Biographical Statement

I am the Program Leader for Cornell NutritionWorks, an online professional development program for nutrition and health practitioners at www.nutritionworks.cornell.edu. As Program Leader I oversee the content and structure of the website, plus develop marketing and evaluation strategies. For over 33 years I've been responsible for interpreting and communicating research-based information on food and nutrition issues to extension educators, other professionals, consumers and the media. My most recent interests include providing continuing professional education to practitioners worldwide using distance technology, primarily in the areas of childhood obesity prevention and global health including infant and young child feeding. I am also interested in other consumer food and nutrition issues, such as dietary guidelines and food safety. My overall goal is to enhance the link between nutrition research and practice.

Current Extension Activities

Cornell NutritionWorks, at www.nutritionworks.cornell.edu, is an interactive, web-based continuing professional education program for nutrition, health and other community practitioners. The program was developed in response to research identifying professional development needs of community nutrition practitioners. Cornell NutritionWorks uses distance technology to provide a variety of continuing education opportunities for the target audience. Offerings include a 12-part training course, Programming for Infant and Young Child Feeding, developed in collaboration with UNICEF; a 7-part training series on Food Policy for Developing Countries; 20 presentations from the 2-day symposium on New Directions in the Fight Against Hunger and Malnutrition, plus many single seminar topics related to a wide variety of nutrition and global health topics.

Cornell NutritionWorks members can interact with Cornell faculty, access cutting edge nutrition information, download resources and tools that enhance practice, participate in discussion forums with peers, and take self-assessments for
continuing professional education units. Evaluations show that Cornell NutritionWorks improves the capacity of nutrition and health professionals to address critical nutrition issues, such as childhood obesity.

Education

1996 CDN, Certified Dietitian-Nutritionist, New York State
1981 RD, Registered Dietitian, American Dietetic Association
1980 MS, Oregon State University, Foods and Nutrition
1976 BS, University of California at Davis, Consumer Food Science

Courses

Websites

Related Websites

Cornell NutritionWorks

Programming for Infant and Young Child Feeding - UNICEF Training Course

Administration

Publications

Selected Publications


Stark C, Adams V, Devine C, Dollahite J. Building the capability of extension
professionals to apply an ecological approach to preventing childhood obesity in their communities. *J Nutr Educ Behav.* 2012;44:S91. (abstract)


Stark C, Dollahite J, Devine C, Olson C, Wolfe. Using the PRECEDE-PROCEED program planning model in an online course to facilitate an ecological approach to preventing childhood obesity. SNE Annual Conference abstract. 2008.


