

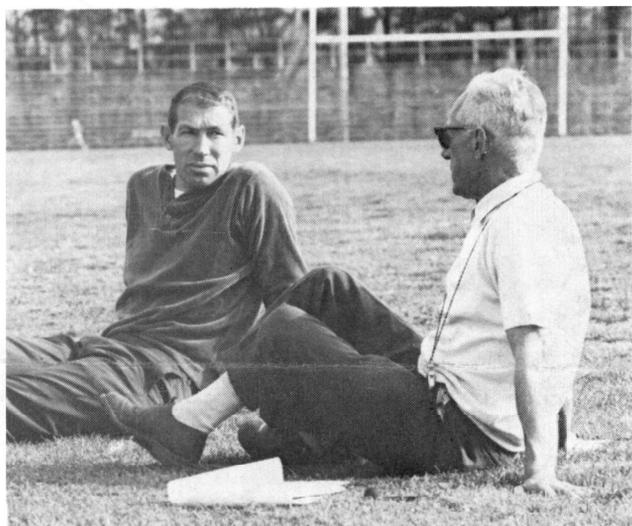
Cornell Wastebasket

CORNELL SPIKED SHOE SOCIETY

Spring, 1966

Cornell University

Ithaca, New York



Coaches Davis and Montgomery

17 Years as Coach

MONTGOMERY RETIRES

By Malcolm I. Ross
—From Cornell Sun

Over the past 17 years, Cornell track coach Lou Montgomery has worn a stopwatch around his neck with almost as much regularity as other men wear a necktie. For Montgomery, the routine of daily schedules and practices comes to an end after the outdoor season, as he plans to retire after the English meet.

Reflecting back upon some of the great athletes and teams he has coached, Montgomery had a little trouble singling out his best performers. "Well, I guess if we have to single out the best team, it would be the 1951 squad that won the Heps and IC4A's," the coach remarked.

"That was the team which had Charley Moore, Flash Gourdine, Jim Lingel and Walt Ashbaugh and these boys were really top notch," Monty continued. Moore, Gourdine and Ashbaugh went on to the '52 Olympics and made quite a showing for themselves. Moore set an Olympic record in the distance hurdles and Gourdine was nosed out by a Russian for the broad jump gold medal.

"Then there was the 1958 team that took the Indoor Heps here and the outdoors at Navy," the coach continued in naming his best. Bo Roberson, another Olympian, was the star on that one in the dashes and broad jump.

Montgomery concluded this line by saying that track was different from most other sports in that it's truly an individual one. "To have a championship team, you need an outstanding man in each event—there's no such thing as a pitcher winning it for you."

When asked to compare this, his last outdoor squad with some of his others, Montgomery was quick to

reply. "This group needs two good men to be real good and maybe three to be one of Cornell's greats. We need a good distance man and also a sprinter so that (Bill) Bruckel can concentrate on the quarter."

Montgomery cited several men on this year's team in his analysis. John Elliot, Wayne Gustafson, Tom Fraus, Bruckel and an uninjured Bob Holmes rank with the best ever at Cornell. The coach predicted that next year's team, laden with talented sophs, should be one of the all-time greats.

"Nowadays, things are a bit different on the track scene," the coach remarked. "Our goal is to be the best Ivy or Heptagonal team—even this year's Harvard squad would be out-classed by Villanova."

When the conversation switched to the qualities of a good trackman, Montgomery agreed with this reporter that natural ability, by itself, was not enough. The coach's success formula boiled down to three things in addition to ability—dedication, motivation and courage.

"You've got to be able to thrive on competition and stand up under pressure," Monty remarked. "A good trackman knows that some guy may be better than he, but in a meet he's going to make him prove it." One example of this great determination which came to the coach's mind was that of his co-coach Glenn Davis, who holds a few records of his own.

The job of a coach is directly involved in this matter for it's his task to develop a love of competition in his athletes. "The right stuff plus competition adds up to better performances," said Montgomery, who expressed a wish that there was some more local competition for his boys.

According to Monty, the reward he's gotten from coaching track is twofold. The first benefit comes when you can watch the raw material develop. He cited the example of the freshman who came out, several years ago, who could pole vault eight feet—before he graduated he was up to 13-7. "That's what I like to see and that's why I get angry when kids drop out." Secondly, the coach expressed his feeling that by teaching boys all the time, it has the effect of "keeping me young."

Montgomery agreed that track is taking a back seat to some of the other sports, especially the contact ones, but smiled when he related an anecdote about Cornell's early track days. "I can remember when John Moakley was first coaching track, right around 1900. In those days our meets used to outdraw the football games."

In pondering the question why track records seem to be quite vulnerable these days, the coach asserted that people are much more record conscious than before. "Even the people in the stands carry their own stopwatches and besides, guys are just bigger and facilities and coaching techniques better." As an example of new techniques, he cited the new thoughts on the high jump approach. "Many people didn't believe that speed was important in this event, but when Gustafson added a little of it, he jumped 6-10."

THANKS FROM THE COACH

Many thanks for the checks from those who cared enough to take time and send in a donation. We appreciate the donation—even \$1.00 helps. If every alumnus sent in \$1.00 we would be in clover. We have had to drop from our mailing list over 400 names of former track men who have never sent in one dime since they have graduated.

This sounds like an exaggeration but truthfully we have been carrying on our mailing list over 800 names and many of the 400 dropped graduated as far back as 1904 and on up and have not once sent us a check.

A few years ago we could live with this condition because the mailing of a letter was only 2 cents. Then it gradually increased to 5 cents. Also the cost of printing and everything connected with publishing a bulletin has increased—plus the activities that the team has obligations to continue, has also risen in cost. Namely a page in the annual "Cornellian"; the cost of shingles to Spiked Shoe members; the expense of Cross Country annual medal awards (three in number); and many other projects that we have had to discontinue because of lack of funds.

Track and Cross Country team members have to pay for their own annual banquet plus the cost of invited guests. This is not so with some of the other sports on the hill. But it has always been so and we live with it as did you when you were on the team.

But the cost of attending Cornell along with tuition and all that goes with a college education has risen far beyond our experiences of 40-30-20 even 10 years ago, which limits what the undergraduate himself can do financially.

This message will not reach the members who have not helped finance the Wastebasket as they have not been on the mailing list as of this school year.

This might not be fair to some of you, but if you recall during the past 18 years I have often called attention to this very same problem, and mentioned the fact that many members have never sent in one donation.

Our faculty advisor recommended that these men be dropped—this was 10 years ago, but I felt we could gradually appeal to their pocketbook, but since this has failed, there was no other alternative but to trim excess costs.

Coach Montgomery

OUTDOOR TRACK SEASON

Over Spring Vacation the nucleus of the spring trackmen went south. John Elliot, Rich Berger, Dave Mansfield, and Bill Bruckel ran a 3:16+ mile relay, just losing to Colgate at an invitational meet. Bill Bruckel streaked home in 46.6, a sign of things to come. (At their own expense).

On April 16, the varsity and frosh teams bussed to Colgate and handed the Red Raiders a pair of defeats. The Varsity contest was very close. Victory was due to some fine clutch performances. Colgate started by winning the mile against a determined Roger Ingraham, the 100, 440 hurdles, the shot put, javelin, and pole vault. They swept the 880 and won the broad jump by inches. Things looked bad for Cornell. Then along came Bill—Bruckel that is. He walloped them in the 440 with a new meet and field record of 47.4 and then upset Buckley with a brilliant 21.7 220. After that Cornell shone as Elliot and Nelson took

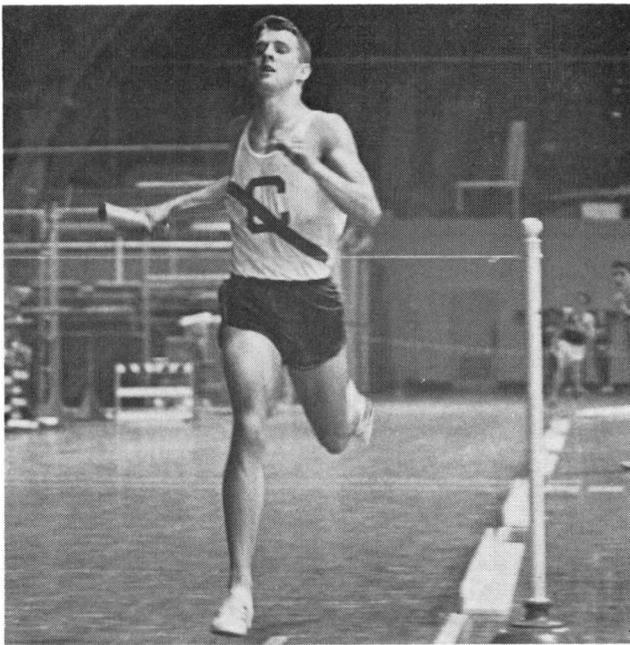
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ALL-TIME CORNELL RECORDS — OUTDOOR TRACK

- 100 dash - 9.6—Irvin Roberson, May 10, 1958 at Princeton and May 1-7, 1958 at Annapolis
- 220 dash (straightaway) - 20.8—Henry Russell, May 16, 1925 at Ithaca
- 220 dash (turn) - 21.2—William Bruckel, May 7, 1966 at Ithaca
- 440 - 47.0—Charles Moore, June 18, 1949 at Los Angeles (NCAA)
- 880 - 1:49.6—Peter Brandeis, June 16, 1961 at Philadelphia (NCAA heat)
- One Mile - 4:10.5—Stephen Machooka, May 12, 1962 at Hanover, NH
- Two Mile - 9:15.4—Joseph Mangan, July 15, 1933 at Princeton
- 120 High Hurdles - 14.2—Walter Ashbaugh, June 10, 1950 at Ithaca; John Elliot, May, 1966 IC4A's
- 220 Low Hurdles - 22.7—Charles Moore, June 16, 1951 at Seattle
- 400 Meter Hurdles - 51.1—Charles Moore, June 25, 1949, at Fresno, Calif. (National AAU)
- One Mile Relay - 3:13.1 (April 28, 1951 at Penn Relays) Meredith Gourdine, James Lingel, Charles Moore and Robert Mealey
- Shot Put - 59-0—Thomas Gage, April 24, 1965 at Philadelphia
- Discus - 158-1½—Walter Wood, May 10, 1936 at Philadelphia
- Javelin - 209-9—Robert Schmitt, June 18, 1962 at Dublin, Ireland
- Hammer - 204-5½—Albert Hall, June 22, 1956 at Bakersfield, Calif.
- Broad Jump - 25-9¾—Meredith Gourdine, May 26, 1951 at Philadelphia
- High Jump - 6-10—Wayne Gustafson, May 21, 1966 at Princeton
- Pole Vault - 14-8½—John Murray, May 20, 1961 at Ithaca
- Triple Jump - 48-5½—Robert Holmes, May 29, 1965 at New Brunswick, N.J.

The smartest men on the team are L. Cunningham, J. Elliot, D. Fradin, G. Gurski, G. Katz . . . The Wastebasket received an interesting letter from W. Harry Johns Jr. '39 who wonders what sort of shape all the pre-war II athletes are in. He says he enjoyed riding his bicycle from the Atlantic to the Mississippi at Hainbal last fall and hopes some other alumni will join him . . . Dick Hemmings who has been at Cornell off and on for a long time is running again, but only for enjoyment. He has no more eligibility left . . . Where are this year's seniors going? Two are going to medical school, one to theology school, one to graduate school in philosophy, one into the army and one to work . . . Last year's track captain, Tom Gage, is doing graduate work at Cornell and helping our weightmen. He is still competing in AAU track and now has a hammer throw of 209' . . . What a mile relay team we should have next year. B. Bruckel (46.1), D. Mansfield (48.7), Butcher (48.7), J. Elliot (49.5), E. Carter (48.5), and F. Spar, R. Nehring, and Heeps who are all 50 second men . . . Lynn Cunningham's hair is the talk of the Ivy League. It is so long that he was almost disqualified in one race for being a girl. The coach ordered it cut . . . Let me hear from some more of you.

Bob Johnstone, Editor



Bill Bruckel

1-3 in the high hurdles, Elliot with a new meet and field record of 14.6, and Cory Byard and Pete Simons tied for first in the two mile. Gustafson raised the field high jump record to 6'5-3/4", Stanat and Fraus took 1-2 in the discus, Tom Fraus and Miller, took 1-2 in the hammer, and Jim Sheehy, Bruce Sorrie, and Gary Campbell made the triple jump finals to guarantee four points for Cornell. Colgate fielded a terrific mile relay team (3:14) which left too much for anchor man Bruckel to make up. Cornell won 78-75. Other fine performances were: Ingraham's 4:23 mile, Rich Berger's 10 flat 100, Lanzner's 191'6" javelin throw, and the 440 relay team of Elliot, Berger, Mansfield, and Bruckel who set a new meet and field record of 42.0.

The freshmen didn't have such a hard time of it as they won 86-68. Outstanding performances were: McKusick's 4:26 mile and 9.26 two mile, Carter's 49.3 440, Nehring's 157.8 880, Heeps 22.1 220, and Page's 44'3" triple jump.



John Elliott



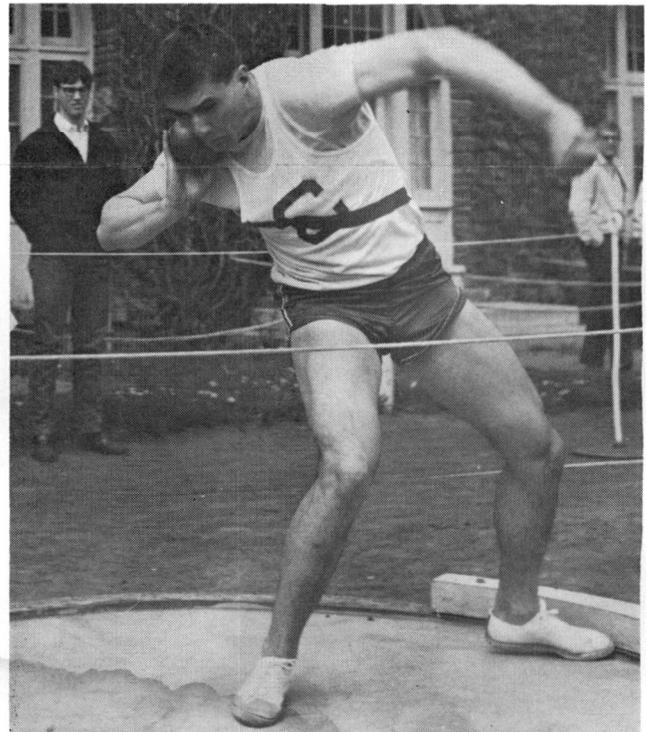
Wayne Gustafson

On April 23, the frosh trampled Mohawk Valley 112-42. McKusick won the one and two mile events in his usual fantastic times (4:28 and 9.28), Carter ran 49.5 for the 440, Heeps ran a 9.9 100 for a close second and a 21.9 220 for a first. Other winners were Nalgee in the discus, Conner in the hammer, Stofer in the pole vault, football player Zak in the broad jump, Oppelt in the 440 hurdles, Page in the triple jump, Doyle in the high jump and Garthwaite in the javelin with a graceful 200' 8" toss.

Mohawk hadn't had enough of the Cornell frosh and invited them to a rainy, muddy relay carnival. The frosh won the 440, 880, mile, two mile, high jump and broad-jump relays. The times and distances weren't very good due to a soggy track. McKusick did run a 4:27.7 mile which some observers considered fantastic considering the conditions.

On April 29 and 30, Cornell alternately froze and sweated at a rainy, cool,, muggy Penn Relay Carnival. Cornell's iron men Elliot and Bruckel came through with some terrific performances. In the Friday events, John "Gainer" Elliot and Rich Berger took 6 and 7 in the 400 meter hurdles with 54.2 and 55.1 clockings. Elliot, Berger, Mansfield and Bruckel qualified for the 440 relay final by winning their heat in 42.7. Mans-

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Tom Fraus

field hurt his leg and Bruce Butcher took over as the foursome qualified for the Saturday finals in the 880 relay and the mile relay. The Heps mile relay was the highlight of the weekend as Cornell's Bill Bruckel got the baton 14 yards behind Army and Navy's anchor men. "Wolfman Von Bruckel" puffed Yales Mark Young in the first 220, streaked down the backstretch and into the home stretch 8 yards behind the soldier boys. Meanwhile, Army and Navy, unaware of the impending doom, were fighting it out among themselves for first. 50 yards from the end, Bruckel powered past the soldier boys and streaked through an official 46.1 Carnival record 440. Cornell's time of 3:15.7 established a new Heps relay record. Saturday brought no luck as tired Cornell teams could not match the super teams of Morgan State, Southern University, Maryland, and Florida A & M. However, the field event men did a superb job as Wayne Gustafson won the College division of the high jump in 6'5", Tom Fraus threw the hammer 176 feet for a sixth in the college division and the discus a good 158 feet.

The next weekend Penn came to Cornell to decide who would go to England for the Oxford-Cambridge meet. Certainly they couldn't have come to win as the Big Red rolled up a 119-35 victory. Those making the team before the frosh challenges were: Miller and Fraus in the hammer, Holmes and Sorrie in the broad jump, Berger and Elliot in the hurdles, Mansfield and Butcher in the 440, Bruckel and Berger in the 220, and Cunningham and Simons in the two mile all capturing 1-2 in their events. Other position winners were Lanzner in the javelin, Gustafson in the high jump, Ingraham in the mile, Fox in the pole vault, Fraus in the discus and shot, Carl Von Ende in the 880, Jim Sheehy in the triple jump and Elliot in the high hurdles. In all Cornell won 22 positions for the trip to England, at least one spot in each event. Outstanding performances were put in by Carl Von Ende with a 1:56 880, Bruckel with a 9.9 100 and 21.2 220, Mansfield with a 49.7 440, Rog Ingraham with a 4:22 mile, and Tom Fraus' 50' 8½" shot put.

The State of Pennsylvania was not yet through with Cornell as they sent the Penn State frosh to the Ithaca hills only to come home soundly defeated 107-47. Gordon McKusick finally learned that he must kick all the way as he met his first defeat in a 4:18.2 mile effort against Penn State's Peterson's 4:17.6. Gordon was outkicked in the last 200 yards. In the two mile Gordon started kicking at the mile and a half mark and won easily in a new meet record of 9:24. Garthwaite threw the javelin 200 feet, and Connor and Naglee won the hammer with throws of 122 and 120 feet. Zak won the broad jump and Page won the triple jump with a sweet, bouncy 45' 5¼" jump, good promise for next year. Doyle won the 120 high hurdles and Heeps, Block, and Carter swept the 220. Heeps, Zak and Block swept the 100 as Penn State could come with no good sprinters.

In the Heps Cornell took a disappointing fourth behind an outmaneuvered Harvard, an outflanked Navy and a victorious Army. Outstanding for Cornell as they were all year were the iron men Bruckel and Elliot. "Wolfman Von Bruckel" won the 440 in 47.6 and took a close second in the 220 after setting a new Heps record in the trials. "Gainer" Elliot finally topped Harvard's Tony Lynch in the high hurdles and won. Tom Fraus earned three points the hard way, with three fifths in the hammer, shot and discus. Bob

Holmes added three more points, two in the broad jump and one in the triple jump. The 440 relay team of Rich Englestein, Dave Mansfield, Tom Charlton and Rich Berger finished fourth for two points. Wayne Gustafson celared 6'7" to win second in the high jump to Pardee's 6'11".

The last dual meet of the year was a super battle with many terrific performances in a loss to Princeton 84-73. The highlight of the meet was Wayne Gustafson's Cornell record high jump of 6'10". Bill Bruckel ran a 9.8 100 and Tom Fraus finally got the Cornell discus record with a 162 foot toss. John Elliot flew over the hurdles in 14.4, Bob Holmes sailed over 23 feet and Carl Von Ende powered through a 1:54.3 880.

In all Cornell had a good outdoor season, but it is nothing compared to the team of '67 which we expect to be the greatest Cornell has ever had. Added to our 6'10" high jumper, 47 440 man, 21.2 220 man, 23 foot broad jumper, 14.3 high hurdles, our 13'9" pole vaulter, our 162 foot discus thrower, our 183 foot hammer thrower, and our 1:54 880 man, will be a 9:10 two miler and 4:12 miler, a 200+ foot javelin thrower, a 9.9 100 man, 48 quarter miler, and a 47 foot triple jumper. This team could win 8 first places and four second places for 64 points and win next year's Heps. The challenge is there and so are the men!

The indoor season opened with a quick airplane flight to New Hampshire on January 15 and an easy win over Dartmouth. The Cornell runners took quickly to Dartmouth's springy 150-board track, winning 6 out of 8 running events, in addition to 3-for 5 showing in the field events and three meet records. John Elliot tied an eleven-year-old mark in the 60-hurdles with an excellent :07.5 and then ran lead-off for the record-setting (3:22.6) mile-relay team. Bob Holmes had what was to be his best broad jump of the season with a 23-10¼ for the third record of the day. In the 50 dash, Chip Blaugrund led Dick Berger across the line for a 1-2 Cornell sweep, and Bill Bruckel put in his 10-point's worth with a 1:13.1 in the 600 and a :48.7 anchor leg in the relay. The Red men were strong in the distance as Lynn Cunningham of cross-country fame strode home in 9:39 in the 2-mile, and Cory Byard surprised a strong Dartmouth miler, coaches Montgomery and Davis, and himself by grabbing the lead in the mile, holding it, and driving in with the best time of his running career by some 12 seconds (4:23). Wayne Gustafson, a sophomore high-jumper took his specialty, and Chuck Roll won the shot-put with a 48-foot heave. The final score was Cornell 72, the not-so-jolly Green Midgets 37.

A fifth-place finish left fans disappointed, but Bill Bruckel's fine performance in the 600 gave a very-pleasant Red-hue to the meet. Bruckel sprinted to the lead on the first lap and held it right through the tape with an impressive 1:11.5; Yale's Mark Young trailed by 0.4 seconds. In the high jump Wayne Gustafson hit a personal best with a 6-6 and a fourth place. John Elliot looked strong in the hurdles as he finished just behind Harvard's Anthony Lynch with a 0:07.3. Lynn Cunningham scored in the 2-mile with a 9:28 and Tom Fraus rounded out the Cornell scoring with a 56-3 heave in the weight and a fourth place.

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