

PSYCH 1101: INTRO TO PSYCHOLOGY

Fall 2022

10:10-11 am MWF in Bailey Hall

Click [here](#) for a short video introduction to the course and syllabus:

Instructor: Kat Caldwell

Email: kac226@cornell.edu

Office Hours: Office hours will be 15-minute, one-on-one meetings on Mondays from 12:00-2pm for which you must sign-up: <https://calendly.com/katcaldwellcornell/office-hours-fall-2022>

Graduate Student TAs

Jerry Richardson jsr335@cornell.edu

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TA Office hours are posted on Canvas.

***NOTE:** Office hours are a way for the teaching team and me to answer course questions and offer academic support. Attendance for these meetings is not required or monitored. You are encouraged to come to office hours if you need to brainstorm issues without a specific question in mind, inform the team of what is unclear, and even ask about study tips! We ask that you are caught up with course materials (lectures and readings) prior to attendance and treat us with grace if we get stuck.*

Course Description

Psychology is a “hub” discipline that relates to many fields of study. Studying psychology can help us understand ourselves and others- and can even help us solve some of the most pressing problems facing humanity. This course provides an overview of the field of psychology, including the major theories, principles, and methodologies of psychology. Biological psychology, sensation and perception, memory, cognition, emotion, motivation, human development, personality, the social bases of behavior, and psychopathology are all examined. We will consider the implications of key psychological theories and findings on current and

relevant issues of the day. Always, we will keep in mind the complexities of culture and individual differences in our interpretations and understandings.

Student Learning Outcomes (SLOs)

1. Identify major concepts, theories, empirical findings, and historical trends in psychology.
2. Understand how social science methods are used to analyze, investigate, and predict human individual or group behavior.
3. Develop critical thinking skills about psychological theory and research, including becoming a critical consumer of psychology in the media.
4. Consider how our knowledge of psychology is shaped by culture (values, beliefs, and behaviors at the individual, group and institutional levels).
5. Consider how people and their behaviors are shaped by a combination of nature (genetics) and nurture (experiences, values, beliefs, and behaviors at the individual, group, and institutional levels).

Attendance and Resources

I highly recommend you attend classes in person. A pdf of lecture slides will be available directly after each class. Class recordings will be posted as soon as they are available.

Textbook and Reading Assignments

We have adopted a custom, open, and free textbook from the Noba Project. You may access the textbook at: <http://noba.to/bewxqz76>

I strongly encourage you to utilize the textbook online to take advantage of all of the features, including self-quizzes. In addition, you may save the book as a pdf and print it if you would like.

Note: Often, there will be overlap between lecture content and the textbook readings, but not always. You are responsible for knowing the content from both lectures and the assigned textbook readings, as posted at the end of this syllabus.

Weekly Quizzes (beginning week of September 12)

Each week you will be assigned a 10-question quiz on Canvas. You will have a 24-hour window to complete the quiz outside of class, and you will have 30 minutes to answer each quiz once you begin the quiz (students with SDS accommodations will get whatever extra time specified in their letter. SDS letters **must be submitted before the first quiz**). **Each quiz will become available on Monday at 11:59pm ET and is due Tuesday at 11:59pm ET. Each quiz will test knowledge from the prior week's lecture and readings.** We ask that you take these privately and do not communicate with other students in the course. You may, however, use whatever

materials you have available. We will automatically **drop your two lowest scores** as a way to accommodate any emergency situations, illnesses, or just a rough week.

Final Exam (TBA, online on Canvas)

There will be one final, cumulative exam covering the content of the readings and the lectures to be administered during the week of final exams. This will be a multiple choice exam, consisting of 75 questions, and will be administered online on Canvas (as with the quizzes). *A study guide will be provided for the final exam.*

Grading

Your final grade will be calculated as follows:

- Weekly Quizzes (dropping 2 lowest quiz grades): 70%
- Final Exam: 30%

Extra Credit (5%)

You may participate in psychology experiments for extra credit via the SONA online experiment portal. In SONA, each 1/2 hour of experiment time is worth 1 point. You are permitted up to 5 experiment points for extra credit in this course, and each point is worth 1 percentage point added to your final grade (so you can receive up to 5% extra credit added to your final grade). Information on how to use the SONA system can be found in the [SONA participant factsheet](#). Please note that neither the professor nor the TAs has control over the SONA system (we simply receive a report at the end of the semester with the number of points you've completed). So please direct all questions regarding the SONA system directly to the SONA administrator at sona-admin@cornell.edu.

If you are under 18 you are not legally allowed to participate in experiments. In this case, please email the head TA, [Jerry Richardson](#), for an alternative source of extra credit.

Final letter grade assignments (grades will be rounded up):

A+: 99 and above | A: 94-98 | A-: 90-93 | B+: 87-89 | B: 84-86 | B-: 80-83 | C+: 77-79 | C: 74- 76 | C-: 70-73 | D+: 67-69 | D: 64-66 | D-: 60-63 | F: below 60

Students with Disabilities

If needed, please have a Student Disability Services (SDS) accommodation letter sent early in the semester. If you would like to discuss your arrangements confidentially and privately, please email me for an appointment. If you need an accommodation for equal access, please send SDS an email message at sds_cu@cornell.edu. If the need arises for additional accommodations during the semester, please contact SDS.

Academic Integrity

Please familiarize yourself (if you haven't already) with Cornell's code of academic integrity here: <https://theuniversityfaculty.cornell.edu/academic-integrity/code-of-academic-integrity>

I ask that you respect your fellow students, TAs, and instructor by adhering to these ethical standards in your work. If you have any questions about whether something might constitute a breach of academic integrity, please do not hesitate to ask one of the TAs or your instructor.

Course Calendar

(any changes will be announced)

Date	Topic/ Weekly Readings
How Do We Know What We Know?	
Aug 24, 26 <i>(no class Aug 22)</i>	1. History of Psychology
Aug 29, 3, Sep 2	2. Sensation and Perception
Sep 7, 9 <i>(no class Sep 5, Labor Day)</i>	3. States of Consciousness
Sep 12, 14, 16 <i>Quiz Due: Tuesday at 11:59pm</i>	4. Failures of Awareness: The Case of Inattentional Blindness
Sep 19, 21, 23 <i>Quiz Due: Tuesday at 11:59pm</i>	5. Thinking like a Psychological Scientist
	6. The Replication Crisis in Psychology
	7. Research Designs
What Makes Us Who We Are?	
Sep 26, 28, 30 <i>Quiz Due: Tuesday at 11:59pm</i>	8. Attachment Through the Life Course
	9. Social and Personality Development in Childhood
	10. Personality Traits

Oct 3, 5, 7 <i>Quiz Due: Tuesday at 11:59pm</i>	11. Evolutionary Theories in Psychology 12. Epigenetics in Psychology
Oct 12, 14 (no class Oct 10, Fall Break) <i>Quiz Due: <u>Thursday</u> at 11:59pm</i>	13. The Brain and Nervous System
Oct 17, 19, 21 <i>Quiz Due: Tuesday at 11:59pm</i>	14. Mood Disorders 15. Anxiety and Related Disorders 16. Social Anxiety
Oct 24, 26, 28 <i>Quiz Due: Tuesday at 11:59pm</i>	17. The Healthy Life 18. Relationships and Well-being
Oct 31, Nov 2, 4 <i>Quiz Due: Tuesday at 11:59pm</i>	19. Happiness: The Science of Subjective Well-Being 20. Positive Psychology
How Do We Learn and What Motivates Us?	
Nov 7, 9, 11 <i>Quiz Due: Tuesday at 11:59pm</i>	21. Conditioning and Learning
Nov 14, 16, 18 <i>Quiz Due: Tuesday at 11:59pm</i>	22. Memory 23. Factors Influencing Learning
Nov 21 (no class Nov 23 & 25, <i>Thanksgiving Break</i>) <i>Quiz Due: Tuesday at 11:59pm</i>	24. Motives and Goals 25. Functions of Emotions 26. Emotion Experience and Well-Being
Nov 28, 30, Dec 2 <i>Quiz Due: Tuesday at 11:59pm</i>	27. Prejudice, Discrimination, & Stereotyping 28. Psychology of Racism 29. Conformity and Obedience
Dec 5 – Last Day of Class	30. Social Neuroscience
FINAL EXAM: December 9 at 9am	