

# Preventing Adolescent HIV Risk Behaviors: Context, Development, and Behavior

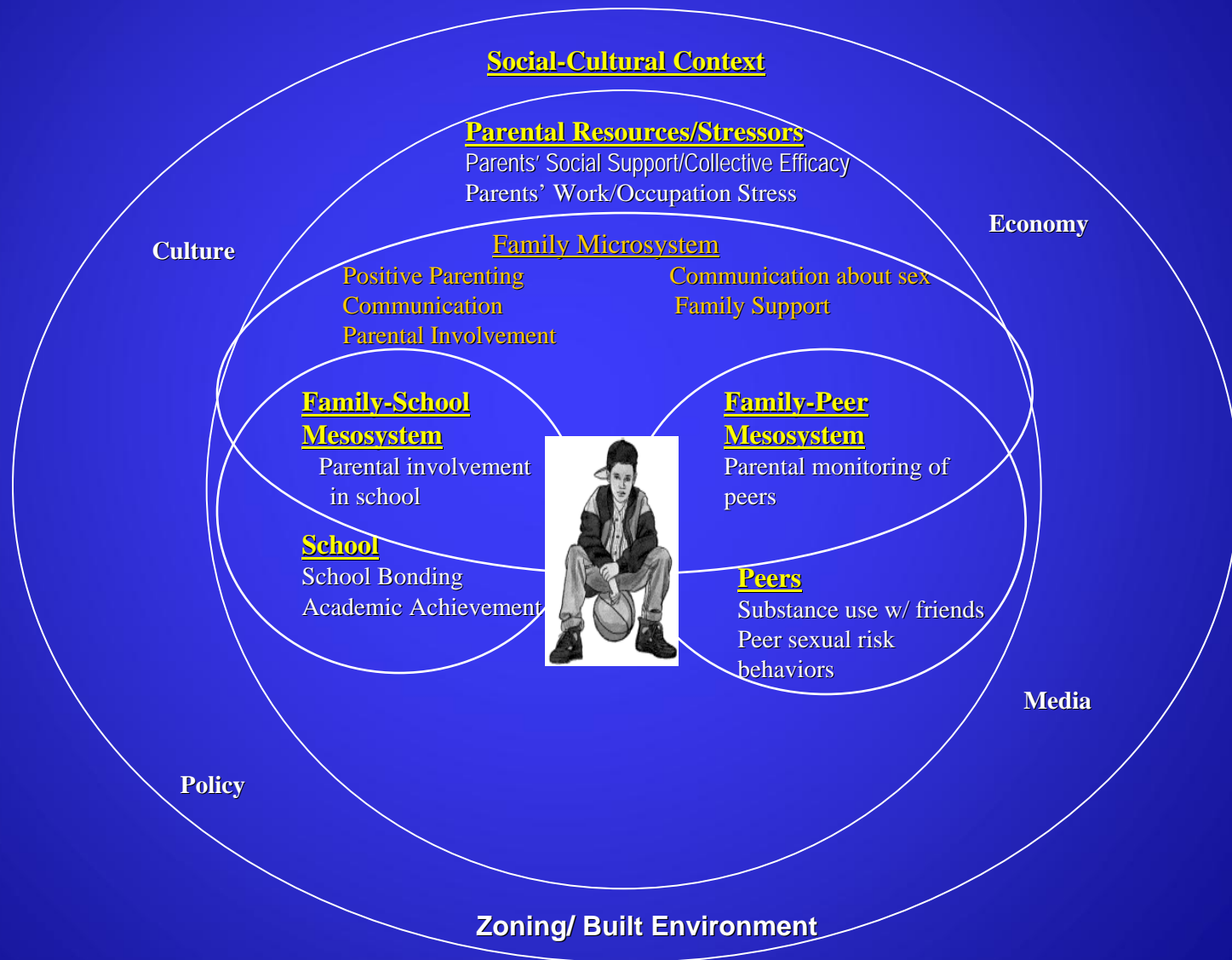
Guillermo Prado, Ph.D  
Department of Epidemiology and Public Health

Adolescent Sexual Health Symposium  
February 3-4, 2009



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UNIVERSITY OF MIAMI

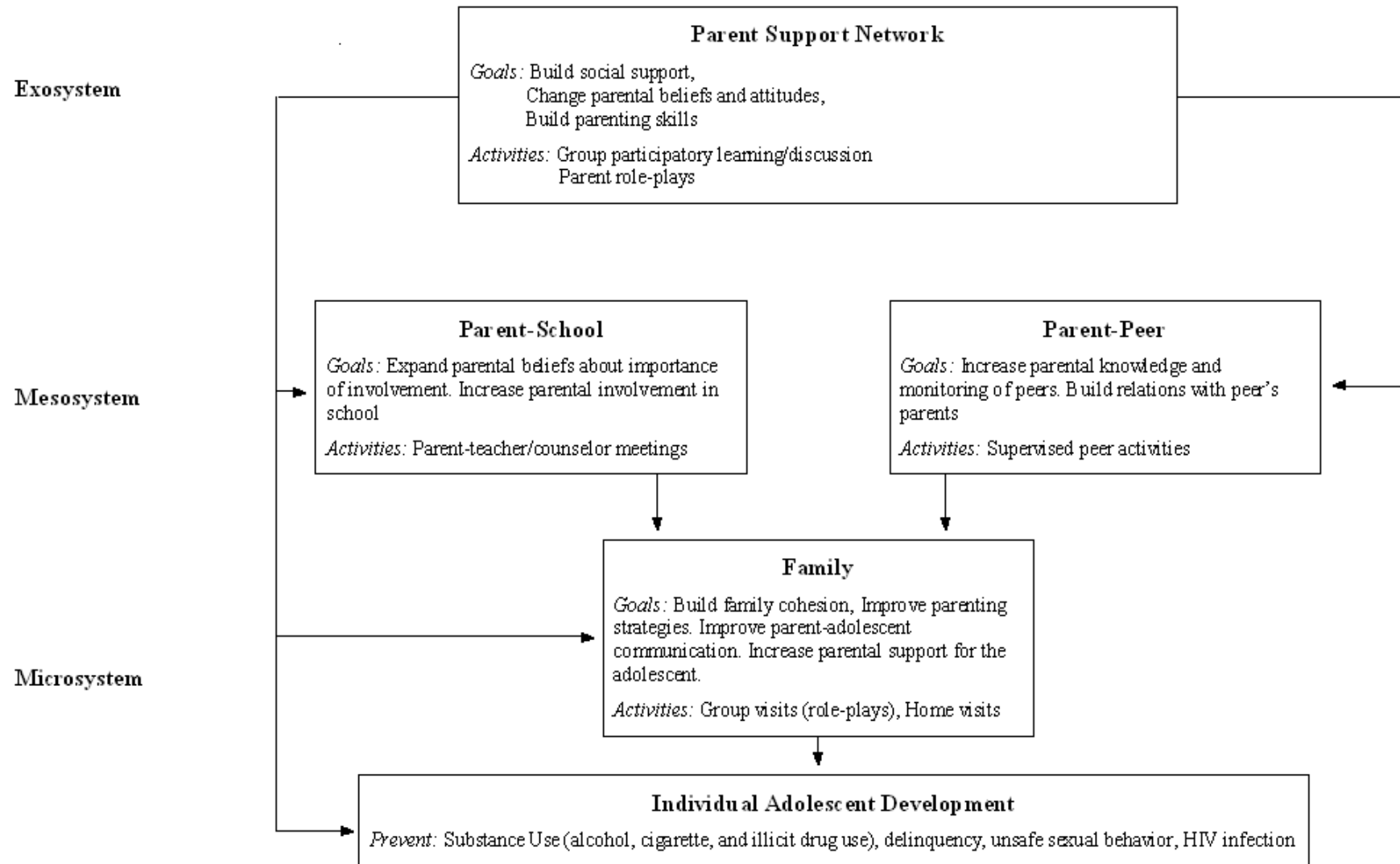
# Ecodevelopmental Theory



# **HIV Risk Preventive Interventions**

***Family plays a salient role***

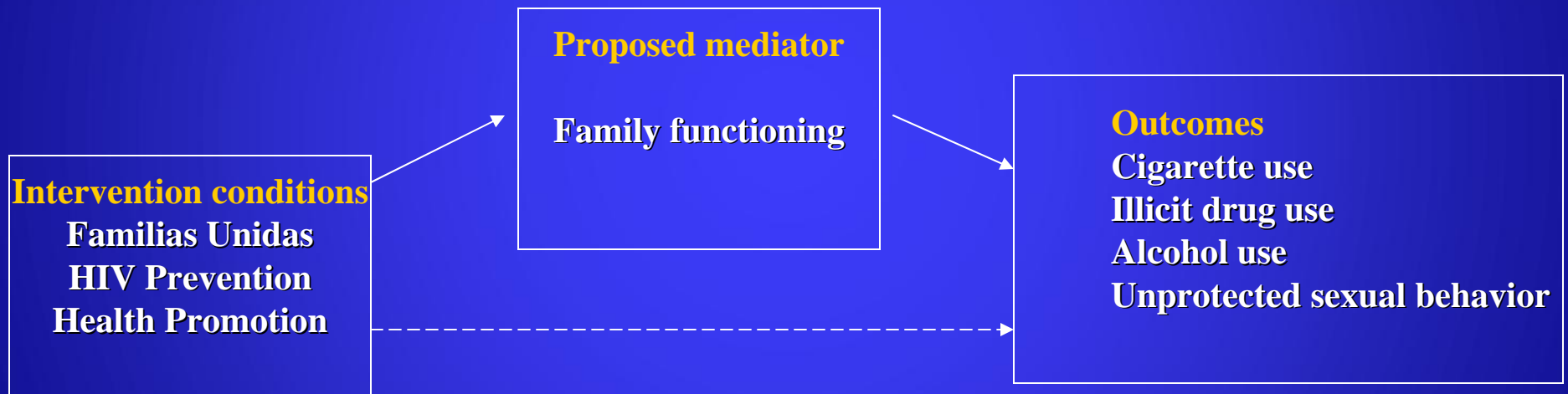
# Familias Unidas



# Familias Unidas Efficacy Study

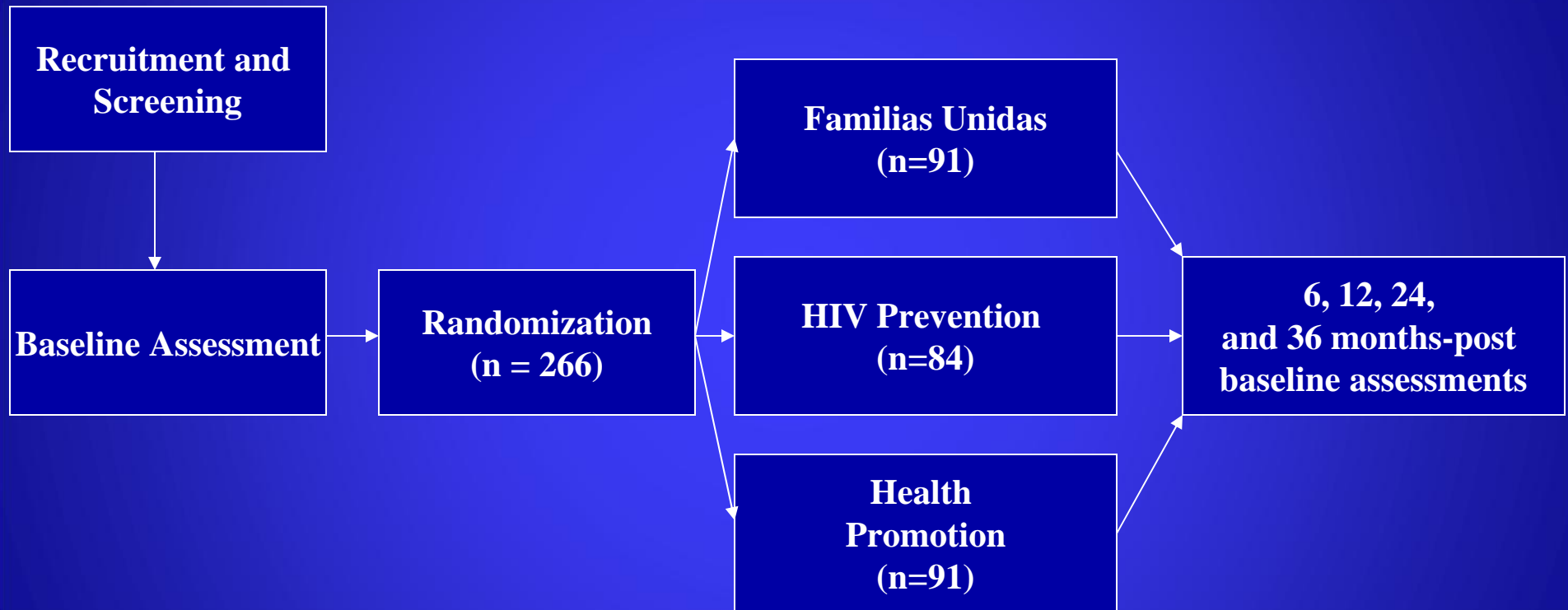
*funded by NIMH, Grant # MH63402*

## Study Hypotheses:

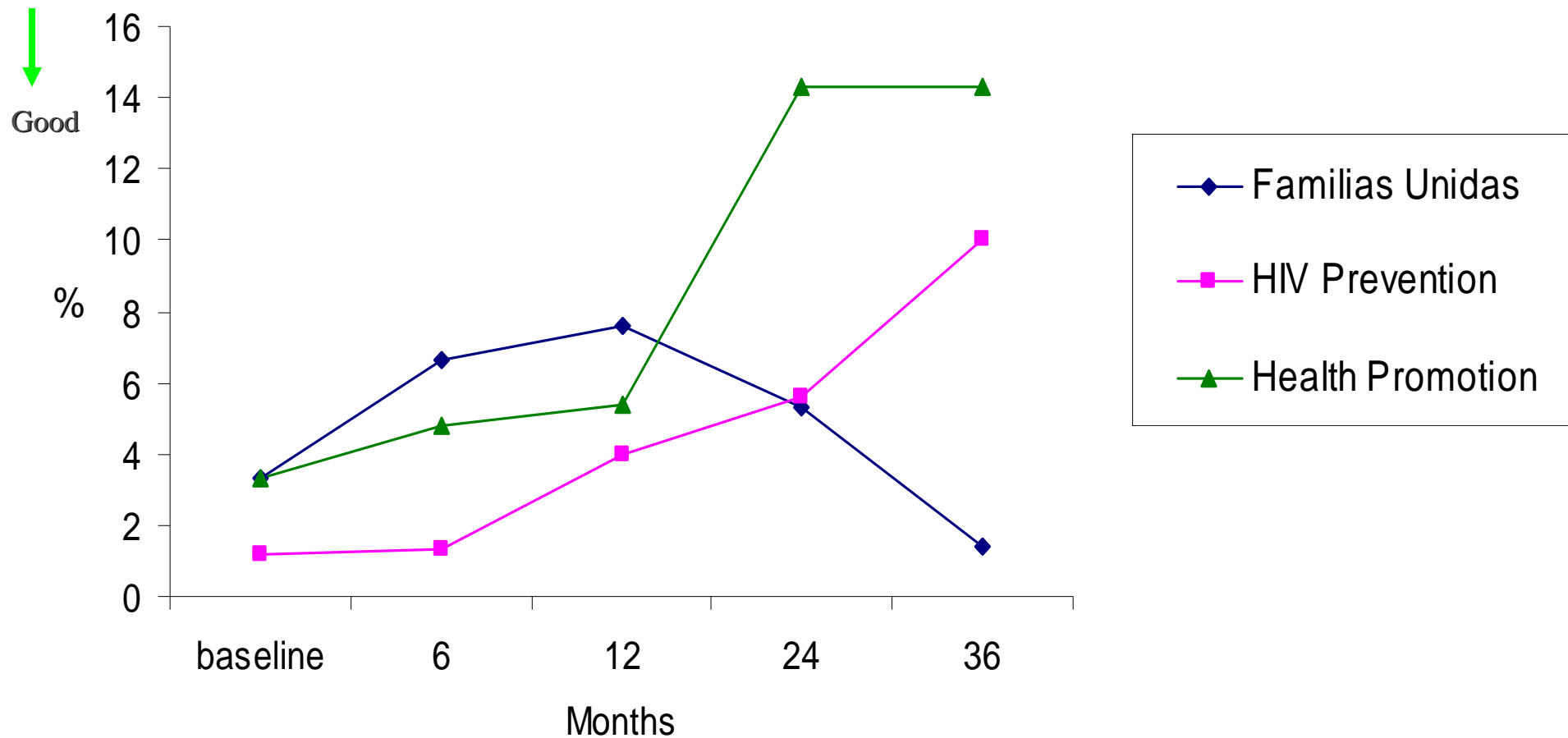


Prado, G., Pantin, H., Briones, E., Schwartz, S., Feaster, D., Huang, S., Sullivan, S., Tapia, M., Sabillon, E., Lopez, B., & Szapocznik, J. (2007). A randomized controlled trial of a parent-centered intervention in preventing substance use and HIV risk behaviors in Hispanic adolescents. *Journal of Consulting and Clinical Psychology, 75*, 914-926.

# Study Design



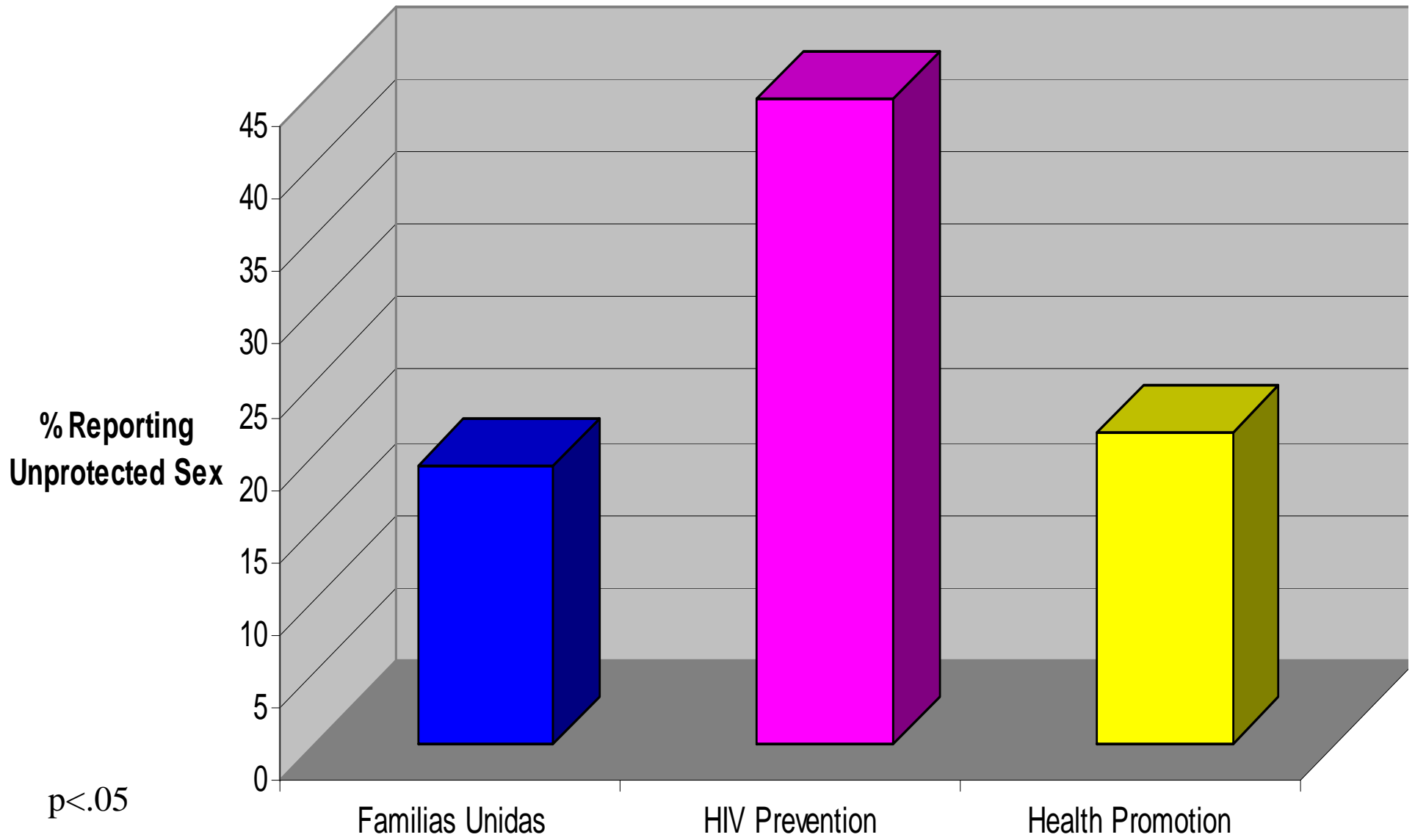
# Results: Smoking – Past 90 days



Familias Unidas vs HIV Prevention,  $p < .002$

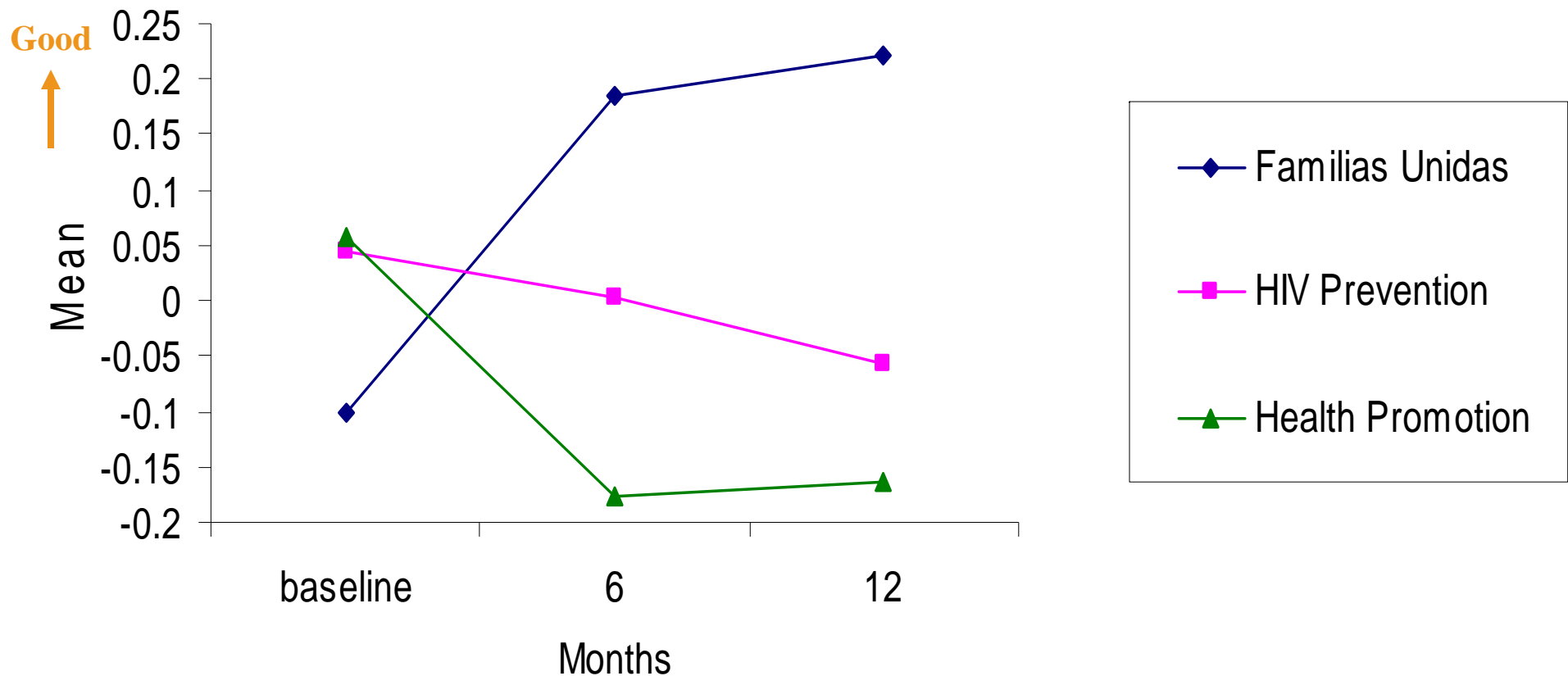
Familias Unidas vs Health Promotion,  $p < .008$

# Unprotected Sex at Last Encounter





# Results: Family Functioning



Familias Unidas vs HIV Prevention,  $p < .02$

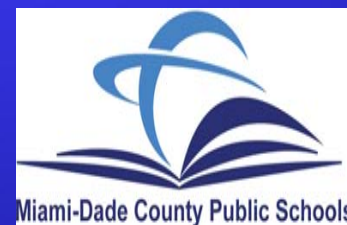
Familias Unidas vs Health Promotion,  $p < .0005$

**Familias Unidas Stage III Study: Preventing  
Substance Use in Hispanic Youth**  
*Funded by NIDA Grant # DA025192*

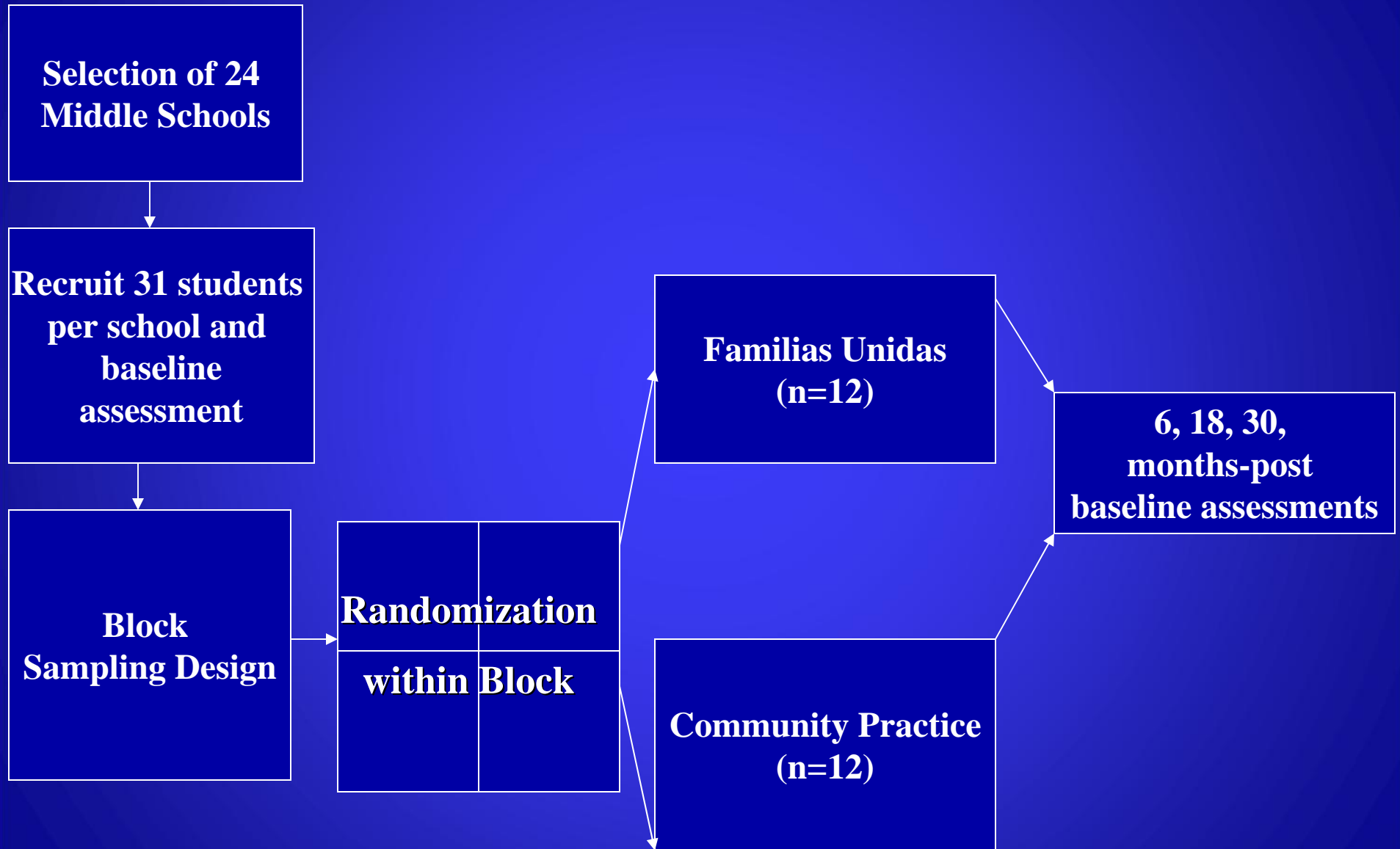
**PI: Guillermo Prado**

**Co-Investigators: Hilda Pantin, Kathryn McCollister,  
Susie Berrios, Maria Tapia**

**A collaboration between**



# Study Design



# Research

to

# Practice

