Events for non-academic staff in the College of Human Ecology

CHEER Mission Statement

College of Human Ecology
Employee Rejuvenation

CHEER exists to support the physical, social and psychological well-being of staff working in the College of Human Ecology by:

- coordinating and sponsoring events that advance our lives through education, entertainment, and social connection

- promoting and celebrating the diversity that each individual brings to the CHE community

- encouraging staff to reflect on and engage in the mission of the College

- liaise regarding work environment issues that could be improved to the benefit of all

What: Zumba

When: Wednesday, January 11, 2-3pm

Where: MVR 166

Who: Christa Albrecht
Cornell Wellness Instructor

Why: Loosen up and work off some excess

Wow: