Women’s Cross Country

1995 Season Recap: Captain Linda Scheu led a young group of Big Red Harriers through a solid season last year. Cornell dominated its first two meets before traveling to the Stanford Invitational where the women pulled in a seventh place out of 22 teams in a wilting heat. In mid-October, the Big Red competed at the National Invitational at Penn State and finished seventh out of 11 teams, which was a bit disappointing, but better than the 12th place the Red claimed in 1994. The team regrouped to put forth a stellar team effort at the Heps in Van Cortlandt Park two weeks later. The women finished third with 83 points, behind Dartmouth (23 points) and Harvard (55 points). Junior Kate Walker, who was the top finisher for the Red all year, was named to the All-Ivy team for her fifth place finish.

1996 Outlook: The Big Red only lost Linda Scheu to graduation and, therefore, will line up a talented line of experienced competitors this season. Senior Kate Walker will provide excellent leadership from the captain’s seat and will be supported by seniors Megan Kilbride (recipient of the 5th Woman Award last season) and Becky Dennison. Junior Laura Audette and sophomores Miranda Kaye, Claire Ryan, Heather Haupt and Chris Groneman are also returning veterans who should continue to improve throughout the season. Sophomore Jessica Shaw will join freshman Valencia Tilden, Becky Airin and Nikki Fuccillo as first-timers with the Cornell harriers, but all should be solid contributors to the team.

Men’s Cross Country

1995 Season Recap: Led for the first part of the season by Senior captain Artie Smith, the young Big Red team struggled to put forward a strong team performance. After some disappointing outings at the Stanford Invitational and the National Invitational at Penn State, the Big Red finally put things together for the end of the season. Despite the seventh place finish at Heps, there was only a 40-second difference between the first and fifth finishers for the Harriers. They tightened up that time difference at the IC4A Championships in Boston, finishing 14th with a 28 second gap from the first to the fifth finisher.

1996 Outlook: The Big Red lost two consistent contributors to graduation in Artie Smith and Mike Padilla. But under the leadership of Captain Jeff Nason, the returning team should be more competitive this year than last. Seniors Larry Gosse (voted MVP last season), Wan Park, Jay Friedman and John Steed have been leading the way for the younger harriers so far this season and their experiences last year will make them wiser racers this season. Juniors Zach Woodmansee, Matt Moynihan and Dan Sherry have all had varsity experience as well. Sophomore Josh Novak and freshman newcomers Wyeth Koppenhaver and Ryan Raffa will also be looked to as potential contributors as we approach the championship part of the season. The teams will travel to the Sundogger Invitational in Seattle, Wash., and to the Penn State National Invitational, two highly competitive meets that will prepare them well for the Heps and the Eastern championships in November.
The first meet of the season was away this year, a switch from recent history. Army created a new cross country course and opted to host the quadrangular meet at the new, hilly course. The Big Red traveled with 20 women and 24 men, making this the largest Cornell cross country travel squad in history!

The women dominated the meet, beating each of the other three schools in the dual meet scoring. Kate Walker broke the tape in 19:59 and Miranda Kaye was second in 20:29. The Big Red swept fourth through seventh place, with Claire Ryan (20:38), Megan Kilbride (20:40), Becky Dennison (20:40), Heather Haupt (20:41) and Valencia Tilden (20:41) rounding out the top seven for the harriers. Laura Audette (11th, 20:44), Nikki Fuccillo (12th, 20:47), Chris Groneman (14th, 20:52) and Shannon Fitzgerald (20th, 21:33) all had solid performances as well. The women beat Army 18-45, won over Syracuse 15-50 and defeated East Stroudsburg 15-50. It was a good confidence builder for the team in muddy, hilly, windy conditions.

The men's team also had a good showing, but was not able to best Army, which won 19-40 over the Big Red. The men, however, beat Syracuse 19-43 and trounced East Stroudsburg 15-50. The men raced in a torrential downpour and had to climb part of a ski-slope three times during the race. It was a brutal course for them, but everyone attacked the race aggressively. Larry Gosse was the top finisher for the Big Red, crossing in fourth place in 28:25 behind three placers from Army. Zach Woodmansee captured the fifth-place spot in 28:32. Captain Jeff Nason finished third (28:58), Wyeth Koppenhaver was 11th (28:59), and John Steed rounded out the top five, finishing 13th in 29:07. Other solid performances were turned in by Dan Sherry (14th, 29:10), Jay Friedman (18th, 29:32), Ryan Raffa (19th, 29:33), Josh Novak (21st, 29:38) and Jim Wolfe (23rd, 29:46). It was a good first meet for both the men and the women and the aggression of both Cornell teams bodes well for the season.

The Big Red leaped into the Fordham Invitational one week after the Army meet. Held at Van Cortlandt Park, this is an important meet because it allows the team to get a look at the course where the Heps will be run at the beginning of November. Eighteen Cornell women competed and they thoroughly trounced the other eight schools who showed up for the meet. Kate Walker won the meet, crossing in 18:33. Valencia Tilden took third in 19:12, Megan Kilbride was sixth (19:21), Becky Dennison was seventh (19:25). Claire Ryan (11th, 19:29) and Jessica Shaw (12th, 19:30) rounded out the top seven finishers. Nikki Fuccillo (16th, 19:35), Heather Haupt (18th, 19:39), Miranda Kaye (19th, 19:47) and Chris Groneman (22nd, 19:58) all finished the course in under 20:00 and were tough competitors. Cornell won the meet with 26 points, followed by LaSalle (63), Edinboro (67), College of New Jersey (90), Fordham (121), St. Rose (180), FDU (226), University of New Hampshire (246) and William Paterson (259). It was a great meet to have under their belts before the Harriers flew to Seattle, Wash., for the Sundodger Invitational against some tough teams.

The men's team finished second out of 12 teams but had a great team showing with constant teamwork throughout the race. Jeff Nason was the top finisher for the Red, placing seventh overall in 26:17 in what was one of his finest cross country races to date. John Steed placed 13th (26:45), Larry Gosse was 14th (26:46), Zach Woodmansee was 16th (26:49), Wan Park was 20th (26:56), Ryan Raffa was 21st (26:57) and Dan Sherry (26th, 27:05) rounded out the top seven. Other solid performances were turned in by Josh Novak (28th, 27:08), Jon Trager (30th, 27:11), Jay Friedman (32nd, 27:14), Trent Stellingwerff (38th, 27:28) and Brian Ayres (40th, 27:32). Although Princeton won the meet with 22 points, Cornell's 69 points bested LaSalle (86), Fordham (156), Edinboro (160), Colgate (164), Rutgers (171), College of New Jersey (200), Haverford (210), FDU (280), William Patterson (356) and Adelphi (363). It was a very solid team showing, with nine personal bests for the Van Cortlandt course on the men's side. It sets the men up well to compete as a unit for the rest of the season.
The dedication ceremony for The Robert J. Kane Sports Complex took place on Oct. 24. Guest speakers included Athletic Director Charlie Moore ’51; Karyn Anderer ’97, co-captain of the women’s soccer team; Jeff Nason ’97, co-captain of the track and cross country teams; President Hunter Rawlings III; William E. Simon, former Secretary of the Treasury; and Ruth Kane, who spoke for the Kane family. Over 600 people were present for the dedication, including many track alumni. The named areas of the track were unveiled as well in a dedication area at the south end of the track:

The William E. Simon Track was dedicated with gratitude for the life and friendship of Robert J. Kane.

The Charles F. Berman Field was given by his teammates and friends of Cornell soccer in recognition and memory of his skills, courage and leadership.

The Kathy Seider Horton Scoreboard was a gift from Kathleen and J. Paul Seider ’49, and was erected just after the ceremony.

The Class of ’41 Kane Ring was a gift from Robert D. Brunet ’41 and Charles W. Lake, Jr. ’41.

The Meredith "Flash" Gourdine ’52 Long Jump Area was a gift from anonymous donors in recognition of the team captain, record-setting sprinter and jumper, and silver medalist in the 1952 Summer Olympic Games.

The Walter S. Ashbaugh ’51 Triple Jump Area was a gift from anonymous donors in honor of the outstanding hurdler, jumper and basketball player for Cornell and a 1952 Olympian in the triple jump.

The John F. Moakley Pole Vault Area was a gift from an anonymous donor, given with great respect and affection in honor of Cornell’s first track and cross country coach.

The Robert C. Mealey ’51 Finish Line was a gift from an anonymous donor to honor the team captain, Heps, IC4A and National champion, founding member of the Cornell Track Association and co-chairman of the campaign for the Robert J. Kane Sports Complex.

Lane #1 was a gift from Frank Slovak ’48 and Bill Bromstedt ’45 to commemorate the 1947 mile relay team of McCall, Greenfield, Slovak and Bromstedt.

Lane #2 was a gift from Robert S. Fite ’50.

Lane #3 was given by Charles A. Peters in honor of Coach Jack Warner’s service at Cornell from 1967 to 1990.

Lane #4 was a gift from the members and friends of the 1991 Cornell women’s track team in recognition of the team’s indoor and outdoor Heptagonal championships.

Lane #5 was a gift from Adley Raboy ’80, Jimmy T. Lofton ’79 and Neal E. Hall ’78 in recognition of their 1978 Heptagonal 400-meter relay championship team.

Lane #6 was a gift from Andrew John Dadagian ’55.

Lane #7 was a gift from Dane Keehn ’75, Tom Patterson ’75, Pal Roach ’75 and Bob Anastasio ’74 in recognition of their 1974 record-setting outdoor two-mile relay team.

Lane #8 was given in memory of Donald A. Weadon ’40 by his family and friends.

As of October 11, nearly 300 individual donors had contributed to the track and soccer complex. This dream would never have become a reality without the unwavering support of our enthusiastic alumni. Thank you for contributing to the future of Cornell Track.
Alumni Update

Grant Whitney '86 was inducted into the Cornell Athletic Hall of Fame on Sept. 20th on Homecoming weekend. Grant, a three-time All-American, is the Cornell school-record holder in the 3,000m (8:04.22) and the outdoor 5,000m (13:36.9), and he boasts the best Cornell cross country time at Van Cortlandt Park (24:29.1). Grant is also currently the Chair of the Cornell Track Association. On a more personal note, Grant is engaged to Beth Ratcliffe to be married on July 13, 1997, in Providence, R.I. Beth teaches at Simmons College in the graduate physical therapy program and also works for Beth Israel Hospital.

Candi Calhoun Heffelfinger '88 is living with her husband Grant in Tijeras, N.M. teaching sixth grade and working in a government lab on the side. She lives about 300 yards from a national forest (at an altitude of about 7,000 feet) and takes advantage of the wonderful running trails in the area. After back surgery last fall, she's back on the trails and is backpacking again with a vengeance!

Nicky Jurena Purves '92 is living in Urbana, Ill., where her husband Todd Purves '91 is in the MD part of an MD/PhD program at the University of Illinois. Nicky, a short sprinter in her college days, has converted to a road racer and can be spotted running with her dog some mornings. She and her pooch recently competed in a dog/owner trot, in which her dog decided the heat was too much to bear and refused to follow Nicky. At least, that's her story. She's recently started her own business, creating and delivering yummy gift baskets for students at U of I.

John Raguin '91 is living in Boston, working as the manager of International Product Marketing at PSDI, a software company. His job gets him out and about quite a bit and he has visited nearly 20 countries, including South Africa, Pakistan, Australia and Sweden. John keeps in touch with Darius Deak '92, who is finishing his PhD in polymer science at the University of Massachussetts. Keith "Conehead" Strudler '92 is at the University of Florida, also pursuing a PhD in between triathlon competitions. Carl Kadlic '92 is working on a law degree at the University of San Francisco and Matt Seeley '93 is working on a masters/PhD in physics at the University of Montana in Missoula and has also converted to a triathlete. He was written up in Triathlete magazine and finished fifth at the U.S. Nationals in his age group. Carl, Darius and John all ran in the 100th Boston Marathon — and they all finished.

Bob Cartin '75 is living in Oceanside, Calif., with his wife Melodee and his two children. Bob owns a veterinary hospital and still does three-mile runs about four times a week. His e-mail address is rkc.dvm@aol.com and would love to hear from former teammates or Cornellians in the area.

Keep the alumni updates coming in! We want this section of the Wastebasket to continue to grow and serve as an alumni network! Call Susie Curtis at 607-255-9782; e-mail her at skcl2@cornell.edu; or write her at Teagle Hall, Campus Road, Ithaca NY 14853.

Search your memories

A special edition of the Wastebasket will be published in conjunction with the Oxford/Cambridge vs. Cornell/Penn meet on April 19. But we need your help. We'd like to compile a list of memories that Cornell tracksters have of their trips across the Atlantic to compete against the Brits - and we'd love to hear about your favorite moments! Please take a few minutes to gather some thoughts about the most memorable performances, interesting side-trips, funny pranks and moving speeches that comprised your trip, and relay them to Susie Curtis before December. You can e-mail her at skcl2@cornell.edu; write her at Teagle Hall, Campus Road, Ithaca NY 14853; or call her at 607-255-9782. We want this retrospective to be as complete as possible and we need your help to resurrect the memories!
Meet the Big Red
by Kevin Yamamura '99

It has been quite a journey for John Steed. As a freshman, he barely expected to make the cross country practice squad, let alone the traveling team. But in the past four years, the senior has managed to establish himself as one of the most competitive runners on the East Coast.

"I didn’t think I’d be able to travel when I first got here," he said. "I wasn’t even thinking about traveling. I just wanted to be able to train with the team."

And train he did, ending his first collegiate cross country campaign as the first JV runner on the last Cornell team to win a Heptagonal championship. During that same year, Steed progressed considerably until he was stymied by a stress fracture in the spring.

"I was going in the right direction up until that point," he said. "Track was going really well and I went to the [Indoor] Heps, running on a stress fracture without knowing it. I ended up getting my sash in the distance medley relay where we placed fourth. But when we got back from the meet, a stress fracture showed up on the X-rays."

According to senior teammate Jason Friedman, gutsy running has always characterized Steed.

"If he wants to go out and drop the hammer during workouts, he’ll do it," Friedman said. "During the first workout of the year our freshman year - 3 x 3000m - there were three groups. John was a walk-on and he just burned the first two intervals in the third group. When he finished the second interval, he had about two minutes of rest and jumped in to the second group where he finished fifth. It was probably the most incredible thing I’ve seen."

Steed has had a number of incredible performances during his career at Cornell. His most memorable was his fourth-place performance at the 1996 Indoor IC4A championships in the 3,000 meters. In that race, he had never expected to make it to the finals. Nevertheless, he ended up running a personal best in the semifinals (8:22.62) and matching it the following day in the finals, running negative splits to a final time of 8:22.84.

"He’s started to take charge of his situation and has learned to race," said senior teammate Aravind Swaminathan. "The IC4A 3K race epitomizes John. He just stayed with the pack and kicked in the semis; on the next day, not only did he kick but he did so in a mile P.R. It was a gutsy performance."

While the Johnson City, N.Y., native has found success on the track, he maintains that his performances have been the product not only of his own hard work but the dedication of others. As a member of the Cornell Army ROTC program, Steed has found "a lot of scheduling difficulties," but has managed to work around them due to the understanding of his ROTC colleagues. He is also known for starting workouts late due to his ROTC commitments, subjecting Coach Lou Duesing to some long hours in Barton Hall and at the Moakley Golf Course.

"Coach has been understanding as well," he said. "Running has been the biggest part of my college experience, but I think ROTC will be a bigger part of my post-collegiate life. I’ve applied for active duty, which means I’ll have to commit four years of my life to serve."

As an Industrial and Labor Relations student, Steed has made tentative plans to apply for business school after his military service is completed. While serving, he plans to continue running in Army competitions.

"I couldn’t imagine not running," he said. "But I don’t know if I will be able to run faster than I have for as short a distance. I might try to compete in triathlons or marathons later."

As he gets ready for his final cross country Heps competition, Steed has clearly defined his most important goal: nothing less than a top-three performance for Cornell at the championships.

"What I accomplish or don’t right now is not as important as what the team accomplishes," he said. "Because most of the guys on the team are seniors, I’d like something special to happen at the Heps."

As for track, Steed hopes to contribute to the team by placing in the top four at the Heps individually. While he believes it would take an incredible effort to qualify for nationals, he admits "it’s not inconceivable." After all, for a walk-on who never thought about traveling, nothing is inconceivable.
Meet the Big Red
by Kevin Yamamura '99

While most distance runners are introduced to the track during high school, Megan Kilbride had her first encounter in the fifth grade. After finishing dead last in her first race - the 55 meter dash - the budding runner pleaded with her coach to let her run the mile, an event few young athletes attempt. Racing against competitors three years her senior, she made the best of her opportunity by placing second after leading most of the way.

Since that race over 10 years ago, Kilbride has grown into an exceptional distance runner. The senior from Kansas City, Mo. has placed in the top five for the Big Red throughout this year's cross country campaign.

"I think the team can always count on her," said junior Colleen Costello. "She's really hard-working and dedicated."

According to Kilbride, much of her dedication toward running can be attributed to her family. With a mother who has qualified for the Boston Marathon and two younger sisters who run for her alma mater, Pembroke Hill School, she doesn't have far to look for fellow distance runners. While she now does the majority of her training on the Ithaca trails, she often runs with her mother when she returns home.

"It once got pretty competitive," she said, referring to a run with her mother a few years ago. "We went for a four-mile run and ended up racing by the end of it. Now we run together with my coach and some of her friends during Sunday long runs to keep one another in check."

While she has an exceptional running lineage to call her own, Kilbride considers her Cornell teammates to be an extended family.

"They've been my closest circle of friends," she said. "I live with [senior captain] Kate Walker and most of the parties I go to are track parties. Lou is like a dad sometimes and Susie's been great. "The team is definitely supportive," she added. "When you're having a bum day, the best thing to do is to go out on a run and vent with someone."

"She's very team-oriented and responsible with running," said junior Laura Audette. "I think she's very positive in everything she does, including her team attitude."

For Kilbride, the team's support helped her during her sophomore year switch from the College of Architecture, Art and Planning to the College of Arts and Sciences. Now a geology major, she found herself in the architecture school working on projects she "couldn't see [herself] doing for a career."

"I came here because of the architecture program," she explained, "but I found it wasn't for me. If I didn't have the track team, I probably wouldn't have stayed at Cornell after architecture."

Luckily for the Big Red, she stayed and performed well, setting a 5K personal best of 18:04.73 at the 1996 Indoor Heptagonal Championships at Dartmouth and contributing to the harriers' success throughout the past four seasons. As many Cornell runners do, Kilbride points to the performance in which she earned her sash as her most significant.

"It was the Indoor Heps my sophomore year in Barton," she said. "I ended up placing fifth in 18:06. It may not have been my best race timewise, but it's the one I'm most proud of."

Among her goals for her last year of collegiate running are a team victory at the Hepts and a trip to the ECACs in track for the 5K and 10K. While she plans on spending another year at Cornell to finish earning her arts college credits, she will no longer run "as intensely" once the upcoming track season concludes.

Kilbride has evidently fulfilled the destiny portended by that fifth-grade race so many years ago. As one of her coaches told her, "God did not bless [her] with speed. But with the success she's found in distance running, she has clearly been blessed elsewhere."
NCAA Rules Compliance Corner
Dos and Don'ts of Helping the Big Red Succeed

Carrying on the Ivy tradition of excellence is hard work and competition among the best institutions is intense. Searching for a competitive edge is part of the challenge and we know that you want to help your favorite institution and be part of a winning team.

Meeting those challenges means playing by the rules. The NCAA has rules for coaches, players and YOU! As part of the team, you must know the rules of the game.

Who is governed by rules?
You are considered a representative of your institution's athletic interests if you are or have ever been a member of any group which supports or promotes the athletic program, if you have made financial donations to the athletic program, or if you have helped in any way to recruit student-athletes.

Who is a "Prospect"?
A "prospective student-athlete" or "prospect" is any student who has started classes for the ninth grade.

Can I contact prospects?
All recruiting of prospective student-athletes must be done by institutional staff members. Representatives of an institution's athletic interest are prohibited from having any contact with prospective student-athletes with very limited exceptions.

What are Extra Benefits?
Prospective student-athletes may not receive any extra benefit from the institution or representative of athletic interest. An extra benefit includes the provision of any transportation, meals, housing, clothes, service, entertainment, or other benefits not equally available to all students and prospective students who are not athletes.

How You May Help:

• Join a Friends Group/ Sports Association
These groups provide support for teams through funding for special team trips, recruiting and hosting receptions for teams at home and away contests. This is the best way to help your team of choice and you'll be kept up to date on their progress throughout the year.

• Identify Outstanding Student-Athletes
If you know of outstanding student-athletes in your area, send information such as newspaper clippings to the coach of your favorite institution or give the coach a call, and let the coach take it from there. Remember, you must not contact prospects directly, or contact high school guidance counselors to get information on prospects, but there is no rule prohibiting attendance at prospects' contests.

• Offer Assistance to the Coaching Staff
You may provide lodging, meals and transportation to coaches when they come to your community to contact and evaluate prospects. You may also provide meals to student-athletes when they are traveling with their team.

• Provide Summer Jobs and Internships
If you know of positions in your business or community which might be filled by a student-athlete then contact the athletic director for the names of those who might be qualified. (Remember that the pay for these jobs must be at the going rate for that position.)

If you have any questions about NCAA rules, please feel free to contact Virginia Augusta, Assistant Athletic Director for Compliance and Student Services, at (607) 255-8874.
Captains lists

Once again, we are asking our alumni to search their memories to ensure the accuracy of our lists. Please take a few minutes to look over the lists of captains and let us know if there are any errors. Thanks in advance for your help!

Women's Track Captains
1978
1979 NONE
1980 Holly Dunham
1981 NONE
1982 NONE
1983 NONE
1984 Pam Carter
1985 Laren Kulik, Elise Jones
1986 Elise Jones
1987 Sarah Day
1988 Candi Calhoun, Laura Laurence
1989 Laura Landauer, Kim Thompson
1990 Susie Curtis
1991 Susie Curtis
1992 Deb Coccia, Loren Mooney
1993 Loren Mooney
1994 Ginny Ryan
1995 Ginny Ryan
1996 Kristin Davis
1997 Julie Roth

Women's Cross Country Captains
1978 Holly Jander
1979 Erika Wiemann
1980 Kelly Neilan
1981 Kelly Neilan, Ann Miller
1982 Kathi Krause
1983 Marian Teitsch
1984 Kathy Lutz, Amy Phelps
1985 Elise Jones, Kathy McPherson
1986 Sarah Day
1987 Julia Reisinger
1988 Mary Jo Krolewski, Carol Anderson
1989 Carol Anderson
1990 Stephanie Best
1991 Jennifer Cobb
1992 Loren Mooney
1993 Pam Hunt
1994 Laura Woeller
1995 Linda Scheu
1996 Kate Walker

Men's Track Captains
1939 Bill McKeever
1940 Walt Zittel
1941 Bob Randall
1942 Ken Zeigler
1943 Ware Warfield, Charles E. Shaw, Jr., Andrew W. Lawrence
1944 James Mott Hartshorn, Ferdinand Wascoe
1945 John Kandl
1946 Jay Bergen
1947 Dan Kelly
1948 Richard McCall
1949 Jack Servis
1950 Bob Hunt
1951 Bob Mealey, Charlie Moore
1952 Meredith Gourdinne
1953 Jim Lingel
1954
1955 MacAllister Booth
1956 Andy Dadagian
1957 Al Hall
1958 John Ingle, John King
1959 Charles Hill, Harvey Weissbard
1960 John Murray
1961 Pete Brandeis, John Murray
1962 Eric Groon, Tom Mikulina
1963 Bob Potter
1964 Ron Madaras, Jim Byard
1965 Tom Gage
1966 John Mulcahy
1967 Bill Bruckel
1968 Charles Roll
1969 Mike Burnell
1970 Walter Jones
1971 Glen Fausset
1972 Tom Baker
1973 John McKeown
1974 Bob Anastasio
1975 Jim Leonard, Tom Patterson
1976 Dave Stinson
1977 Jorman Granger
1978 Neal Hall, Jeff Osborn
1979 Greg Witherspoon
1980 Adley Raboy
1981 Mike Gorgan, Jim Draddy
1982 Dave Bailey
1983 Bob Diaz
1984 Pete McConnell, John Passalacqua, Mike Crowley
1985 Chris Chrysostomou, John Passalacqua
1986 Todd Pressley, Grant Whitney
1987 Erik Bernstein, Darren Roach
1988 Steve Kuntz
1989 Chuck Junod
1990 Barry Logan, Doug Simmons
1991 Mike Ealy, Tony DiRubbo
1992 Jeff Brown, Scott Edwards
1993 Jeff Brown, Matt McLean
1994 Brian Clas, Matt McLean
1995 Malcolm Lias, Tyson Sacco
1996 Paul Belcher, Charles Shimooka
1997 Jeff Nason

Men's Cross Country Captains
1939 Emery Weingerter
1940 Nat White
1941 Phil Hoag
1942 Phil Hoag
1943
1944 Jon Kandl
1945
1946 Frank Slovak, Leroy Norem
1947 Frank Slovak, Leroy Norem
1948 Don Young
1949 Bob West
1950
1951 Bill Kilian
1952 Bob Grossman, Bob Robertson
1953 Charles Trayford
1954
1955 Don Farley, Paul Loberg
1956 John Rosenbaum
1957 Dick Hemmings, Bob Peet
1958 Charles Hill, Nat Cravener
1959 Marco Einaudi
1960 Frank Brockman
1961 Ray Westendorp
1962 Jim Byard
1963 Jim Byard
1964 Cory Byard, Jim Straub
1965 Lynn Cunningham
1966 Dave Fradin
1967 Dave Fradin
1968 Bruce Earl
1969 Bruce Earl
1970 Jon Anderson
1971 Don Alexander
1972 Tim Cahill
1973 Phil Collins
1974 Ray DeMarco
1975 Craig Holm
1976 Dave Washburn
1977 Dave Washburn
1978 Pete Pfitzinger
1979 Bart Petracca, Dan Predmore, Mike Wyckoff
1980 Rich Oldrieve
1981 Phil Brock, Chris Kruell
1982 Sheldon Hervey, Jim Paige
1983 Pete McConnell
1984 Grant Whitney
1985 Grant Whitney
1986 Matt Day, Lincoln Graves
1987 Joel Minor
1988 Erik Lukens, Joel Minor
1989 Mike Giovannelli
1990 James Gray
1991 Nathan Sacco
1992 Brian Clas
1993 Brian Clas
1994 Carl Anstrom
1995 Artie Smith
1996 Jeff Nason

1996 Women's Cross Country Squad

1996 Men's Cross Country Squad
### 1996 CORNELL MEN'S CROSS COUNTRY ROSTER

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Age</th>
<th>Cl.</th>
<th>School/Hometown</th>
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<tbody>
<tr>
<td>Aggarwala, Andrew</td>
<td>Dist.</td>
<td>20</td>
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<td>White Plains HS./ White Plains, NY</td>
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<td>Ayers, Brian</td>
<td>Dist.</td>
<td>21</td>
<td>97'</td>
<td>West Orange HS/West Orange, NJ</td>
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<td>Barahona, Juan</td>
<td>MDist</td>
<td>20</td>
<td>98'</td>
<td>Fort Lee HS/Fort Lee, NJ</td>
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<td>Barrows, Brian</td>
<td>Dist.</td>
<td>19</td>
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<td>Iroquois Central/Elma, NY</td>
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<td>Bindernagel, Seth</td>
<td>Dist.</td>
<td>19</td>
<td>99'</td>
<td>St. Edward HS/Cleveland, OH</td>
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<tr>
<td>Cipolaro, Gregory</td>
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<td>19</td>
<td>99'</td>
<td>Shenendehowa HS/Clifton Park, NY</td>
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<tr>
<td>Crane, Jerad</td>
<td>Dist.</td>
<td>19</td>
<td>99'</td>
<td>Mt. Martham Central/Ilium, NY</td>
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<td>Davis, Gavin</td>
<td>MDist.</td>
<td>18</td>
<td>00'</td>
<td>Scripps Ranch HS/San Diego, CA</td>
</tr>
<tr>
<td>DeSilva, Jeremy</td>
<td>Dist.</td>
<td>20</td>
<td>98'</td>
<td>George Mason HS/ Falls Church, Va.</td>
</tr>
<tr>
<td>Douglass, David</td>
<td>Dist.</td>
<td>21</td>
<td>97'</td>
<td>Delbarton School/Bedminster, NJ</td>
</tr>
<tr>
<td>Enos, Alanson</td>
<td>Dist.</td>
<td>19</td>
<td>99'</td>
<td>Clarkstown HS North/New City, NY</td>
</tr>
<tr>
<td>Friedman, Jason</td>
<td>Dist.</td>
<td>21</td>
<td>97'</td>
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+CROSS Country Letters Won
Cross Country Captain: Jeff Nason
### 1996 CORNELL WOMEN'S CROSS COUNTRY ROSTER

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<th>Name</th>
<th>Event</th>
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* Cross Country Letters Won
Cross Country Captain:  Kate Walker

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### CORNELL ATHLETICS ANNUAL FUND '96-'97

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  $  
  $  

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Save the Date for the Inaugural Event at the Kane Sports Complex

The inaugural track meet at the Kane Sports Complex is slated for April 19, in a Cornell/Penn vs Oxford/Cambridge showdown. Several alumni functions are in the works for that weekend and we’d love to have a fantastic showing from our alumni for the meet and the other events. Please mark your calendars and plan to attend what we hope will be the largest Cornell Track & Field alumni gathering ever! Watch your mailbox for more details!