MY PRIMARY ENGLISH

BOOK ONE

GRADE 4

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तपाईले किनेको पुस्तकमा छुपाई प्रविधिसम्बन्धी कुनै त्रुटि फेला परेमा अधिकृत वितरक साभा अथवा स्थानीय विक्रेताबाट उक्त पुस्तक सादृश सक्नुहुनेछ ।
ज. शिष्य. साते के. लिये
Preface

- There have been many innovative changes in the field of English Language Teaching in the last couple of decades. But in the Nepalese context, changes in ELT had very little effect in the past specially on the development of textbook materials. It was only after the introduction of Basic and Primary Education Project, attempts have been made to bring about changes in the text materials for primary level students in light of the recent development in ELT and the inputs received from working teachers. It is in this context, My Primary English Book One has come out as the English textbook for Grade four students. The book is based on the learning outcomes set for grade four students. It is hoped that the new textbook will help students achieve the skills set for the level and also provide some guidelines for writing textbooks for upper grades.

- The book was tried out extensively for one academic year. The final version of the book was improved on the basis of inputs received from teachers, headmasters, experts, students, resource persons and guardians. In order to help teachers use the textbook effectively, a teachers' guide has also been developed.

- Primary Curriculum and Textbook Development Unit (PCTDU)/Basic and Primary Education Project (BPEP) would like to thank Mr. Arun Kiran Pradhan, Mr. Lav Dev Awasthi, Mr. Naresh Prasad Gautam and Ms. Niranjan Bajracharya for writing the book, and Mr. Pramod Kumar Shah for editing. PCTDU/BPEP is grateful to Ms. Christine Stone, the UMN volunteer for her contribution to improve the book, Mr. Navindra Rajbhandari for lay-out and design of the book, and Mr. Ujjwol Kundan Jypoo for the illustration and cover design.

- This is the first attempt in the endeavour of developing English textbooks taking local interest and needs into consideration. The publisher would like to express its sincere gratitude to all those who have provided inputs to bring the book into existence, and invite further comments and suggestions for making the book even better.

November 1995

Publisher
Introduction

This book is developed on the basis of the Primary Education Curriculum 1992, Part two. It aims to lay firm foundations in the four skills of listening, speaking, reading and writing.

All new language should be introduced orally, and there are many dialogues, chants and pictures for discussion. New functions and structures appear in a carefully-graded sequence.

Learning to write is very important at this early stage. A simple printing style is taught with every letter introduced and practice activities provided. If the letters are correctly formed, the transition to cursive script in Grade six will be easy and all students will possess a legible, attractive handwriting style.

As reading and writing progress together, the students should quickly be able to read simple sentences. Throughout the book there is a large variety of reading materials and activities.

To simplify the use of the book, exercises are numbered consecutively. This will make them easy to identify and find, and will give students a feeling of progress and success.

Symbols are used to indicate the main (but not only) use for each exercise.

- Class discussion, questions and answers, games, chorus speaking, chants.
- Dialogues and oral exercises for children to practise in pairs.
- Exercises for directed listening.
- Silent reading - usually followed by discussion.
- Writing exercises. These may be done orally first, or students may do them without any prior help.
- Silent reading followed by written activities.
- Exercises which involve reading, class discussion, extension activities, and written work.

Ms. Christin Stone, the UMN volunteer deserves my sincere thanks for her valuable contributions in editing the book.

It is hoped that the book will help teachers and students to have an enjoyable year of language. Any suggestions for improving the book will be greatly appreciated.

November 1995

Pramod Kumar Shah
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Family and Friends
1. Good morning Sir.

Good morning boys and girls.

Sit down please.

Stand up please, Hari.
This is a ruler.

This is a pencil.
Hari, point to a pencil.
2. **What's this?**

- It's a leaf.
- It's a ladder.
- It's a leg.

Write in your 4-line copy.

3. **It's ink.**
4.

Point to the door.

Pick up a pen.

Hari's a boy.

Hari and Raju are boys.

Stand up boys.

Sit down boys. Stand up girls.
5. What's this?

- o  Orange
- O  Tree
- t  Tap
- T  Toe

It's an orange. It's a tree. It's a tap. It's a toe.

Run and point to the word.

- t  Orange
- a  Tap
- p  Leg
- e  Ink
- e  Tree
- r  Ink
- d  Ladder

ladder
6.

7.

 toile lot till to tot lit
8. Say this rhyme together.

This is a cat.

What's that?

That's a window.

And this is a hat.

What's this, Hari?

It's a cat.

What's that?

It's a door.
10. This is an egg. Is it an egg? Yes, it is.

11. This is a snake and this is a sweet.

Read and write these words.

set sit let lets sell cot

sits cost slit slot toes
Hari, Please come here. Draw a snake.
This is a snake. Good. Well done.

What's this? It's a cat.

What are these? They're cats.

Everyone draw three cats.
Write the numbers in your copy.

1 2 3 4 5 6 7 8 9 10

Write the numbers in the boxes.

13. This is an apple.
   What is it?
   It's an apple.
   🍎

Round like c up and down.

a a a a a a a a a a a a
14. Hello, I'm Mala. What's your name?

My name's Hari. And who's this?

This is Sita. And who's that?

Raju.
With a friend
Look and say:

Ram  Gita  Gopal  Muna  Ramu  Lata

Is this Muna?  No, it's Gita.

Is this Ramu?  Yes, it is.

Is that Gopal?  No, it's Ram.
15.

It's a cat.

It's a tail.

16.

Is this a cat? Yes, it is.

Is this an apple? No, it isn't.

Is that a door? No it isn't. It's a window.
17. radio  rat  net  newspaper

down  up and over  down  up and over

18. It's __  __  __  __  __
      a radio

      a net

      a rat

19. This is a mango, and that's a mat.
This is my father.
This is my mother.
He's my brother.
His name is Ravi.
She's my sister.
Her name is Shashi.
21. A chant

This is my father,
And this is my mother.

This is my sister,
And this is my brother.

22. Is it a hill?
Yes, it's a hill.

Is it a cat?
No it isn't. It's a hen.

↓ h h h h h h h

down up and over

It's a ______

That's a ______.
23. Practise with your friend.

Hello, how are you?
I'm fine, thank you.

24.

Excuse me. Is this your book?
Yes it is, thank you.
What's that? It's a door.
What are these? They're books.
What are those? They're boys.
26. Listen to your teacher.

Pick up your book. Point to the door. Touch your pen.

27. What's this?

umbrella

down up and down

uuuuuuuuuuuuuuuuuuuuuu
28.

\[ \text{pot} \quad \text{pencil} \quad \text{pen} \quad \text{paper} \]

\[ \downarrow \quad \uparrow \quad \bigcirc \]  
down  up  round

p has a long tail.

This is a pot.

What's this?

It's a pen.
29. Touch your eye.  
   This is my eye.

   ear

   nose

   mouth

30. This is my right hand.
And this is my left hand.

Turn right, Hari.
Good!

Turn left, Mala.
Good!
31. Read and point.

32. This is a doll and that's a door.

What's this?

What's this?
round like c up down.

What's this?

It's ___

And this is ___

a pan a doll
33.

c a g u y
round up down a tail down up down

---

9 9 9 9 9 9 9 9

---

This is ______._

---

a girl

This is ______.

---

a dog

---

y y y y y y y y y yes

34.

What's this?

It's ______.

---

What's that?

It's ______.

---

a cap

---

an apple
35. Say the chant. Do the actions.

Walk to the window.

Run to the door.

Jump up and down.

Look at the floor.

Point to the blackboard.

Open your book.

Close your eyes.

Now open and look!
36. 

boy  ball  bat

down  up  round

b b b b b b b b b

This is ___

and this is ___

37. Two crosswords

1. __________

2. __________

1. __________

2. __________

1. __________

2. __________

1. __________

10
38. eye ear nose mouth

This is my
This is my
This is
This

39. Is there a pot? (Yes or No)
40.

This is ___ and

that is ___.

41.

This ___

What's this?

It's ___.
J J J J J J J J J J
k k k k k k k k k k

That's my ______

It's a ______

Jug  kite
43.

Mala's a girl.
She's a girl.

This is her dress.

This is her ribbon.

Hari's a boy.
He's a boy.

This is his shirt.

These are his shoes.

Point and say.

This is her nose.
This is his shirt.
This is his eye.

This is her mouth.
This is his ear.
These are her shoes.
44.

What are these?

45. Draw the picture. Write the sentences.

They are volleyballs.

46.

What's this?

It's a _____.

What are these?

They're _____.
47. Say and write these words.

gg c t tr__ b y g rl

48. Ask and answer.

What's this? It's a cat.

What are these? They're cats.
49.  q q q q q q q q q q q q
     z z z z z z z z z z z z

50.  It's _____
     It's _____

a zip    a quarter
Aa  Aa  Aa  Aa  Aa  Aa
Bb  Bb  Bb  Bb  Bb  Bb  Bb
Cc  Cc  Cc  Cc  Cc  Cc  Cc  Cc
Dd  Dd  Dd  Dd  Dd  Dd  Dd
Ee  Ee  Ee  Ee  Ee  Ee  Ee
Ff  Ff  Ff  Ff  Ff  Ff  Ff  Ff
Gg  Gg  Gg  Gg  Gg  Gg  Gg
Hh  Hh  Hh  Hh  Hh  Hh  Hh
Ii  Ii  Ii  Ii  Ii  Ii  Ii  Ii
51. Talk and write.

This is Bimal.
Here are his photos.
Who is who?

A. This is his wife and son.

wife and son  grandmother and grandfather
sister  brother  mother and father  dog
52. Anju is a [bus-driver] [nurse].
Himal is a [ ] [ ].

53. Hari's father is a teacher.

His grandfather is a farmer.

His elder sister is a nurse.

His little sister is a schoolgirl.

His brother is a schoolboy.

What's Hari's father?

He's a teacher.

Ask and answer questions with your friend.
54. Look and say:

Mala's father is a farmer.
Mala's mother is a housewife.
Mala's elder sister is a teacher.
Mala's brother is a schoolboy.
Jj Jj Jj Jj Jj Jj Jj
Kk Kk Kk Kk Kk Kk Kk
Ll Ll Ll Ll Ll Ll Ll
Mm Mm Mm Mm Mm Mm Mm
Nn Nn Nn Nn Nn Nn Nn
Oo Oo Oo Oo Oo Oo Oo
Qq Qq Qq Qq Qq Qq Qq
Rr Rr Rr Rr Rr Rr Rr
57. My name is ________________.

58. Match the small letters with big letters:

\[ e \quad g \quad b \quad d \quad m \quad t \quad r \quad h \]

\[ H \quad E \quad R \quad D \quad G \quad M \quad B \quad T \]

59. What's this? It's a bag.

Is this a box? No, it's a book.
60.

Is this an egg? Yes, it is.

Is this a dog? No, it isn't.

Is this a pot?

Is this a cap?

Is this a bag?

Is this a potter? He

Is this a pilot?
People and Places
61. Complete and say.

Mala's father is a ________.

Mala's mother is a ________.

Mala's ________ ________ is a ________.
What's Kamala's job?

She's a nurse.

Gita is a teacher.
63. Ask and answer questions.

64.

one two three four five

How many caps are there?

There are ______ caps.

How many pots are there?

There are ______.
65. A chant

One, two, 
tie my shoe. 

three, four, 
knock at the door. 

five, six, 
pick up sticks. 

seven, eight, 
lay them straight. 

nine, ten, 
a big fat hen.
Only write the answers. 
Don't write the questions.

How many books are there?
There are _____ books.

How many flags are there?
There _____ flags.

How many bags are there?
There ____________.

Hello, I'm Ram.
I'm a ____________.

Ram is a student. What are you?
What's that?
It's my shirt. It's blue.

What are those?
They're my shoes. They're black.

What colour are the trousers?
They're

What colour is the skirt?
It's
70. Draw pictures. Hide one.

Is it a cat?
No, it isn't.

Is it a radio?
Yes, it is.
71. Do the crossword puzzle.

```
  c
 p c
 g a n
 p
  o d
 s d t
 r
```

<table>
<thead>
<tr>
<th>calendar</th>
<th>map</th>
</tr>
</thead>
<tbody>
<tr>
<td>garden</td>
<td>pencil</td>
</tr>
<tr>
<td>student</td>
<td>board</td>
</tr>
<tr>
<td>beds</td>
<td>colours</td>
</tr>
<tr>
<td></td>
<td>pen</td>
</tr>
</tbody>
</table>

72.

```
in  on  under
```
Where's the clock?
It's on the cupboard.

Is the colourbox on the cupboard too?
No, it isn't. It's in the bag.

Where's the ball?
It's under the desk.

Is the teacher in the class?
No, he isn't. He's in the garden.
73.

Where's the ball?

It's ___ the table.

Where's the pot?

It's ___ the ___.

74.

The ruler is ___ the ___.

The ___ is ___ the mat.
Mum, where's my shirt?

In your bedroom.

Where?

On your bed.

Thanks, Mum.
76. What colour is it?

Down
1. snow
3. our flag
4. a leaf
5. night

Across
1. the sky
2. an orange
5. the sun

63
77. The mat's on the bed. Put it on the floor.

- on the mat
- under the table
- on the chair
- on the wall
- in the box
- on the table
- on the chair
- on the floor

Where's the cat?

It's

78. Put it

78. This snake is in front of the tree.

This snake is behind the tree.
79.
(a) Ram is _______ Gopal.
(b) Hari is behind _______.
(c) Gopal is ___________ Ram.
(d) Prem is _________ Gopal.

80.
(a) Is this an apple or an orange?
   It's __________.
(b) Is this a pen or a pencil?
   It's __________.
(c) Is he a potter or a carpenter?
   He's __________.
(d) Is she a student or a teacher?
   ___________________
What is it? Practise with your friends.

Open your book at page seven.

Seven or five?

Seven. Look at the picture. What is it?

It's a clock!

No, it isn't. It's a ball.

It isn't a clock or a ball.

It's a globe.
81. Find the right word and fill in the blanks.
Write the sentences in your copy.

Example:
This is a _____ . (bird, bell)
This is a bird.

1. This is a _____ . (fish, fan)

2. This is a _____ . (clock, cock)

3. This is a _____ . (ball, doll)

4. This is a _____ . (bus, box)

5. This is a _____ . (tree, key)

6. This is a _____ . (cat, rat)

7. This is a _____ . (kite, butterfly)

8. This is a _____ . (bell, bat)
82.

**running**  **standing**  **walking**

What's she doing?
She's ____.
What's she doing now?
She's ____.
What's she doing now?

83. Make an alphabet.

a  A  an axe
b  B  a box
c  C  a cap
d  D  a door

e f g h i j k l m n o p q r s t u v w x y z.

84.

(a) This is a bag. (b)

(c)  
(d)  
(e)  

(f)  
(g)  

a boy  an umbrella  a flag
a house  a glass  a watch
Is it a big bus or a small one, Gita?

A big one.

Wrong! It's a small bus. One point for me.

Is it a clean shirt or a dirty one, Hari?

A dirty shirt.

Right! A point for you.

We've won!
86. Draw the cards in pairs.

an old man

a young man

an old sweater

a tall boy

a small house

a long ruler

a cold drink

a cheap radio

a narrow path

a clean shirt

a wide road

a new sweater

a big house

a dirty shirt

a hot drink

a short boy

a short ruler

an expensive radio
87. This is ____________.

These are _______ _______.

new shoes

He's a _______ _______.

It's _______.

These socks are _______.

a clean shirt

a happy boy

dirty

88. A chant

Tick, tock,
Look at the clock.
What's the time?
Six o'clock.

Tick, tock,
Look at the clock.
What's the time?
It's eight o'clock.

It's ten o'clock in the morning.

It's ten o'clock at night.
Time

1. Wake up at 6 AM
2. Eat breakfast at 7 AM
3. Go to school at 8 AM
4. Play with friends at 12 PM
5. Have lunch at 1 PM
6. Do homework at 3 PM
7. Play football at 5 PM
8. Have dinner at 7 PM
9. Go to bed at 9 PM
89.

one two three four five six seven
eight nine ten eleven twelve

What’s the time? Write the time for each clock.

(a) It’s ______ o’clock.

(b)

(c)

(d) 2:00

(e)

(f) It’s half past ______. 2:30
90. Match, talk, draw and write.

Seven o'clock in the evening  Six o'clock in the morning
Two o'clock in the afternoon  Eleven o'clock at night

Ram is getting up. It is ______________.

Ram is in school. It's ______________.

Ram is eating his rice. It's ______________.

Ram is asleep. It's ______________.
91.

Who's first? Devi is.
Who's second? ________________.
Who's third? ________________.
Who's fourth? ________________.
Who's last? ________________.

92. Draw and write.

Gita is drawing a picture.
Hari is wearing a cap.
Ram is climbing a tree.
Sita is drinking tea.
93. Here are three houses.
Draw the houses, and put the words inside.

A
aeroplane

B

C

afternoon  climb  bring
bottle  all  buy
crow  come  aeroplane

94. Listen to your teacher. Your teacher will say six words.
Which numbers is the teacher saying?
Write the numbers in your copy.

1. a flag
2. a pen
3. a pan
4. a pin
5. a ladder
6. a leaf
7. a clock
8. a bag
9. a mango
10. a wheel
11. a bird
12. a toothbrush
(a) How many apples are there on the table?

There are three apples on the table.

(b) There are _____ rulers in the _____.

(c) There's _____ shoe _____ the chair.
Where's Prem?
He's in the bedroom.

What's he doing?
He's sleeping.

reading a book. cooking.
eating their supper. sleeping. having a shower.
97. Prem’s in the bedroom. He’s sleeping.

Shanti’s in ________. She’s ________.

Mrs. Joshi’s ________. She’s cooking.

Father and ______ are in ________.

They’re ________.

Ram’s ________. He’s ________.
My name is Benjo.
Write the sentences in your copy in the right order.

Benjo is shaving.

Benjo is looking at Mala's father.

Mala's father is shaving.

Mala's father is going.

Benjo is crying.

Benjo is holding the razor.

Mala is helping Benjo.
99. Talk about the pictures. Choose the true sentence. Write it in your copy.

There is a hen on a wall.
There is a boy standing on the wall.
There are two hens on a wall.

The pot is under the tap.
The tap is under the pot.
The pot is on the tap.

Two boys are playing volleyball.
Two girls are dancing.
Two girls are playing volleyball.

100. Draw the two boxes. Write the words in the right box.

<table>
<thead>
<tr>
<th>JOBS</th>
<th>teacher</th>
<th>skirt</th>
<th>T-shirt</th>
<th>pilot</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>farmer</td>
<td>shirt</td>
<td></td>
<td></td>
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<td></td>
<td>shop-keeper</td>
<td>shorts</td>
<td></td>
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<td></td>
<td>socks</td>
<td></td>
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<td>carpenter</td>
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</tbody>
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<table>
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<tr>
<th>CLOTHES</th>
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</tbody>
</table>
How old are you, Sita?
I'm ten, Sir.

And how old's your sister?
She's eight. She's in Grade Three.

This is Sita's sister.

Where's my classroom?
102. Listen to your teacher. Join the names and ages.

Mr. Lama

Grandmother

Kanchhi

35  1  10  4  41  74

Mrs. Lama

Som, the dog

Ram

Write six sentences like this.

Mr. Lama's forty-one.

thirty-five  one  seventy-four  ten  four
Practise asking and answering questions with your friend.

Hari is in Grade 4. How old is he?

He's ten. And, how old are you?

I'm nine. And you?

I'm ten. And, what class are you in?

Four.
103. Ask and answer questions about the chart.

<table>
<thead>
<tr>
<th>14</th>
<th>13</th>
<th>12</th>
<th>11</th>
<th>10</th>
<th>9</th>
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<th>4</th>
<th>3</th>
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</thead>
<tbody>
<tr>
<td>Tom</td>
<td>Beena</td>
<td>Meera</td>
<td>Ramesh</td>
<td>the goat.</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</table>

How old's Tom?  
He's ten.

Draw these boxes.  
Colour the boxes for you and your friend.

<table>
<thead>
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<th>12</th>
<th>11</th>
<th>10</th>
<th>9</th>
<th>8</th>
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<th>6</th>
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<th>4</th>
<th>3</th>
<th>2</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Me</td>
<td>My friend</td>
<td></td>
<td></td>
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</tbody>
</table>

Write.  
I am _______.  
My friend is _______.

87
What time is it? It's six o'clock.

What's Hari doing? He's getting up.

1. It's 6 o'clock.
2. It's 7 o'clock.
3. It's 8 o'clock.
4. It's 9 o'clock.
5. It's 10 o'clock.
6. It's 4 o'clock.
7. It's 5 o'clock.
8. It's 6 o'clock.
9. It's 9 o'clock.

writing going home eating breakfast
helping playing football walking to school
asleep in school
105. Crosswords

106. True or False?

Your shoes are on the mat.

My pen's in my pocket.

I'm a hundred years old.

There aren't three men under the tree.

107.

I am sitting next to ____________.

next to.
108.

I've got a ball.

And I've got a net.

an orange  an apple  a pen  a copy  a pot
a spoon    a ruler   a pencil  a sweet  a coke

109.

Sita's got a ruler and a doll.

Has Hari got a camera?

No, he hasn't.
110. Write.
Sita’s got a _______ and a doll.
Hari’s got _______ and a _______.
Mr. Lama’s got a _______ and a _______.
camera  ruler  kite  radio

111. Say and clap.
I’ve got an apple.
I’ve got a sweet.
I’ve got a plate of rice.
And I’ve got some meat.

112. Listen to your teacher. Has Hari got these things? (√) or (x).
Play this game.

Sita's got long hair.
Maya's got short ________.
Hari's got ________________.
I've got ________ hair.
This is our flag. It's red. It's got a blue border. It's got a sun at the bottom and a moon at the top.

Draw our flag. Talk about it.

116. Draw and write.

He's wearing a ______.

He's ______.

shouting

crying

He's ______.

eating

They're ______.
117. With your friend, point and say.

This is my father.

This is my mother.

I've got two brothers. Their names are Kamal and Sharad.

I've got a sister. Her name is Maya.
118. Talk about the pictures.

some boys
some girls
some children

some pens
some pencils
some ink

some boys
some men
some girls

some tea
some rice
some apples

some water
some meat
some bread

some grass
some sugar
some rain

some cars
some buses
some trucks

the sun
the moon
some stars.

119. Draw the pictures and write the right words.

some boys
120. The days of the week.

Sunday  Monday  Tuesday  Wednesday
Thursday  Friday  Saturday.

Today is Friday.
Yesterday was Thursday.
Tomorrow is Saturday.

Today is Monday.
Yesterday ______.
Tomorrow ______.

121.

M_n_d_y  W_dn_sd_y  S_nd_y.

122. Hari is in Grade Four. Here is his time-table for the last lesson. Talk about each day.

<table>
<thead>
<tr>
<th>LESSON</th>
<th>SUN.</th>
<th>MON.</th>
<th>TUES.</th>
<th>WED.</th>
<th>THURS.</th>
<th>FRI.</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.15 pm-4.00 pm</td>
<td>Games</td>
<td>Maths</td>
<td>Art</td>
<td>English</td>
<td>Science</td>
<td></td>
</tr>
</tbody>
</table>

He’s got Games on Sunday.

On Friday afternoon and Saturday he isn’t at school.
Doing Things
123.

Write the sentences in the right order.

Hari is smiling.  Jyoti is drinking.
The boy is reading.  He's jumping.
She's drawing.  This boy is writing.

124. Find these things or

```
X Q P M O E N
U T A B L E L I
K P U O B N C N
P O T A T O D E
```
125. Write in order.

(Saturday)  (Wednesday)  (Monday)  (Thursday)
(Friday)    (Sunday)    (Tuesday)

1. S  
2. M  
3. T  
4. W  
5. T  
6. F  
7. S  

126. Write the opposite.

fat - thin

27) 9274379

<table>
<thead>
<tr>
<th>27</th>
<th>9274379</th>
</tr>
</thead>
<tbody>
<tr>
<td>a hard sum</td>
<td>a fat cat</td>
</tr>
<tr>
<td>a heavy basket</td>
<td>a thin cat</td>
</tr>
</tbody>
</table>

99
127. Ask and answer questions like this.

Can you touch the ceiling?
No, I can't.

Can you?
Yes, I can.

dance.
skip.
swim.
sing.
ride a bike.
play volleyball.
catch a ball.
play a guitar.
touch your toes.
128.

[Blank] dance.
[Blank] swim.
[Blank] skip.

129.

What's the time, please?
Thank you.
It's quarter past seven.

130. Pritija and Prashant are drawing the clock's hands. It is a race. Who is winning?

Play this game in class
Have two teams.
### Sajha Yatayat Bus Services

#### Time-table

<table>
<thead>
<tr>
<th>From</th>
<th>To</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kathmandu</td>
<td>Pokhara</td>
<td>7:00 a.m.</td>
</tr>
<tr>
<td>Kathmandu</td>
<td>Bhairahawa</td>
<td>7:30 a.m.</td>
</tr>
<tr>
<td>Kathmandu</td>
<td>Nepalganj</td>
<td>6:30 a.m.</td>
</tr>
<tr>
<td>Kathmandu</td>
<td>Palpa</td>
<td>8:30 a.m.</td>
</tr>
<tr>
<td>Kathmandu</td>
<td>Janakpur</td>
<td>9:30 a.m.</td>
</tr>
<tr>
<td>Kathmandu</td>
<td>Dharan</td>
<td>7:30 a.m.</td>
</tr>
<tr>
<td>Kathmandu</td>
<td>Bharatpur</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>Kathmandu</td>
<td>Mahendra Nagar</td>
<td>7:30 a.m.</td>
</tr>
</tbody>
</table>

Look at the above table.

Ask and answer questions like these.

What time is the bus for Palpa?
It's at 8:30 a.m.

When does the bus leave for Janakpur?
At 9:30 a.m.

What about Bharatpur?
It's at 1:30 p.m.

*a.m. = in the morning
p.m. = in the afternoon or evening*
Who's riding an elephant?

Who's carrying a basket?
Who's falling off a wall?
Who's swimming?
Who's standing on a wall?
Who's eating a banana?
Who's eating an ice cream?
Who's barking?
Who's carrying a bag?
Talk about all the children.

Prerana is carrying a ________.

________ is swimming.

Kamala is ________.

________ falling off a wall.

134. Pritija is making a sentence.

Can you make it?

Write it in your copy.

Ram Swartha is his in classroom.

Ram Swartha ____________________

Remember the ______ full-stop!
135. Listen to your teacher.
Draw your teacher's picture.

136. Up and down
Up and down
That's the way
We walk to town.

137. Down and town are rhymes.
Find the rhymes.

138. Write the rhymes.
pen – hen
ring –
mat –
hot –
close –
snake –
kick –

pick
sing
pot
hat
take
nose
139. Don’t talk about this.  
Read silently.  
Write down the true sentence for each picture.

What can you see in this picture?

A.  
I can see a bus.  
I can see a cow.  
I can see a small house.

B.  
I can see a star.  
I can see the moon.  
I can see the sun.

C.  
I can see some rice.  
I can see some marbles.  
I can see some pencils.

D.  
I can see a girl catching a ball.  
I can see a boy running.  
I can see a boy playing football.

Now talk about your answers.
The elephant's big but the mouse is small.

The radio's expensive but the pen is cheap.
141. Say the names.
Then write them in your copy like this:

1. books
2. a picture

5. World map
6. Table
7. Book
8. Blank board
9. Picture
10. Pen
11. Boy at the desk
12. Bell
13. Briefcase
14. Teacher at board
15. Pencil
16. Chair
And say and write the name of these.

1. a bee
2. a bird
3. a banana
4. 
5. 
6. 
7. 
8. 
9. 
10. 
11. 
12. 
142. Say and clap together.

Rice pudding hot, __
Rice pudding cold __
Rice pudding in the pot
Three days old

143. Whose?

Read quietly.

Hari's house is small. It's got a door and two windows.
Shanti's house has got a door and four windows. It's white.
Ram's house is big. It's got two doors and four windows.

Whose house is this?
It's Hari's.

Whose house _____ _____?
It's ______.

Whose _____ _____ _____?
____ ____.
144.

Mohan’s dog is big and black.
Bindu’s dog is small and white.
Raj’s dog is white. It’s got a short tail.

1.  
2.  
3.  

The first dog is Raj’s.
The second dog __________.
The third ________________.

145. Can you go from the girl to the house?
146. Some Nepali birds.

A m_n_h is brown.
An e_le is big.
A d__phe has seven colours.
A sw_ll_w is blue, white and brown.

147.

Prerana Shah is putting her ring on the table.

This is Minnie Mynah.
She is looking at Prerana's ring.

Now she is picking up the ring.
And she is flying to her nest.

Where’s my ring?

Prerana is looking for the ring.
But she can’t find it.
Poor Prerana!
She’s very sad.

Can you see her ring in Minnie’s nest?

148. What is the Nepali word?

Where is my pen? I’m looking for it.
I’m looking at the football game.

113

2. Open ___ books.

3. A bird's home.

4. I'm looking ___ the blackboard.

5. Where's Gita? This is ___ pen.

---

150.

Stand up.

Don't sit down.

Oh dear. I'm wrong.

Do this with your teacher. Listen carefully.
151. Write the correct sentence under the picture.

**SILENCE**  
**WALK**

Draw the signs.

- Don't talk.
- Don't turn right.
- Don't take photos.
- Don't swim here.
- Don't run.
- Don't smoke.

152. Say and do together.

One, two,  
Here’s my shoe.  
Three, four,  
There’s the door.

- a square  
- a circle  
- a triangle

Draw a triangle in a square.  
Draw a square under a circle.  
Draw a Nepali flag in a circle.
153. What? Ask and answer questions like these.

What's he wearing?

A new sweater.

What's she eating?

A banana.

Playing

Listening to

Cooking

Building

drawing

Pushing

Picking up

Football the radio rice pudding a house

A horse a car her book
He's flying a ______.

He's looking at his ______.

She's carrying a ______.

He's knitting a ______.

They're drinking ______.
155. What do you do? Ask the question and give these answers.

I'm a teacher. I teach English and Social Studies.

I'm a mechanic. I mend cars.

I'm a secretary. I use a computer.

I'm an engineer. I build roads and bridges.

I'm a farmer. I grow corn and rice. I look after my animals.
Mr Rai, what do you do in the morning?

I get up at six o'clock. I work in my garden.

At eight o'clock I wash and clean my teeth.

I eat rice at half past eight.

At 9 o'clock I go to work. I ride a motor-bike.
157. What are they saying?

I ______ volleyball at _______ o’clock.

I ______ rice at _______ o’clock.

I go to bed at _______ o’clock.

I get home at _______.

I ______ to the radio at _______ o’clock.
158. We eat lunch at _______.
We play games at _______.
We clean our teeth at _______.

159. Write these sentences about Mr. Rai in the correct order.

He cleans his teeth.
He eats rice.
Mr. Rai gets up at six o’clock.
Then he goes to work.
He works in his garden.
160. Match the words with the pictures.

- watch TV
- have breakfast
- have a wash
- get up
- go to bed
- have lunch
161. What can hands do?

1. Turn on.
2. Break.
3. Wash.
5. Carry.
6. Drive.
7. Turn on.
8. Turn off.
9. Write.
10. Draw.

123
What do birds do?  
They fly.

What do fishes do?  
They ________.

What do dogs do?  
They ______ and ________.

What do snakes do?  
They ________.

swim  crawl  run  jump
Meeting New People
163. Learn and act this with your friends.

This is my school.
That is my classroom.

This is Mr. Lama.
He's my teacher.
He's from Dharan.

Pleased to meet you.

Pleased to meet you.
<table>
<thead>
<tr>
<th>Name</th>
<th>Occupation</th>
<th>Country</th>
<th>Nationality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prashant</td>
<td>pilot</td>
<td>Nepal</td>
<td>Nepali</td>
</tr>
<tr>
<td>Amrita</td>
<td>nurse</td>
<td>India</td>
<td>Indian</td>
</tr>
<tr>
<td>Helen</td>
<td>librarian</td>
<td>Britain</td>
<td>British</td>
</tr>
<tr>
<td>Satoshi</td>
<td>engineer</td>
<td>Japan</td>
<td>Japanese</td>
</tr>
</tbody>
</table>

What's Prashant?

Prashant's a pilot.
He comes from Nepal.
He's a Nepali pilot.

Ask and answer about Amrita, Helen and Satoshi.
165. Talk and write about yourself.

Hullo, who are you?
Hullo, I'm a student. I came from Nepal. I'm a Nepali student.

Write about you.

I'm __________.
I'm a __________.
I come from __________.
I'm a ______ ______.

166.

This is Mr. Strong.

He can pick up an elephant.

He can throw big stones.

He can break a tree.

Mr. Strong is walking on the road.
There is a truck in the river. It is upside-down. The driver is shouting.

Mr. Strong sees the truck. He jumps down to the river.

He picks up the truck. He carries it to the road.

He opens the door.

The driver jumps out. He is safe.

"Thank you very much", he says.
167. Who? The driver or Mr. Strong?

Who shouts? ____ ____ does.
Who picks up the truck? ____ ____ does.
Who opens the door? ____ ____ does.
Who says 'Thank you'? ____ ____ does.

168. Very

I'm very hungry.

Here you are!

Thank you very much.

hot

expensive

dark

It's very ____.

It's ____.

It's ____.
170. A chant.

Say the words.
Do the actions.

This is the way
This is the way we wash our face,
Wash our face, wash our face,
This is the way we wash our face,
At six o'clock in the morning.

This is the way we brush our teeth,
Brush our teeth, brush our teeth,
This is the way we brush our teeth,
At seven o'clock in the morning.

This is the way we eat our breakfast,
Eat our breakfast, eat our breakfast,
This is the way we eat our breakfast,
At eight o'clock in the morning.

This is the way we wash our dishes,
Wash our dishes, wash our dishes,
This is the way we wash our dishes,
At nine o'clock in the morning.

This is the way we go to bed,
Go to bed, go to bed,
This is the way we go to bed,
At ten o'clock in the evening.
171.

Do you live in Pokhara? Yes, I do.

Do you go to school? Yes, I do. I'm in Grade 4.

Do you play volleyball? Yes, I do.

Do you speak Japanese? No, I don't.

172. Give true answers.

(a) Do you live in Nepal? Yes, I __________.

(b) Do you eat vegetables? Yes, __________.

(c) Do you play football? __________.

(d) Do you wash in the morning? __________.

(e) Do you wear ribbons? __________.

(f) Do you learn English? __________.

132
173. Ask and answer.

Where's the cinema?
Go straight ahead.
Then turn right.

Where's the market?
Go straight ___.
Then ___ left.

Where's the bus park?
Go ___.
Then turn ___.

Where's the temple?
There ___ on the corner.
174. A map

Go straight ahead.
Turn right.
Turn left.
Turn right.
Where are you?
I am at the ________.

175. A chant

What do you wear on your head?
A hat.

What do you wear on your hands?
Gloves.

What do you wear on your feet?
Socks. Shoes and socks.
Shoes and socks.
<table>
<thead>
<tr>
<th>S</th>
<th>H</th>
<th>P</th>
<th>S</th>
<th>S</th>
<th>Y</th>
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<td>O</td>
<td>A</td>
<td>Q</td>
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<td>A</td>
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<td>C</td>
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<td>M</td>
<td>F</td>
<td>E</td>
<td>E</td>
<td>T</td>
<td>U</td>
</tr>
</tbody>
</table>

I wear a ____ on my ____.

I wear gloves on my ____.

I wear _____ and _____ on my ____.
177. Make a sentence.

The men are listening to the radio.

178. Make a question.

Do you come on school Saturday?

Write the answer also.

179. Ask and give true answers.

Do you like mangoes? Yes, I do. I like mangoes.

Do you like tomatoes? No, I don't. I don't like tomatoes.

apples  cake  selroti  meat  potatoes  onions

corn  bananas  mangoes  chillies  oranges  eggs
Here's a sweet. Thank you very much.

Dear Shanti,
Thank you for the sweet
Your friend
Sita

Write the letters in your copy.

Ram, here's a ball. Thank you, Father.

Dear Father,
Thank you for the ___.
Your son, __________

Write a letter to your friend. Say thank you for a banana.
181. Write answers to the questions. Choose from the box.

1. What time is it?
   - Quarter past four.

2. What's he making?
   - A table.

3. Where's the rat?
   - Behind the box.

4. When do you go to sleep?
   - At ten o'clock.

5. Whose book is it?
   - Ram's.

6. Where are you going?
   - To school.
182. Your teacher says twenty words. Listen carefully. Write down the first letter of each word.

183. Do and don't

I like mangoes. I don’t like mangoes.

Make these sentences say 'no'.

(a) I speak Japanese. I don’t speak Japanese.
(b) I get up at 5 o'clock.
(c) I play basketball.
(d) I wear a cap.
(e) I climb trees.
(f) I carry water.
(g) I sing songs.
(h) I dig the fields.
Choose your country.

It's Sunday. I'm in Australia.
It's Monday. I'm in ______.
It's Tuesday. I'm ______.
It's ______. I'm ______.
It's ______. I'm ______.
It's ______. I'm ______.
185. Draw the boxes. Write the numbers.

186. What are they playing? Put the word together.

A. They're playing ________.
188. Listen to your teacher, talking about the picture, 187. Some things are true, some things are not true. They are false. By each number write T. or F.

189. Read the questions and write the answers.
   a) There are two ladies. What are they carrying?
   b) How many children are there. There are ______. 
   c) What are they doing? They’re ______. 
   d) Is the policeman wearing a hat?
   e) There’s a man with a trolley. What is he selling? He’s ______.
   f) A boy is riding a bicycle. What is he wearing? ______
   g) There is a man wearing a cap. Where is he? He’s in ______ the ______.
190. Draw the pictures. What are they saying? Write the question in the empty balloon.

- It's 7 o'clock.
- They're under the bed.
- It's mine.
- I'm doing my homework.
- In Pokhara.
- It's a tiger.
This man is ______ and ______.
He's got long ______ hair.
He's wearing a ______ and blue jeans. He's ______ a case.

192. All about You

Answer the questions. Don't write the question.
(a) What is your name?
(b) How old are you?
(c) What is your father's name?
(d) What is your mother's name?
(e) How many brothers have you got?
(f) How many sisters have you got?
(g) What is your school's name?
(h) Who is your English teacher?
(i) How many students are there in your class?
(j) What are you wearing?
(k) Do you like English?
(l) Do you like Maths?
(m) Where do you live?
(n) What games do you play?
(o) Who is sitting next to you on the right?
(p) Who is sitting behind you?
(q) Who is your friend?
(r) Draw the picture in your copy.
किताबलाई माया गर

यो तिम्रो किताब हो।
यसले तिमीलाई धेरै कुरा सिकाउँछ।
गाता हालेर यसलाई भोलामा राख।
यसलाई सफा राख।
अर्को वर्ष तिम्रा भाइबहिनीले यो किताब पढून पर्छ।
किताबलाई माया गर।

अ जनक शिक्षा सामर्थी केन्द्र लिमिटेड (एजुकेशन प्रेस) मा मुद्रित