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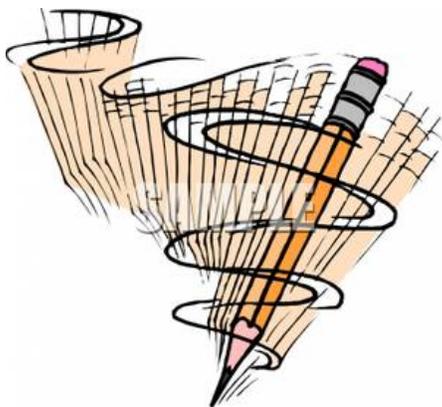
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ANNOUNCING

Kuhlman Exhibition by Charlotte Coffman

The 7th Annual Kuhlman Fiber and Wearable Arts Exhibition, *Rapture*, will be **open for viewing until November 15** in the Jill Stuart Gallery located on the Terrace level of the Human Ecology

Building. Scholarships are provided annually through the Barbara L. Kuhlman Foundation to students who work over the summer months to design and create wearable art pieces. Ms. Kuhlman, a college professor and long supporter of the fiber arts, was a collector, lecturer, and author in her field. The foundation continues her dedication to fiber arts and closely related fields with philanthropic sponsorships and grants.



Cornell Design Award for High School Students

by Charlotte Coffman

Attention all high school students with an interest in fashion design! Consider entering the Cornell Design Award 2013 competition. **The theme this year is “Side View” and the submission deadline is December 7, 2012.** Sketch an ensemble that illustrates your interpretation of the theme, add a description of the materials you would use, and submit electronically via <http://fsad-cda.human.cornell.edu/>. Entries may also be mailed. For additional information see the [attached announcement](#). To view past award winners, check out <http://www.human.cornell.edu/fsad/cornell-design-award-winners-2012.cfm>

Make It With Wool Contest

by Charlotte Coffman

The state competition for the annual Make It with Wool Contest will be held this year on October 20, 2012 at the NY Sheep and Wool Festival in Rhinebeck, NY. **The deadline to submit an application is October 1, 2012.**

Remember that garments must be made of fabric that is at least 60% wool (sheep) or specialty fiber (mohair, alpaca, etc.). The main contest has four categories:

- Preteens, age 12 and younger
- Juniors, ages 13-16
- Seniors, ages 17-24
- Adults, age 25 and older.

In addition, a Fashion Design Contest is open to college students who are enrolled in a college-level fashion or apparel design program.

For information about the New York contest, contact Meegan Veeder-Shave, 475 N. Quaker Lane, Hyde Park, NY 12538, Tel: 845-229-5728. Email: Meeveesh1@netzero.com. To learn more about the national program including objectives, sponsors, criteria, and prizes, visit the Make It With Wool website, <<http://www.makeitwithwool.com>>



National Association of Family and Consumer Sciences Annual Session

by Charlotte Coffman

The 2012 annual session of the National Association of Family and Consumer Sciences will take place September 24-28 in Columbus, OH. This national event offers an interesting array of workshops, speakers, tours, exhibits, and vendors. Some of the exciting offerings related to textiles and clothing include:

- Studio of renown quilter Nancy Crow
- Columbus Fashion Story Exhibition
- The Ohio State University Historic Costume & Textiles Collection
- Workshops related to 4-H Clothing & Textiles.

Advance registration is closed, but attendees can still register on site. Check out their website www.neafcs.org/ for additional

information.

Members of the New York delegation also want to recognize the strong leadership that Theresa Mayhew, CCE-Columbia County, has provided for the Eastern region during her term as Region Director. Thank you, Terri!

New York Unified Family and Consumer Sciences Conference

by Charlotte Coffman



The New York State Unified Family and Consumer Sciences Conference is scheduled for October 12-13 in Albany, NY. The conference is a collaborative effort of the following associations:

- New York State Association of Family and Consumer Sciences (NYSAFCS)
- New York State Association of Family and Consumer Science Educators (NYS AFCSE)
- National Extension Association of Family & Consumer Sciences NY Affiliate (NEAFCS-NYA).

The 2012 conference, *New Challenges, New Connections*, includes exhibits, keynote speakers and a range of workshops for teachers, extension educators, and home economists. Of particular interest to CCE staff are these workshop presenters from Cornell University.

Dr. Karl Pillemer, Friday, October 12, 2-3PM

Learning from the Life Wisdom of the Oldest Americans: The Cornell Legacy Project.

After years of collecting data from over 1200 older Americans, Dr. Pillemer summarized their thoughts in a book titled “30 Lessons for Living: Tried and True Advice from the Wisest Americans.” He will present findings from the studies about the practical advice of older Americans.

Jeff Hancock, Friday, October 12, 3:30-4:30PM

What You Need to Know About Social Media

This discussion centers on current issues and future trends surrounding social media, including both positive and negative effects of social media in youths’ every day lives and future career prospects.

Charlotte Coffman, Saturday, October 13, 9:15-10:15AM

From Cornell to Careers in Fiber Science and Apparel Design

I will discuss careers paths in fiber science and clothing design with links to the research and outreach at Cornell University. Participants will learn how to borrow teaching kits, arrange student tours, and connect to the department’s youth programs.

The [conference brochure](#), including the schedule, presenters and topics, and registration information is attached.

REGISTRATION NOTE:

No closing date for registration, but a late fee of \$25 is charged after September 10, 2012.

ENGAGING YOUTH

All About Color

by Charlotte Coffman

Seventeen teens and three chaperones participated in the 4-H Career Explorations course *All About Color* held on campus June 26-28. Participants mixed colors to paint their own color scales, observed color testing methodologies, used computer applications to explore color trends, and visited the Johnson



Art Museum to observe how color is used in art. The teens learned about marketing with color, the psychology of color, and how textile and apparel careers utilize color expertise.

They most enjoyed designing their own bandanas and scarves using the dye resist methods of tritik, batik, and tie-dye, and adding color with indigo and fiber reactive dyes. Special thanks are due graduate students Kristen Morris and Melissa Moukperian who arrived early and stayed late to set up supplies and mix dye baths. I am also grateful to graduate student Tom Ellingham for assistance in the testing lab and to Keri O'Mara, our knowledgeable Johnson Museum host.



Sharing FSAD Youth Resources

by Charlotte Coffman

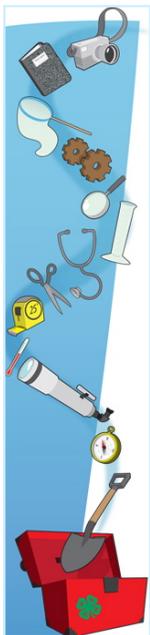
New York State Fair

Every year 4-H members lead hands-on activities with young fairgoers as part of their county association's presence at the New York State Fair. Thanks to Karen Soule who organized In-Touch Science activities with Jefferson County 4-H'ers and Megan Tiffit who promoted the Simple Gifts program through the Tompkins County exhibit.



Ithaca City School District Resource Fair

FSAD was one of 27 university and community groups that shared youth outreach resources with the administrators, teachers, and support staff from the Ithaca City School District on September 4. This is the second year of the resource fair, created to facilitate greater cooperation between the school district and local educational institutions. I was able to talk with teachers about their need for outside resources as well as their ideas for joint projects related to textiles and apparel.



Science Toolkit Expands

The Science Toolkit Entomology unit has been newly revised and posted on the Science Toolkit page of the NYS 4-H website <<http://nys4h.cce.cornell.edu>>. Check it out!

The 4-H Science Technology Engineering and Math (STEM) Program Work Team was granted funding to collaborate with libraries across New York State in an effort to more broadly disseminate 4-H STEM. The Science Toolkit is one program that will be used and promoted. This process began last year with the distribution through the library system of several thousand Science Toolkit bookmarks. Stay tuned – this will be an exciting, collaborative effort.

Learning Science by Doing Science

Nancy Schaff, Nancy Caswell, Eileen McGuire and I will present a workshop, Learning Science by Doing Science, on October 9 as part of the statewide conference sponsored by the New York State Association of Cornell Cooperative Extension 4-H Educators. Below is our workshop description:

Let's explore how to find and build STEM (Science, Technology, Engineering, and Math) into 4-H projects. STEM is everywhere... cooking, nutrition, sewing, robotics, animal science, gardening, GPS, environmental science, civic engagement, and more. Come and have some STEM fun that you can take back and use in your county! Try out some great STEM activities from In-Touch Science and Flight & Fabric. Explore ways to include "Science-Ready" criteria and emphasize practices used in real-world science and engineering. You will gain a better understanding of what it means to do a 4-H "Science-Ready" project and how to apply the "Science-Ready" criteria to a variety of projects. With your colleagues, you will participate in fun hands-on 4-H STEM activities you can take back and use with youth and volunteers. Join us for "STEMulating" fun and learning about science literacy and how we can better prepare youth to 'step up to the challenges of a complex, changing world.

Registration will be open until October 1, 2012 at

<http://ccesaratoga4h.wufoo.com/forms/2012-nysacce4he-conference/>.

Consider joining us!



EXPLORING FABRICS/FIBERS

This is the third in a series of short articles about interesting but little known textile fibers.

Spanish Moss (*Tillandsia Usneoides*)

by Madeline Miles

Hanging from trees in the Central and South American wilderness, as well as in the Southeastern United States, Spanish moss is a fantastic sight. Its nicknames of long moss and greybeard are highly deserved. It has no roots and wraps around trees to hang from the branches – sometimes in masses that reach 20 feet in length. Its grayish-green leaves are covered in silvery-gray scales that help catch nutrients. The plant itself grows mainly on oak and cypress trees, yet it does not rely on the tree for nutrients. It is in fact epiphytic, extracting its food from the air. Thus, it is able to withstand long periods of drought.

The Spanish moss fiber has a long harvesting process. Because it grows naturally, moss pickers use long poles to pull the damp moss from the trees. For commercial uses, the plant must then be cured to achieve the wiry, resilient, hair-like texture that is distinctive of the fiber strands. Clumps of the moss are gathered in piles or in pits and kept damp. This causes the bark to decay, freeing the fibers. This process takes three to four months, after which the fibers are dried and ginned. The process of ginning cleans the moss through several steps, including removing by hand all of the large pieces of mud and bark. Next, the material is placed on a belt that moves through a series of fans and cylinders to loosen, clean, and straighten the fibers. The moss is then baled and shipped.

Originally, Spanish moss was used as mattress stuffing because it is insect free and said to be cooler and more resilient than other fibers. It was also used as filling in automobile seats, and even worn by Native American tribes like the Timucua. Now, it is primarily used as a packing material or as upholstery padding in expensive or antique furniture. Though not extremely popular and only produced commercially in Louisiana and Florida, 98% of all commercial moss is sold to upholsterers in the North, East, and West. So, who knows, maybe you've seen it -- or sat on it -- at some time!



Resources:

The Story of Spanish Moss <<http://www.terrebonneparish.com/local/culture/spanishmoss/spanishmoss4.htm>>

Plant Guide: Spanish Moss <http://plants.usda.gov/plantguide/pdf/cs_tius.pdf>

Florida Forrest Plants: Spanish Moss <http://www.sfrc.ufl.edu/4h/spanish_moss/spanmoss.htm>

Timucua Indians <<http://pelotes.jea.com/NativeAmerican/intimuchtm.htm>>

The Susan Greene Historic Clothing Collection

by Charlotte Coffman

The Susan Greene Historic Clothing Collection is now available for viewing at the Genesee Country Village & Museum in Mumford, New York. The museum purchased the collection in 2010, but it is only now open to the public with the completion of the John L Wehle Gallery renovation. For museum hours, directions, and other information, go to

<http://www.gcv.org/TheGallery/HistoricClothingExhibit.aspx>



This collection of 19th century clothing is outstanding in several ways:

- quantity – nearly 3,000 garments and accessories
- provenance – most of the pieces are well documented and from New York or New England
- unique content – an unusual number of garments belonged to Quakers, men, children, and adolescents, plus the rare emphasis on items worn for everyday use
- condition - the garments have been well maintained, a situation that will be continued in the atmosphere-controlled facilities of the museum
- accessibility- two dedicated galleries with exhibits and display drawers, and visitors may search the collection database on computers.

Susan Greene is an author, curator, historian, and consultant. She is well known at FSAD where she has been involved in various endeavors over the last two decades. Susan received her Master of Arts degree in historic costume studies from Cornell University in 1994 and worked as a Visiting Fellow or paid consultant in the Cornell Textile and Costume Collection until 2008. She helped maintain the collection, developed a database to make the collection Internet accessible, and designed exhibits. I remember well the day that Susan generously hosted a 4-H group in her Alfred facility. She taught the youth about historic clothing, shared her experiences and challenges in preserving these pieces, and generously allowed them to film a segment for a satellite conference they were helping develop about personal style choices. Susan has written an eagerly anticipated book on the identification of printed dress fabrics, [Wearable Prints 1760-1860](#), to be published in 2013 by Kent State University Press. See her web site for more information. <http://costumestudies.com/>

I am hopeful that moving the collection to the Genesee Country Village & Museum will encourage a broader appreciation for historical costume and allow more people to view this exceptional collection. A drive across New York in autumn with a stop at the museum is a perfect outing with family/friends. Why not plan your trip now?

EXTENSION FACULTY AND STAFF

Charlotte Coffman - FSAD, Youth & Safety Issues, DEL	607-255-2009	cwc4@cornell.edu
Amy Galford - Water Quality, Septic Systems, Home*A*Syst	607-255-1943	aeg1@cornell.edu
Karen Steffy - Topstitch Website, FSAD Loan Library	607-255-8605	ks247@cornell.edu



Cornell Design Award 2013

THEME:

SIDE VIEW

"I design from the side, that way I get the worst angle of the body. You've got all the lumps and bumps, the S-bend of the back, the bum. That way I get a cut and a proportion and silhouette that works all the way round the body." -Alexander McQueen at *Savage Beauty*

As designers we often neglect the side view, just 'connecting' the back and front with a simple side seam. Designing from the side provides us with an opportunity to create unique clothing, as we visualize the body in a new way.

Create an outfit that reflects your interpretation of the side view of fashion design. Your design can be for men or women, can be casual or formal, can be based on classic ideas or totally innovative.

Explain your concept in one or two brief sentences on your illustration (25 words or less) and describe or scan the materials. Sketches, collages, or representations of garments only (no photos). Include the side view, and either the front or back view or both views, of your garment design in your sketch.

Entry submitted electronically or postmarked on or before midnight December 7, 2012.

**Finalists will be notified on January 18, 2013
\$10 entry fee per submission.**

Link to electronic entry form at:
fsad-cda.human.cornell.edu.

Mail in entries addresses to:

Karen Steffy
Department of Fiber Science & Apparel Design
T57 Human Ecology Building
Cornell University, Ithaca, NY 14853

New York State Unified Family
and Consumer Sciences
Conference
2012



New Challenges, New Connections

October 12-13 2012

Holiday Inn Airport

Wolf Road, Albany New York

Binghamton, New York 13909

Conference Schedule

Friday, October 12	8:00 - 11:30 AM	Registration
	7:30 - 8:00 AM	Exhibitors Setup
	8:00 - 7:30 PM	Exhibits Silent auction drop off, bidding starts later in the morning Field Trips in the AM
	11:30 - 1:30 PM	Welcome Luncheon - Keynote speaker
	1:30 - 2:00 PM	Exhibits and Auction
	2:00 - 3:00 PM	Workshop #1
	3:00 - 3:30 PM	Break and Networking
	3:30 - 4:30 PM	Workshop #2
	4:30 - 5:00 PM	Exhibits and Silent Auction
	5:00 - 6:00 PM AAFCS 30 min. NYS AFCSE 30 min.	Unified and Association Meetings
	6:30 - 7:00	Awards dinner plated, State Awards
	Saturday, October 13	7:30 - 9:00 AM
7:30 - 12:00 PM		Exhibits and Silent Auction
9:15 - 10:15 AM		Workshop #3
10:15 - 10:30 AM		Break
10:30 - 11:30 AM		Workshop #4
11:30 - 12:00 PM		Checkout and final break
12:00 - 1:30 or 2:00 PM		Luncheon includes cap note speaker, silent auction winners door prices
2:00		Goodbye and safe driving home

Keynote Speakers

Friday Luncheon – Chris Xauver - Food is equated with celebration

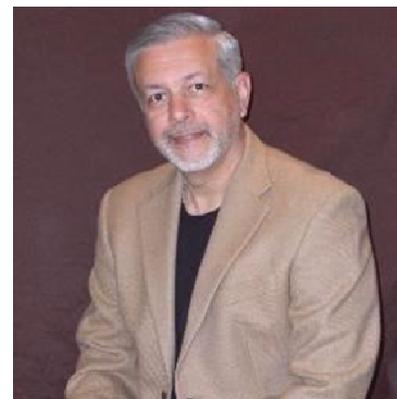
Chris Xauver's most significant project is the cooking show "The Sweet Life with Xaver". This show airs nationally on participating PBS stations. Xauver's show focuses on transforming traditional recipes into healthier, sugar-free recipes for people watching their weight or their blood sugar levels. But for those trying to watch their weight or their blood sugar celebrating with food is either "forbidden" or disappointing! Often times, sugar-free recipes are tasteless and lack luster. It doesn't have to be that way! In fact, done right, eating well is a pleasure for both your taste buds and physique. Chris's recipes taste just like the foods we have either grown-up loving, or learned to love in our favorite restaurants, but are made without all the sugar/carbs/excess fat, etc. And unless you kiss and tell, no one....not even your friends or family....will know they're eating healthier. They certainly won't feel deprived!



Saturday Luncheon - Jerry Balistreri - Be a Kam

Be a Kam is an inspirational true story of how one person changed the life of a teen that was struggling. The teen was institutionalized, incarcerated, and led a life believing the world owed him. Now as an adult, this person had an amazing career, has a loving family, traveled the world, and is spiritually grounded, and wealthy beyond all his dreams. This presentation will be sure to inspire and motivate. Jerry Balistreri is a professional educator, administrator, and trainer. His training on how to read body language leaves participants wanting more and creates a memorable experience. Jerry gets the participants involved with fun learning experiences that leave them with concrete knowledge of how to read body language and what the "tells" mean. Some of Jerry's past experiences are:

- Professional educator, administrator, trainer, and speaker
- B.S., M.S., M.ED, DTE
- Twenty-five years experience in public education
- Ten years experience in training
- University department chair
- HS Principal
- State Supervisor with two state education departments
- ASTD certified trainer
- Over thirty years experience with non-verbal communication



Jerry has been training, researching, writing, and speaking on non-verbal communication for over thirty years. Jerry delivers customized trainings, keynote addresses, and conference sessions.

<p>Friday Workshop #1 2:00 - 3:00 PM</p> <p>Learning from the life wisdom of the oldest Americans: The Cornell Legacy Project</p> <p>A.</p>	<p>America is on the verge of losing yet another resource. In about ten years, three-quarters of America 's oldest generation will be gone. They will take with them lessons learned about living through illness, failure, poverty, loss and danger...and more basic things like lessons learned about work, love, parenting and growing old. After years of collecting data from over 1200 older Americans, he summarized their thoughts in a book titled "30 Lessons for Living: Tried and True Advice from the Wisest Americans ". He will present findings from the studies on which the book is based about the practical advice of older Americans.</p> <p>Dr. Karl Pillemer</p>
<p>What 's in your Recipe Box? Online Cooking Resources</p> <p>B.</p>	<p>Love to cook? Find out how the Internet can expand your current recipe box. Try searching for new recipes by ingredients or occasion. Learn about various cooking websites that include an online recipe box, how-to videos, blogs and more! There are hundreds of online websites available to cooks of all skill levels. Storing your recipes online is a fun, easy way to collect recipes and share them with family and friends.</p> <p>Mary Carrier</p>
<p>Street food in Africa " Food Safety Issues</p> <p>C.</p>	<p>Diane will share a curriculum that encourages awareness of and advocacy for people in other parts of the world by exposing students to one of the most pressing health and safety issues facing Africa today, street food. Students will recognize that it is a public health concern seen not only in Africa, but in the preparation of street foods as close to home as New York and even in their own classrooms and home kitchens.</p> <p>Diane Nelson</p>
<p>Defense Mechanisms: A thorough Examination of Bullying</p> <p>D.</p>	<p>This workshop will provide attendees with 5 types of bullying: Cyber, Emotional, Physical, Racist and Verbal. Each type will be clearly defined. A series of lessons for 6th, 7th and 8th graders will be explained. There will be videos which can be stored on a desktop for easy access. Also emphasized will be resources students can turn to in and out of the school setting.</p> <p>Ronna Glickman</p>
<p>Fashion, Service & Global Awareness</p> <p>E.</p>	<p>This workshop will explain a dynamic service learning project designed for students in a sewing unit or a clothing and textiles class. Students will develop construction skills while transforming pillowcases into colorful dresses for children living in poverty in Africa. Students involved in this project have stated "The most important thing I did this year ", " a wonderful way to help others while learning how to sew ".</p> <p>Danielle Manning</p>
<p>Reading the tells: Learning how to read body language</p> <p>F.</p>	<p>Reading the tells is a powerful training seminar that gives you practical techniques, tools and strategies for understanding and using non-verbal communication for the highest impact and effectiveness. Become a highly respected, influential and successful communicator. The degree of career success you enjoy is virtually dictated by your skills in communicating with others on the job.</p> <p>Jerry Balistreri</p>

<p>Workshop #2 3:30 - 4:30 PM</p> <p>What you need to know about social media</p> <p>G.</p>	<p>Dr. Hancock and Dr. Byrne will discuss current issues and future trends surrounding social media, including both positive and negative effects of social media in youth 's every day lives and future career prospects.</p> <p>Dr. Jeff Hancock</p>
<p>Digital Storytelling: A Powerful Tool to Enhance Teaching, Learning & Marketing Family & Consumer Science</p> <p>H.</p>	<p>By combining a palette of technical tools, an ordinary tale transforms into a vivid, digital story that can be shared locally and globally. Digital Storytelling is the 21st century method of combining multimedia technology with written pieces of work to create compelling, visual stores. Come and envision how digital storytelling can be integrated into the FACS curriculum to teach content in a more interesting fashion, be manipulated by students to express concepts they learned in class, and be used to market the FACS program to other people.</p> <p>Andrea Mosenson, PHD.</p>
<p>It 's All About Trends: Putting the latest information about food & nutrition to work for you</p> <p>I.</p>	<p>Trends in food, health, and family lifestyles have a profound impact on the daily work of nutrition communicators. The current crop of trends presents both unique challenges and incredible opportunities for those who seek to shape the future food choices of American consumers. In this fast-paced session, you' ll discover how to stay current on what 's hot and what 's not, while learning how to creatively use trends to make your work more satisfying and effective.</p> <p>Michelle Easterly, RD</p>
<p>Scrappy Quilting</p> <p>J.</p>	<p>This workshop will show you how to turn scraps of fabric into beautiful one-of-a-kind quilts for yourself or others. If you have a surplus of small pieces of scrap fabric you can stitch them together to create a variety of beautiful "Scrappy Quilts ". This technique is fun, easy, eco-friendly and can develop and improve student 's sewing skills. In the classroom, Scrappy Quilting also involves teamwork, creativity and encourages peer assisting. In the spirit of service learning, these quilts may be donated to project Linus, Quilts for Kids, homeless shelters, and hospitals, just to name a few. You can adapt the same technique to make pillow tops. Once you make one, the possibilities are endless. I will demo the basic steps in the construction process and display some of the Scrappy Quilts I have ready to donate.</p> <p>Barb Donahue</p>
<p>My Favorite Activities to Liven-Up a Classroom</p> <p>K.</p>	<p>Today 's students are often challenged by personal and family issues as well as what 's going on in the world around them. This in turn challenges teachers to find ways to engage these students in our classrooms. This workshop will be filled with activities and strategies that teachers can use to engage students, get them excited about learning and motivate them to learn more.</p> <p>Theresa Phillips</p>
<p>Sustainable Living</p> <p>L.</p>	<p>A workshop for Grades 6-12 that will teach you how to measure your energy use and make informed energy-wise decisions in everyday functions. You will learn how consumers can save money in utility and fuel costs, as well as make the earth a better place for us to live and raise families. In this workshop, you will engage in hands on activities, and will receive a teaching tool kit that you can use with your class to explore sustainability practices in energy, water, transportation, food and the consumption of goods.</p> <p>Susan Grove</p>

<p>Saturday Workshop #3 9:15 - 10:15 AM</p> <p>From Cornell to Careers in Fiber Science and Apparel Design</p> <p>M.</p>	<p>Careers in the fields of fiber science and apparel design will be discussed with links to the research and outreach at Cornell University. Materials will be shared about department degrees, majors and courses, and how to prepare for admission. Participants will learn how to borrow teaching kits, arrange student tours, connect to the NSF Sponsored Smart Clothing program for middle school girls, and facilitate student participation in our annual high school design contest. The PowerPoint presentation is supplemented with demonstrations, samples and handouts.</p> <p>Charlotte Coffman</p>
<p>Celebrating Healthy Lifestyles CTE</p> <p>N.</p>	<p>In this day and age, more and more is expected of teachers. We are constantly taking on addition responsibilities, making it difficult to keep our lives balanced. The more “hats” we wear, the more complicated it is to remember to take care of ourselves. All of our energy and focus goes into the classroom, our students, meetings, family responsibilities, etc. Where do we fit in? It seems that as our duties expand, so do our waistlines. We just do not have time to make a healthy meal or go to the gym!!!! Yet, when we begin to neglect ourselves, our teaching suffers. We become tired and stressed. We become less of a healthy role model for our students. It is time to take a stand! It is time to put ourselves first again! Are we talking about diets? NO! Are we talking about becoming a size zero model? NO! Are we talking about making our lifestyle healthy so we can once again feel good and let our positive attitudes shine through? YES! Come to this workshop to get motivated, to feel inspired, and to meet friends who are going to help you make the most important person in your life a priority—YOU! It’s time to Celebrate healThy lifEstyles!! (CTE)</p> <p>Tracy Henry & Sarah Johnson</p>
<p>Online Programs for Educators Use</p> <p>O.</p>	<p>With common core standards being introduced into the FACS classroom, it is important for us, as educators, to integrate principles of research and writing with future technology trends in the classroom. Teachers will learn the importance of ongoing internet browsing due to the ever-changing available websites for educators. Educator websites discussed and presented will be (but may not be limited to) Prezi.com, glogster.com and postermymwall.com. If possible, attendees should bring a laptop or tablets to access these sites during the presentations. Samples of student’s projects will be presented to attendees as well.</p> <p>Beth Ricki and Eileen McNamara</p>
<p>Interest, Talent & Academic Rigor: A model for FACS as the cornerstone of the curriculum</p> <p>P.</p>	<p>This session will explore the implementation of School wide Enrichment Model (Renzulli, Reis) in a FACS course. The implementation allowed the teacher to create elective-experiences focused on career interest and student talent. Through outward and integrated growth, the School wide Enrichment Model “career focus” has become the cornerstone for the 7th grade experience with ELA, Health and Social Studies already integrating and Math and Science poised to begin. With “career and college readiness” as the primary focus of “race to the Top”, FACS courses can shape the academic experience in middle school.</p> <p>Jessica Williams</p>
<p>Beginning your genealogy research</p> <p>Q.</p>	<p>Genealogy, or the study of family history, has been described as the “fastest-growing hobby in America”. With the popularity of television shows like “Who Do You Think You Are”. The ease of sharing information via the internet and the reconnecting of distant relatives using social media, it’s no wonder more Americans than ever before are interested in discovering their roots. Professional genealogist Lisa Dougherty will help you get started in the pursuit of your own family history by offering guidelines for gathering information, conducting effective family interviews and organizing your research.</p> <p>Lisa Dougherty</p>

<p>Workshop #4 10:30 - 11:30 AM Developing Rigorous & Relevant CTE/FACS performance Assessments</p> <p>R.</p>	<p>This workshop is designed to help FACS teachers and administrators create rigorous and relevant Quadrant D, Next Generation Assessments that are both academically rigorous and real-world relevant. Next Generation Assessments are aligned with the Common Core State Standards. The NGAs are multidisciplinary (Career & Technical Education with Math or ELA) and deal with real-world situations and problems. The training helps teachers develop NGAs that focus on skills and knowledge as they will be assessed by high stakes tests and considered most useful to graduates.</p> <p>Dr. Constance Spohn</p>
<p>PBS Multimedia Resources for the 21st Century Classroom</p> <p>S.</p>	<p>Session will include demonstrations of free PBS multimedia classroom resources with a focus on Financial Planning, Media Literacy and Life and Career Skills. Participants will have hands-on opportunity to explore and identify curriculum materials from multiple sites.</p> <p>Katherine Jetter at WMHT</p>
<p>Connecting Classroom Activities to the New Literacy Standards</p> <p>T.</p>	<p>With the nationwide adoption of the Common Core State Standards in ELA, FACS teachers will be expected to incorporate literacy strategies into their courses. Without proper training in literacy instruction, how will FACS teachers meet this challenge? Come and learn a variety of literacy strategies that can be easily integrated into any FACS classroom in order to prepare students to become literate individuals for college and future careers. This session will be interactive with hands-on activities and lots of resources to take home.</p> <p>Andrea Mosenson, PHD</p>
<p>Exploring & Celebrating Volunteerism</p> <p>U.</p>	<p>Volunteering is a satisfying and worthwhile community service as well as an opportunity to expand skills, and build experiences. Learn about a variety of service learning opportunities and resources required.</p> <p>Cindy Theiss, Pat Raynor & Joan Firmery</p>
<p>New Challenges - Implementing a Health-Supporting, Disease-Preventing, Plant-Based Cooking Unit</p> <p>V.</p>	<p>Learning how to cook plant-based entrees is not a frivolous activity, it is a life skill! Learn how to work with business and community partners to teach students how to support current and future health and the health of their future families. Oprah, Ellen, Dr. Oz, and Martha Stewart have popularized plant-based (vegan) cooking as a way to delicious health and plant-based cooking is supported by research and now the new US Dietary Guidelines. This workshop will present how a plant-based curriculum was piloted in East Islip, on Long Island, with a partnership between the Pat Fritz 's class, New York Coalition for Healthy School Food and Whole Food Market.</p> <p>Amie Hamlin</p>
<p>ESCAPE method (6 step method to organizing space in your home or classroom)</p> <p>W.</p>	<p>Lisa is a Certified Professional Organizer who will give us steps to help us organize our homes and our workspaces. She will touch on paper management, moving and relocation, clutter and storage solutions and more.</p> <p>Lisa DeVeau</p>
<p>Leaving a Legacy W.</p>	<p>A legacy doesn 't have to be money. There are many family treasures that do not have any dollar value but are priceless. Linda will help you create objects that will serve as a legacy for your loved ones. She will talk about family recipes, photos and stories and how these can be preserved for future generations.</p> <p>Linda Traynor</p>

Hotel Information and directions Holiday Inn

205 Wolf Road, Albany NY 12205

Rooms are \$114 Per room Per night & Tax - Not Per Person

Call 1-800-HOLIDAY - Group listing NYS Association of Family and Consumer Sciences Block

Directions - from New York State Thruway Rt. 90 - Exit 24 - take Rt. 87N to Wolf Road exit

Holiday Inn Albany, Ny - Wolf Road \$150 ▾ ×

☆

205 Wolf Road
Albany, NY 12205
(518) 458-7250
holidayinn.com
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Registration form

Return to Carol Hanley, 230 Fair Oaks Ave., Rochester, NY 14618-1806

Make checks payable to NYSAFCS Conference. (No purchase orders will be accepted without a personal check to hold your place)

Name _____

Address _____

City and State and Zip _____

Telephone _____ Email (for confirmation) _____

Membership ____ NYSAFCSE ____ NYSAFCS ____ NEAFCS

Registration Fees	Both days	Friday only	Saturday only
Members	\$160	\$100	\$90
Students/retirees	\$130	\$90	\$80
Non-members	\$195	\$135	\$115
Exhibitor or presenter	\$140	\$ 90	\$80

Late Fee \$25 After September 10, 2012 - No refunds after that date

Please sign up for your first, second and third choices. Requests will be honored in the order of their arrival.

Session 1 1st _____ 2nd _____ 3rd _____

Session 2 1st _____ 2nd _____ 3rd _____

Session 3 1st _____ 2nd _____ 3rd _____

Session 4 1st _____ 2nd _____ 3rd _____

Friday evening banquet choices - this meal is included with registration

\$28.00 for additional guests, indicate number of meals.

_____ Lemon Tarragon Chicken sautéed boneless Chicken Breast over wilted spinach

_____ Fennel Roasted Pork Loin loin of pork rubbed with Fennel and Roasted Apple Brandy Glaze

_____ Vegetable Wellington Portobello Mushroom, Zucchini, Summer Squash, Spinach, Red Bell Pepper, Broccoli, Fontina and Mozzarella Cheese

Any questions contact Carol Hanley, 585-442-6308 or cthanley@rochester.rr.com until October 12, 2012.

October 12-13 2012

New Challenges New Connections

2012

Carol Hanley
230 Fair Oaks Ave.
Rochester, New York
14618-1806