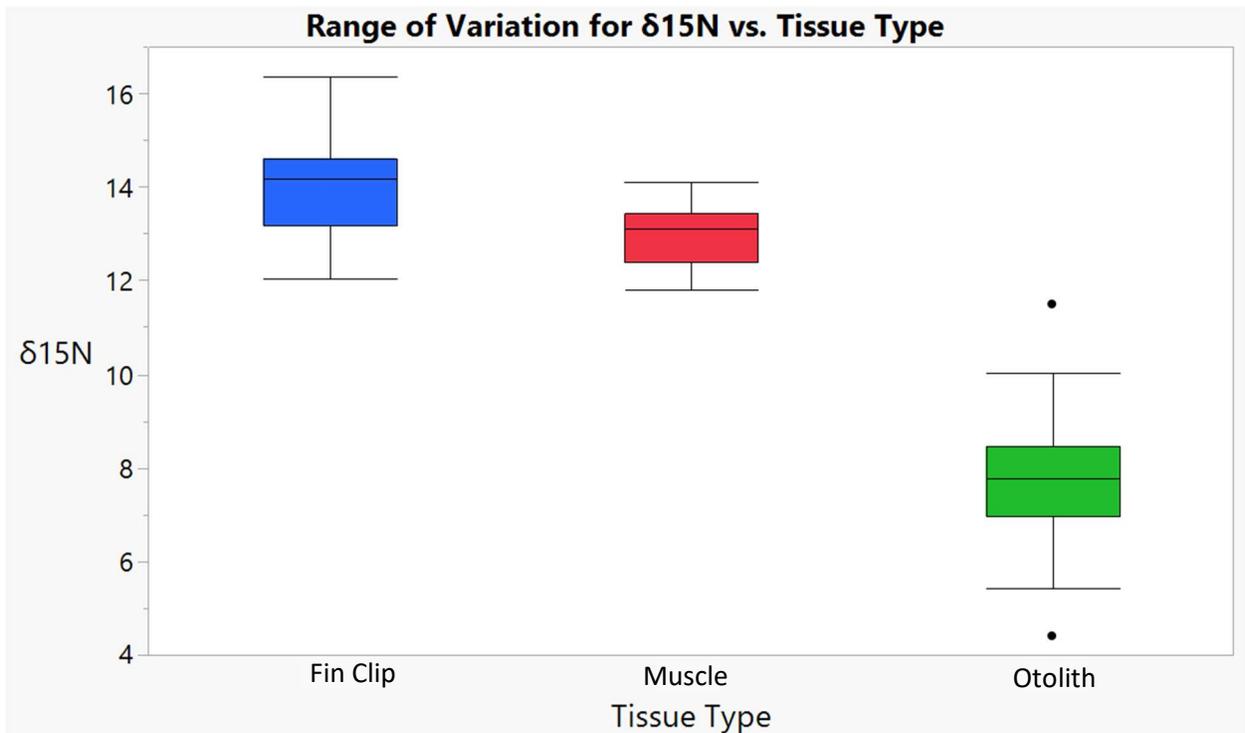
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411 **Figure 5.** These boxplots show the range of variation of $\delta^{15}\text{N}$ for each tissue type. The
412 disconnected dots on the otolith boxplot indicate outlier points. The difference between the
413 otolith range of variation compared to the fin clip and muscle groups is significant.