

Emily Gier

Web Bio

Information

Biography

Biographical Statement

As Director of the Didactic Program in Dietetics, I assist students with the pursuit of a career in dietetics. The program prepares students for application to supervised practice programs, ultimately allowing the student to obtain the credential of Registered Dietitian (RD). Areas of expertise include clinical nutrition and management as it applies to the field of dietetics and health care settings. Areas of interest include the nutrition care process, nutrition support, medical nutrition therapy and process improvement. I am also interested in health care management of resources (staff, insurance issues, regulation), particularly in the acute care setting.

Teaching

Teaching and Advising Statement

Teaching Philosophy

I am educated and trained as a registered dietitian and have always enjoyed the role dietitians play as educators to patients, clients and consumers. The opportunity to expand on a teaching role is what attracted me to a position as a university lecturer. I am energized by working with future generations of registered dietitians. I believe it is a privilege to teach and contribute to the development of future leaders in dietetics. As a life-long learner, I strive to stay up to date through professional development activities and practice so that my students will have access to current standards and knowledge. I attempt to instill enthusiasm, respect for one another, and a sense of community in the classroom in order to promote an environment where students enjoy learning. This is evidenced in my teaching materials, course expectations and professional conduct.

Teaching Goals

The courses I teach are required for the Didactic Program in Dietetics. I have four primary goals in teaching dietetics students: first, to ensure students acquire foundation knowledge and skills in dietetics to promote future competence as dietetics practitioners; second, to nurture development of leadership skills for future professional roles; third, to develop the ability to synthesize and integrate information and ideas as dietetics professionals; and fourth to stimulate excitement in pursuing a career in dietetics.

To achieve these goals I rely on a variety of teaching methods. To keep students engaged in learning, I adjust my teaching style throughout the semester. In the 4000 level courses I teach, the semester begins with directed learning, which provides scaffolding for what will be learned. Once students become familiar with basic concepts, primarily through a lecture format, I shift into a discussing style. Some topics require this shift within a lecture, other topics shift over the course of a semester. This style aids with development of critical thinking skills. In the DPD capstone dietetics course in management, the style rapidly moves to delegating. Through team projects students are empowered with decision making responsibilities and interact side by side with professionals.

I use a variety of assessments of learning, including “teach backs,” quizzes, case studies, exam, papers and presentations. Each assessment method used is also intended to enhance future performance as a professional. BlackBoard is utilized for all of the courses I teach.

Advising Philosophy

My advising philosophy is straight forward. It is to help students discover what they're passionate about, help bridge the gap between academics and practical experience, and support students throughout their journey. I attempt to accomplish this by giving students my undivided attention when meeting so that I may listen actively and provide appropriate guidance, recommendations and understanding to help each student attain their goals. My goal when meeting with students is to develop the rapport and eventual trust that is required to dig deep and unearth the spark that can ignite the passion that will then feed their academic experience and ultimately their career.

Professional

Current Professional Activities

Program Reviewer, Accreditation Council for Education in Nutrition and Dietetics, 2013-2016.

Licensure Task Force, New York State Dietetic Association, 2005-present.

Finance Committee, New York State Dietetic Association, 2006-2014.

President, New York State Dietetic Association 2005-2008.

New York State Dietetic Association, member, 1990-present.

Southern Tier Dietetic Association, member, 1991-present.

American Society for Parenteral and Enteral Nutrition, member, 1996-2002.

American Association of Diabetes Educators, member, 1995-2000.

Affiliations: Academy of Nutrition and Dietetics (formerly the American Dietetic

Association), member, 1990-present.

Member of the following Academy Dietetic Practice Groups:

- Clinical Nutrition Management
- Dietitians in Nutrition Support
- Management in Food and Nutrition Systems
- Nutrition and Dietetics Educators and Preceptors.

Research

Extension

Education

Education

Master of Business Administration with a concentration in Health Care Management from Binghamton University, Binghamton, NY, August 2001.
Dietetic Internship at United Health Services Hospitals, Johnson City, NY, June 1992.

Registered Dietitian, October 1992.

Bachelor of Science, Nutritional Sciences, May 1991, Cornell University, Ithaca, NY.

Completed Didactic Program in Dietetics requirements.

ServSafe Instructor, National Restaurant Association Educational Foundation, January 2005 to present.

Courses

Courses Taught

NS 2470 - Food for Contemporary Living

NS 4000 - Directed Readings in Introductory Food Service Management

NS 4020 - Supervised Fieldwork in Dietetics

NS 4030 - Teaching Assistants for NS 2470 and NS 4880

NS 4420 - Implementation of Nutrition Care

NS 4880 - Applied Dietetics in Food Service Systems

Websites

Administration

Administrative Responsibilities

As Director of the Didactic Program in Dietetics (DPD) I oversee the undergraduate program in dietetics, ensuring that the program meets Accreditation Council for Education in Nutrition and Dietetics (ACEND) standards. I submitted and had

approved two Program Assessment Reports in 2006 and 2012 maintaining accredited status for the DPD. A Self Study Report is currently in progress to be submitted in 2015 prior to a site visit in the same year. I am pleased to meet with students who may be interested in pursuing a career as a Registered Dietitian and can advise students on how to fulfill dietetics requirements at Cornell. The Dietetics Program at Cornell also provides guidance to students who choose to apply to supervised practice programs (Dietetic Internships).

Publications

Selected Publications

- Chapter Review, *Nutrition Therapy and Pathophysiology*, 2nd edition, chapters 20 & 21, Brooks/Cole, August 2013.
- Manuscript Review, Topics in Clinical Nutrition, "A Novel Approach to Oral Health Assessment Training for Dietitians in Long Term Care Setting in Israel: Changes in Knowledge and Practice," October 2013.
- Gier, E. (2006) Membership Ranks High Within ADA. NYSDA Bulletin. Issue 11, Fall, page 1.
- Gier, E. (2007) NYSDA on Course to Obtaining Goals. NYSDA Bulletin. Issue 12, Winter, p. 1-2.
- Gier, E. (2007) Streamlining to Move our Profession Ahead. NYSDA Bulletin. Issue 13, Fall, p. 2.
- Blake, C. & Gier, E.W. (2003). Swallowing disorders and nutritional status: The registered dietitians' perspective. *Perspectives on Swallowing and Swallowing Disorders (Dysphagia)* 12(2), 22-27.
- Gier, E. (2001) Boosting Immunity Through Better Eating. CMH Health First, Vol 4, 1, p. 4.