THE FIRST OVERFLOW
OF
THE "WASTE BASKET"

Published by the Track Men of Cornell University ever so often, or when the spirit moves.

Passed by the Board of Censorship.

John F. Moakley------------------------Chief Everything.

Leinroth )-----------------------------Associate Editors
Fortier)-------------------------------
Yost )---------------------------------

"Mac")---------------------------------Printer's Devil.

Keller, Bird, Hoskins)------------------Type Setters.

Editor in Chief------I.C. Dresser.

October 14, 1917.
COACHES COLUMN.

We have made an excellent beginning in view of the general conditions existing in the University and College world today. Never has athletic training been so generally recognised as an asset to the Nation and the individual and Cornell methods are held up as models for all other educational institutions to follow.

We can do our bit better than ever by soliciting every undergraduate to get into our general Athletic training system and make real men of themselves. The man who doesn't do his bit in this way merits condemnation as a slacker for failure to do his share for his country and Cornell. There is no better way of showing our loyalty than by keeping up the traditions established by former Cornellians of having the best type of college athletic teams and doing the most for clean sport. We are planning to get a list of all last years men in service and send them a weekly of our doings in track and cross country.

Do all you can to help new men. Get acquainted with each other right away. The dub beginner may be an
intercollegiate point winner. Some day you'll take a lot of pride in having helped him in his novice days. Keep up the singing.

Our new management is taking hold in good shape and the Ass. manager candidates are certainly good workers. Remember our gym on the top floor is a part of our training system. The stronger you become physically, the better your performance will be. Never stay away from the Saturday meets. You will never succeed in track athletics without having plenty of experience in meets. It is the only way to get over being nervous and to profit through mistakes in judgment.
The Cross Country Club.

At present I suppose that to you men who are out for track or cross country the mere mention of the Cornell Cross Country Club seems to suggest something unheard of. It really is not. It is an old institution and it cuts a large figure in the cross country part of athletics. It is an association designed primarily to stimulate interest among the fellows in cross country running. Secondly it is a means for bringing the men together and for promoting good fellowship among them.

It is this club that gives the individual cups for the Freshman cup races, and also for the novice and blind handicap races which are held during the fall season.

So then, in order that this club may do its bit, it is essential that the men get back of it. How can it do these things if the men do not get back of it? The dues are only a dollar ($1.00). This assures all members of the club free entry to all cross country races, and includes the price for the dinner which is to be given by the club at the end of the cross country season.

At present the enrollment of the club is very small, totaling only about thirty fellows. This is a very small number compared with the large number of men who are running and who are to receive the benefits of the club.

We would therefore like to have more men join our ranks, be boosters, help the club to continue its good work of the past, and make it better than ever before. Join now.
HOW ABOUT IT?

You are all well familiar with Cornell's widespread "rep" as a great mill for grinding out athletes. Everywhere you go men talk about Cornell athletics. They probably picture mentally great hordes of half-clad youths chasing over our greens for exercise. The most pathetic part of it is that they give us too much credit. You track men know how much pep and interest is shown at the average intercollege track meet. True, our varsity athletes are all there but how about the swarms who are thought to be out for various branches of sport? Most of the contestants go into these intercollege events without proper training and doubtless do themselves more harm than good in many cases. There is a great possibility, tho', of doing a world of good for our students. As regular fellows and Cornellians, don't you want our U to be worthy of its reputation? This is up to you because you are in the game seriously and are the logical ones to get behind this thing and put some pep and ginger into it. Intercollegiate athletics ought to be a real issue - not a joke.

Cross Country is the first thing on the list.
From the interest shown in varsity C.C. there are all kinds of chances to do something real with intercollege stuff. Let these new men come out and run with the varsity. It will do both good. To those men you bump up against who are warming the cushions, shoot a line like this:

1. Point out their excellent chance of getting one of the three prizes given for C.C. meet on the 24th of November. Failing here they will get a crack at some of the medals given for first, second, and third places in the board track meet in January or February. Also medals will be given in the ten mile endurance walk, held probably sometime in December.

2. Out of the new men that come out there are sure to be some "finds" for Jack. Some of the most famous rummers Cornell ever had never dreamed they were world beaters until Jack spotted them fooling around for Gym credit and brought them out. By all means tell them not to stay away because they think they are not fleet foots.

3. In these times when physical development is essential to the safety of the nation, it is the duty of everyone to keep fit. Athletically trained men who are
called to the colors will have a decided advantage over the man of more sedentary habits. Our athletes now in service are all starting right to the front.

4. Men interested in winning their college shin- gle ought to be informed that they can do so by placing among the first seven of their college in the cross country run or by winning a point in the intercollege track meet.

It is up to you to talk this thing up in your college. Maybe the college associations can help. Remember that you are in the position to and are best qualified to act behind this movement and make a bunch of those lounge lizards shed a little lead. Then Cornell will be 100% worthy of her athletic reputation.
EDITORIAL.

CROSS COUNTRY SPIRIT.

Cornell spirit, which has become a byword so long among collegiate institutions, is not falling below standard this year in Cross Country, despite reports to the contrary in regard to other activities. In fact, a comparison of figures shows that the registered number of candidates in the varsity squad is in proportion to past years. Furthermore the men are all showing that spirit of cooperation and good-fellowship which has helped in previous times to develop winning teams. We all know what our object is,- to maintain the past record of Cornell Cross Country, and to do it in a way that will deserve the commendation of our competitors.

To do this we must have a full realization of our duty. Victory, and not the individual is the ultimate end, though to be sure the individual reaps his reward through the supremacy of the team. Consequently, each one of us must do his share and none of us is unimportant enough to be of no value. It is the second string men on whom the varsity depends for practise. Without them no first class team can be developed. And so it is from the best man down to the poorest- each depends on
the other for support. And above all it is the presence of each individual which serves to influence and inspire the others and to keep the organisation a living body.

Therefore let us continue to be guided by the good old spirit of the past and in years to come we can say with pride that we were the ones who helped to carry Cornell's cross country organisation thru the crucial period thru which we are now passing.
Alumni News.

L.V. Windnagle '17, Captain of last year's Cross Country team graduated from the Cornell School of Aviation and expects to leave on Tuesday, October 16th, 1917. His destination is unknown but will probably be Italy. "Windy" deserted the happy clan of bachelors last September and is now a married man.

"Dave" Boynton, '17, a member of last year's Cross Country team, is working in the New York Shipbuilding Co's plant at Camden, N.J.

Ezra Wenze, '17, was one of the first Cornellians to graduate from the aviation school. He went to Mount Clemens to learn practical flying.

Acheson, '17, a member of the Mile Relay Team, and also a crack hurdler, left last May with the first Cornell Ambulance Unit for France.

Paul Miller, '17, one of the old weight men, has received a lieutenant's commission in the Officer's Reserve Corps.

Jack Watt, '17, is working for the government in Honolulu as an Agricultural expert.

T.C. McDermott, '19, is in the Regular Army at Camp Devons, Massachusetts, and is now studying to get in the O.R. Training Camp.

"Johnny" Campbell, '18, has received a 2nd. Lieutenant's commission and is located at present in Camp Mc Clellan.

Anyone who knows the address and present occupation of old Track and Cross Country Men, please write out and place in the Box. We are going to try and keep an account of all the old men as far as possible.
Manager's Column.

At this late date, we have no finished CrossCountry schedule to offer, but we hope that you will realize the unsettled conditions that we have been working under, and wait patiently, with the knowledge that we are doing our utmost to arrange a schedule that will meet with your approval. We hope to have something definite for you in the very near future.

It seems superfluous to call your attention to the decrease in the sale of season tickets this year, as compared with last, and the corresponding decreased revenue of the Athletic Association must be met with economy on all sides. Therefore, we urge the men to keep in mind that this is a year for sacrifice, and to try to be as economical as possible in the use of the Association's equipment. We hope that you realize that the management is trying in every way possible to give the team all the support possible, and everything we can do or give, we will, and gladly. But, on the other hand, this is a year when we must come down to the bare necessities, and we can continue to work together in harmony if everyone will try to appreciate the situation from the other man's point of view.

Again, the management is handicapped by a lack of competitors. At this time last year, 19 candidates for assistant manager were competing, whereas today we have only eight. This is a big handicap, for the efficiency of the management, and it is hard for you men to be deprived of certain attentions that you have had in former years. We have tried several methods to swell the number of competitors, but without avail. However, while
small in numbers, we will try to do all that is in our power to
make your end of the work a success, as well as a pleasure.

The spirit of cooperation in track in the University has
been more noticeable than in other universities during the last
few years. This is a year for even greater cooperation. As Professor
Andrews said at the Athletic Rally, "Everyone must be prepared to
make sacrifices". Cornell was highly commended by army officers
last summer, for her decision to continue athletics this year, and
to make them universal among the undergraduates. Let us show that
it was not only our purpose to do this, but that we are doing it,
that our spirit of cooperation and harmony is stronger than ever,
that we have surmounted unusual difficulties. Then we can justly
claim success.
Most of the jokes subscribed for this issue were of such a nature that modesty and a regard for freshman morals forbade their publication. (See footnote).

To the editor:

We pity the Germans if Windnagle leaves a trail when he flies like he did in the hare and hound chase. It will take more than a dashound to nose him out.

Sore Subscriber.

NOTICE. Mac was going to lend the basket his picture to help fill out the joke column, but the management thought that the combination of the picture and the original in the room at the same time would make things too hilarious.

NOTE. Although unable to be printed, many of these jokes deserve a hearing. Upperclassmen may obtain a personal interview by applying to the censor.