

Julie Carmalt

Web Bio

Information

Biography

Biographical Statement

Julie Carmalt is Associate Director of the Sloan Program in Health Administration and a Lecturer in the Department of Policy Analysis and Management at Cornell University. She joined the department after receiving her Ph.D. in Policy Analysis and Management from Cornell University in 2009.

Carmalt is a demographer by training with primary research and teaching interests in population health, public health policy, the social determinants of health, and relationships and health. Particular areas of research focus are obesity and health-risk behavior.

Prior to arriving at Cornell, Carmalt worked as a case manager of adjudicated adolescent women and coordinated a study of juvenile female offenders. Prior to that she was a director of programs for persons with disabilities.

Professional

Current Professional Activities

Carmalt is a member of the Association of University Programs in Health Administration (AUPHA), the American College of Healthcare Executives (ACHE), the Population Association of American (PAA), and the Cornell Population Center (CPC). She currently serves as a member of AUPHA'S HAMPCAS Advisory Committee. On campus, Carmalt is a member of the Sloan Program's Admissions Committee and participates in the Faculty Institute for Diversity.

Research

Current Research Activities

Carmalt's primary research interests lie at the intersection of demography and health. She currently studies relationships and health with a specific focus on obesity. Carmalt is particularly interested in understanding how obesity both influences, and is influenced by, demographic processes throughout the life course (i.e., mate selection, union formation, sexual debut, education attainment, etc.) and in understanding how individuals in couples and families influence each other's health and health-related behaviors.

Carmalt has also examined fertility patterns among cohabiting women, the effect of religion on marital quality, effects of family processes on young adults'

transition to early parenthood, economic and demographic correlates of infidelity, marital assimilation among immigrants, and associations between body weight and risky sexual behavior.

Carmalt's research has appeared in the *Journal of Marriage and Family*, *Social Science Research*, and *Social Science Quarterly*.

Extension

Education

Education

Ph.D., Policy Analysis and Management, Cornell University

M.S., Policy Analysis and Management, Cornell University

M.S., Family Ecology, University of Utah

B.A., Liberal Arts-Recreation Administration, Humboldt State University

Courses

Courses Taught

PAM 2030: Population and Public Policy

PAM 5990: Challenges and Trends in the Health Services Industry

PAM 3280: Fundamentals of Population Health

PAM 5280: Population Health for Health Managers

PAM 3290: Health, Demographic Processes, and the Life Course

PAM 2100: Introduction to Statistics

Websites

Related Websites

[Sloan Program in Health Administration](#)

[Cornell Population Center](#)

[American College of Healthcare Executives](#)

[Association of University Programs in Health Administration](#)

[Population Association of America](#)

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Administration

Administrative Responsibilities

Associate Director, Sloan Program in Health Administration

Member, Graduate and Professional Student Advocates

Admissions Committee, Sloan Program in Health Administration

Participant, Faculty Institute for Diversity

Advisory Board Member, Healthcare Administration, Management & Policy CAS (HAMPCAS)

Publications

Selected Publications

Lichter, D.T., Carmalt, J.H., & Qian, Z. (2011). Immigration and Intermarriage among Hispanics: Crossing Racial and Generational Boundaries. *Sociological Forum*, 26(2), 241- 264.

Lichter, D.T., & Carmalt, J.H. (2010). Cohabitation and the rise of out-of-wedlock childbearing. Forthcoming as a reprint in a “The Best of the Last 5 Years” NCFR special report (December, 2010).

Lichter, D.T., & Carmalt, J.H. (2009). Cohabitation and the rise of out-of-wedlock childbearing. *Family Focus*, 54.2, F11-F13.

Lichter, D.T., & Carmalt, J.H. (2009). Religion and Marital Quality among Low-Income Couples. *Social Science Research*, 38, 168-187.

Carmalt, J.H., Cawley, J., Joyner, K., & Sobal, J. (2008). Body Weight and Matching with a Physically Attractive Romantic Partner. *Journal of Marriage and Family*, 70(5), 1287-1296.

Lichter, D.T., Brown, J.B., Qian, Z., & Carmalt, J.H. (2007). Marital Assimilation among Hispanics: Evidence of Declining Cultural and Economic Incorporation? *Social Science Quarterly*, 88(3), 745-765.

Smith, K.R., & Carmalt, J.H. (2006). From the Trailhead to the Summit of Utah’s Age Pyramid: Age Structure in Utah, (pp. 3–18), In C.D. Zick & K.R., Smith (Eds). *Utah Utah at the Beginning of the New Millennium: A Demographic Perspective*. Salt Lake City, UT: University of Utah Press.