

# Anthony Ong

Web Bio

## Information

### Biography

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#### Biographical Statement

Anthony Ong is Associate Professor of Human Development at Cornell University. His research includes studies of resilience and lifespan development with specific interest in developmental plasticity or the capacity of individuals to flexibly adapt to changing environmental demands with age. A major focus of his recent work involves expanding basic understanding of the biological and behavioral mechanisms through which social capital and positive emotions contribute to health and well-being.

### Professional

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#### Research

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#### Extension

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#### Education

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### Courses

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#### Courses Taught

HD 3490 - Positive Psychology  
HD 4240 - Stress, Emotions, & Health  
HD 6120 - Psychology of Emotion

### Websites

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### Administration

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### Publications

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#### Selected Publications

Ong, A. D., Rothstein, J. D., & Uchino, B. N. (2011). Loneliness accentuates age

differences in cardiovascular

responses to social evaluative threat. *Psychology and Aging*, 26, 1-9.

Ong, A. D., Fuller-Rowell, T., Bonanno, G., & Almeida, D. (2011). Spousal loss predicts alterations in diurnal cortisol activity through prospective changes in positive emotion. *Health Psychology*, 30, 220-227.

Ong, A. D., Mroczek, D. & Riffin, C. (2011). The health significance of positive emotions in adulthood and later life. *Social and Personality Psychology Compass*, 5, 538-551.

Ong, A. D. (2010). Pathways linking positive emotion and health in later life. *Current Directions in Psychological Science*, 19, 358-362.

Ong, A. D., Fuller-Rowell, T. E., & Bonanno, G. A. (2010). Prospective predictors of positive emotions following spousal loss. *Psychology and Aging*, 25, 653-660.

Ong, A. D., Zautra, A. J., & Reid, M. C. (2010). Psychological resilience predicts decreases in pain catastrophizing through positive emotions. *Psychology and Aging*, 25, 516-523.

Ong, A. D., Bergeman, C. S., & Boker, S. M. (2009). Resilience comes of age: Defining features in later adulthood. *Journal of Personality*, 77, 1777-1804.

Ong, A. D., Fuller-Rowell, T. E. , & Burrow, A. L. (2009). Racial discrimination and the stress process. *Journal of Personality and Social Psychology*, 96, 1259-1271.

Ong, A. D., & Edwards, L. M. (2008). Positive affect and adjustment to perceived racism. *Journal of Social and Clinical Psychology*, 27, 105-126.

Ong, A. D., Bergeman, C., Bisconti, T., & Wallace, K. (2006). Psychological resilience, positive emotions, and adaptation to stress in later life. *Journal of Personality and Social Psychology*, 91, 730-749.

Ong, A. D., & Allaire, J. (2005). Cardiovascular intraindividual variability in later life: The influence of social connectedness and positive emotions. *Psychology and Aging*, 20, 476-485.

Ong, A. D., Bergeman, C. S., & Bisconti, T. (2004). The role of daily positive emotions during conjugal bereavement. *Journal of Gerontology: Psychological Sciences*, 59B, P158-167.

Ong, A. D., & Bergeman, C. S. (2004). The complexity of emotions in later life.

*Journal of Gerontology:*  
*Psychological Sciences, 59B, P55-60.*