



# Breast Cancer and The Estrogen Connection Resource Guide: Alternatives and Recycling

March 2009

## SOURCES OF STAINLESS STEEL WATER BOTTLES



Brand	Web Address
Bean Canteen	<a href="http://www.lbean.com/">http://www.lbean.com/</a>
BILT	<a href="http://www.ems.com/">http://www.ems.com/</a>
Earthlust	<a href="http://www.onlinefitness.com/">http://www.onlinefitness.com/</a>
Green Bottle	<a href="http://www.greenbottleonline.com/">http://www.greenbottleonline.com/</a>
Guyot Designs	<a href="http://www.karstsports.com/">http://www.karstsports.com/</a>
Klean Kanteen	<a href="http://www.rei.com/">http://www.rei.com/</a> , <a href="http://www.thesoftlanding.com/">http://www.thesoftlanding.com/</a>
Nalgene (stainless steel)	<a href="http://www.backcountry.com/">http://www.backcountry.com/</a> , <a href="http://www.ems.com/">http://www.ems.com/</a>
Nalgene/Guyot	<a href="http://www.karstsports.com/">http://www.karstsports.com/</a>
Nathan	<a href="http://www.karstsports.com/">http://www.karstsports.com/</a>
New Wave Enviro	<a href="http://www.amazon.com/">http://www.amazon.com/</a> , <a href="http://www.nutritionlifestyles.com/">http://www.nutritionlifestyles.com/</a>
Thermos	<a href="http://www.thermos.com/">http://www.thermos.com/</a> (water bottles AND sippy cups, food containers, insulated hydration bottles, hot beverage containers, coffee mugs)
Think Sport	<a href="http://www.karstsports.com/">http://www.karstsports.com/</a> , <a href="http://www.thesoftlanding.com/">http://www.thesoftlanding.com/</a>

## AVOIDING BISPHENOL-A

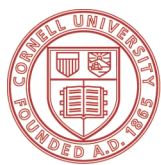
Eden Organics Beans	<a href="http://www.edenfoods.com/">http://www.edenfoods.com/</a>
CD and DVD recycling	<a href="http://www.backthruthefuture.com/">http://www.backthruthefuture.com/</a> , <a href="http://www.cdrecyclingcenter.com/">http://www.cdrecyclingcenter.com/</a> , <a href="http://www.greendisk.com">http://www.greendisk.com</a>

## USE BIODEGRADABLE DETERGENTS that use PLANT-BASED SURFACTANTS

Laundry Detergent	Dish Soap	Dishwasher Detergent
Arm & Hammer Essentials	Earth Friendly Ultra Dishmate	Citra
Biokleen	Ecover	Clean Rinse
Bio Pac	Full Circle	Earth Friendly Ultra Wave
Ecos	Green Works	Ecover
Ecover	Mrs. Meyers	Mrs. Meyers
Planet	Planet	Planet
Seventh Generation	Seventh Generation	Seventh Generation

## RECYCLING ELECTRONICS

Batteries and Accessories	Office Depot
Cell Phones	Any Verizon Wireless Store, Best Buy, Office Depot, participating AT&T Stores, Staples
Computers, Laptops, TVs, PC #7 Plastics	Call your local Solid Waste Management Facility
eCycling resource (EPA)	<a href="http://www.epa.gov/osw/conserve/materials/ecycling/index.htm">http://www.epa.gov/osw/conserve/materials/ecycling/index.htm</a>
Rechargeable Batteries	Best Buy



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