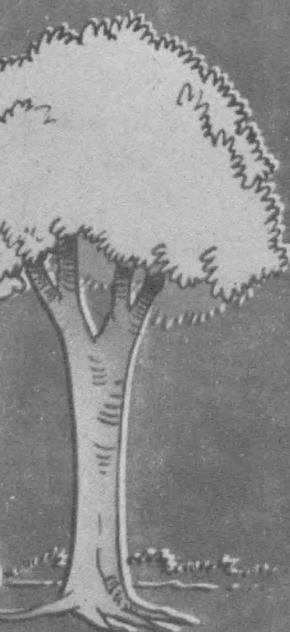


# **MY ENGLISH BOOK**

## **Grade 3**





# **MY ENGLISH BOOK**

## **Grade 3**

Authors:

**Pramod Kumar Shah  
Bishnu Prasad Parajuli**

Government of Nepal  
Ministry of Education  
**Curriculum Development Centre**

Publisher: Government of Nepal  
Ministry of Education  
**Curriculum Development Centre**  
Sanothimi, Bhaktapur  
**NEPAL**

ISBN: 978-99933-708-9-4

© Curriculum Development Centre

All rights reserved, no part of this publication may be reproduced,  
stored in a retrieval system, or transmitted in any form or  
by any means, electronic, mechanical, recording or otherwise,  
without the written permission of the publishers.

First Edition: 2005  
Second Edition: 2007  
Reprint 2008  
Reprint 2009  
Reprint 2010  
Reprint: 2011

**Price: Rs. 25.00**

**Printer: Janak Educational Materials Centre Ltd.**  
Sanothimi, Bhaktapur

*The publisher welcomes any comments from readers.  
Contact the Editing and Publishing Section, CDC, Sanothimi, Bhaktapur.*

## Preface

There has been an increasing demand for English to start at the beginning of primary education. To meet this demand, the Government decided to introduce English as a subject from Grade One, starting in the academic year 2060 BS. The present book 'My English Book, Grade 3' has been developed to achieve the objectives set in the Primary English Curriculum 2059 BS.

It contains the materials that give children enjoyable activities for learning English. Language skills are introduced systematically throughout this book, focussing particularly on listening and speaking skills for this grade. It is believed that the lessons and exercises given in the book will give children enough opportunity for practising different language skills. It is equally true that the book in itself is not adequate to achieve its set goals unless there is active teaching and learning. Hence, it is expected that the teachers will follow the instructions given in this book.

This book, written by Pramod Kumar Shah and Bishnu Prasad Parajuli has been edited by the Curriculum Development Centre.

CDC would like to thank Jagannath Awa, Arun Kiran Pradhan, Bharat Nepali, Navindra Rajbhandari, Abindra Man Shrestha and the members of the English Subject Committee for their help in developing this book.

Suggestions and ideas for improving the book in future editions are always welcome.

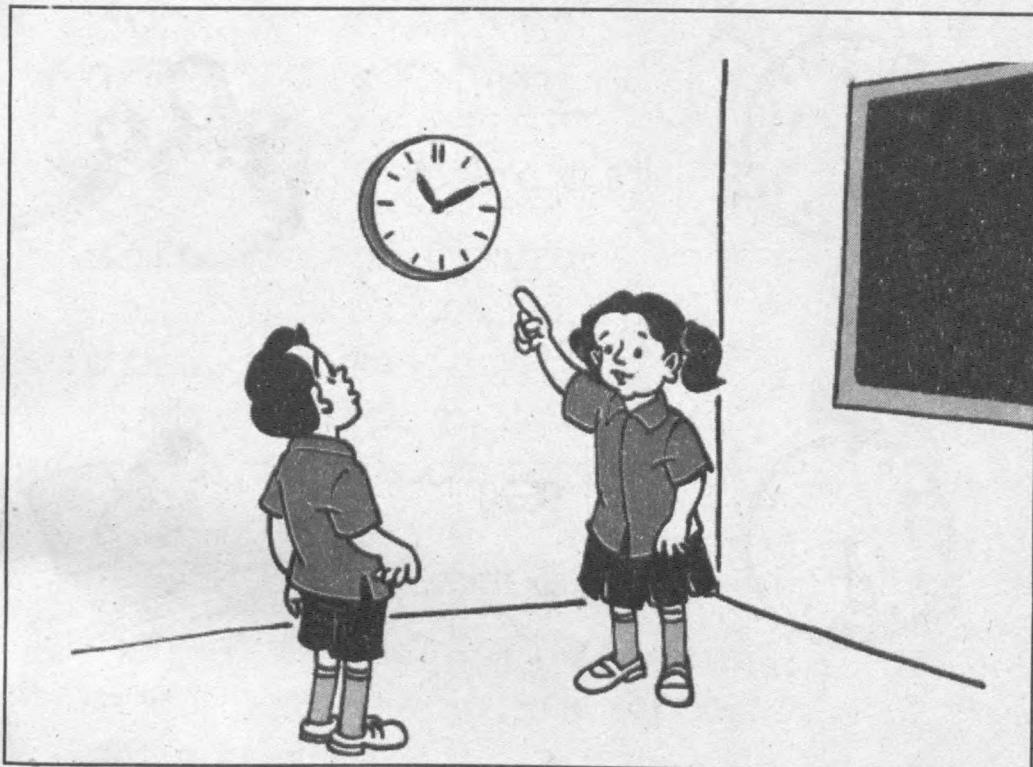
Government of Nepal  
Ministry of Education

**Curriculum Development Centre**

December, 2007

## **Content**

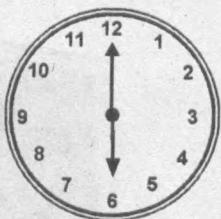
<b>Unit 1</b>	<b>LILU'S DIARY</b>	<b>1</b>
<b>Unit 2</b>	<b>WHAT DO YOU LIKE?</b>	<b>10</b>
<b>Unit 3</b>	<b>WHERE IS MY PENCIL?</b>	<b>18</b>
<b>Unit 4</b>	<b>WHY ARE YOU LATE?</b>	<b>25</b>
<b>Unit 5</b>	<b>CAN YOU?</b>	<b>34</b>
<b>Unit 6</b>	<b>A PICNIC</b>	<b>41</b>
<b>Unit 7</b>	<b>HELLO!</b>	<b>49</b>
<b>Unit 8</b>	<b>BIRTHDAY</b>	<b>57</b>
<b>Unit 9</b>	<b>A VILLAGE GIRL</b>	<b>64</b>
<b>Unit 10</b>	<b>A SPORTS DAY</b>	<b>72</b>
	<b>Listening Texts</b>	<b>80</b>
	<b>Word List</b>	<b>81</b>

**Classroom Clock****1. A Chant** 

There is a neat clock,  
In the school room it stands.  
And it points to the time,  
With its two little hands.

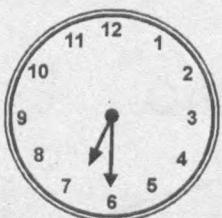
And may we, like the clock,  
Keep a face clean and bright.  
With hand ever ready,  
To do what is right.

2. Look, listen and say.



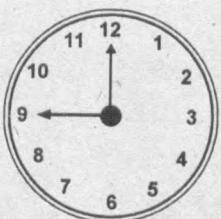
06:00

It's six o'clock.



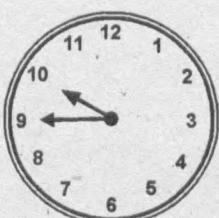
06:30

It's six thirty.



09:00

It's nine o'clock.



09:45

It's quarter to ten.



**3. Read.** 

My name is Lilu. I live in a small village. I live with my father mother and sister. I have a nice doggie.



I'm not a lazy girl. Everyday I get up at six o'clock. I take a bath and drink a cup of milk at six thirty. Then I do my homework until it is nine o'clock.

When it is nine o'clock, I take my meal. At half past nine, I put on my school dress. I always go to school at a quarter to ten.

**A: Discuss orally in group.** 

- Where does Lilu live?
- Who does she live with?
- When does she get up?
- At what time does she put on her uniform?
- At what time does she go to school?

**B: Pairwork** 

**Ask and answer about yourself.**

- (a) When do you get up?
- (b) At what time do you eat your meal?
- (c) When does your father get up?
- (d) At what time do you drink tea?
- (e) When do you do your home work?

**4. Write in words.** 

07:00 Seven o'clock

06:45	
12:00	
11:15	
02:30	
11:25	
09.45	

5. Write six sentences from the table in your exercise book.  
(One is done for you.) 7

What time is it?			
It is		to	one
	five minutes		two
	ten minutes		three
	a quarter		four
	twenty minutes	past	five
	twenty five minutes		six

Example:

It is a quarter past six.

6. Read and Act.  

Mother: Lilu, it is 6 o'clock. What are you doing?

Lilu: Mother, I'm getting up.

Mother: Ok, get up quickly and finish your homework.

Lilu: Yes, mother.

Mother: That's like a good girl.

7. Write in words.

08:30

09:50

It is half past eight. ....

12:00

07:15

.....

04:10

10:45

.....

8. Complete these sentences with the words given in the box.

in the morning

in the evening

in the afternoon

at night

(i) The children will go to school .....

(ii) They will be at school .....

(iii) They will come home .....

(iv) They will go to bed .....

9. Discuss with your friends and write in the gaps.

Example:

It is six o'clock.

Where is the long hand?

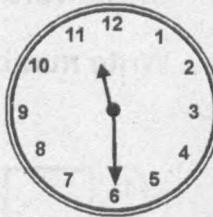
It is at 12.

Where is the short hand?

It is at 6.



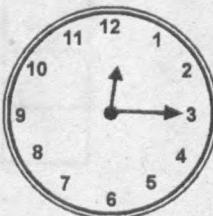
- (i) It is half past eleven.  
Where is the long hand?
- .....



Where is the short hand?

.....

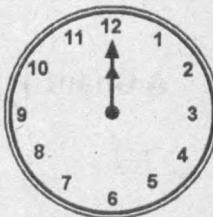
- (ii) It is a quarter past twelve.  
Where is the long hand?
- .....



Where is the short hand?

.....

- (iii) The short hand and the long hand are both at twelve.  
What time is it?
- .....

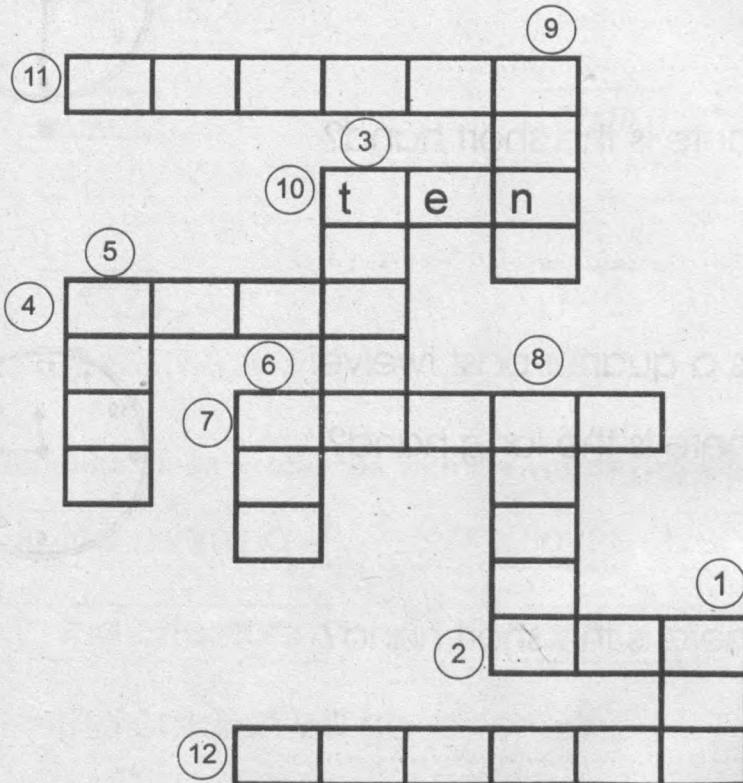


- (iv) The long hand is at nine.  
The short hand is near four.  
What time is it?
- .....



## 10. Crossword Puzzle

Write numbers in words. 



## 11. A Chant

Hickory, Dickery, Dock

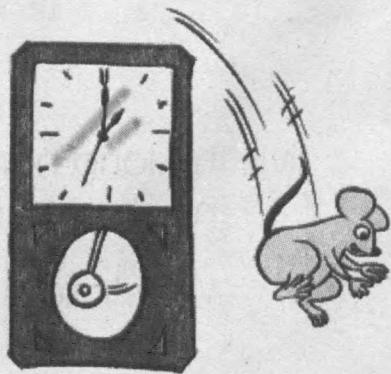
Hickory, dickery, dock!

The mouse ran up the clock;

The clock struck one,

The mouse ran down,

Hickory dickery, dock.

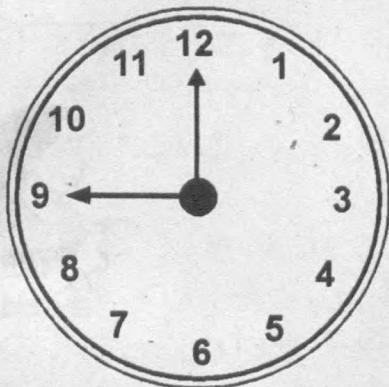


## 12. A Game



What's the time, Mr Wolf?

It is 9 o'clock.



### Tips to the teacher

- Students stand in a circle.
- Teacher stands at the centre of the circle and plays the role of Mr Wolf.
- Students ask – What's the time, Mr Wolf?, and take one step towards the teacher.
- Teacher says – It's 9 . . . 10 . . . 11 O'clock.
- Students go on asking and moving closer to the teacher.
- When students are very close, teacher says- It is 12 O'clock. It is my lunch time and runs to catch the children.
- Students run fast to the safety line where the teacher cannot reach them.

## 13. A Riddle

It has two or three hands but no fingers.

What is it?

**1. Look and say.**  

Do you like tea  
or coffee?



I like tea.



Do you like  
pens or pencils?



I like pencils.



Do you like  
maths or English?



I like both.



**2. Read.**

Long long ago there was a man. He had two wives. One was young and the other was old.



The man was not very young. He had some white hair and some black hair on his head.

The young wife liked black hair. The old wife liked white hair. The young wife pulled out all the white hair. The old wife pulled out all the black hair.

In the end, the old man had no hair on his head. He had no black hair. He had no white hair.

**A. Discuss orally in group.**

- (a) How many wives did the man have?
- (b) Who liked black hair?
- (c) Who liked white hair?
- (d) Who pulled out white hair?
- (e) Who pulled out black hair?
- (f) Did the man have any hair in the end?

**B. Pairwork** 

Ask and answer about yourself.

- (a) Do you like white hair or black hair?
- (b) Do you like a village or a town?
- (c) Do you like money or sweets?
- (d) Do you like milk or tea?
- (e) Do you like Pemba or Ali?

**Example:**

I like black hair. or  
I like both.

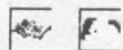
**3. Say these words.** 

<b>white</b>	kite	night	light	fight	height
hair	care	pair	bear	air	fair

**4. Match.** 

<b>A</b>	<b>B</b>
The old man	liked black hair.
The young wife	liked white hair.
The old wife	did not like white hair.
The young wife	did not like black hair.
The old wife	had two wives.

**5. Read and act.**



Kumar: Anup, do you like football or volleyball?

Anup: Well, I like football. What do you like, tennis or cricket?

Kumar: I like both.

**6. Choose the correct letter from the box.**



(a)

S
S

Sit down.

(d)

I
i

Come \_n.

(b)

P
p

\_ ick up.

(e)

D
d

Put \_ own.

(c)

T
t

Point \_ o.

U
u

Stand \_ p.

**7. Alphabetical order**

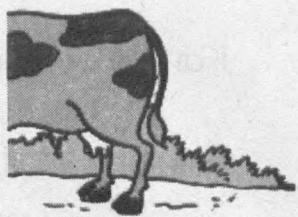
Rewrite these words in abc order.



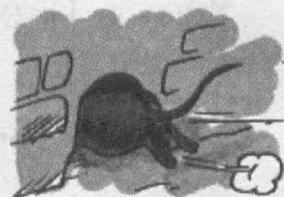
come, car, catch, copy crow, cap, can, could

**8. Discuss with your friend.**

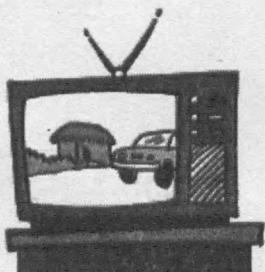
(a) Is this a cow or a dog?



(b) Is this a cat or a rat?



(c) Is this a TV set or a radio?



(d) Is this a driver or a pilot?



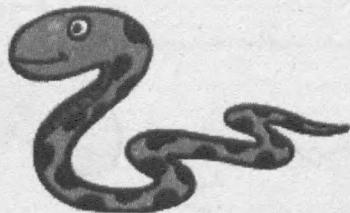
(e) Is this a ball or a marble?



(f) Is this a boy or a girl?



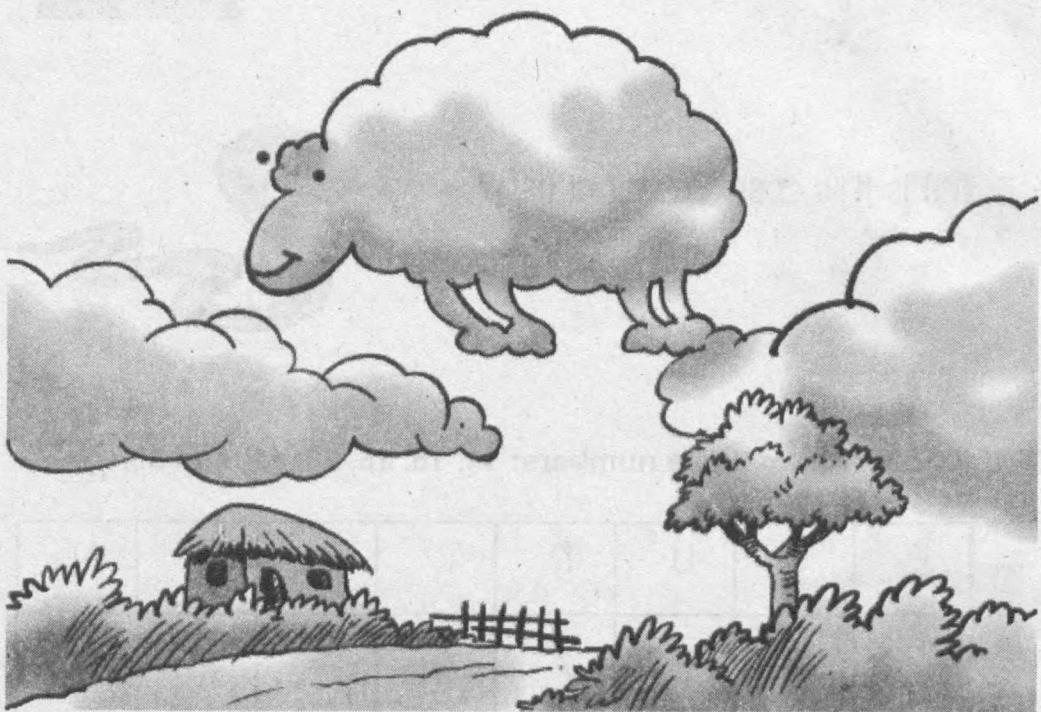
(g) Is this a snake or a fish?



9. Find words of these numbers: 14, 15, 18, 20, 40, and 90.

F	O	U	R	T	E	E	N
I	F	B	A	D	I	X	I
F	O	U	R	E	G	N	N
T	R	Q	L	P	H	Z	E
E	T	Z	V	F	T	M	T
E	Y	R	M	N	E	R	Y
N	O	T	V	W	E	T	S
S	T	T	W	E	N	T	Y

## 10. A Chant



White sheep, white sheep  
On a blue hill,  
When the wind stops,  
You all stand still.

When the wind blows,  
You walk away slow,  
White sheep, white sheep,  
Where do you go?

**11. Copy.**

White

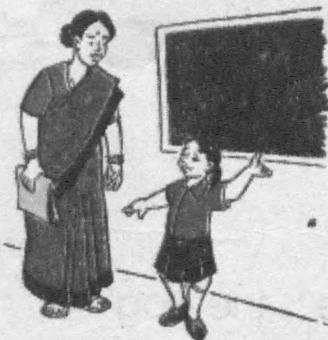
Sheep

Blue

Hill

**12. Game: Miming**

Running, dancing, weeping, reading, writing, eating etc.

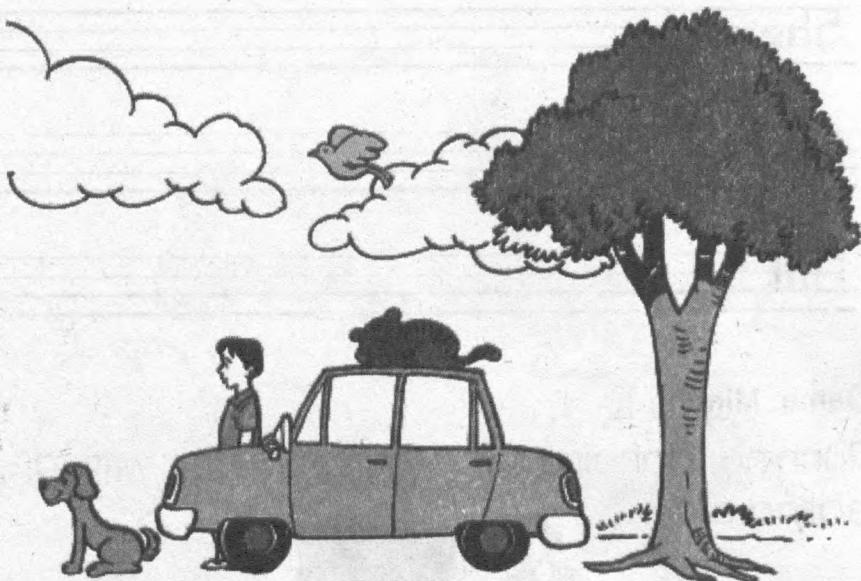


**Tips for the teacher**

- One student at a time comes in front and mimes the given words and asks a question - What am I doing? The students will say - You are running, etc.
- The teacher can also provide other words if necessary.

**13. A Riddle**

Which table has no legs?

1. Look at the pictures. 2. Ask and answer. 

Miss Rai: Where is the dog?

Lilu: It is **in front of** the car.

Miss Rai: Where is the man standing?

Pemba: He is standing **beside** the car.

Miss Rai: Where is the tree?

Anu: The tree is **behind** the car.

Miss Rai: Where is the cat?

Ali: It is **on top of** the car.

Miss Rai: Where is the bird?

Lilu : It is **over** the car.

3. Read. 

She is Pemba. Yesterday, she did not go to school because it was Saturday. It was a very hot day. Today it is raining heavily. It is a rainy day today.

This morning, Pemba was getting ready for school. She took her meal, got dressed and put everything she needed in her school bag. But she did not find her pencil. It was already nine o' clock. So she was in a hurry.

The pencil was there just a minute ago. She thought "Now it is nowhere".

It was not in her bag.  
It was not on the table.  
It was not under the bed.

She pulled the drawer. It was not there either. There was a mirror on top of the drawer. She saw herself in the mirror.

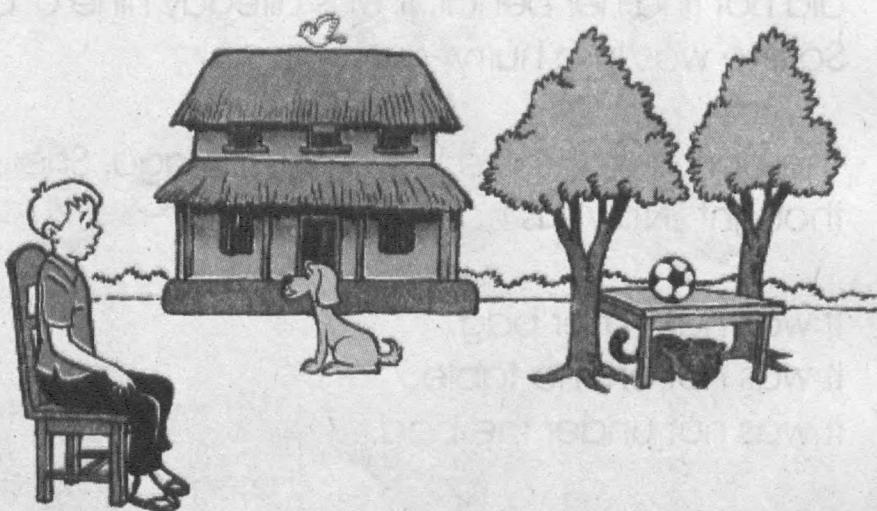
She laughed for her foolishness.  
The pencil was in her mouth.  
She put it in her mouth when  
she was combing her hair.  
Then she went to school  
happily.



**A. Discuss and answer.**

- (a) Why didn't Pemba go to school yesterday?
- (b) Why was Pemba in a hurry?
- (c) What was she looking for?
- (d) Where did she find her pencil at last?

**B. Look at the pictures and complete the sentences. Use the words given in the box below.**



- (a) There is a bird ..... the roof.
- (b) There is a dog ..... the house.
- (c) There is a man sitting ..... the chair.
- (d) There is a table.....the two trees.
- (e) There is a ball ..... the table.
- (f) There is a cat ..... the table.

on	in front of	under	between
----	-------------	-------	---------

**4. Write about yourself and say.**  

I am .....

I live in .....

I study in .....

I am ..... old.

I like ..... but I do not like .....

**5. Listen to your teacher and answer orally.** 

(a) Did I say on or in?

(b) Did I say in or on?

(c) Did I say on or in?

(d) Did I say in or on?

(e) Did I say in or on?

**6. Write capital letters, full stops or question marks.** 

(a) i have a brother

(b) he doesn't know how to fly a kite

(c) does your brother know how to fly a kite

7. Listen to your friend and tick (✓) for Yes, and cross (X) for No.

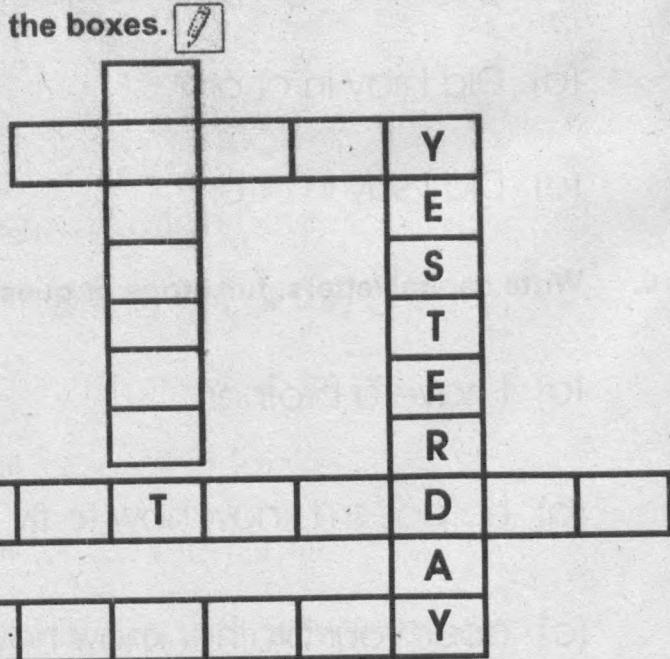
S. N.		Yes	No
1.	Do you smoke?		X
2.	Do you play football?		
3.	Do you help your mother?		
4.	Can you sing?		
5.	Can you swim?		

8. Walk round the class and ask your friends questions like these. 

- (a) When do you get up?
  - (b) Where do you put your books?
  - (c) Do you like cold weather?
  - (d) What do you do on Saturday?
  - (e) Which subject do you like most?

**9. Put these words in the boxes.**

1. Yesterday
  2. Saturday
  3. Today
  4. Morning
  5. Already



**10. Write in words.**

514 Five hundred and fourteen.

564 .....

666 .....

679 .....

690 .....

711 .....

733 .....

759 .....

777 .....

790 .....

799 .....

**11. Copy.**

Beside

Behind

Over

On

In

**12. A Chant** 

## Hockey-Cockey

You put your right hand in,  
You put your right hand out,  
In out, in out,  
Shake it all about.  
You do the Hockey-Cockey.  
And you turn around,  
That's what it's all about.

You put your left hand in,  
You put your left hand out,  
In out, in out,  
Shake it all about.  
You do the Hockey-Cockey.  
And you turn around,  
That's what it's all about.

**13. A Riddle** 

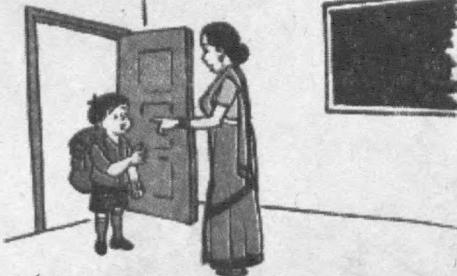
I can fly.  
I have no wings but a long tail.  
What am I?

## 1. Look, listen and say.



I'm sorry  
I'm late today.

Why are you  
late, Chintu?



I forgot the  
time, miss.

That's all right for  
today. Take your  
seat, please.



Thank you, miss.



**2. Discuss orally in group.** 

- (a) Why was Chintu sorry?
- (b) Why was the bus very late today?
- (c) What did the teacher say to Chintu?

**3. Read and act.** 



Prashant: Hello, Prerana!

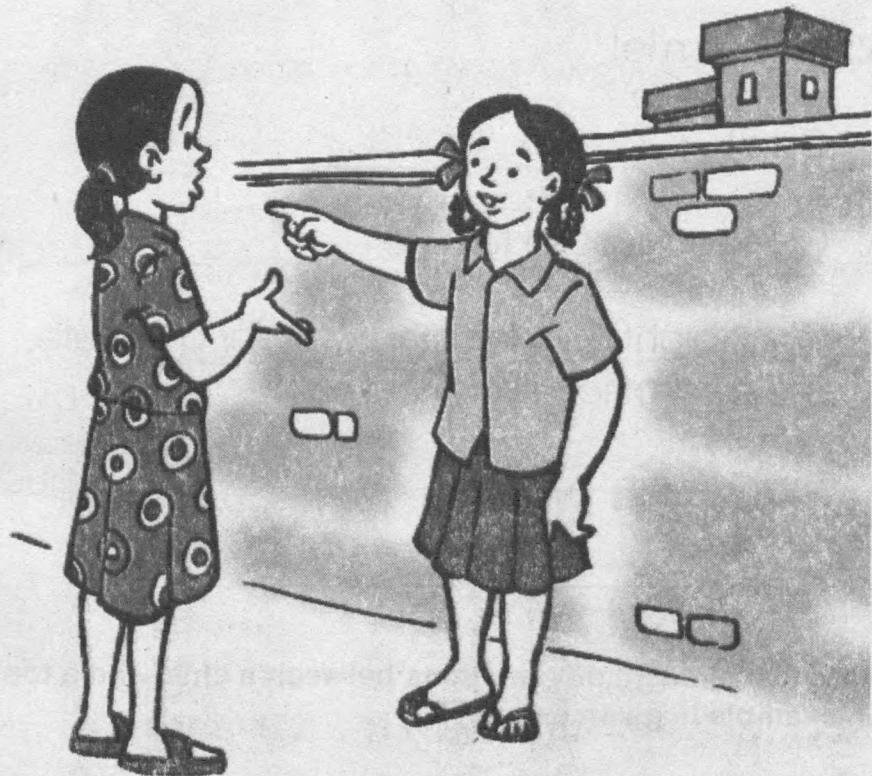
Prerana: Hi, Prashant!

Prashant: May I borrow your pen, please?

Prerana: I'm sorry. I have no extra pens.

Prashant: That's all right.

#### 4. Oral Conversation



Pritija: Excuse me!

Prerana: Can I help you?

Pritija: Can you tell me the way to the temple, please?

Prerana: Yes. Turn left. Go straight for about a minute. You will find the temple on your right.

Pritija: Thank you very much.

Prerana: You're welcome.

**5. Complete the dialogue.**

A: Excuse me!

B: Can I \_\_\_\_\_

A: Can you please tell me \_\_\_\_\_

B: Go straight. Turn left and walk for a minute.  
The post office is on your right.

A: Thank \_\_\_\_\_

B: You're \_\_\_\_\_

**6. Write five similar conversations between a child and a tourist.**  
**An example is given below.**

(a)

Tourist: Excuse me. Can you tell  
me the way to the  
cinema hall, please?



Hari: Walk along the road. Turn  
right. The cinema hall is  
on your left.

(b)

Tourist: Excuse me. Which way do I go for the post office?

Prashant: \_\_\_\_\_

(c)

Tourist: Excuse me. How do I get to the swimming pool, please?

Nikky: \_\_\_\_\_

(d)

Tourist: Excuse me. Which is the way to the school, please?

Sunny: \_\_\_\_\_

(E)

Tourist: Excuse me. How do I get to the police station, please?

Prerana: \_\_\_\_\_

7. A Chant



Excuse me, Nimmy, Excuse me, Nimmy!  
Whose pen is that? Whose pen is that?

Oh, it's mine. It's mine.

Excuse me, Jimmy, Excuse me, Jimmy!  
Whose doll is that? Whose doll is that?

Oh, it's hers. It's hers.

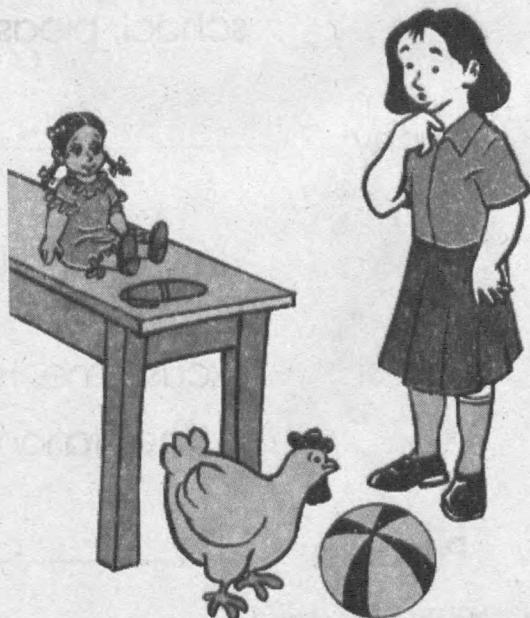
Excuse me, Simmy, Excuse me, Simmy!  
Whose hen is that? Whose hen is that?

Oh, it's yours. It's yours.

Excuse me, Mimmy, Excuse me, Mimmy!

Whose ball is that? Whose ball is that?

Oh, it's his. It's his.



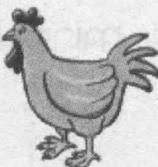
8. Look, listen and repeat.



Pen



Hen



Doll



Ball



9. Copy in your exercise-book.



Sorry

Today

Sent

## 10. Role Play

Chintu: Excuse me, is this my pen?



Pinky: No, it's mine, it's not yours.

Chintu: Excuse me, is this your book?



Pinky: Yes, it is. It's mine.

Chintu: Excuse me, Is this your cap?



Pinky: No, it isn't.  
It's Chankhey's.

Chintu: Excuse me, is that your umbrella ?



Pinky: No, it isn't. It's not mine. It's yours.

## 11. Crossword Puzzle



--	--	--	--	--

P					
---	--	--	--	--	--

e

n

c

i

l

s

h

	a	
--	---	--



a

	e	
--	---	--

p

	e	
--	---	--

n

	r	
--	---	--

r

I've four legs. But I can't walk. What am I?

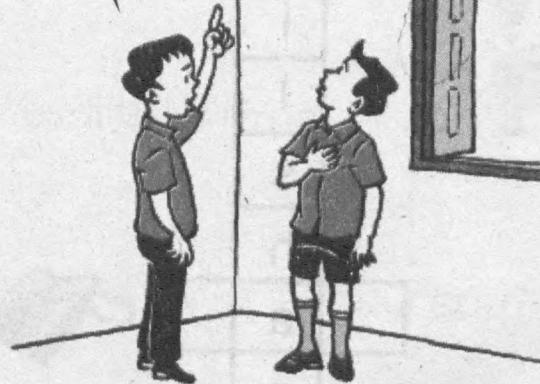


## 1. Look, listen and say.



Can you touch the ceiling, Prashant?

No, I can't.  
I'm not tall enough  
to touch it.



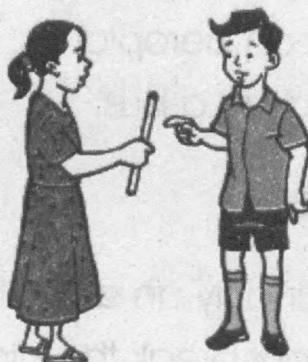
Can you lift the table, Prerana?

No, I can't.  
I'm not strong  
enough to lift it.



Can you break  
this stick, Prashant?

Yes, I can.  
I'm strong enough to  
break it.



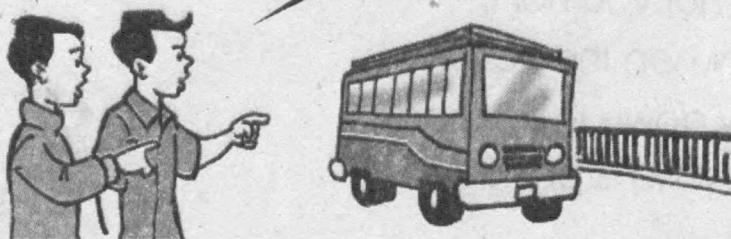
Can you fly an  
aeroplane?

No, I can't.  
I don't know  
how to fly it.



Can you drive a  
bus, Prashant?

No, I can't. I don't know  
how to drive a bus.



2. Tick (✓) the true sentence and cross-out (X) the false ones. 

- Prerana can't lift the table. ( )
- Prashant can touch the ceiling. ( )
- Prashant can break the stick. ( )
- Prerana can fly an aeroplane. ( )
- Prashant can't drive a bus. ( )

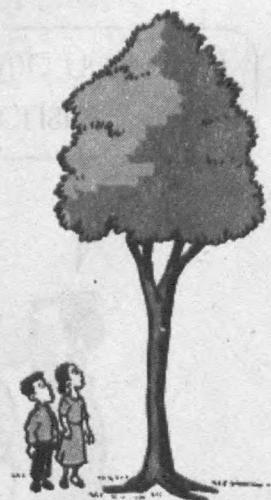
3. Ask and answer. 

- Why can't Prerana fly an aeroplane?
- Why can Prashant break the stick?
- Why can't Prerana lift the table?
- Why can't Prashant touch the ceiling?
- Why can't Prashant drive a bus?

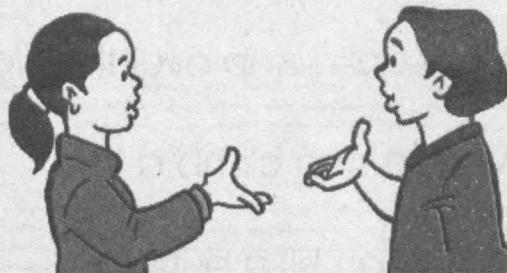
4. A Chant. 

### Who can climb the tree?

Who can climb the tree?  
Neither I nor you;  
But when the leaves hang trembling  
The wind is passing through.  
Who can see the wind?  
Neither you nor I;  
But when the trees  
Bow down their heads,  
The wind is passing by.



### **5. Read and act.**



Anisha : Hello, Onisha! Can you speak Chinese?

Onisha : No, I can't. I'm not from China.

Anisha : Can you speak French?

Onisha : No, I can't. I'm not from France.

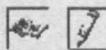
Anisha : Can you speak Japanese?

Onisha : No, I can't. I'm not from Japan.

Anisha : Can you speak Nepali?

Onisha : Yes, I can. I'm from Nepal.

**6. Read and match.**



- |             |          |
|-------------|----------|
| i. China    | Japanese |
| ii. Nepal   | French   |
| iii. France | Chinese  |
| iv. Japan   | Nepali   |

**7. Read and copy the true sentences.** 

- (a) A cat can jump over the wall.
- (b) A horse can climb a tree.
- (c) A lion can kill a buffalo.
- (d) A rat can chase a cat.
- (e) A sparrow can walk.

**8. Pair work: Ask your partner.** 

Can you climb a tree?

Can you fly a kite?

Can you play chess?

Can you write a letter in English?

Can you speak German?

**9. A Riddle** 

It is a bird.  
It has four letters.  
The first letter of its name is D,  
and the last is K.  
It swims on rivers and ponds.  
What is it?

10. Copy in your exercise-book. 

Sorry

Today

Seat

11. Game: What is Chintu? 

Class: Can you climb trees, Chintu?

Chintu: No, I can't.

Class: Can you fly, Chintu?

Chintu: No, I can't.

Class: Can you walk on four legs, Chintu?

Chintu: Yes, I can.

Class: Are your ears very long, Chintu?

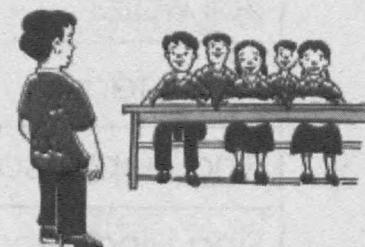
Chintu: Yes, they are.

Class: Can you say Ee-aw, Chintu?

Chintu: Yes, I can.

Class: Are you a donkey?

Chintu: Yes, I am!



**Tips to teachers**

- Let the children play this game again and again in class.
- Help them to pretend to be an animal, ask and answer questions as given in the above example.

## 12. Oral Conversation

Pushpa: Can I sit here?

Renu: Yes, of course.

Pushpa: Can I have some biscuits?

Renu: No, I'm sorry. You can't.

Pushpa: Then can I have some sel/roti?

Renu: Oh, sure.

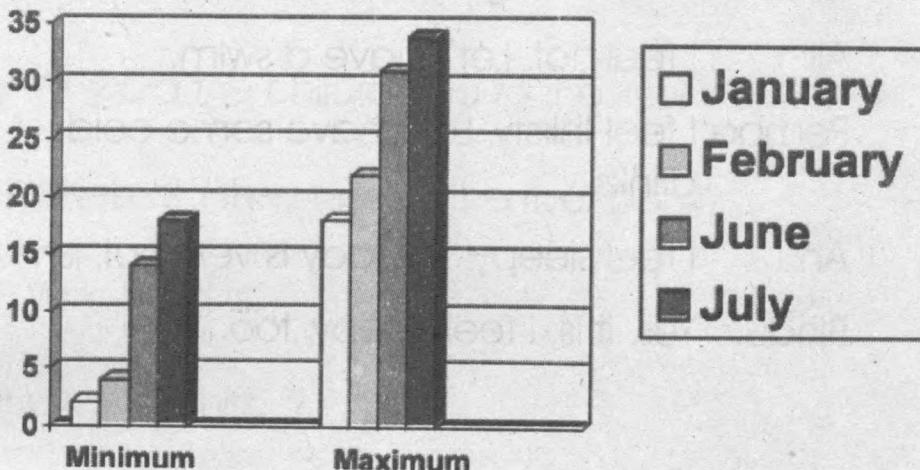
Pushpa: Thanks a lot.

Renu: You're welcome.



## 13. Listen to your teacher and tick (✓) for what Puspa can do and cross (✗) for what she cannot.

Activity	Puspa can do ( )	Puspa cannot do (✗)
Play the Madal		
Play the guitar		
Boil water		
Make tea		
Sing Nepali songs		
Sing Hind songs		
Put on dress		
Wash clothes		



- 1.** Look at this chart.

January is cold.

February is less cold.

June is hot.

July is hotter than June.

Which month is hotter, March or April?

Which month is colder, March or February?

In which Month does it rain more, February or July?

In which month days are longer, January or July?

In which month days are shorter, April or February?

- 2.** Read.

Last Monday was a holiday. The children went on a picnic on the bank of Kamala river. They were all very happy. Miss Gita gave each of them something to carry.

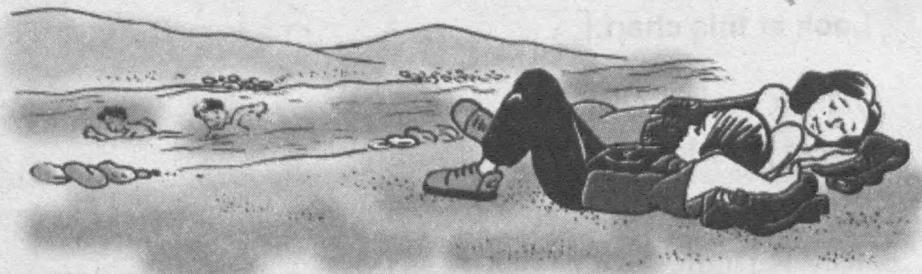
The children reached the river bank at 9 o'clock. The sun was shining. It was a very hot day.

Ali: I feel hot. Let's have a swim.

Pemba: I feel thirsty. Let's have some cold drinks.

Anu: I feel sleepy. The day is very hot, isn't it?

Bindu: Yes, it is. I feel sleepy, too.



The two girls lay down on the hot sand. Ali and Pemba had a drink and ran into the river to swim. The water in the river was cold. They swam and played until 11 o'clock. Then they began to feel tired. They felt hungry, too.

They made a fire and cooked the food. Anu and Bindu were still sleeping. When they woke up, the food was ready. They said, "We are sorry, we did not help you."

**A. Discuss orally in group.**

- (a) When was the holiday?
- (b) Why did the children go to the river bank?
- (c) When did they reach the river bank?
- (d) Who felt hot?
- (e) Who felt thirsty?
- (f) Who felt sleepy?
- (g) Who swam in the river?
- (h) Who cooked the food?
- (i) When did the girls wake up?

**B. Arrange the letters to make meaningful words.**

- (a) The water in this river is ..... (ocdl)
- (b) The children felt very ..... (ppahy)
- (c) It's very hot today, let's ..... (iwms)
- (d) Ali and Pemba ..... the food. (oocedk)
- (e) They wanted to eat something. They felt ..... ( uhgnyr)

**3. Make sentences from the table.**

Time	What you did yesterday
06:00	woke up
06:30	drank tea
08:00	left home
09:00	reached the river bank
09:00-11:00	played and swam
11:00	started cooking
01:00-02:00	ate different kinds of food
04:00	washed the dishes
05:00	came back home

**Example:**

I woke up at 6 o'clock yesterday.

**4. Answer these questions – 'Yes, I do' or 'No I don't'.**

(a) Do you go to school on holidays?

(b) Do you wear warm clothes in January?

(c) Do you eat ice cream in July?

(d) Do you like rainy days?

(e) Do you like sunny days in February?

(f) Do you swim on a cold morning?

**5. Read and act.** 

Bindu: It's a nice day, isn't it, Anu?

Anu: Yes, it is. Yesterday was very cold.

Bindu: I hate rainy days in winter.

Anu: So do I.

**6. Complete these sentences.** 

(a) It rains a lot in \_\_\_\_\_. December June

(b) July November \_\_\_\_\_ is a hot month.

(c) People wear cotton clothes in \_\_\_\_\_.  
February August

(d) Days are shorter in \_\_\_\_\_. January June

(e) April is hotter than \_\_\_\_\_. March July

**7. Group these fruits.** 

orange

apple

banana

pineapple

mango

grape

guava

tangerine

papaya

jackfruit

cold months	hot months	both

8. Look at the pictures. Then write the correct numbers in the box.  
Add 3 numbers down or across. The sum will be the same.

Flower

Tree

Bridge

Plough

Spoon

Crab

Stamp

Cloud

Frog

1.



2.



3.



4.



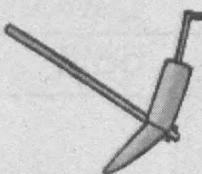
5.



6.



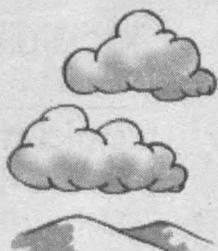
7.



8.



9.



शिक्षण निर्देशन : यस अभ्यासमा चित्रको माध्यमबाट शब्दार्थ शिक्षणका अतिरिक्त Consonant Cluster को उच्चारण अभ्यास गराउन खोजिएको छ ।

## 9. Making a Book

Can you make a book of your own?

You need some sheets of paper.

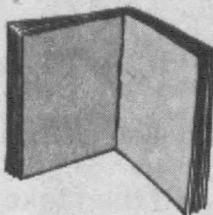
You also need some thread or thin string.

This is how you make the book.

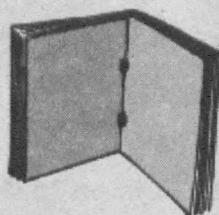
1.



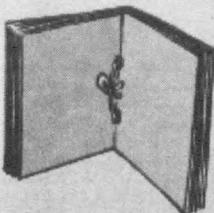
2.



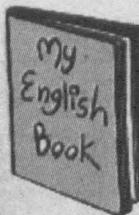
3.



4.



5.



- (1) Put all the sheets together.
- (2) Fold them all down the middle.
- (3) Make two holes in the middle of the fold.
- (4) Thread the string through the holes.
- (5) Tie the ends of the thread.
- (6) Write the name of your book.
- (7) Then, display it in your class.

**10. A Chant**



I hear thunder,  
I hear thunder.  
Do you hear it, too?  
Do you hear it, too?  
Pitter-patter, raindrops,  
Pitter-patter, raindrops.

I'm wet through,  
You're wet through.

**11. Listen to the story and then take turns to finish it.**

**12. Copy.**



January

February

March

April

May

**13. A Riddle**

I run swiftly, but I have no legs.

I run all day and all night.

I run through fields and no one can stop me.

What am I?

## 1. Look, read and act.



Pemba: Hello!

Lilu: Hello! Lilu speaking.

Pemba: Hi, Lilu, how are you?

Lilu: Fine, thank you.

Pemba: What did you do yesterday?

Lilu: Well, I did my maths homework.

Pemba: Oh, great. Did you draw pictures?

Lilu: No, I didn't. What did you do then, Pemba?

Pemba: Nothing.

Lilu: Really?

Pemba: Yes Lilu, I'll talk to you later. OK?  
Bye bye!

Lilu: Bye!



**A. Answer orally.** 

- (i) Who is calling whom?
- (ii) What did Lilu say first?
- (iii) What did Pemba want to know?
- (iv) Did Lilu draw pictures?
- (v) What did Pemba and Lilu do yesterday?

**2. Complete this dialogue.** 

Student A: \_\_\_\_\_

Student B: Hello, Ravi speaking.

Student A: \_\_\_\_\_

Student B: Fine, thank you, what did you do yesterday at 6 o' clock?

Student A: \_\_\_\_\_

Student B: I also watched T.V.

Student A: \_\_\_\_\_

Student B: Yes, I liked it very much.

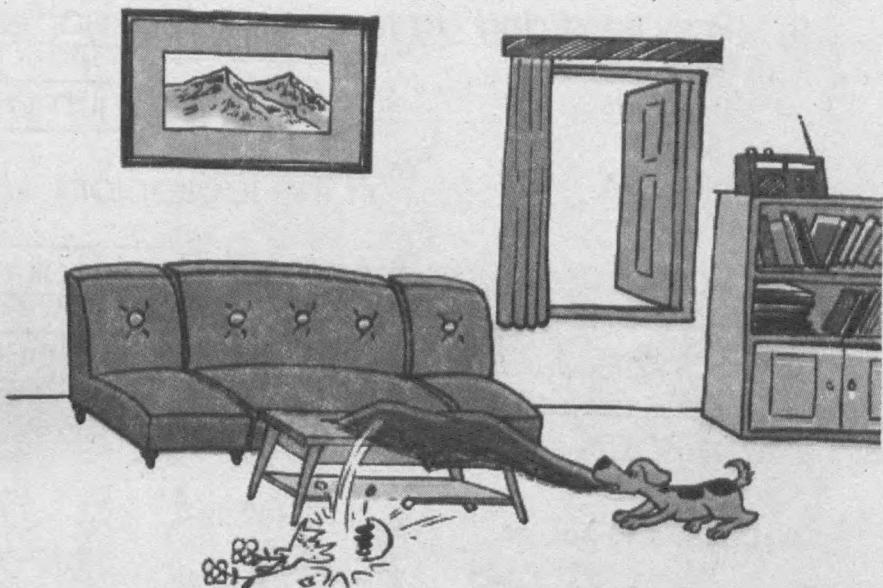
Student A: \_\_\_\_\_

Student B: Bye.

**3. Ask your friend.** 

- (i) When did you get up this morning?
- (ii) What did you do at 7 o' clock?
- (iii) Did you help your mother?
- (iv) How did you come to school?
- (v) Did you come to school by bus?

4. Read this story.



Bina lives with her father and mother. She has a dog. His name is Pangre. Yesterday Bina went for a walk with her father and mother. Pangre also wanted to come along. But they left Pangre to look after the home. Pangre was very angry. He jumped on a chair, pulled off the table-cloth and broke the vase.

When Bina got back home with her parents, they found the table cloth on the floor. The vase was also broken. Bina was a bit angry with Pangre. But when Pangre kissed her leg, she felt happy and patted him. Bina promised to take him when she went for a walk again.

A. Complete these sentences as in the example. 

(i) Pangre didn't go for a walk. not go

Pangre ..... on a chair. jump

(ii) Pangre ..... off the table-cloth. pull

(iii) Pangre ..... the house. not look after

(iv) Pangre ..... it out of door. pull

5. Pair Work 

A. Learn and act.

(a) Pemba : Hello, can I speak to Lilu?

(b) Lilu: Yes, this is Lilu speaking.

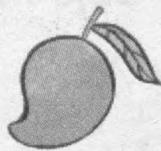
6. Complete the following table as given in the example. 

Ball	leaf	fan	now	write
Kite	<u>elephant</u>	<u>toy</u>	<u>yak</u>	<u>kite</u>
Flower				
Cloth				
Pen				
Bag				
Bird				
Parrot				

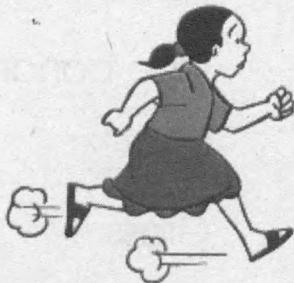
7. Look, discuss and write.



Is this an apple or a mango?



Is she running or walking?



Is this a parrot or a pigeon?



Is he crying or laughing?



Is the pencil in his right or left hand?



8. Discuss and write.  

**Objects/things      Colour**

Milk      White

Sky .....  
.....

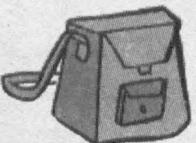
Blood .....  
.....

Ripe banana .....  
.....

Crow .....  
.....

Grass .....  
.....

9. Look at the pictures and write.  

Things		Same or different
		They are different.
		
		
		

10. Look at the pictures and make sentences.



He drives a car.  
He is a driver.



She flies an aeroplane.  
She is a .....



He cooks food.  
He is a .....



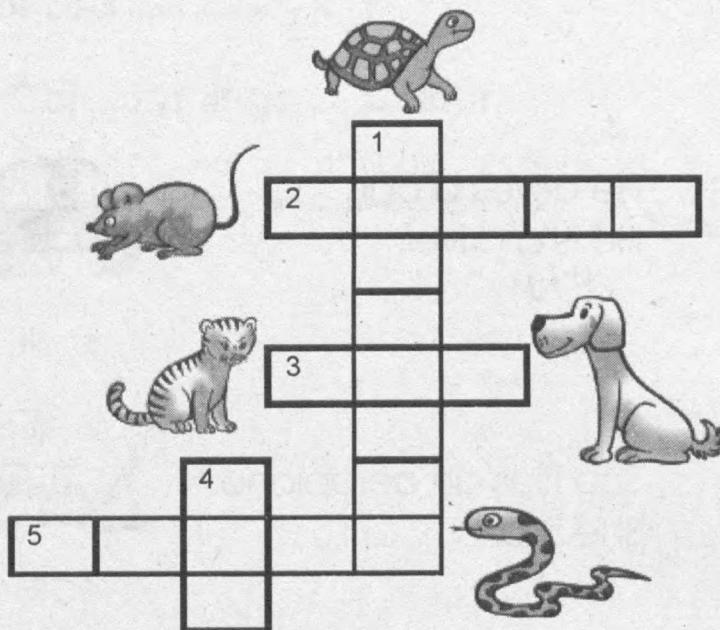
He works in the field.  
He is a .....



He cuts hair.  
He is a .....



## 11. Crossword Puzzle



## 12. A Chant



Hello, Pemba, hello, Lilu!

How are you?

We're fine thank you.

What about you?

Hi, Lilu, hi, Pemba!

How are you?

We're fine thank you.

What about you?

## 13. A Riddle



**Who has a trunk but needs no key?  
Who is he?**

1. Read. 

8, Lakeside

Pokhara

21<sup>st</sup> July 2005

Dear Ali,

Thank you very much for my birthday present.  
*Muna* is an interesting book. I like it very much.

I hope you can come to my birthday party.  
My father is away from home. So we are  
waiting for him. The birthday party will be on  
August 12<sup>th</sup>.

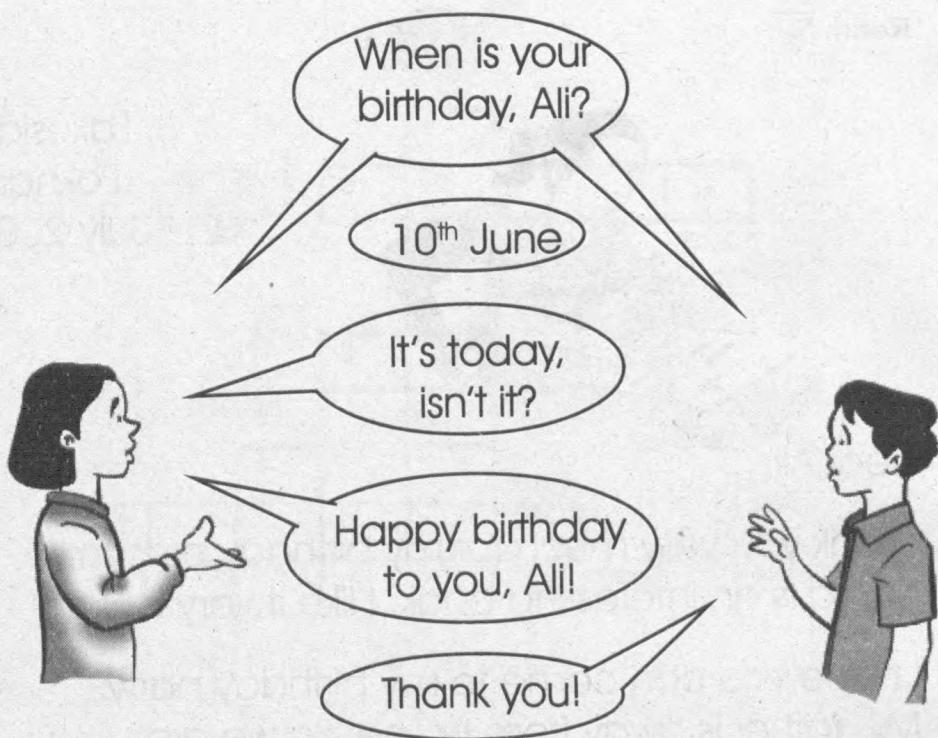
With love,

Anu

**Discuss orally. **

- (i) Who is writing this letter?
- (ii) What present did Ali send to Anu?
- (iii) When is Anu's birthday party?
- (iv) Who is away from home?
- (v) Will Ali go to Anu's birthday party?

**2. Read and act.**



**3. Fill in the spaces with correct word.**

(i) ..... is your birthday?

(ii) .....

(iii) It is ..... isn't it?

(iv) Yes, it is.

(v) Happy ..... to you.

(vi) .....

21 <sup>st</sup> may	When	Today	Thank you	birthday
----------------------	------	-------	-----------	----------

4. Fill in the blanks with suitable words. 

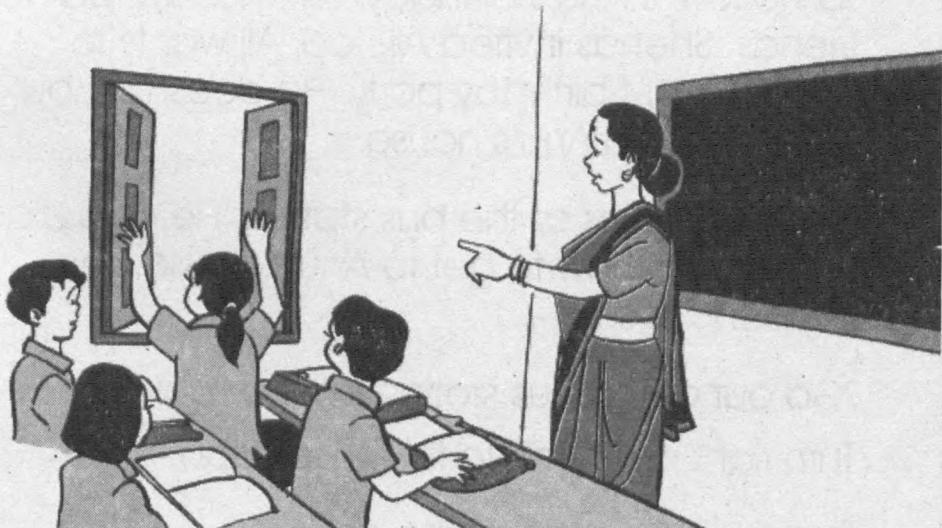
Thimi, Bhaktapur-17

Dear .....

I am ..... to invite you to my  
..... party. It will be at 7 p.m. on  
..... We will be eagerly waiting for you.

With love

5. Read and act.  

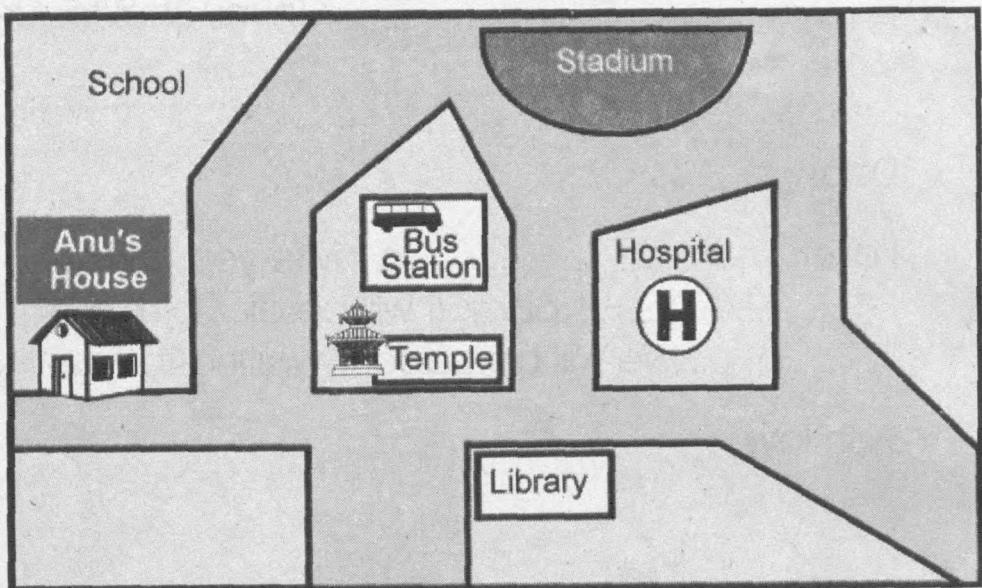


Miss Gita: It's very hot in here. Could you open the windows, please?

Children: Yes. Of course.

Miss Gita: Thanks. That's right.

6. Look at the map. Find Anu's house.



Tomorrow is Anu's birthday. She has invited her friends. She has invited Ali, too. Ali wants to attend Anu's birthday party. He doesn't know how to get to Anu's house.

Now he arrives at the bus station. He asks a policeman how to get to Anu's house. The policeman said -

"Go out of the bus station on the main road.  
Turn right and walk to the cross road.

There is a temple on the corner.  
Turn right there.

Walk down the road.  
Pass a road on your right.  
Anu's house is on your right."

**7. Ask questions as in example.**

a. stadium

**Example:** Excuse me, how can I get to the stadium?

b. school

c. hospital

d. temple

e. library

**8. Look around in your classroom. Then make a list of things you find.**

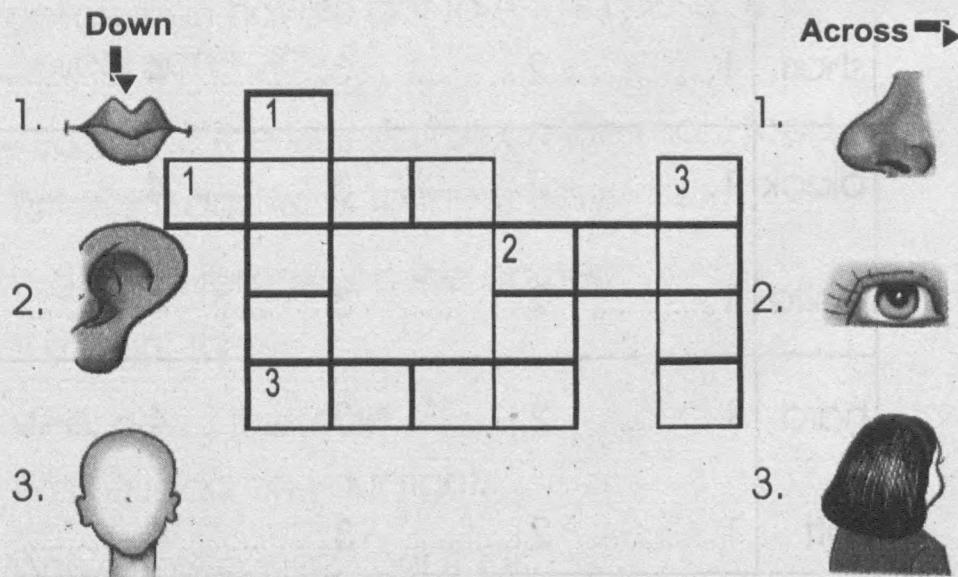
small	1.....	2.....	3.....	4.....
big	1.....	2.....	3.....	4.....
long	1.....	2.....	3.....	4.....
short	1.....	2.....	3.....	4.....
black	1.....	2.....	3.....	4.....
white	1.....	2.....	3.....	4.....
hard	1.....	2.....	3.....	4.....
soft	1.....	2.....	3.....	4.....

**9. Write the following words correctly.** ↗

sunday	.....
monday	.....
tuesday	.....
wednesday	.....
january	.....
february	.....
march	.....
april	.....

Note : Always begin the names of days and months with a capital letter.

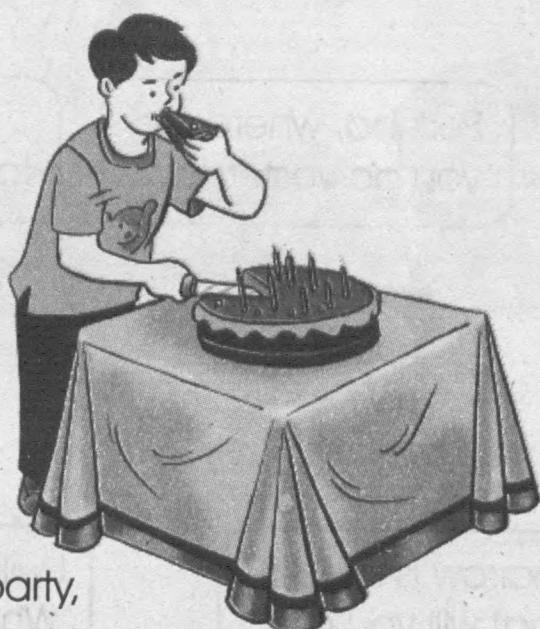
**10. Crossword Puzzle** ↗



## 11. A Chant



### I had a little party



I had a little party,  
This afternoon at three.  
It was very small,  
Three guests in all,  
Just I, Myself and Me.

Myself ate up the sandwiches,  
While I drank up the tea,  
It was also I.  
Who ate the pie,  
And passed the cake to Me.

## 12. A Riddle

How can you make  
a heart out of earth?

1. Read and act.  

Pemba, where did  
you go yesterday?



I went  
to school.



Tomorrow is holiday.  
What will you do?



I will go to market.  
What about you?



Well, I am not sure.  
I may be at home.

2. Read. 

Gauri was a young village girl. She was fourteen years old. She helped her mother in the home and in the farm. One day Gauri's mother went to her sister's home. She said to Gauri, "You'll milk the cow and you'll sell the milk."



Gauri said, "Yes mummy, I'll milk the cow and I'll sell the milk."

On the way to market she thought, "I'll sell the milk and with the money I'll buy hens. The hens will lay eggs. The eggs will give me more hens. I'll be a rich girl in the village."

A man called her from the back. She quickly turned to see the man. The pot of milk fell off on the ground. It broke into pieces. There was milk all over on the road. She was very sorry.

**A. Discuss orally in groups.** 

- (a) How old was Gauri?
- (b) Why did she go to the market?
- (c) What did she think on her way to the market?
- (d) What happened when she turned her head?
- (e) What did she feel at last?

B. Match. 

A	B
(a) Gauri was	- I'll milk the cow.
(b) Gauri's mother went	- fourteen years old.
(c) Gauri said	- the pot of milk fell on the ground.
(d) The eggs will give	- to her sister's home.
(e) When Gauri turned her head	- more hens.

3. Write as shown in the example. 

- (a) I did not call you yesterday but  
**I will call you tomorrow.**
- (b) She did not come yesterday but  
she .....
- (c) My mother cooked food yesterday but  
I .....
- (d) They did not put on school dress yesterday but they .....
- (e) Pemba forgot to bring my book yesterday but she .....

(f) Anu was absent yesterday but  
she .....

(g) Ali was not well yesterday but  
she .....

(h) It rained a lot yesterday but  
it .....

**4. Make sentences from this table.** 

	I		go for a walk.
	we		make some cakes.
Tomorrow	he	will	play in the garden.
	she		swim in the river.
	you		get up early.
	they		go fishing

**5. Read and act.**  

Ali: Tomorrow is Saturday. What will you do, Anu?

Anu: Well, I'm not quite sure. I will probably wash my clothes. What is your plan, Ali?

Ali: I'll help my mother in the kitchen.

**6. Change the form of words as in the example.** 

went = will go

ate =

danced =

played =

washed =

looked =

**7. Arrange these words to make sentences.** 

- (a) am years I old nine.
- (b) three study three I class in.
- (c) house I a have beautiful .
- (d) name dog Pangre my the of is.
- (e) dog I my love.

**8. Read this and write about yourself.**  

- (a) I am a *girl*, and my name is *Lilu*.
- (b) I have *black* hair and *black* eyes.
- (c) My birthday is on *10th March*.
- (d) I will be *nine* years old next *March*.
- (e) I have *two* brothers but *no* sisters.
- (f) I attend *Jana Jyoti Primary School*.
- (g) My address is: *Dada Gaun-7, Kaski*.
- (h) I go to school every day on *foot*.

**9. Make small words from big words.** 

**Example:** **Elephant**

ant, eat, let, pat, hat, ate, tap, net, hen, ten, pen,  
tape, etc

(a) birthday

1. .... 2. .... 3. .... 4. ....

(b) teacher

1. .... 2. .... 3. .... 4. ....

(c) carpenter

1. .... 2. .... 3. .... 4. ....

(d) football

1. .... 2. .... 3. .... 4. ....

(e) computer

1. .... 2. .... 3. .... 4. ....

**10. Write.**

(a) Where are they?  
What are they doing?

They are at the tap.  
They are washing clothes.



(b) Where are they?  
What are they doing?

---

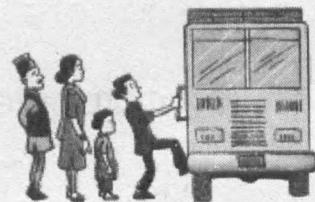
---



(c) Where are they?  
What are they doing?

---

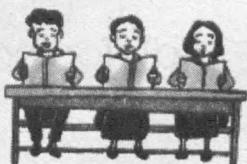
---



(d) Where are they?  
What are they doing?

---

---



(e) Where are they?  
What are they doing?

---

---



- 11. Copy.**

Gauri was a village girl.

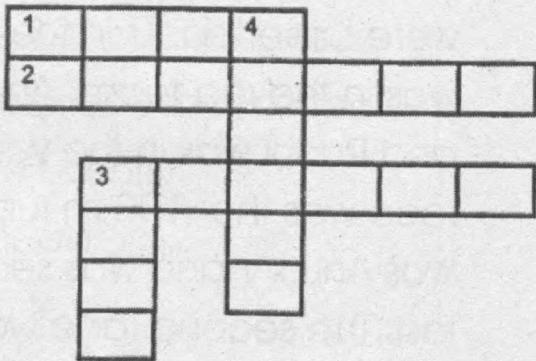
- ### 12. Crossword Puzzle

## Across

1. A hen lays ...
  2. You do not go to school on ...
  3. You call her mummy also

## Down

3. A cow gives us ...
  4. Not brother



- ### 13. A Riddle ?

I have a mouth and a tongue  
but cannot taste.  
I travel far and wide but  
cannot go alone.  
What am I?

**1. Read and answer.**  

Yesterday was a Sports Day at my school. There were three teams in the competition. Anand was in the red team. Anu was in the blue team and Ruchi was in the yellow team. The first race was the 100 m running race. The winner was Anu. Anand was second and Ruchi was last. The second race was the sack race. The winners were the red team. The blue team came second and Ruchi's team came last. The next race was the marble and spoon race. Ruchi's team came last again!

**A. Answer the following questions.** 

- What event was yesterday?
- How many teams were there in the competition?

- (c) Who were they?
- (d) What was the first competition?
- (e) Who came first in the 100m running race?
- (f) Which team was the winner in the sack race?
- (g) Who came last in the egg and spoon race?

**B. Match** 

Ruchi	Blue team
Anu	Red team
Anand	Yellow team

**C. Listen and tick (✓) for Yes and cross (✗) for No.**  

- Anand came first in the 100m running race. ( )
- Anu came last in the sack and spoon race. ( )
- Ruchi was last in all the events. ( )
- There were three competitions. ( )
- Anand was in the blue team. ( )

**2. A Chant** 

I like to skip,  
I like to jump,  
I like to run about,  
I like to play,  
I like to sing,  
I like to laugh and shout.



3. Read and do as in example.  

Do you like .....?

Does your friend like .....?

Activity	You	Your friend
Swimming		
Singing		
Reading		
Playing		
Skipping		
Jumping		
Dancing		

4. Look at the examples and complete the table. 

Things I like doing	Things I don't like doing
I like playing football.	I don't like singing.
1.	1.
2.	2.
3.	3.
4.	4.

## 5. A Puzzle ?

Prashant: Think of a double number.

Nima: OK, I've thought of one.

Prashant: Multiply it by 2.

Nima: Right.

Prashant: Add 1.

Nima: Yes, I've added 1.

Prashant: Now multiply by 5.

Nima: OK.

Prashant: Finally, multiply by 10 and give me the number.

Nima: The number is 2250

Prashant: Then you thought of the number 22.

Nima: You are right. But how do you know?

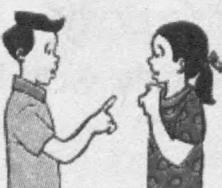
Prashant: The answer is always the first two digits of the final number:

## 6. Look, listen and say.

A.

Nima, where were  
you yesterday?

Well, I was at a party  
Prashanta.



What type of party was that?



It was a wedding party.



Whose wedding was it?



Oh! It was my uncle's.



What did you do at the party?



Well, I ate, and danced a lot.



B. Answer the questions.

1. Who is talking to whom?
2. Who went to the party?
3. What type of party was that? Whose wedding was it?

## 7. A Game: Miming



### Tips to the teacher

- Mime a series of actions showing the things you did yesterday, e.g. woke up, got washed, got dressed, went to school, taught, and eat lunch. Pupils say - what you did.
- Divide the class into pairs.
- Send each pair out of the classroom for a while to discuss their roles of miming.
- Call back the pair and get them to mime in class.
- They act out their mime for the class.
- Encourage the other children to comment or ask questions about what is happening.

## 8. Listen to your teacher, then tick (✓), for true sentences and cross (✗) for wrong sentences on the basis of pictures.

1.

2.

3.

4.

5.



9. Colour the picture. 



**10. A Chant**



**PUSSY CAT, PUSSY CAT**

Pussy cat, Pussy cat,  
Where have you been?

I've been to London,  
To look at the Queen.

Pussy cat, Pussy cat,  
What did you do there?"

I frightened a little mouse under the chair.



**11. Riddle** ?

**London, Paris, Moscow, Rome, Where ever I go,  
I'm always at home.  
What am I?**

## **Listening texts**

### **Unit: 3, Exercise 5**

1. The bird is on the roof.
2. There is some money in my pocket.
3. We do not go to school on Saturdays.
4. Everest is the highest mountain in the world.
5. Guess, what is in my hand?

### **Unit: 5, Exercise 13**

1. Puspa can play the Madal.
2. She cannot play the guitar.
3. She can boil water.
4. But she cannot make tea.
5. She can sing Nepali songs.
6. But she cannot sing Hindi songs.
7. She can dress herself.
8. But she cannot wash her clothes.

### **Unit: 6, Exercise 11**

It was a very hot day. The river was dry. There was no water. A crow was very very thirsty. He saw a water pot outside a house. There was a little water in it. He put his beak into the pot. But he could not reach the water...

### **Unit: 10, Exercise 8**

1. The man is standing.
2. The woman is standing.
3. They are eating something.
4. There is a dog behind the woman.
5. The man is wearing a half shirt.

## Word list

---

about	both	copy
aeroplane	break	corner
afternoon	bridge	count
again	bring	cow
angry	bright	crab
ant	brother	crayon
apple	brown	cricket
arm	brush	dance
aunt	businessman	den
badminton	cage	desk
bean	carry	display
bag	carrot	doctor
ball	cheeks	doing
banana	city	donkey
bench	children	door
bicycle	class/room	down
big	clap	drawer
bird	clothes	dress
black	cloud	drink/drinking
blackboard	coat	driver
blood	coffee	duster
blow	colour	each
blue	comb	eager
book	competition	eat/eating
boot	computer	egg

elephant	game	hopscotch
everyone	garden	house
everywhere	girl	how
extra	give/giving	ink
eye	glass	interesting
face	goat	invite
falm	good morning/ afternoon	jackfruit
family	good-bye	jump/jumping
farmer	grand mother	keep
father	grape	kiss
feel	green	kite
feet	guava	knee
fine	guest	knife
finger	hair	knite
finish	half	knot
fish	hand	ladder
flag	have/'ve	lamp
floor	head	laugh
flower	heavy	leaf
fly	help	leg
food	hen	lift
foolish	here	listen
foot	hide	load
football	hill	look/look at/ looking at
friend	home	love
frog	hop/hopping	man

mango	parrot	school
many	picture	seat
marble	pick up/picking up	sister
market	pilot	sheep
mat	pineapple	shine
moon	plate	shirt
monkey	please	shop
morning	plough	short
mother	point to/pointing to	show
mouse	police	shut/shutting
mouth	pool	sister
move	pull	sit/sitting(down)
nail	puppy	sleep
name	put/putting down	small
need	quarter	snake
net	quiet	sock
near	quick	soldier
newspaper	race	sorry
night	radio	spade
nose	reach	spare
old	read/reading	sparrow
open/opening	ready	spider
orange	rice	spoon
page	ride	sport
pan	rise	stamp
papaya	river	stand/
park	ruler	standing(up)
party	run/running	star
		station

stick	uniform
stone	vine
story	volleyball
string	wake
sun	watch
sweater	walk/walking
sweet	water
swim	wave/waving
table	way
tap	wear
teacher	weep
tangerine	wedding
thank you	white
that/that's	wife
team	wind
teeth	window
temple	with
there	write/writing
these	yak
thin	yellow
thread	zoo
tiger	
time	
toe	
touch/touching	
tower	
traffic	
tree	
trunk	
umbrella	
under	





# कक्षा ३ को कक्षागत गीत

धेरै पद्धाँौं, धेरै लेख्छाँौं, साना-साना नानी  
 (बुद्धजस्तै त्यागी बन्धाँौं, जनकझैँ जानी)२  
 रूप-गुण-शीलवती, हिउँजस्तै गोरी  
 उमा-सीता-भृकुटी हुन्, (नेपालकै छोरी)२  
 भाइ-बैनी सबैलाई, बराबर ठानी  
 (बुद्धजस्तै त्यागी बन्धाँौं, जनकझैँ जानी)२

पढी-लेखी सिक्खाँौं हामी, अरनिकोझैँ सीप  
 बाल्धाँौं पृथ्वी-भानुले झैँ, (एकताको दीप)२  
 फहराउँछाँौं विश्वभरि नेपाली निशानी  
 (बुद्धजस्तै त्यागी बन्धाँौं, जनकझैँ जानी)२

मेचीदेखि महाकाली, पहाड-मधेश  
 नेपाली हाँै सबै हामी, (नेपाल हाम्रो देश)२  
 एकै स्वर, एकै लय, एउटै आनी-बानी  
 (बुद्धजस्तै त्यागी बन्धाँौं, जनकझैँ जानी)२

धेरै पद्धाँौं, धेरै लेख्छाँौं, साना-साना नानी  
 बुद्धजस्तै त्यागी बन्धाँौं, जनकझैँ जानी

गीतकार : रत्न साडपाड राई  
 सङ्गीतकार : नातिकाजी श्रेष्ठ



प्रकाशक  
 नेपाल सरकार  
 शिक्षा मन्त्रालय  
 पाठ्यक्रम विकास केन्द्र  
 सानोठिमी, भक्तपुर



मुद्रक:

जनक शिक्षा सामग्री केन्द्र लिमिटेड  
 सानोठिमी, भक्तपुर

ISBN ९९९३३७०८९-४



९ ७८९९९३ ३७०८९५