MONITOR FOR TICKS
in your school yard

1. Sew sleeve into cloth
2. Slide dowel into sleeve
3. Or staple cloth to dowel
4. Tie rope to dowel

Dress Accordingly

- Long Sleeve Shirt
- Long Pants (tucked into socks)
- Tall Socks
- Shoes or Boots

1 step/second for 30 seconds

visit dontgettickedny.org
for more help with ticks

Funded by NYS Senate Task Force on Lyme and Tick-Borne Diseases.
Illustrations by Christopher Madden, Coburn Design.