CORNELL BIG RED

THE WASTEBASKET

CORNELL CROSS COUNTRY & TRACK NEWSLETTER

Lou Duesing, Head Coach — Alberding Field House

October 1994

Army/East Stroudsburg/Syracuse
Moakley Course
September 9, 1994

The Big Red opened its 1994 cross country season with the traditional quadrangular meet with Army, East Stroudsburg and Syracuse. The meet was supposed to be run at Army, but construction on its golf course necessitated a change of venue and brought us back to the Moakley course. The Army men's team returned five of its top seven runners from last year's NCAA seventh-place-team – and they went after it at the opening gun. The Cadets placed 1-3-4-5-6-7 to handily defeat the Red 19-41. One very bright spot for Cornell was the outstanding performance of senior captain Carl Anstrom. Hard and consistent work over the summer has brought Carl to a very fit status. His second-place finish (25:53) was one second faster than Brian Clas ran on the Moakley course last year. Seniors Josh Martin (8th 26:54) and Tyson Sacco (9th, 27:13), along with sophomores John Steed (10th, 27:16) and Jeff Nason (16th, 27:39) provided the scoring places. The subsequent placers for Cornell included Bharat Guthikonda (19th, 27:46), Chris McLain (22nd, 27:53), Artie Smith (23rd, 27:55) and Wan Park (25th, 27:57). Jayvee racers Larry Gosse (1st, 27:44) and Dan Sherry (4th, 27:52) would have broken into the top seven, but would not have affected the team scores. The men also handily defeated Syracuse (19-44) and East Stroudsburg (15-50).

For the women, it was deja vu all over again, as they easily defeated Army (20-41) and Syracuse (15-50), while East Stroudsburg competed only one person. Leading the way for the women was senior captain Laura Woeller (1st, 18:24) followed by Kate Walker (2nd, 19:01), Sophie Hartshorn (4th, 19:22), Megan Kilbride (6th, 19:34), Ginny Ryan (7th, 19:43), Colleen Costello (8th, 19:48), Allison Mulcahy (9th, 19:55) and Laura Audette (10th, 20:08). Three freshmen and three sophomores were in this group of eight runners.

For both the men and the women it was obvious that this was a first race. Many were rusty, slow in reacting or just a little race dull. But that's why we have first races.

Fordham Invitational
Van Cortlandt Park
September 17, 1994

Hot, humid and uncomfortable weather greeted the harriers as they prepared for 19 women's and 25 men's teams, in the Bronx. For both teams the visit to Van Cortlandt Park was an opportunity to renew their familiarity with that unique cross country course. For the newcomers, it was baptism under fire. While the course is clearly safer than it's been in a long time, it was very sandy, dry and slow. The men's race proved to be a preview of the Heps with the Red facing Penn, Harvard, Princeton and Navy. We saw some definite improvement from week one with a third-place finish (99) to Penn (89) and Princeton (92) and ahead of Edinboro (118), Navy (122), Fairleigh Dickinson (179), St. John's (190) and Harvard (222). Carl Anstrom (3rd, 26:02) led the way for Cornell and was the first Heps finisher! Josh Martin (12th, 26:40) gave another very solid performance, along with Tyson Sacco (17th, 26:50), John Steed (29th, 27:11) and Jeff Nason (29th, 27:26). Artie Smith (48th, 27:46) and Wan Park (49, 27:47) completed the top seven, with freshman Dan Sherry (54, 27:51) giving a very strong performance in his first five-mile race at Van Cortlandt Park.

The women's race did not have the same number of Heps participants that the men's race had, Harvard being the only other Ivy team. Without the services of Laura Woeller (her brother was being married in Dayton), the Big Red women responded very posi-

tively as Cornell (37) won the meet, with Harvard (51), Edinboro (60), host Fordham (125), and Manhattan (172) leading the field of 19 teams. Taking advantage of the opportunity, Kate Walker (19:18) stepped forward to win the race. She received solid support from Linda Scheu (5th, 19:47) and Sophie Hartshorn (6th, 19:49) along with Megan Kilbride (12th, 20:12) and Allison Mulcahy (13th, 20:20). Colleen Costello (17th, 20:25) and Ginny Ryan (28th, 20:26) completed the top seven.

by Artie Smith

Meet the Big Red

The unprecedented recent success of the Cornell men's and women's cross country teams has not been solely because of the efforts of a few individual stars. Although the Red has certainly produced more than its share of All-Americans, the main reason for Cornell's winning ways has been the strong commitment to the concept of the team. No runner better symbolizes this loyalty and dedication to the Big Red than senior harrier Dean Bowles. Despite a number of individual accomplishments on the track and in cross country, Bowles sees the "friendship and sense of community" as the best part of his experience with the Cornell cross country and track program.

Bowles adds that he is most proud, not of individual successes, but of some team-related goals that have been accomplished during his running career at Cornell. Reflecting back on a fruitful track career for the Red, Bowles points to his anchor leg on the 1993 indoor 4x800 Heps relay team that enabled the Red to score in that event and earn all four members of the team their first "sashes" as one of the highlights of his running career. A self-described "big meet runner," Bowles focuses his energy on peaking for championship races. Motivated by last year's team victory in the cross country Heps, Bowles sees a strong season ahead for the team this year. "A lot of unexpected things happen at the Heps and we have the type of team that can really pack together and do well," he said.

Even Bowles' choice of events has been influenced by his desire to help the team improve. A successful 800-meter runner in track since high school, Bowles moved up to the mile during last year's track season because he realized that the team's major needs in the future would be in the mile, rather than the shorter races that he was accustomed to running. His concern for the success of the team has not gone unnoticed by teammates. Sophomore Wan Park describes Bowles as, "someone I really look up to" because of his friendly ways and seriousness in practice. Adds cross country captain Carl Anstrom, "Dean is really willing to go after it in races and in practice."

His hard-working nature has not been limited to the track and cross country courses at Cornell, however. A mechanical engineer from Hudson, N.H., Bowles has been placed on the Dean's List every semester he has been at Cornell and is a member of the Red Key Society. "I came to Cornell because it is most like my personality. Both academics and athletics are important here and I've been able to combine both without conflict of interest," he said. But what most stands out in his mind is the "unique sense of family that comes with being a part of the Cornell track team." Bowles' concern for the success of the team and his seriousness and dedication in practice will be a major factor in the men's cross country team's defense of their Heps title.

Another senior cross country runner who has led the Big Red to some exciting successes has been the women's captain, Laura Woeller. A three-time All-American, Woeller, like Bowles, is very concerned with the success of the team. Despite one of the most storied individual running careers in Cornell track and cross country history, Woeller has not rested on her laurels. This year, Woeller says she has tried to broaden her efforts and ways of helping the team. Her goals are no longer to contribute to Cornell's success by simply being the Red's top runner, but by being a leader for the young, talented women's team that is looking for its fourth straight Heps cross country title. "I've been working really hard and am very confident about my running and have some lofty goals. But I've also been trying very hard to be a real leader and include everyone in everything."

A chemical engineer from Fulton, N.Y., Woeller points to the team as providing the best memories

of her years at Cornell. "I've met so many people I normally wouldn't have met because of the team. The team has given me so much and I've had so many great experiences." The school record holder in the 3000-meter run, and five-time Heps champion (including last year's individual cross country title), Woeller has certainly given a great deal of herself to the team in return. A member of the USA Junior World Cross Country team her freshman year, Woeller not only has experience at the NCAA meet, but has run against international competition. As the first American and fourth place finisher overall at last year's indoor NCAA 3,000-meter race, Woeller has continued Cornell's tradition of success at the national level, and has established herself as one of the top runners in the nation.

Many see Woeller's enthusiasm for running in general, and the team in particular, as a fundamental personality trait that has helped inspire the team and herself to success. Junior Linda Scheu also praises Woeller's "tenacious desire to excel" as another important reason behind her success. Sophomore Kate Walker agrees, adding that "Laura hates to lose. She's a great competitor, but there's more to her than just being a great runner. She is able to concentrate on running, and at the same time have fun and laugh and joke before a race."

A member of the Quill and Dagger, the Red Key Society, and the social chair for the local chapter of the American Institute of Chemical Engineers, Woeller does not limit herself to running. Whether she is out collecting herbs on Saturday mornings with fellow green thumb Scheu, or laughing at herself for being "too uncoordinated to do any other sport," Woeller is always on the lookout for new experiences and good times. But when discussing the upcoming cross country Heps, Woeller turns serious. "My first three years here we've won the Heps and more than anything I want to do that again. I think we are capable of it and can do it." Behind the experienced leadership and confidence of Woeller, the women's cross country team appears to be headed for even more success.

1994 Cornell University Cross Country Schedule

Friday, Sept. 9	Army, Syracuse, E. Stroudsburg	Ithaca, N.Y.
Saturday, Sept. 17	Fordham Invite	New York, N.Y.
Saturday, Oct. 1	Minnesota Invite Le Moyne Invite	Minneapolis, Minn. Syracuse, N.Y.
Saturday, Oct. 15	National Invite	State College, Pa.
Friday, Oct. 21	John Reif Memorial Run	Ithaca, N.Y.
Friday, Oct. 28	Heptagonal Championships	New York, N.Y.
Saturday, Nov. 12	IC4A/ECAC Championships	Boston, Mass.
Monday, Nov. 21	NCAA Championships	Fayetteville, Ark.

1994-95 Cornell Men's Cross Country and Track Roster

	Name	Event	Cl.	Age	School/Hometown
	Anderson, Dan	Jmps.	Sr.	21	Unionville HS/Kennett Square, Pa.
+	Anstrom, Carl	Dist.	Sr.	21	Maine Endwell HS/Endicott, N.Y.
	Ayres, Brian	Dist.	So.	19	West Orange HS/West Orang, N.J.
	Banks, Justin	Hdls.	Fr.	18	Nashua HS/Nashua, N.H.
	Beers, Matt	Wts.	Sr.	21	Union-Endicott HS/Endicott, N.Y.
**	Belcher, Paul	Spts.	Jr.	20	Parkdale HS/New Carrollton, Md.
	Bentley, Will	Spts.	Sr.	21	Indianapolis North HS/Indianapolis, Ind.
**	Bowles, Dean	MDist.	Sr.	21	Bishop Guertin HS/Hudson, N.H.
*	Bryant, Antoine	Hdls.	Sr.	21	Hunter College HS/Brooklyn, N.Y.
*	Bullock, Trenton	Hdls.	Jr.	20	Fitch HS/Austintown, Ohio
	Cheung, Alan	Hds.	So.	19	Dulwich College/Hong Kong
	Ciccolini, Floyd	Wts.	Fr.	18	Indian Valley HS/Lewistown, Pa.
	Collins, Lance	Spts.	So.	19	Lakeside HS/Seattle, Wash.
	Coyne, Rodger	MDist.	So.	19	Charles E. Gorton HS/Yonkers, N.Y.
	Davis, Lonnie	Jmps.	Jr.	20	Northrop HS/Fort Wayne, Ind.
	Douglas, David	Dist.	So.	19	George Mason HS/Fairfax, Va.
	Duquella, Marc	Wts.	So.	19	Seton Catholic HS/Vestal, N.Y.
	Evans, Jeff	PV	Sr.	21	Marlboro HS/Colts Neck, N.J.
	Giasomo, Russell	PV	So.	19	Williamsville North HS/East Amherst, N.Y.
	Goldenberg, Glenn	Dist.	Fr.	18	Brush HS/Lyndhurst, Ohio
	Gosse, Larry	Dist.	So.	19	Ithaca HS/Ithaca, N.Y.
	Guithikonda, Bharat	Dist.	Jr.	20	Fonda HS/Fonda, N.Y.
*	Hunter, Chad	Spts.	So.	20	Lock Haven HS/Lock Haven, Pa.
	Jaketic, Bryan	Dist.	Fr.	18	Solon HS/Solon, Ohio
	Kluegel, Travis	Hdls.	Fr.	18	Mahtomedi HS/Mahtomedi, Minn.
	Laguerre, Jacques	MDist.	So.	19	Chaminade HS/Dix Hills, N.Y.
	Larson, Erik	Hds.	Fr.	18	Arapahoe HS/Littleton, Colo.
***	Lias, Malcolm	MDist.	Sr.	21	Victor HS/Victor, N.Y.
	Levirne, Jacob	Dist.	Fr.	18	Don Bosco Area HS/Hawthorne, N.J.
	Magnuson, Sean	Wts.	Sr.	22	Devils Lake HS/Devils Lake, N.D.
	McLain, Chris	Dist.	Jr.	20	Binghamton HS/Binghamton, N.Y.
	Moore, Brian	Hdls.	Fr.	18	Mercersburg Academy/Washington, D.C.
	Moynihan, Matt	Dist.	Fr.	18	Victory HS/Macedon, N.Y.
*	Nason, Jeffrey	Dist.	So.	19	Coeur d'Alene HS/Coeur d'Alene, Idaho
	Padilla, Mike	Dist.	Jr.	20	Shelton HS/Shelton, Conn.
	Park, Wan	MDist.	So.	19	Seekonk HS/Seekonk, Mass.
	Potenza, Christopher	Jmps.	Fr.	18	St. Joseph's Collegiate/East Amherst, N.Y.
	Quicke, Matthew	MDist.	Sr.	21	Norfolk Academy/Virginia Beach, Va.
	Reyl, Ryan	Jmps.	Jr.	20	Kenston HS/Chagrin Falls, Ohio
	Rivera, Antonio	Spts	So.	19	Elizabeth HS/Elizabeth, N.J.
	Rivera, Jason	Jmps	So.	19	Cliffside Park HS/Cliffside Park, N.J.
	Ryan, Christopher	Dist.	Fr.	18	Batavia HS/Batavia, N.Y.
**++	Sacco, Tyson	Dist.	Sr.	21	Penfield HS/Penfield, N.Y.
	Sherry, Dan	Dist.	Fr.	18	Northport HS/Northport, N.Y.
	Shimooka, Charles	PV	Jr.	20	San Pasqual HS/Escondido, Calif.
	Simon, Jon	Spts.	So.	19	Lawrence HS/Lawrence, N.Y.
	Smith, Artie	Dist.	Jr.	20	Oak Park HS/Oak Park, Ill.
	Sparks, Chad	Spts.	So.	19	Punahou School/Honolulu, Hawaii
*	Steed, John	Dist.	So.	19	Johnson City HS/Johnson City, N.Y.
	Sullivan, Joshua	PV	So.	19	SouthwestSecondary/Minneapolis, Minn.
	Swaminathan, Aravind	Dist.	So.	19	Pingry School/Mountainside, N.J.
	Trager, Jon	Dist.	So.	19	Shenendahowa HS/Clifton Park, N.Y.
	Traver, Dan	Dist.	Fr.	18	Benet Academy/Wheaton, Ill.

	Vaughn, Darth	Jmps.	So.	19	Highland Park HS/Topeka, Kan.
	Vernon, Dan	Dist.	Jr.	22	Banting SS/London Ontario
**	Vibbert, Don	PV	Sr.	22	Methacton HS/Audubon, Pa.
	Volles, Mike	Dist.	Fr.	18	Onandaga Central HS/Marietta, N.Y.
	Wilkens, Chris	Dist.	So.	19	Pittsford Southerland HS/Pittsford, N.Y.
	Williams, Chad	Dist.	Fr.	18	Summit HS/Summit, N.J.
	Williams, Gregory	PV	So.	19	Marquette University/Wauwatosa, Wis.
*	Wiltshire, Rodney	Jmps	Jr.	20	Troy HS/Troy, N.Y.
	Woodmansee, Zach	Dist.	Fr.	18	Auburn HS/Auburn, N.Y.
	Worster, Matt	Hdls.	Fr.	18	Pinkerton Academy/Auburn, N.H.
	Zucker, Adam	Spts.	So.	19	Jamesville Dewitt HS/Dewitt, N.Y.

*Letters In Track +Letters In Cross Country
Cross Country Captain: Carl Anstrom
Track Captains: Malcolm Lias, Tyson Sacco

1994-95 Cornell Women's Cross Country and Track Roster

	Name	Event	Cl.	Age	School/Hometown
**	Akano, Rebecca	Spts.	Sr.	21	High School of the Humanities/New York, N.Y.
+*	Angelo, Giana	Dist.	Sr.	21	Liberty HS/Bethlehem, Pa.
	Audette, Laura	Dist.	Fr.	18	Shenendehowa Central/Ballston Lake, N.Y.
**	Bansfield, Nsenga	Spts.	Jr.	20	Niagara District/Niagara on the Lake, Ont.
	Barton, Debbie	Dist.	So.	19	Holly HS/Holly, Mich.
	Bensley, Wendy	Dist.	So.	19	Honeoye Falls-Lima HS/Honeoye Falls, N.Y.
*	Boppana, Aruna	M. Dist.	So.	19	Downington HS/Exton, Pa.
	Buderman, Christine	Multi.	So.	19	Connetquot HS/Bohemia, N.Y.
*	Cadile, Casey	Wts.	Sr.	21	Castilleja HS/Los Altos, Calif.
	Chang, Emily	Wts.	So.	19	Ridgewood HS/Ridgewood, N.J.
	Coakley, Camila	Dist.	Fr.	18	Laurel School/Cleveland Heights, Ohio
	Cortes, Natalia	Jmps.	Jr.	20	Connetquot HS/Ronkonkoma, N.Y.
	Costello, Colleen	Dist.	Fr.	18	Downington Central HS/Chester Springs, Pa.
	Crandal, Elizabeth	Jmps.	So.	19	Bromfield School/Harvard, Mass.
**	Davis, Kristin	Hdls/Spts.	Jr.	20	Palatine HS/Palatine, Ill.
*	Dennison, Becky	MDist.	So.	19	Lexington HS/Lexington, Mass.
	Doman, Kristina	Hdls	So.	19	Interlake HS/Redmond, Wash.
	Entin, Lena	Dist.	Fr.	18	Cambridge Rindge & Latin/Cambridge, Mass.
	Farinas, Laura	Dist.	Jr.	20	Clifton HS/Clifton, N.J.
	Funk, Jessica	Jmps.	So.	19	Riverside HS/Fombell, Pa.,
**	Harris, Kristy	Spts/Jmps.	Jr.	20	Champaign Central HS/Champaign, Ill.
***	Harris, Lori	Multi.	Sr.	21	Upper St. Clair/Pittsburgh, Pa.
	Hartshorn, Sophie	Dist.	Fr.	18	Central HS/St. Paul, Minn.
*	Hauser, Kristen	MDist.	Sr.	21	Cornwall Central/Cornwall On Hudson, N.Y.
	Huber, Rayna	Dist.	Fr.	18	Randolph HS/Randolph, N.J.
	Jackson, Nashawndra	Spts.	Fr.	18	Ithaca HS/Ithaca, N.Y.
*	Jakelic, Anita	Jmps.	So.	20	V Gimanzija HS/Zagreb, Croatia
	Johnsson, Birgitta	MDist.	Fr.	18	Commack HS/Commack, N.Y.
	Keating, Jennifer	Spts.	Sr.	21	Sanford School/Wilmington, Del.
	Kervaski, Christine	Wts.	Fr.	18	Waynesberg Central/Spraggs, Pa.
	Kilbride, Megan	Dist.	So.	19	Pembroke Hill School/Kansas City, Mo.
	Lewis, Kimberly	MDist.	So.	19	South Windsor HS/South Windsor, Conn.
*	Matter, Kristin	MDist.	So.	19	New Paltz HS/New Paltz, N.Y.
	McKeown, Kristen	MDist.	Fr.	18	Ithaca HS/Ithaca, N.Y.

*	Mulcahy, Allison	Dist.	So.	19	Kenston HS/Chagrin Falls, Ohio
	Neitz, Jessica	Spts.	Fr.	18	Greenville HS/Luckey, Ohio
	Pederson, Anne	Dist.	Jr.	20	Hockaday School/Dallas, Texas
	Pitera, Abbe	Spts.	Fr.	18	Parkland HS/Allentown, Pa.
	Putta, Madhuri	Jmps.	So.	19	Shaker HS/Latham, N.Y.
	Randolph, Kim	Hdls.	So.	19	LaGuardia HS/New York, N.Y.
**	Rankin, Tina	Wts.	Sr.	22	Glenely HS/Woodbine, Md.
	Rarden, Xandra	Dist.	Fr.	18	Aragon HS/San Mateo, Calif.
	Reester, Heidi	MDist.	So.	19	Wellsville, HS/ Wellsville, N.Y.
	Rossi, Marissa	Wts.	So.	19	Farmingdale HS/North Massapequa, N.Y.
*	Roth, Julie	Jmps.	So.	19	State College HS/Pine Grove Mills, Pa.
	Ruggieri, Angela	Spts.	So.	19	Frontier Central HS/Hamburg, N.Y.
***	Ryan, Ginny	Multi.	Sr.	22	O'Neill Collegiate HS/Oshawa, Ont.
	Salter, Sandra	MDist.	So.	19	Pingry School/Newark, N.J.
	Schauer, Sarah	Wts.	Fr.	18	Jamestown HS/Jamestown, N.D.
	Scheu, Linda	MDist.	Jr.	20	Clarkstown North HS/New City, N.Y.
	Schmidt, Victoria	Wts.	Sr.	21	Aspen HS/Boulder, Colo.
	Simone, Jacquelyn	Dist.	Fr.	18	Half Hollow Hills HS West/Dix Hills, N.Y.
	Stepp, Kari	Hdls.	So.	19	Horseheads HS/Elmira, N.Y.
	Thompson, Christina	Dist.	Jr.	20	Classical HS/Pittsburgh, Pa.
**	Traynor, Jessica	Spts.	Jr.	20	Deerfield Beach/Deerfield Beach, Fla.
	Vanek, Teresa	MDist.	Jr.	20	Ithaca HS/Ithaca, N.Y.
+*	Walker, Katherine	MDist.	So.	19	Williamson HS/Williamson, N.Y.
***	Watkins, Jennifer	Wts.	Sr.	21	Hopewell Valley Central HS/Pennington, N.J.
	White, Ellen	Jmps.	Fr.	18	Huron HS/Ann Arbor, Mich.
	Wieland, Sarah	Hdls	Fr.	18	North Allegheny HS/Wexford, Pa.
	Williams, Novelette	Jmps	So.	19	Nottingham HS/Syracuse, N.Y.
+++***	Woeller, Laura	Dist.	Sr.	21	Bodley HS/Fulton, N.Y.

*Letters In Track
Cross Country Captain: Laura Woeller
Track Captain: Ginny Ryan

+Letter In Cross Country

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1994 Women's Cross Country

The Big Red women harriers made history in 1993. At the NCAA championships in Bethlehem, Pa., the Red finished fourth for the third consecutive year. No other Ivy program has come close to that kind of success. The Big Red earned its bid to the NCAA championships by finishing second to eventual champion Villanova at the ECAC championships, and after winning its third consecutive Heptagonal championship with an impressive 1-5-6-9-10 finish by its scoring runners. In dual meet competition, Cornell was 3-0, taking 10 of the top 11 places at the season-opening quad meet, sweeping the top five places at the Fordham Invitational, finishing third in a large field against national powers Arkansas and Oregon at the Sundodger Invitational in Seattle, Wash., and finishing third to nationally-ranked Penn State and Georgetown at the National Invitational.

Individually, the Big Red was led by graduated captain and two-time cross country All-American Pam Hunt, who was fifth at Heps, 11th at the ECAC's and 38th at the NCAAs. Current senior captain Laura Woeller, who was last year's Heptagonal champion, was 18th at the ECACs and 26th at the NCAAs to earn All-America honors.

Graduation has not been kind to Cornell, as the squad will be without the services of Hunt, Martina Hoppe (a top-five performer for the Red for all four of her years) and Michelle Deasy (twice an All-East performer and top-45 finisher at the NCAA championship). Two other runners in the Red's top seven graduated Phi Beta Kappa recipients, Mieke van Zante and Sarah Perrotti.

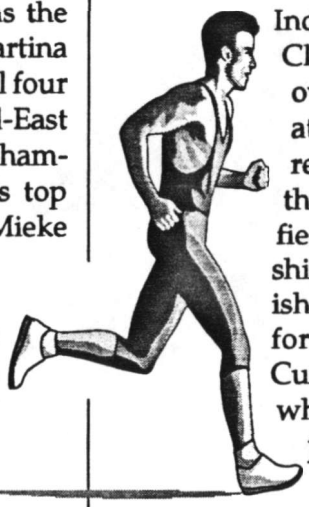
Outlook: The squad will be led by Woeller, an All-American captain. Sophomores Allison Mulcahy, the top freshman at the Heps, and Kate Walker, who also gained national championship experience, will be mainstays. Other key runners for the Red in 1994 will be junior Linda Scheu, who has shown dramatic improvement, and a solid group of sophomores that includes: Wendy Bensley, Aruna Boppana, Megan Kilbride and Becky Dennison.

1994 Men's Cross Country

Unprecedented success made the 1993 season one of the most memorable ever for the men's cross country squad. For the first time since 1963, the men's cross country squad won the Heptagonal championships, and for the first time ever, teams from the same school won both the men's and women's Heptagonal titles. Brian Clas joined Laura Woeller as the individual Heps champion, which also marked the first time one school has produced both individual champions.

The Big Red was 2-1 in dual meet competition, after losing a close one to Army. However, the squad was without the services of the injured Rob Cunningham. At the Fordham Invitational, minus Brian Clas, Cornell finished second to Navy among a field of 19 teams. The men placed third out of 14 teams, behind nationally ranked Portland and Washington at the Sundodger Invitational in Seattle, and finished second to Penn State at the National Invitational and ahead of top-25 teams Clemson, Georgetown and Florida.

Most impressive, however, was the 46-83 victory over Brown at the Heps, as the Red went 1-3-8-10-24 to dominate the meet. Strong races at the IC4As propelled Cornell to a competitive seventh-place finish.



Individually, the one-two punch of Clas and Cunningham had respective overall placings of 2-7 in Seattle, 1-4 at Penn State (Clas setting a course record), 1-3 at the Heps and 5-11 at the IC4As. Clas' performance qualified him for the NCAA championships, where the two-time captain finished 12th to earn All-America honors for the second consecutive season. Cunningham's 29:40.6 at the IC4As, while an improvement over last year, just missed earning a bid to the NCAA meet.

Outlook: Graduation losses of Mike Franks, Chris Shields and Lenny Phillips, in addition to Clas and Cunningham, have created an opportunity for the Red's underclassmen to step up and be noticed. Seniors Carl Anstrom (the team captain), Tyson Sacco and Josh Martin (a top-five runner in his first two campaigns) will provide talent, leadership and experience, along with fellow seniors Dean Bowles and Malcolm Lias. Competition for the top seven positions should be strong with the likes of juniors Artie Smith, Chris McLain, Mike Padilla and Bharat Guthikonda and sophomores John Steed, Jeff Nason and Larry Gosse all pushing the veterans and each other. This year's edition of the cross country squad will be a deep one.

Warner and Leonard Inducted Into Hall of Fame

Congratulations once again to Jack Warner and Jim Leonard '75 on their recent induction into the Cornell Athletic Hall of Fame. Track alumni back for the celebratory dinner included Grant Whitney '76, Blonde Grayson Hall '79, Neal Hall '78, Adley Raboy '80, Carl Francis '80, Tom Patterson '75, Jimmy Lofton '79 and Charlie Moore '51. This brings to 65 the number of track alumni and coaches represented in the Hall of Fame.

Track Teams Have New "Home"

The H. Hunt Bradley Track Center in Barton Hall is nearing completion and will soon be "home" to the Cornell track and field and cross country teams as well as returning alumni. Included in the center are a team meeting room, meet administration office, weight room and much-needed storage space.

The centerpiece of the new facility is the 900- square foot meeting room, where vintage photos, trophies, medals, scrap books and other important Cornell track memorabilia will be displayed.

In addition, a "Coaches' Room" (which will be used for indoor meet administration) will afford space to recognize Cornell's great track coaches – Moakley, Montgomery, Davis and Warner, as well as their able assistants. Please let Lou Duesing know of any items you may have for display (on either a permanent or temporary basis). No questions will be asked about the return of items which may have "disappeared" from Schoellkopf prior to the track team's move to Alberding.

Save the Date!

Mark your calendars for the biggest reunion of Cornell track and field alumni ever held!
February 25-26, 1995
Barton Hall on the Cornell Campus

The reasons for the reunion?

- To dedicate the H. Hunt Bradley Track Center
- To renew old friendships with teammates and rekindle old memories

(There will be lots of opportunities throughout the weekend, including an alumni breakfast Saturday and other special events.)

- To celebrate the rich tradition of Cornell track and field and cross country
- To cheer on the current Big Red teams in their quest for an indoor Heptagonal championship. (Yes, the Heps have returned to Barton Hall!)

You'll be hearing more from one of your teammates about this special event, but save the date now so you won't miss the fun.

Blocks of rooms are being held at several Ithaca hotels. For information or assistance with reservations, please call Georgian Leonard in the Cornell office of Athletic Public Affairs.
Her number is 607-255-5631.