



Events for CHE Staff

College of
Human
Ecology
Employee
Rejuvenation



CHEER exists to support the physical, social and psychological well-being of staff working in the College of Human Ecology by:

- ❖ coordinating and sponsoring events that advance our lives through education, entertainment, and social connection
- ❖ promoting and celebrating the diversity that each individual brings to the CHE community
- ❖ encouraging staff to reflect on and engage in the mission of the College
- ❖ liaise regarding work environment issues that could be improved to the benefit of all

www.human.cornell.edu/che/cheer

Harvest Fest

Tuesday, Nov 25, noon-1pm

HEB Commons



We'll provide the turkey, gravy, ham, couple of sides & apple cider.

Please bring a side dish, bread, salad or dessert to share.

Door Prizes!

This year, we are going to be donating to **Loaves & Fishes** of Tompkins County, which prepares and serves free meals to those in need. **Please bring an item from their Wish List** or a canned item with you to the Harvest Fest. Boxes for drop off will be located by the entrances to the HEB Commons. Thanks!

Loaves and Fishes Wish List of Commonly Used Food Items

Big or wholesale size containers preferred

1. Fruit Juices: large cans or containers if possible; 6 packs; the more "real juice" the better
2. Garbanzo Beans - we love to get these – and rarely do
3. Olive Oil - a daily staple
4. Canned Vegetables: e.g. corn, peas, carrots, green beans, asparagus, mushrooms
5. Brown Rice
6. Canned Tomatoes: whole, crushed, diced or sauce
7. Spaghetti Sauces
8. Herbal Tea (individual bags)
9. Peanut Butter - this is expensive for us to buy wholesale
10. Jelly - this is expensive for us to buy wholesale
11. Condiments - mayonnaise, pickles, mustard, catsup, relish
12. Lentils
13. Specialty - olives, artichokes, nuts, dried fruits
14. Canned Fish - tuna, salmon