

CORNELL WASTEBASKET

Volume 59

No. 1

Fall 1974

Ray DeMarco, (at right)
'74 Cross Country captain
leads the Cornell Syra-
cuse dual meet at the
Moakley course. DeMarco
went on to take first
place in 25:54, an ex-
cellent time considering
the slopy conditions.
Bob Dugan of Syracuse
took second place to
lead his team to a vic-
tory over the Red.



*Ray DeMarco approaches
the finish line with no other
runners in sight as he led the
cross country team to a 15-
50 win over Yale. The time
of 25:19.6 recorded by the
Big Red captain was the 3rd
fastest ever run on Moakley
Course in 20 years—Photo
by C. S. Williams.*



200 yds. from the
finish.



100 yds. from the
finish.



Breaking the tape.

Published by - Cornell University Spiked Shoe Society
President - Tom Patterson '75
Editor - Dan Ambrose '76
Assistant - Charles Peters '77

RECEIVED
1920

DEDICATION

We of the Spiked Shoe Society
of Cornell University
dedicate this issue
of the Wastebasket to

Dr. George Ladas '24

We would like to express our sincere thanks to Dr. Ladas for three outstanding contributions to Cornell Track and Cross Country. In 1972 he instituted the "Dr. George Ladas Award for the Outstanding Weightman" and in 1973, the "Theodata Ladas Award to the Outstanding Jumper" in honor of his mother.

In addition to these he has contributed a 40 year plaque for the Most Valuable Cross Country Runner, in honor of his departed friend, Ed Kirby '24, a former Cornell Cross Country Captain and a member of the United States Olympic Team. Again, we sincerely thank Dr. Ladas for his loyal support and interest in our sports program.

DEDICATION

We of the United States Society
of Cornell University
dedicate this issue
of the Westchester to

Dr. George Ladas '22

We would like to express our sincere thanks
to Dr. Ladas for three outstanding contribu-
tions to Cornell Track and Cross Country. In
1922 he instituted the "Dr. George Ladas Award
for the Outstanding Weightman" and in 1923 the
"Theodore Ladas Award to the Outstanding Runner"
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former Cornell Cross Country Captain and a member
of the United States Olympic Team. Again, we sincerely
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our athletic program.



1974 CORNELL CROSS COUNTRY SQUAD
Won 4, Lost 3

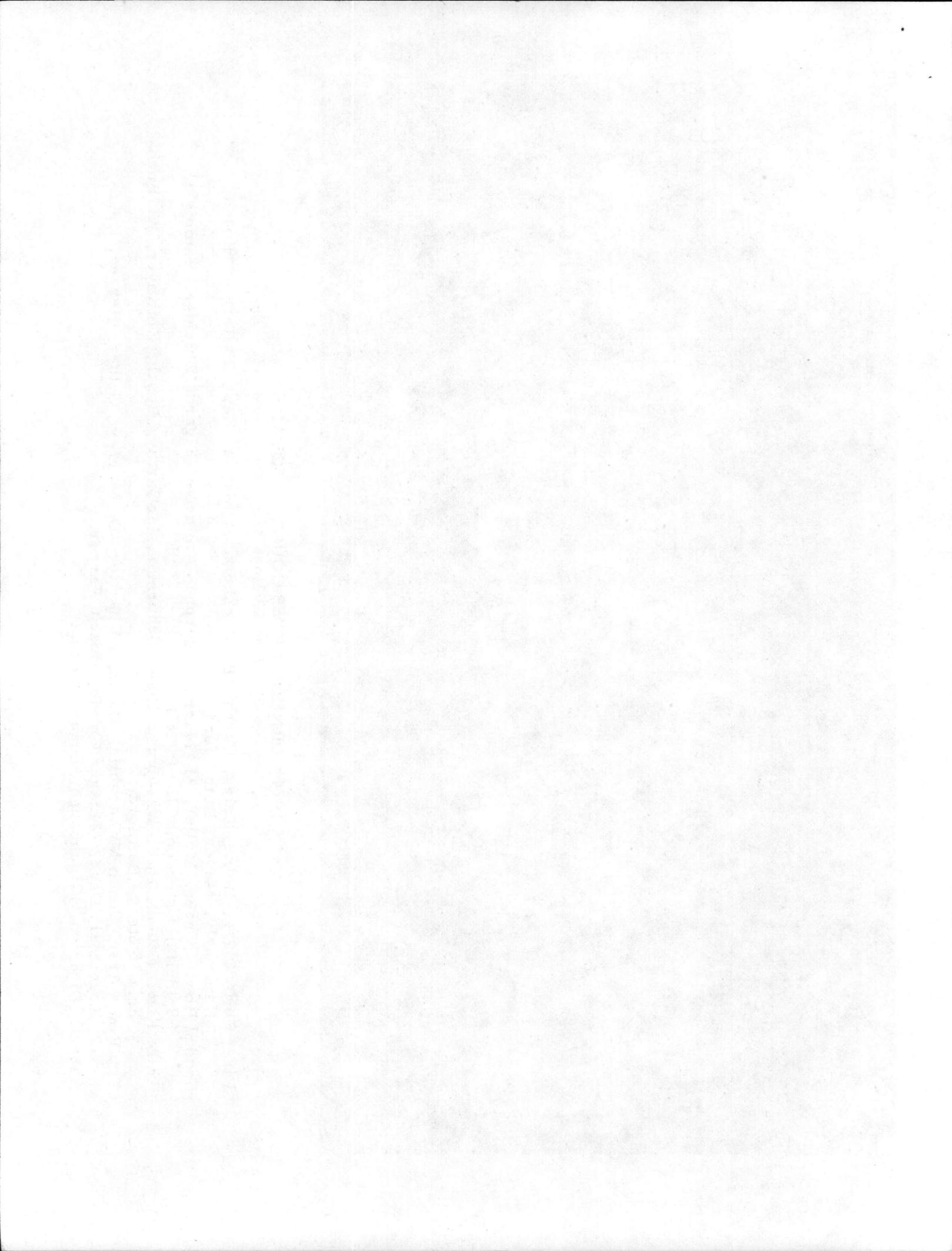
First Row: Clark, Holm, Krieg, Cartin, B. Buchholz, DeMarco, Capt. Patterson, Roach, Hemmerly, Meyer, Rutherford.

Second Row: Stinson, Muller, M. Murray, Murphy, Ambrose, Figard, Eldridge, Zamojski, Spinella, Erickson, Glitzenstein.

Third Row: Feucht, Hall, Washburn, Shaw, Schurman, McCarthy, Lynch, Kottmyer, W. Buchholz, Peters, Bamford.

Top Row: Asst. Coach McLaughlin, Manager Chartier, D. Murray, Gelber, Herzer, Keefe, Rosenthal, Daye, Manager Colvin, Coach Warner.

Absent: Diedrich, Flinchbaugh, Loehr, Megna.



TIME OUT WITH THE EDITOR

I would like to take this opportunity to express my own deep regret and that of my teammates and coaches, in the tragic news that we received recently. On November 3, 1974, Robert "Tex" Cohen, former Cornell track man, Class of 1973, was killed while crossing a highway near Washington, D.C. Tex, as he was known to his teammates and friends, was returning home to Salisbury, Maryland, from a visit to Cornell when he met his untimely death. Tex was a member of the Cornell Track Team from '69 to '73, a scorer in the IC4A decathlon in '71 and was the first known decathlon record holder of Cornell. I know we all feel a deep sorrow at this loss, but words cannot adequately express the feeling.

SEASON SUMMARY

The Cornell Cross Country Team recorded their 6th consecutive winning season with a 4-3 dual meet record for the '74 campaign. Their three losses came at the hands of Bucknell, Harvard, and Syracuse, while the Big Red defeated Army, Colgate, Rochester and Yale.

In the first outing against Colgate, Captain Ray DeMarco showed great potential by setting a course record of 26:05.8 on Colgate's home course. In doing this he defeated the former course record holder, Colgate's Bruce Mason who, in the early stages of this race, built up a considerable lead. This tactic proved to be his downfall, as well as Colgate's, as the Big Red went on to pack five runners in the top seven, to defeat Colgate 22-37. The story was a bit different the following week though, as the Syracuse Orangemen visited Ithaca for Cornell's home opener. DeMarco was again successful in his bid for the top individual honors, defeating Syracuse's leading runner, Bob Dugan. Cornell's team, however, fell victim to the Orange Pack as Syracuse was able to place 5 men in ahead of Cornell's second. Cornell next travelled to West Point to meet the Army Cadets. There the race, expected to be extremely close, and from the sound of the starter's gun to very near the finish, it was anyone's guess as to who would win. But, by producing the best team effort to date, Cornell managed to pull out a 26-29 victory. The victory could best be credited to the fine efforts of seniors Bob Cartin and Bruce Buchholz who, in the latter stages of the race, passed key Army runners. Up front though, DeMarco was defeated for the first time this year by Army's Dennis Trujillo, who went on to win both the Heps and the IC4A's. At Harvard, Cornell had their record evened at 2-2, as Harvard pulled it out in the final half mile, but DeMarco was again victorious. Yale proved to be much weaker than expected, and Cornell posted a perfect 15-50 win, as DeMarco went on to run the third fastest time ever on the Moakley Course, 25:19.6. Next, in a double dual with Bucknell-Rochester, Cornell managed a split, losing to Bucknell 24-36, and defeating Rochester 22-35. This clinched a winning season for the Red, but it unfortunately led to the losing of DeMarco for the rest of the season, as he aggravated an arch injury during the race. At the Heps and IC4A's, Cornell managed 6th and 17th place finishes, respectively, while the top Cornell individuals were Craig Holm (15th and 33rd), and Larry Lynch (24th and 51st). Holm went on to receive All-Ivy recognition for his finish in the Heps.

CAPTAIN'S COMMENTS

A glimpse at this year's won-loss record of four and three, will indicate that we had a relatively mediocre season, when compared to the records compiled by past Cornell teams. These statistics, I feel, do not tell the whole story. Much hard work and effort on everyone's part went into this season, which was incidentally the biggest rebuilding year for Coach Warner since he took the reins here eight years ago. The loss of five of last year's top six harriers, through graduation and other circumstances, put a great deal of pressure on the returnees, as well as on the incoming freshmen, to fill the "empty shoes". Several upperclassmen responded to the challenge by running vastly improved times over their previous bests', while many freshmen commanded key positions on the team and performed very well throughout the season.

Our team's record could have very well been six and one because in my opinion we were beaten by only one team who was clearly better than ours, Syracuse. Perhaps our biggest problem this season was a lack of confidence, which was somewhat to be expected with so many new faces on the team. The outlook for next season should be considerably brighter, since most of this year's squad will be returning with at least one year of varsity experience, and hopefully 900 plus miles of summer training.

With many other Ivy Cross Country teams undergoing similar rebuilding, there doesn't seem to be any "team to beat". Cornell could very well be a top contender for the Heptagonal championship and could possibly be in the running for the IC4A's. In closing, I would like to wish next year's squad the best of luck for an unblemished, injury-free seven and 0 season and a possible Heptagonal crown.

CROSS COUNTRY BANQUET

Once again this year the Annual Cross Country Awards Banquet was held at the Varna Community Church on December 3. The team made the traditional three mile walk from the Schoellkopf Field House to the Varna Church and once again the weather returned to its horrendous self for the occasion.

Cross Country Club President Tom Patterson, whose graduation this year will unfortunately make him unable to run for a third term, again organized the banquet and presided over the evening's activities from his regal throne. The women of the church again prepared a most delicious turkey dinner and for once even Coach Warner went away from the table with that logy feeling. The special guest speaker for the evening was Mr. Bob Kane, Dean of Athletics at Cornell, who gave an exhilarating speech, while later in the program Coach Jack Warner expressed his views on the past season and the team's performances. This then brought us to the presentation of the annual awards which this year went to the following:

Senior Ray DeMarco, the '74 Cross Country Captain, was given both the Most Valuable Runner Award and the Jack Moakley Award.

Juniors Scott Meyer and Ken Erickson were elected President of the Cross Country Club and Secretary-Treasurer, respectively.

Larry Lynch was voted the Most Valuable Freshman and Bruce Buchholz, a senior, was voted the Most Improved Runner.

Senior Bob Cartin was given the Fifth Man Award, while junior Craig Holm was elected captain for the '75 season.

All in all, the banquet was again a great success, and it was thoroughly enjoyed by everyone as it is every year.

1975 CORNELL TRACK SCHEDULE

Wed. Dec. 4	Syracuse Relays	Syracuse
Sat. Jan. 18	8th Cornell Invitational	Ithaca
Sat. Jan. 25	Manhattan	Ithaca
Fri. Jan. 31	Millrose Games	New York
Sat. Feb. 1	Army	Ithaca
Sun. Feb. 9	Princeton Relays	Princeton
Sat. Feb. 15	Colgate-Syracuse	Syracuse
Sat. Feb. 22	Yale	Ithaca
Sat. Mar. 1	Heptagonal Championships	Ithaca
Sat. 8	IC4A Championships	Princeton
Sun. 9	IC4A	
Fri. 14	NCAA Championships	Detroit
Sat. 15	NCAA	
Mon. 17	IRISH NATIONAL TEAM (tentative)	Ithaca

1975 CORNELL TRACK SCHEDULE continued

Fri.	28	Florida Relays	Gainesville
Sat.	29	Florida Relays	
Sat. Apr.	5	South Carolina Relays	Columbia
Sat.	12	Nittany Lion Relays	State College
Sat.	19	Colgate	Hamilton
Fr.	25	Penn Relays	Philadelphia
Sat.	26	Penn Relays	
Sat. May	3	Pennsylvania	Ithaca
Sat.	10	Heptagonal Championships	West Point
Fri.	23	IC4A Championships	Williamsburg
Sat.	24	IC4A	
Fri.	30	USTFF Championships	Wichita
Sat.	31	USTFF	
Thurs. June	5	NCAA Championships	Provo
Fri.	6	NCAA	
Sat.	7	NCAA	

SOUTHERN TRIP

This year for our spring trip south, the team hopes to go to Florida for a five to seven day stay. While there, the team will compete in the Florida Relays in Gainesville, besides getting in some good days of practice. Although this trip would be of great benefit to the team, it is still tentative depending on the resources available to us. To raise funds, we are again this year selling T-shirts, shorts, and jackets, and the team raised \$300 by cleaning the football stadium. In addition, each team member pays his yearly \$10 dues which go toward the trip. Many of you, our supporters, have generously contributed to this effort in the past, and to these we say thank you. Trips such as these do much to further Cornell track and the individual performances that the sport produces.

NEW HURDLES OBTAINED

Thanks to the generous contributions of Walker Smith, J. Frederick Hazen, The Class of 1937, Dr. Alvin O. Severance, Malcolm B. Carsley, Rev. G. Eugene Durham, Norman E. Elsas, Alfred M. Saperston, Horace E. Shackelton, Russell Lawson, Donald Moyer, and John T. Ewers, the Cornell track team was able to purchase the badly needed set of 60 hurdles. The cost of the hurdles came to \$2008. and through your contributions, \$1760 was raised to go toward this. We can not adequately express our gratitude to those who made this possible, but we hope you realize how very thankful we are.

JACK MOAKLEY ENDOWMENT FUND

It is a pleasure to report that the Fund has passed the \$20,000 mark with 113 gifts and pledges received from 106 alumni, 5 corporations, 1 foundation and 1 non-Cornellian. This fine beginning includes 10 gifts of \$1000 or more, 4 of \$500, 29 of \$100-\$300. In addition, we have been advised of two will provisions, one for a substantial amount. To Cornell trackmen and friends who have already participated, may I express again the Committee's deep gratitude.

All track alumni by now should have received their invitation to join in this very special tribute to Cornell's famous and esteemed coach, Jack Moakley, for the encouragement of track and field and cross country at Cornell. If perchance your letter did not reach you, kindly advise me c/o Spiked Shoe Society.

To those who have not yet responded: On behalf of the entire Committee, I respectfully and urgently request that you send in your gift (or pledge if more convenient) now -- and thus back up those teammates who have so successfully launched the fund.

Hunt Bradley, Chairman

COACH'S COMMENTS

The 1974 cross country team posted our 6th straight winning season with its 4 and 3 log. Most all of the team members showed great improvement. Capt. Ray was having a real super year before being sidelined for the remainder of the season with a badly bruised arch. He looked great in running the 3rd fastest time ever on the Moakley course. He had chased the eventual Heps and IC4A champ Dennis Trujillo of Army to a new West Point Course record as Trujillo broke Jon Anderson's (1971) course record by 11 seconds from 24:25 and Ray also bettered Jon's record by 1 second, and I felt that he would have given him an even better run on a neutral course. Craig Holm '76 who had been running No. 2 all season long stepped in and took up much of the slack running his best 3 races in the last dual and the Heps, and IC4A. Frosh Larry Lynch showed real promise for the future with a fine 25:46 in the IC4A. The remainder of the squad of some 45 men produced some 32 men who bettered 30:00 on the Moakley Course. We had just 2 men left from the top 6 of 1973, as Free Hunter '77 decided to give up running, Mark Curtis '76 spent the fall semester in Mexico, Phil Collins and Bob Anastasio graduated. John Boots '77 who made the top 7 for the 1973 IC4A meet transferred to school in Canada. So we had heavy losses but the remaining men worked very hard and took up much of the slack. A number of Frosh also made significant contributions throughout the season. Hopefully we will have a good year recruiting and can enroll some top young men for the class of 1979 and we will continue our winning ways.

We look forward to the 1975 Indoor season with great anticipation for a good year. If we can stay healthy, we should do well as we have some fine men returning led by co-captains Jim Leonard and Tom Patterson, Dave Doupe', Carl Shields, Pal Roach, Ray DeMarco, Bruce Abels, Vin Redden, Jorman Granger and several other men who are on the verge of greatness. There is some Frosh talent which should help out, too.

As of this writing, we are in the midst of our fundraising campaign for our Spring trip South in March. We are hoping to be able to take a group down to the Florida Relays this year. The team members and coaches have paid \$10 dues per man, we cleaned the stadium out after the Yale football game and earned \$300 for that effort. T-shirt sales have been good, and we have a few projects planned. Let's hope that budget cuts do not force us to use these monies to finance the completion of our regular season.

There now seems to be a strong possibility that we will host an Irish National Team of sorts here in Barton Hall on St. Patrick's Day, March 17, 1975. That would be a great meet and one which we sincerely hope will come about. We would love to be able to repay some of the fine hospitality that the Irish showered upon us last June when we visited Ireland.

VIDEO TAPE RECORDER

Recently the Cornell Track Team was able to purchase a portable Akai Video Tape Recorder. This instrument has already proven itself an invaluable asset to our program, even in the short amount of time that we have had it. Using the recorder to study an individual athlete's style and form, has enabled the coaches and the athlete himself, to be better able to see where improvement may be needed in his running, jumping or throwing. I am sure that with this extra tool, along with the guidance of our coaches, the athletes will be able to improve themselves and their performances.

CORNELL UNIVERSITY MOAKLEY COURSE HONOR ROLL 1974

5 1/16 Miles

1.	Fischer	CTC	25:05.0	1974	Bucknell-Cornell JV's
2.	Ritson	Cornell	25:08.2*	1971	Harvard
3.	Collins	Cornell	25:13.8*	1971	Colgate
4.	DeMarco	Cornell	25:19.6	1974	Yale
5.	Ritson	Cornell	25:26.0n	1971	Colgate
6.	Spengler	Harvard	25:29.8*	1969	Cornell
7.	Moller	Rochester	25:34.0	1974	Cornell-Bucknell
8.	Fischer	CTC	25:35.0	1974	Cornell-BCC-FLRC JV
9.	Koerner	Harvard	25:35.0n	1969	Cornell
10.	Trujillo	Army	25:38.1	1973	Cornell
11.	DeMarco	Cornell	25:38.2	1973	Harvard
12.	Alexander	Cornell	25:39.0n	1971	Harvard
13.	Colburn	Harvard	25:40.0n	1969	Cornell
14.	Holm	Cornell	25:42.0n	1974	Bucknell-Rochester
15.	Rojas	Harvard	25:42.0n	1973	Cornell
16.	DeMarco	Cornell	25:43.0n	1973	Army
17.	Collins	Cornell	25:43.1	1973	Colgate
18.	DeMarco	Cornell	25:43.1	1973	Colgate
19.	Baker	Harvard	25:45.8*	1967	Cornell
20.	McKusick	Cornell	25:47.2*	1966	Yale
21.	Carroll	Bucknell	25:49.0n	1974	Cornell-Rochester
22.	Collins	Cornell	25:49.0n	1971	Harvard
23.	DeMarco	Cornell	25:52.0n	1974	Bucknell-Rochester
24.	DeMarco	Cornell	25:54.0	1974	Syracuse
25.	Mason	Colgate	25:54.0n	1973	Cornell

This course was first run in 1955.

*...Indicates a former course record

n...Indicates a non-winning time

FLRC...Finger Lakes Runner's Club

CTC....Chicago Track Club

BCC....Broome Community College

BEST TEAM TIMES ON THE MOAKLEY COURSE

1955 thru 1974

1.	2:08:53.8	Cornell	1971	Colgate
		Collins	25:13.8	
		Ritson	25:26.0	
		Alexander	25:55.0	
		Cahill	25:59.0	
		DeMarco	26:20.0	
2.	2:09:21.8	Harvard	1969	Cornell
3.	2:09:47.0	Bucknell	1974	Cornell-Rochester
4.	2:09:49.2	Cornell	1973	Harvard
5.	2:10:08.0	Colgate	1973	Cornell
6.	2:10:29.2	Cornell	1973	Colgate
7.	2:10:40.2	Cornell	1971	Harvard
8.	2:10:50.4	Cornell	1971	Army

UNPAID DUES

With each publishing of the "Wastebasket", the Spiked Shoe Society sends out over 1200 copies to the alumni of Cornell Track and Cross Country. We have done so because we have thought that the alumni still have an interest in our sports program, and wish to keep up on what is happening here. This, though, does not seem to be the case. Of the 1200 plus alumni only 150 have paid their dues for the '74-'75 season thus far. We know it is still early in the year, but we do have costs to meet now and early next year. With the rising costs of publication, mailing, etc. and the lack of immediate funds, we will in the near future be forced to cut our mailing list to make ends meet to only those who pay their dues. The only way to avoid this unfortunate course of action, would be to have the alumni dues in rather early in the year, and have a greater all around response from the alumni in paying their dues. To those who have been regularly paying their dues, we do not aim this article at you. But economic pressures do force us to either ask for a greater response in paying the dues, or be forced into cutting the mailing list. To close, let me say that we of the Spiked Shoe Society are completely willing to put our efforts into publishing this newsletter for you, if you would be willing to show us that our efforts are not wasted by paying your dues. Thank you.

8TH ANNUAL CORNELL INVITATIONAL INDOOR TRACK MEET

The 8th Annual Cornell Invitational Indoor Track Meet will be held in Barton Hall on Saturday, January 18, with events getting underway at 1 PM and ending at approximately 10 PM. The dinner hour from 4:30 to 7 PM will again be given over to the Ithaca High School Invitational Indoor Track Meet. Such teams as Penn State, Queens University from Canada, Syracuse, Rochester, Colgate, Buffalo and possibly Villanova, are expected to take part in the invitational.

Again this year there will be five women's events included in the competition and as last year, there will also be women's events in all of Cornell's home dual meets, both indoor's and outdoor's. These have added an extra flare to our meets in the past, and I'm sure they will again this year.

IN DAYS OF YORE

by Hunt Bradley '26

DO YOU KNOW THAT....In the University fall meet of 1879, R. H. Treman '78, set a new intercollegiate record of 377' 4" for Throwing the Baseball, Finch '85 triple jumped 34' 4" and Ostrander '81 won the 880 in 2:32...."Hobe" Young '10 won the 1909 IC4A cross-country title and was accused of being fed dope by Coach Moakley. All the Cornell runners carried costels of peppermint around their necks and when Young trotted in first some of the other colleges complained to the officials. Coach Moakley explained the alleged "doping" by displaying the peppermint. ...Distance runner Lou Gregory has been crowned AAU champion more times than any other Cornellian- winning at 10,000 meters (1929, 30, 31, 33, 41, 43), 15 kilometers (1943), 20 k (1933, 38, 41, 42), 25 k (1936, 39), 30 k (1934, 39, 41) for 17 gold medals, and also ran the 10,000m for the US Olympic Team in '32 at Los Angeles.The 1921 cross-country team scored a record low 18 points to win the IC4A championship at Van Cortland Park placing 1. R. E. Brown '22 (32:20.5) 2. N.P. Brown '22 (32:21) 3. Carter, Capt. (32:48) 5. Miske '22 (32:53) 8. Irish '23 (32:58) followed by 9. Richmond '23 (32:59) 26. Gordon '22 (34:05).The only time a Cornell cross-country team has ever crossed the Atlantic for a race was in late Dec. 1920 against combined Oxford-Cambridge over the 7 1/2 mile Thames Hare & Hounds course at Rochampton, consisting of 2 miles of road running, one mile of plowed land, and the remainder of rough grass fields. The Englishmen won 26-29 with Carter '22 runner-up to McGinnes of Oxford.

DO YOU REMEMBER? ...Ed Ebelhare '32, writing in October 1974, this letter to the Cornell Spiked Shoe Society. "Gentlemen: After my contribution to the Society I received some bumper stickers from you. Being proud of Cornell, Spiked Shoe, etc. I so placed them on my rear bumpers. So? It's election year. I live in Sacramento, Ca. - Capitol of the State! Three times I've been asked 'just who and what office is Mr. Track campaigning for?' So I just tell them about Cornell - Cornell Track team and that Mr. "Cornell Track" is running like Hell to be the best!"

ALUMNI PROFILES

Charles H. Hill MD '59

Dr. Hill was a member of the Heptagonal Championship Team for cross-country, indoor and outdoor track in 1958-59. He held the Cornell mile record in '59 (4:14.4) and was a member of the Cornell Penn-Oxford Cambridge team of '58-59. He also was a member of the Heptagonal 2 mile relay championship team of '58, and was the Heptagonal outdoor Mile Champion of '59. Presently, Dr. Hill is a plastic surgeon, with a private practice in Sarasota, Florida. There he lives with his wife, Pat, and their three children. Dr. Hill is still running and is a member of the Master's Division of Florida.

Edwin A. MacKrell '11

Mr. MacKrell, a member of the Cornell Track Team of 1911, is presently retired and is living in South Shore, Long Island. There he is enjoying boating and fishing, and takes pride in his daughter and his two grandchildren. Mr. MacKrell was wondering what ever happened to Chuck Steine, Chuck French, Ned McArthur, (the captain of the '11 team), and any other members of that '11 team. If any of you are out there, or if anyone knows what happened to the members of the '11 team, drop Mr. MacKrell a line and let him know. His address is 103 Tahlulah Lane, W. Islip, NY 11795.

Robert S. Fite '50

Mr. Fite, track and cross-country letter winner from '48-50 and former Spiked Shoe Society Secretary-Treasurer, is presently living in Cape May, N.J. There he is the owner manager of the Colonial Hotel and Motor Lodge. After Mr. Fite left Cornell, with a B.S. in Hotel Administration, he spent two years in the US Army, and then went to his present job. He is married to, as he puts it, "his one woman 'Betsy'", and he is also still running. He participates in the Masters Events, and he presently holds his world age group record for the mile run. Mr. Fite is also past president of the Loral Kiwanis Club, and Secretary of his town's City Planning Board.

Alvin O. Severance M.D. '25

Dr. Severance while a trackman at Cornell, was a varsity 440 and mile relay participant during his junior year, and a participant of one varsity relay team race his senior year. During this latter race, Dr. Severance injured his foot which sidelined him for the rest of his senior year. But even though he only competed up until his junior year, he still posted best times of 10.2 in the 100, 23.0 in the 220, and 51.0 in the 440. Even now many people would be glad to run times as well as these. He received his M.D. from Johns Hopkins University, and is a specialist in pathology. He is presently director of Laboratory at Baptist Memorial Hospital in San Antonio and consultant in pathology to the U.S. Army. Dr. Severance is the recipient of the following awards: The Texas Society of Pathologists Caldwell Award, the US Army's Distinguished Civilian Service Medal, and the US Army's Outstanding Civilian Service Medal.

In order to improve "THE WASTEBASKET" and at the same time remain within our budget constraints we would like to find out from you what you like and dislike about "THE WASTEBASKET". We would appreciate your filling out this questionnaire so that we can publish a better newsletter for our alumni and supporters.

Please indicate your preferences below by checking the appropriate column. These refer to the two track issues as well as the fall cross country issue.

	<u>CONTINUE</u>	<u>DISCONTINUE</u>	<u>INDIFFERENT</u>
Season Round-up			
Event Summaries			
Detailed Event Summaries			
Season Best Performances			
Moakley Course Honor Roll			
Leading Point Scorers			
Captain's Comments			
Coaches Comments			
Yesteryear (Alumni Column)			
Alumni Profiles			
Use of Pictures			

Do you wish to continue receiving "THE WASTEBASKET"?

We would appreciate any other suggestions or comments you might have. Thank you!

Return to: Spiked Shoe Society
Teagle Hall
Cornell University
PO Box 729
Ithaca, New York 14850



Dave Doupe, shot putter



Carl Shields, hammer thrower

Magazine Honors Trackers

Two relay teams and five individuals from Coach Jack Warner's 1974 Cornell track team have been honored with national ranking in the latest issue of "Track and Field News," a world-wide publication ranking both amateurs and professionals.

Cornell's two-mile relay team of Dane Keehn, Tom Patterson, Pal Roach and Bob Anastasio, which ran a Big Red record 7:24.2 in winning the Nittany Lion Relays on April 13, ranked eighth in the United States for 1974.

Keehn, from New Rochelle, N.Y., Patterson, from Needham, Mass., and Roach, from Uniondale, N.Y., are all seniors now at Cornell. Anastasio, from the Bronx, N.Y., graduated last June.

The Cornell record-setting distance medley relay team of Roach, Mike MacNeil, Patterson and Anastasio earned an eighth place ranking for its 9:40.4 effort in the Penn Relays on April 26.

MacNeil, from Ithaca, graduated in June.

Anastasio and Roach were ranked 34th and 37th respectively off their 1:49.2 and 1:49.3 efforts in the 880-yard run.

Carl Shields, a 1974 All-America, ranks 20th among the nation's hammer throwers. Currently a Cornell senior from Mechanicsburg, Pa., Shields threw the hammer 200 feet, four inches to finish fourth in the NCAA meet on June 7. Former Cornell hammer throwers Tom Gage and Al Hall rank fourth and

17th in the latest listing.

Dave Doupe, a sophomore from Irvine, Calif., is rated 23rd among American shot putters. He set a Cornell record of 61 feet, eight and one-half inches at the USTFF meet on May 30.

Jim Leonard, a senior from Pittsburgh, Pa., is ranked 45th in the triple jump. Leonard's jump of 51 feet, three inches at the NCAA meet set a Cornell record.

Cornell Runners Sixth

THE BRONX—Cornell's cross-country team finished sixth in the Heptagonal championships Friday afternoon at VanCortlandt Park's five-mile course, as Army junior Dennis Trujillo led from start to finish to win in 24:34.

Trujillo beat out teammate Curtis Alitz, a freshman from West Point, by 90 yards, as Alitz finished with a time of 24:49.

But Army, despite its 1-2 finish, took fourth in the team standings, as Navy won the team championship with 38 points. Cornell totalled 150 for sixth.

Navy placed men at fifth, sixth, eighth, ninth and 13th to win.

Second in the team finish was Penn with 92, followed by Princeton in third with 99, Army fourth with 109, Columbia fifth with 112, Cornell sixth, Harvard seventh with 188, Dartmouth

eighth with 207, Yale ninth with 245, and Brown 10th with 252.

Princeton's Ron Bunnell was third in the individual standings, with a 24:59. Fourth was Jim Keefe of Harvard, with a 25:04, and fifth was Steve Giorgis of Navy, with a 25:06.

Cornell ran the event without its stellar runner, Ray DeMarco, who is ailing with a badly bruised arch.

Hopefully he will be ready for the final event of Cornell's cross country year, which will be at VanCortlandt Park on Monday, Nov. 18—the IC4A championships.

Craig Holm was the highest finishing Cornell runner Friday, with a 15th and a 25:36.

Other Cornell finishers included Larry Lynch, a freshman, who clocked a 26:09 for 24th; Bruce Buchholz, who took 33rd, with a 26:30; Bob Cartin, who took 40th with a 26:42 and Scott Meyer, who was 44th with a 26:52.

Red Beats Army Harriers

WEST POINT—Dennis Trujillo won the battle, but the Cornell cross country team won the war as the harriers came back from a loss to Syracuse to edge out Army 26-29 here Friday afternoon.

Trujillo, who ran "an excellent race," according to Cornell coach Jack Warner, set a new Army course record of 24:14, breaking the old mark of 24:25 set by Cornelian Jon Anderson (of Boston Marathon fame) set Oct. 31, 1970. Ray DeMarco was the top Big Red runner, finishing behind Trujillo at 24:24, which also would have set a new mark had it not been for Trujillo.

The key to the race, however, was the last three Cornell runners. "DeMarco and (Craig) Holm ran their usual good races," Warner noted, but it was the last three guys that really did it." Cornell was behind for most of the five mile race after taking an early lead, and with 600 yards left to go, Army had the edge, 27-28. But a last second burst by Bob Cartin secured fifth place and the eventual win. Bruce Buckholz and freshman Larry Lynch were in at no. 7 and 8 to round out the Cornell finishers, but Army had the next five places locked up had they needed any other scorers.

The win raised the Cornell dual meet record to 2-1, and the harriers will travel to Harvard for their next meet on Saturday, Oct. 19.

1. Trujillo	A	24:14.0
2. Demarco	C	24:14.5
3. Alitz	A	24:38.5
4. Holm	C	25:23
5. Cartin	C	25:1/4
6. Niedermeyer	A	25:49
7. Buckholz	C	25:57
8. Lynch	C	26:02
9. Harding	A	26:05
10. Brandli	A	26:07
11. Mobley	A	26:11
12. Roddin	A	26:27
13. Meyer	C	26:26
14. Jacobson	A	26:28
15. Patterson	C	26:31

Red Harriers Split; Dual Season Ends

Hampered by an injury to top runner Ray DeMarco and facing a strong Bucknell squad, the Cornell cross country team closed out its dual meet season by defeating Rochester 22-35 but losing to Bucknell 24-36 on Moakley Course Saturday.

DeMarco, who last week ran a 25:19.6 against Yale to record to third fastest time ever on the course, developed a sore arch before the race which was further aggravated by his running and the Red captain had to settle for 4th place with a 25:52. Craig Holm was the highest Cornell finisher with a 25:42—his personal best this year—and second place. Rochester's Dave Moller won the race in 25:34, but the rest of his team was far behind and had to settle for a pair of losses in the matchups against Cornell and Bucknell.

After Moller and Holm the rest of the race was all Bucknell, save DeMarco, as the visitors from Pennsylvania scored the third place with Frank Carroll and then took fifth through ninth before Cornell's Larry Lynch came in with a 26:20—also a personal best for the season. Bruce Buchholz and Bob Cartin rounded out the Big Red scorers at 13th and 14th, but it wasn't nearly enough to top the Bucknell squad.

Jack Warner's team ended up with a 4-3 dual meet record and will travel to Van Cortlandt Park in New York City this Friday for the Heptagonals at 2 p.m.

CORNELL 22, ROCHESTER 35 BUCKNELL 24, CORNELL 36

- Dave Moller (R) 25:34
- Craig Holm (C) 25:42
- Frank Carroll (B) 25:49
- Ray DeMarco (C) 25:52
- Bob Braile (B) 25:56
- Lew Calvano (B) 25:56
- Larry Hager (B) 26:01
- Dan Davis (B) 26:05
- Doug Butler (B) 26:15
- Larry Lynch (C) 26:20
- Bruce Hyde (B) 26:24
- Dougherty (R) 26:27
- Bruce Buchholz (C) 26:38
- Bob Cartin (C) 26:43
- Zulak (R) 26:49
- Scott Meyer (C) 26:57

Red Harriers Beaten

A combination of good strategy and a strong team enabled the Syracuse cross country team to hand Cornell its first defeat of the season on Moakley Course Saturday 20-41.

The Orangemen, who were 5-0 entering the meet, sent out their top runner, Bob Dugan, to pace Cornell captain Ray DeMarco, but then let the let the next six

bunch up and run a steady race, with only Big Red harrier Craig Holm able to break up that pack and finish seventh. DeMarco won the race by seven seconds in 25:54, an excellent time considering the sloppiness of the course, with Dugan close behind at 26:01. The next four runners were all Orange, giving the visitors their 20 points of scoring, while Cornell had to wait for Larry Lynch, Scott Meyer, and Bruce Buckholz to cross the line at 10, 11, and 12 to score their team points.

In the JV race, the Orange were similarly successful, beating Cornell 18-37 after the top Red runner, Jeff Kotmeyer, pulled up lame just before the race.

The harriers will travel to West Point for their next meet this Friday against Army.

Red Harriers Win Easily; DeMarco Quick

Led by captain Ray DeMarco, who ran the third fastest time ever recorded at Moakley Course, the Cornell cross country team shutout a hapless Yale squad 15-50 Saturday morning.

DeMarco ran a 25:19.6 which is a time only bettered by Phil Ritson and Phil Collins—both in 1971. Ritson holds the course record at 25:08.2, while Collins recorded a 25:13 that same year.

For DeMarco, it was his fourth win in the five dual races Cornell has had this fall, and the third team win for Cornell. Craig Holm, who has been Cornell's second finisher steadily through the year, held up again Saturday, with freshman Larry Lynch, Bruce Buckholz, and Scott Meyer rounding out the scoring for Cornell and Bob Cartin and Dave Washburn coming in 6-7 to add insult to injury for the Bulldog team.

In the JV race, Cornell beat Broome Community College 25-32, but lost to the Finger Lakes Running Club by the same score.

Next Saturday, the Big Red will close out its dual meet season with a double dual race with Rochester and Bucknell on Moakley Course at noon.

1. DeMarco, C	25:19.6
2. Holm, C	26:04
3. Lynch, C	26:44
4. Buckholz, C	27:47
5. Meyer, C	28:54
6. Coryn, C	29:54
7. Washburn, C	29:59
8. Asenfelter, Y	27:08
9. Patterson, C	27:13
10. Everson, Y	27:17
11. White, Y	27:24
12. Shaw, Jessie, C	27:35
13. Farewell, Y	27:38
14. Kottmeyer, C	27:40
15. Billet, Y	27:41

Harvard Wins Cross Country

BOSTON—Coming back in the last mile and a half, the Harvard cross country team overtook the last part of the Cornell lineup and defeated the Big Red, 24-31, in Franklin Park Saturday morning.

Ray DeMarco ran his usual good race in placing first in 26:10, but then Harvard took the next three spots with Jim Keefe, Bill Muller, and Jeff Campbell finishing in the space of two seconds. Cornell's Craig Holm and Bob Cartin were in right after that, but the Crimson placed in Steve Rafto and Bill Ockerman before the Red could finish the rest of its squad.

The Big Red took a commanding lead in the early stages of the race, and still led with just one mile to go, but the Crimson runners tied the scoring at 28-28 in the last half mile and sprinted the final 440 yards to take the win.

The loss dropped the harriers record to 2-2 in dual meets with just two duals left—against Yale this Saturday and Bucknell on Nov. 2, both on Moakley Course.

1. Ray DeMarco (C), 26:10
2. Jim Keefe (H), 26:44
3. Bill Muller (H), 26:45
4. Jeff Campbell (H), 26:46
5. Craig Holm (C), 26:47
6. Bob Cartin (C), 26:48
7. Stein Rafto (H), 27:07
8. Bill Ockerman (H), 27:14
9. Bruce Buckholz (C), 27:20
10. Larry Lynch (C), 27:25
11. Tom Patterson (C), 27:29
12. Scott Meyer (C), 27:31

