I am the Program Leader for Cornell NutritionWorks, an online professional development program for nutrition and health practitioners at www.nutritionworks.cornell.edu. As Program Leader I oversee the content and structure of the website, plus develop marketing and evaluation strategies. For over 31 years I've been responsible for interpreting and communicating research-based information on food and nutrition issues to extension educators, other professionals, consumers and the media. My most recent interests include providing continuing professional education using distance technology, primarily in the areas of childhood obesity prevention and global health including infant and young child feeding. I am also interested in other consumer food and nutrition issues, such as dietary guidelines and food safety. My overall goal is to enhance the link between nutrition research and practice.

Cornell NutritionWorks, at www.nutritionworks.cornell.edu, is an interactive, web-based continuing professional education program for nutrition and health practitioners. The program was developed in response to research identifying professional development needs of community nutrition practitioners. Cornell NutritionWorks uses distance technology to provide a variety of continuing education opportunities for the target audience. Offerings include single seminars, plus a 6-week, in-depth course, Preventing Childhood Obesity: An Ecological Approach, a 7-part training series on Food Policy for Developing Countries, and a new 12-part training course, Programming for Infant and Young Child Feeding, developed in collaboration with UNICEF.

Cornell NutritionWorks members can interact with Cornell faculty, access cutting
edge nutrition information, download resources and tools that enhance practice, participate in discussion forums with peers, and take self-assessments for continuing professional education units. The website also offers the latest nutrition research from the Division of Nutritional Sciences, recommended links, and has a complete reference center. Evaluations show that Cornell NutritionWorks improves the capacity of nutrition and health professionals to address critical nutrition issues, such as childhood obesity.

Education

Education

1996 CDN, Certified Dietitian-Nutritionist, New York State
1981 RD, Registered Dietitian, American Dietetic Association
1980 MS, Oregon State University, Foods and Nutrition
1976 BS, University of California at Davis, Consumer Food Science

Courses

Websites

Related Websites

Cornell NutritionWorks

Administration

Publications

Selected Publications


Stark C, Dollahite J, Devine C, Olson C, Wolfe. Using the PRECEDE-PROCEED program planning model in an online course to facilitate an ecological approach to preventing childhood obesity. SNE Annual Conference abstract. 2008.


